Women's realm

"Gift of Gratefulness" Made By Immigrant to Prime Minister

OTTAWA, March 15 —A beautiful hand-worked coffee table, a gift to the Rt. Hon. Louis St. Laurent from a Czechoslovakian immigrant, now living in Vancouver, was delivered here today to the Prime Minister's residence by the Canadian National Express.

The double-tier table, with intricate inlaid designs was sent to the Prime Minister by Rudolph Levke of Vancouver, a cabinet-maker by trade who came to Canada in 1951 from Czechoslovakia.

Mr. Levke built the attractive article of furniture on behalf of himself and other immigrants to illustrate their feeling of gratitude on being able to become citizens of Canada.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

This is another one of those days when you can make more headway by industry and determination than by experimenting with untested procedures. Be cautious about accepting new responsibilities since they may entail more time and effort than you anticipate. Take time out to analyze existing problems, and devise efficient methods of solving them before taking on new duties.

The evening hours favor social affairs, so plan something special —not only for the sake of pleasure, but also to relieve the present monotony in business and household affairs. Avoid overindulgence in any form, however.

For the Birthday

If tomorrow is your birthday, aspects during the next three months will be excellent for the experimental. New ideas, even if they are on the daring side, should get an attentive ear from superiors. Business associates and those with financial influence will be unusually amenable during this period, so you should finally get the "green light" on long-deferred projects.

Domestic and romantic affairs should be most harmonious, except for a brief period in May, and social matters may take on a most stimulating aspect during May, June and July. Avoid risky ventures in September, and emotional tension during November and December.

A child born on this day will be ambitious, industrious and sincere in his friendships.

Cook's Corner

SUPPER CASSEROLE

Take your favorite poultry dressing and put a layer in a greased casserole.

Add a layer of hamburg.

Sprinkle with salt and pepper and a little scraped onion.

Continue until all is used and cover with a tin of undiluted vegetable soup.

Bake 1 hour in a 375° oven.

—Mrs. T. A. Ledwell.
St. Peter's W. I.

Ice Cream Stain

For an ice cream stain on material try sponging the cloth with chloroform or ether.

Raisin - Cottage Cheese Pie

(A Pleasantly Different Pie)

Pie paste
1½ cups cottage cheese
¾ teaspoon salt
½ teaspoons grated nutmeg
1½ teaspoons grated lemon rind
¼ cup milk
2 eggs
½ cup lightly packed brown sugar
¾ cup seedless raisins, washed and drained.

Line a pie pan (8½ inches, top inside measure) with rolled-out pie paste; trim and crimp the border.

Break up the cottage cheese and sprinkle with the salt, nutmeg, lemon rind and milk; combine well.

Beat eggs slightly; stir in brown sugar and raisins. Add to cheese mixture and combine well.

Pour filling into prepared raw pie shell.

Bake in a hot oven, 425 degrees, 10 minutes; reduce heat to rather slow, 325 degrees, and bake pie until filling is set —about 45 minutes longer.

Serve warm or cold.

Morning Smile

A boy was sent by his doting parents to a big public school.

He had been strictly enjoined to write home regularly and tell them all about himself and his new life.

At the end of a week his first letter arrived.

"There are 370 boys here," he wrote. "I wish there were 369."

Modern Etiquette

By Roberta Lee

Q. If a bride-elect's mother is divorced and remarried, and the stepfather is almost as close to the bride as a parent, how should her wedding invitations read?

A. "Mr. and Mrs. L. Martin request the honour of your presence at the marriage of their daughter, Mary Ellen Smith, etc."

Q. What should a man do if he is uncertain whether or not to remove his hat?

A. A good rule for him to follow is, when in doubt, remove the hat.

Q. If a host is carving the meat at a table, should he cut enough for everyone before serving anyone?

A. Yes.

How Can I!!!

