Woman's Realm/Social and Personal/Fashions/Literature

Lenten Meditations

THE CHRISTIAN PATRIOT

(The London Times)

How does a man's Christianity affect his patriotism? From the days when Henry V could cry before Harfleur "God for Harry! England! and St. George! "till the war of 1914-18, Christians in England had usually assumed that there could be no fundamental clash between the claims of National and religious loyalty. After the first world war, when the horrors of modern war had come to be fully appreciated, and when the simple identification of the national cause with that of Almighty God was felt as an insidious temptation to hypocrisy, men began to wonder whether the whole idea of patriotism was not reprehensible and best replaced by a larger loyalty to mankind as a whole, or to the Christian Church as a universal brotherhood.

These thoughts were so widely entertained during the years between the wars that the Christian communities might have found it difficult to associate themselves in any way with the late war had not the spiritual issues at stake been blatantly clear. Christianity had come to be thought of as a brake on patriotism.

Yet it is difficult for a Christian who has been nurtured on the Scriptures to rule out altogether the claims of patriotic loyalty. The devotion of the chosen people to their land and faith is a leading theme of the Psalter. Our Lord was not ashamed to weep over the fate of Jerusalem. St Paul was proud of his native city, and ready to be cut off from Christ for the sake of his fellow countrymen. He also had a strong sense of the divine sanction which lay behind secular authority, however wrongly that authority might exercise its powers.

The Christian, then, if he follows his exemplars will not be behind others in loving his country and in valuing those features of its life which are in accord with the good purposes of God; neither will he be behind others in answering his country's call for devoted service in war and peace.

Where he may differ from others is in his conception of the true welfare of his country, and in his refusal to make the patriotic claim, as commonly understood, the final arbiter in questions of conscience and duty. He will consider the welfare of his country to lie in its fulfilment of the role marked out for it in God's wider purpose for all mankind. This purpose, which only becomes articulate in the continually changing pattern of events, is sketched out in broad outline in the teaching of the Christian religion.

ELLEN'S DIARY

By An Island Farmer's Wife

February, month that we review to find has been very fair to the interests of farm folks is passing tonight. Beneath a moon beaming benignly on the white-spread stretches of countryside, and stars set above hill-tops that like lighted candles flicker and glow. March of the variable moods is about to come in like a lamb. "Can't depend too much on the hauling—well, after a week or two!" James remarked to Mr. A. as they chatted by the fire tonight. Mr. A. had come from his lonely house to talk with the smaller fellow, to help Jamie with his reading in preparation for his classes tomorrow — not exactly hastening the latter, but then not allowing attention to lag so as to be assured of at least one game of checkers before bed-time would chime. It is pleasant to see the admiration and respect these youngsters entertain for this man, a bit older than James in years, who in his turn and fine example can teach them many a virtue, and give them much wise counsel.

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James' brisk arrival brought with it astimulating breath of the frosty air as he breezed in and stripped off his coat. He had brought "that load of feed of Rob's" which had this evening arrived at Alderlea by truck along roadway and fields. It was apparent, however, that he had another objective. Recently a fresh obligation had appeared that might have been passed by casually by another parent. Lambkins, in two sets of twins, a dark-coated one amongst the number, had been born in last night's cold and frost, and James must obtain first-hand knowledge as to their chances of survival in this season that is definitely against nature for them. It was as he had suspected.

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It usually is! As soon as his horse was stabled there had been solitary round of inspection. "The first pair", he observed of them "seems to be hungry. Has Rob been attending to them, to see that they nurse?" We nodded having been acquainted with the

Continued on page 12

MUMMY

Don't stay home from your Club for me—leave me at - -

TODDLERS' INN NURSERY

131 Spring Park Road

(Above McGill)

I'm in good care there.

For an appointment—

PHONE 2389-L

MRS. G. R. SOY

(Nursery Supervisor)

Morning Smile

Must Be

"How did Light-Fingered Fred get caught?"

"He's getting short-sighted Thought he was turning the knob of a safe, and tuned in to Variety Bandbox."

Watch Out

Mabel: "Jack told me I was the eighth wonder of the world."

Eleanor: "And what did you say?"

"I told him not to let me catch him with any of the other seven."

Modern Etiquette

By Roberta Lee

Q. Is it permissible to use the plate or saucer for an ashtray when smoking in a restaurant, and no ashtray is on the table?

A. It is better to ask the waiter for an ashtray.

Q. Can you suggest some articles that are suitable for a girl's hope chest?

A. Bath towels, guest napkins, dish towels, sheets and pillow cases, tablecloths, napkins, luncheon and breakfast sets, buffet sets, and doilies.

Q. What is the proper procedure when you do not learn of the death in the family of a friend until a month or so later?

A. Write a note of sympathy immediately, explaining that you have just learned of your friend's loss.

DOROTHY DIX SAYS -

Lifelong Devotion

Pair Must Make Effort To Keep Love Alive

DEAR MISS DIX: Do you think a man and woman after being married thirty years can still be in love with each other? I married a lovely girl, pretty, affectionate, fine principled, everything a man should want, yet I do not love her, although she has been the finest wife and mother there could possibly be. The only reason we stick together is the duty to our children. I admit I have not taken her out as many husbands do their wives, nor paid her much attention, and although she never says so, I think she just tolerates me for duty's sake. Why is this?

A MAN

ANSWER: Of course, a man and woman can still be in love with each other after they have been married thirty years.

Time kills a feeble love, but it strengthens a great love, and there are thousands upon thousands of husbands and wives who grow more and more devoted to each other the longer they live together. During the passage of the years they have become all in all to each other and they are absolutely necessary to each other. Each has found in the other so much of goodness, so much of sweetness, so much of tenderness and loyalty that they admire each other far more than they did in their courting days.

MUST BE NOURISHED

But love is like everything else in the world that is worth having. It has to be cherished. It has to be cared for. It has to be nourished. You have to keep on feeding it if you want to keep it alive.

For a husband and wife to keep in love with each other they must make a conscious effort to keep love alive. They must keep themselves personally attractive and they must make themselves agreeable to each other. They must be pleasant to live with. And, above all, a husband and wife who keep in love must not only keep themselves interesting but must make life interesting to the other. They must cultivate companionship and continually feed the fire of their affection with endearments.

DEAR DOROTHY DIX: Which is the easier path to success for a man—married or single? I have been ambitious through life to do something more than live comfortably with a wife. I am happily married to a good woman, but supporting a family keeps the nose to the grindstone, so to speak, and leaves precious little time or money for promotion in other fields.

HUSBAND

ANSWER: You remember that Kipling says: "He travels the fastest who travels alone," and on the face of it that would seem to be true. The average man who marries when he is young does put a load upon his back that handicaps him in shinnying up the ladder of success. He is tied to his job and dares not give up a poor one on the chance of getting a better one. He is not free to move about as the bachelor is. It takes all he can possibly make to support his family in any sort of decent comfort, so he cannot lay aside the money that is the golden key that so often unlocks the door to opportunity.

But we must consider the fact that nearly every successful man's best work is done after he is married, and that few men ever really settle down to an earnest pursuit of a career until after he has a wife to support.

Likewise, we must take into consideration the power of love, and that nothing puts courage into a man's heart and strength into his arm like wanting to get things for some woman, or to achieve things for her sake so that she will be proud of him. A wife can be an in-

(Continued on Page 3)

The Stars Say - -

By Genevieve Kemble

For Wednesday, March 8