By Anne Ashley

Q. How can I remove grease spots from wall paper?

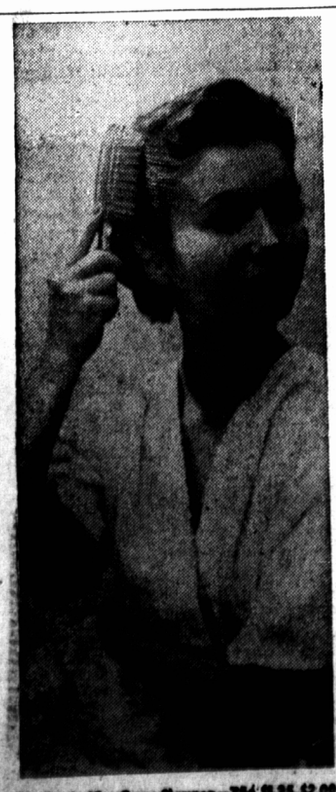
A. by applying a paste made of calcined magnesia and boiled water; allow to dry on the spots, then scrape of carefully with a knife.

Q. How can I be successful in trapping mice?

A. Mice will always avoid traps that smell of former occupants. If you hope for success, be sure to scald and air the traps before resetting.

Q. How can I keep ham for an indefinite time?

A. Ham can be kept without danger of mold, if melted paraffin is poured over the cut end of the ham.



RICHARD HUDNUT
EGG CREME SHAMPOO
...for truly beautiful hair

Richard Hudnut Egg Creme Shampoo is made with real egg formula to make your hair shining clean, shining bright, shining beautiful. This rich golden lotion creme sudses quickly—even in hardest water. Completely rids hair of loose dandruff, scales and dust, leaving your hair truly beautiful. Richard Hudnut Egg Creme Shampoo is concentrated—a little goes a long way. Then, after your Richard Hudnut Shampoo take one minute more and give your hair a fragrant beauty finish with Richard Hudnut Creme Rinse.

RICHARD HUDNUT
EGG CREME SHAMPOO

ELLEN'S DIARY

By An Island Farmer's Wife

Fresh was the dawn that, cleaned by a challenging wind of March and tinged with the amber of sunrise beckoned us today to a new week's endeavours . . . When day merged to evening, having, it is likely, somewhere broken a heart or an ideal, a comely new moon was brightly choosing her own path in the heights of night-blue which rests on the hilltops of our valley.

Before that, when the sunbeams were meeting to keep an ancient tryst in the west, we watched the smoke of the farmers' clearing fires rise above the trees of a woodlot at Alderlea. In a billowing column it rose, gray, touched with the rose of the hour before the breeze caught it and as so much thistledown in summer or, it came to mind, as words thoughtful or careless, to be scattered widely and beyond folks' ken.

Granddaughter had walked along the fields between, blithely to join as it happened the boys here at their after-school meal. And then? There was a brief spell of visiting together before the two younger, leaving Jamie a staid old fellow to his chores, were into their jackets and away on a single thought up the rise to enjoy the bright magic of the burning in the woodlands.

• • •

"It's good fun!" Gage said stepping out manfully and obviously well pleased with his company. "We'll heap on branches of spruce when we get there and pouf! If it was dark, wouldn't we see the sparks fly then?"

"If it were dark," she smiled—she is so much older than he, this one and only Granddaughter of ours, though less than a 12 month lies between them!—"then it is not likely we would be there at all. Do you know where we would be?" she queried with a gay little giggle. "That's right—at home in our beds!"

And so, all was well with us on these farms today; the rounds of work orderly, with no one or nothing ill or indisposed and no one sad. Not even an ailing calf or a shoat to cause their owners concern. Fowls ranged about the yards; sparrows held weighty conferences in the shrubs or darted at a whim to higher nooks above. And "it's not much like some of the March days I've seen in my day," James declared. "April—yes more like April's days these are."

• • •

Tonight the children of this household, joined by a pair of contemporaries from a neighboring farm, the four keeping Rob "to your given word—now remember!" are in attendance at a hockey match in a rural rink not far distant. This was an especial privilege since these lads are not often allowed late hours home or abroad during their school-week.

"I'll tell you all about it," Gage said at parting "and that will be just as good as if you were there."

And enjoying this "here and now" where we are, we commence to search the road for a sight of lights returning . . . "You'd think, Ellen, they'd be home by th-is!" James offers from the couch where he has been catching pieces of his beauty sleep. It is not a new comment to those who waiting keep a light in a window and a hearthfire burning.

Until tomorrow - - - - Diary - - - - Good-night . . . . .

Contract Bridge

By Josephine Culbertson

DECEIVING SIMPLICITY

To the casual bridge player there will be nothing remarkable, nothing to enthuse about, in East's defense, below. But it was exactly the sort of simple brilliance — a justified paradox — that earns the highest admiration from experts.

South dealer.
North-South vulnerable.

	♠ K 5 ♥ 7 6 4 ♦ 6 5 3 2 ♣ 8 6 5 4	
♠ J 3 ♥ A K Q J 8 ♦ J 7 4 ♣ 10 3 2	N W E S	♠ A 6 2 ♥ 10 5 3 ♦ Q 10 9 8 ♣ J 9 7
	♠ Q 10 9 8 7 4 ♥ 9 2 ♦ A K ♣ A K Q	

The bidding:

South	West	North	East
1 ♠	2 ♥	Pass	Pass
Dble.	Pass	2 ♠	Pass
4 ♠	Pass	Pass	Pass

West led three high hearts. South ruffed at Trick 3, then took time out to consider the trump situation. Finally, he decided to lead the ten. When West played low, South pondered anew — for even a longer time — and then put up dummy's king.

All the time that South was "huddling," East was also doing some intensive thinking. Several points were quite apparent. Point 1 was that in all probability the outcome depended on the trump suit alone — South's vigorous bidding, in the light of his two heart losers and his weakness in top trumps, marked him solid in the minor suits.

Point 2 was that South's long thought, coupled with his trump lead, had virtually told East that South was worried about the spade jack. If East smothered dummy's king with the ace, South (very obviously) could never return to dummy for a finesse against the jack, and so would be forced to lay down the spade queen — and East did not want that to transpire.

So, having had time to get set, East smoothly played low on the spade king, and, just as he hoped, South promptly returned a spade and finessed against East, putting in his own seven-spot.

That was all there was to it.

CLEAR YOUR SKIN

If ugly, disfiguring blemishes, Pimples, Eczema, Itching, Scaly Skin, Psoriasis, Acne, Athlete's Foot, Blackheads, or Red Blotches worry you, try NIXODERM tonight. Works while you sleep to help bring you a clearer, softer, smoother skin. 1. Curbs itching, burning, smarting in 7 minutes. 2. Kills many germs, often the real cause of skin disorders. 3. Helps heal the skin. Ask your druggist for NIXODERM today. Satisfaction or money back.

In Strange Land

Harue, Japanese bride of a Canadian soldier, wears the traditional figured kimono of her country as she makes coffee in a Canadian kitchen. Harue was married to Sgt. E. C. Farmer of Halifax, when he was with the Canadian forces in the Far East. Now they live in her husband's home town.

DOROTHY DIX'S COLUMN—

Rekindled Love

Widow Sets Her Cap At Ex-Spouse, Remarried, But She Has Hopes

DEAR MISS DIX: I was married when very young to my childhood sweetheart. We dearly loved each other, but I guess neither of us was mature enough for marital responsibilities. Constant bickering led eventually to a divorce and remarriage for both of us. My second husband died recently, and I began to yearn for my first love. Apparently his second marriage hasn't been too happy, and I'm sure we could both go back over the years and recapture the happiness we so foolishly threw away. There were no children from either of my marriages; he has a son from his second. I know his love for me has never died, though he hasn't said anything to that effect. Do you think I should take steps to win him back? L.D.

FIGMENT OF HER IMAGINATION

ANSWER: Are you a grown woman, a child who believes in fairy tales of the "they lived happily ever after" type, or a devotee of the soap opera school?

At any rate, you're anything but a realist, though you certainly must be old enough to face life. You don't have one shred of evidence on which to base your assumption that this former husband still loves you, and would give up anything to resume an adolescent idyl. Your ex-husband seems to have made a good marriage, with which he is completely satisfied. Your presumption that he loves you still is a figment of your imagination.

Your second marriage appears to have been quite successful, but widowhood has left you desperately lonely. In a search for love and companionship you've harked back to your early love. Well, lady, he's just not for you now. You need solace, companionship, but don't disrupt another woman's home to get them. Living in a world of fantasy, spiked with sour grapes, won't solve your problem. You have entered a new phase of life; give it a meaning of its own. Get a job, go to church, make an effort to meet people, help those even more unfortunate than yourself—and they shouldn't be hard to find. Give up all thought of your old love; don't even attempt to see him.

DEAR MISS DIX: I've been married 18 years and have five children. I'm still young enough to go out once in a while and have fun, but my husband can think of nothing but his business. He works in a store, and while it's true that he has a splendid chance for advancement, I sometimes wonder if it's worth it. He works long hours, then comes home so tired he can do nothing but read the paper awhile and

Continued on page 3

Alice Brooks Designs

BEGINNER-EASY

You've seen and admired the crocheted skirt on all the fashion pages! Make one for spring in straw yarn or knitting worsted.

Easy-Crochet Pattern 7259: Directions for Skirt, Sizes 20-22; 24-26; 28-30; plus Shrug, sizes 32-34; 36-38 included.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario Please print plainly Name, Address, Pattern Number.

TEN COMPLETE PATTERNS to sew, embroider, crochet—printed right in the Alice Brooks Needlecraft Book! Plus many more patterns to send for — including gift ideas, bazaar money-makers, toys, fashions! Send 25 cents now!

That Body Of Yours

By James W. Barton, M.D.

MAKING WOUNDED MEN STRONG AGAIN

In these days, when so many of our soldiers return home with disabilities, it is fortunate that we have agencies equipped to help re-establish them so they can earn a living, or can be greatly helped to do so.

One of the classes in need of help is the cardiac or heart patient. In the Bulletin of the American Reestablishment Committee Inc., Dr. Lewis H. Bronstein, Chief, Work Classification Units at the Heart Clinic, New York University, has shown that the cardiac can work without any detrimental effect to his heart condition. This is true only provided he is at the proper job and under proper medical supervision. To accomplish best results for the heart patient, it is necessary to use many different disciplines and to have the rehabilitation team cooperate closely.

The first consideration is the method of proper placement. The first participant in solving this problem is the physician. Without his advice, very little can be done. The physician must answer two important questions: How much work and what kind can the patient do? What is his probable life span? At present there are no objective tests which can help the doctor decide this. The strength of the heart can be estimated only by clinical medicine. The doctor must be guided by the sum of numerous factors in the patients's history, physical examination, and laboratory findings including X-rays, electrocardiogram, rate at which the blood clots (sedimentation rate).

Three factors are: (1) the age of the patient, (2) the cause of the disease, (3) the anatomical changes in the heart—whether the heart is enlarged and in what direction.

Better English

By D. G. Williams

1. What is wrong with this sentence? "When the dance was over with we went straight home."

2. What is the correct pronunciation of "mustache"?

3. Which one of these words is misspelled? Stipendiary, stevedore, stringent, stilleto.

4. What does the word "implacable" mean?

5. What is a word beginning with dy that means "characterized by energy"?

ANSWERS

1. Omit "with," and say, "we went **directly** home." 2 Accent second syllable, not the first. 3. Stiletto. 4. Not to be appeased; incapable of being pacified. "The man was a person of implacable enmity." 5. Dynamic.

Bringing Up Baby

Hints Collected by Mrs Dan Gerber (Mother of 5)

Young children's eating habits are, to say the least, unconventional. But it doesn't pay to fret about it. When baby grabs and dabs at food it's reassuring to remember that, in spite of the mess, baby's learning hand-to-mouth coordination in his own way.

• • •

Easy does it! Don't make baby eat everything down to the last crumb. A child's appetite is usually a good guide to the amount of food he needs. Little appetites *do* vary from day to day, even as yours and mine.

• • •

Variety review. Appetite interest can usually be kept alive if you serve baby a variety of foods. Knowing the importance of variety, Gerber's offer 23 Strained Foods . . . including Fruits, Vegetables, Meat-Soups, Desserts, and Orange Juice. All have the special, smooth consistency that feels good on delicate tongues . . . all have the true-flavor, true-color goodness little ones find so appealing.

• • •

New use for an old favorite . . . and a delightful dish for baby's lunch.

HONEY-LEMON BEETS

1 container Gerber's Strained Beets
1 tablespoon lemon juice
1½ teaspoons honey
¼ teaspoon salt.

Combine ingredients, heat and serve.

• • •

Temperature tip. To give baby's delicate woolens longer life, always wash in lukewarm (never hot) water. It's the heat that causes shrinkage, and detergents work just as well in tepid water.

Baby spoon special! This heavy silver plated Baby Spoon is in famous Winthrop design, regular $1.25 value. It's yours for only 25¢ plus one box top from any of the five famous Gerber Baby Cereals. Just send to: Mrs. Dan Gerber, Box 17, Toronto 18, Canada.

Lenten Meditation

from the columns of the Times, London

CREATIVE POWERS

"THERE ARE DIVERSITIES OF GIFTS"—the familiar words express both the opportunity and the dilemma of the present day. To no generation have there been granted such powers: few generations have had less certainty of purpose in using their powers creatively.

The world of learning is divided by increasing specialisms. Men know more and more about less and less, so that the leaders of thought and of research in even allied subjects find it difficult, when they meet, to understand one another's language and to appreciate the meaning of one another's discoveries. Increasing knowledge involves increasing ignorance. Were there a candidate for the ancient throne of Queen of the Sciences, she would be faced by an almost overwhelming task of making order out of chaos.

This experience has its counterpart in more commonplace spheres than that of learning. The growth of large-scale industry has produced among operatives, and sometimes in the ranks of management, a numbing sense of anonymity and impersonality. The ordinary reader of the daily Press must often feel that the events it records have neither pattern nor purpose. Who is to tell him in what unlikely part of the world trouble will break our next? Even the shopper accepts as an unpredictable fate, whose workings are beyond discovery, the fact that a commodity recently cheap and plentiful suddenly becomes dear and scarce.

Where there is incoherence there is also irresponsibility. If knowledge needs some overmastering principle for its integration, behaviour needs an overmastering purpose. Yet the very recognition of this fact has its dangers. Totalitarian Governments have played upon and manipulated this universal human need. They have provided centres of integration so limited and partial that they have set the nations at enmity and divided the world. What has begun as a way of release has ended as a way of degradation. Man needs a loyalty to something more than class or State.

In the picture of the early Church which is contained in one of the Epistles, there is indicated a way out of the impasse. "Now there are diversities of gifts, but the same Spirit. And there are differences of administrations, but the same Lord." These men and women found a unity of purpose, transcending differences of race and status and cultural heritage, in the acknowledgment of the one Lord Jesus Christ. Christians today believe that a way of unity for the world will be found when people of all nations are brought to accept the primitive Christian creed, "Jesus Christ is Lord."

With this goes the recognition that a man's capabilities are indeed gifts, for whose employment he is responsible. There is a debt to men. Others have laboured: he cannot rightly waste what has cost them so much. A generation also bears a collective responsibility for the right use of its resources. Beyond the gifts is the giver. A Christian believes that he is called to work with God in carrying out the divine purpose. This makes him humble. But to be humble is different from being bewildered. It is to begin to be creative.

Sonnenberg - Godfrey Wedding

St. John's United Church, Moncton, was the scene of a pretty winter wedding Saturday, January 16, when Dr. F. E. Archibald united in marriage Shirley Ruth, youngest daughter of Mr. and Mrs. John A. Godfrey, and W. Max Sonnenberg, son of Mr. and Mrs. R. Sonnenberg of Villa Nova, Ontario.

The church was decorated with ferns and baskets of daffodils and pink snapdragons. The guest pews were marked with bows of wide satin ribbon centred with a sprig of fern and a white 'mum.

The bride, given in marriage by her father, wore a ballerina length dress of net over white satin with a white lace redingote with net inserts, fastened to the waist with tiny lace buttons. Her finger tip veil was held in place by a tiny satin and lace cap trimmed with seed pearls. She carried a cascade bouquet of white baby 'mums.

Her attendants were Mrs. Harold Maguire as matron of honor, and Miss Helen Cameron, as bridesmaid. Mrs. Maguire wore a balerina length dress of pink net over taffeta with a velvet jacket of the same shade. Miss Cameron was gowned in a ballerina length dress of blue net over taffeta, and velvet jacket to match. Both attendants wore small velvet hats to match their gowns and carried lace- trimmed muffs of white 'mums, sweetheart roses and forget-me-nots.

For her daughter's wedding the bride's mother chose a gown of rosewood crepe with navy blue accessories and wore a corsage of white carnations. The groom's mother was gowned in navy blue and wore a corsage of white carnations.

The groom was attended by his brother, Henry Sonnenberg of Villa Nova. The guests were ushered by Tom Ferring of Vancouver and Kenneth Onersko of Villa Nova.

The music was supplied by the church organist Mrs D Stevens. Before the bride entered the sanctuary Miss Barbara Alcorn as guest soloist sang "The Voice That Breathed O'er Eden," and during the signing of the register sang "O Promise Me."

A reception was held at Dunham's after the ceremony. The toast to the bride was given by Dr. Archibald and fittingly responded to by the groom. Mrs F J. Godfrey and Mrs. E. B. MacDiarmid, aunt and cousin respectively of the bride, poured. Friends of the bride serving were the Misses Shirley Stevens, Joyce Lawlor, Vera Lucke, Mildred Betts, Patricia O'Brien, and Joan Oram. Mrs. J. Aubrey Godfrey had charge of the Guest Book.

The bridal couple left by car on a short honeymoon visiting points in the United States. For travelling the bride wore an imported dress of blue wool with a sequin-trimmed velvet hat of the same shade. Her accessories were tan and she wore a corsage of white 'mums.

The bride is a registered nurse, a graduate of the P. E. I. Hospital in Charlottetown and before her marriage was a stewardess with T. C. A. The groom is a pilot and was formerly employed with Maritime Central Airways.

The out-of-town guests were Mrs. R. Sonnenberg, daughter Marlene, and son Henry of Villa Nova; Mrs. James Godfrey, of Black River Bridge, grandmother of the bride; Miss Dorothy Godfrey, Toronto; Mr. and Mrs Kenneth Onersko, Villa Nova; Mr. and Mrs. G. J. Godfrey, son Wayne, and Mrs. Robert W Mills of Charlottetown; Mr. and Mrs. A M. Godfrey, Point Escuminac. Mon. A. C. Taylor of Salisbury and T. Ferring, of Vancouver.

Household Scrapbook

By Roberta Lee

Weighing a Baby

An easy way of weighing the baby is to step on the scales with the baby in your arms, then again without holding the baby. Subtract the latter weight from the former.

Shortcake

When making shortcake put half the dough in a pan, spread melted butter over it, and then place on the remaining dough. When baked the cake can be opened easily.

Anne Adams Patterns

SEW-EASY OUTFIT

Mom, this is for your daughter! She'll look like a princess on Easter Sunday. Capelet takes the place of a spring coat, can be worn over many things. Sew-easy —no side seams. Dress has a jaunty collar, cuffs, whirling skirt.

Pattern 4735: Girls' Sizes 6, 8, 10, 12, 14, Size 10 dress, 2½ yards 35-inch; ⅜ yard contrast. Cape, 2 yards 54-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

TEETHING TROUBLES

At teething time, baby is often fretful and peevish because of irregularity or an upset tummy. Try Baby's Own Tablets. These sweet little tablets have been used by mothers for over 50 years to overcome this condition. Equally effective for constipation, digestive upsets and other minor infant troubles. No "sleepy" stuff — no dulling effect. Get a package today at your druggist.

BABY'S OWN TABLETS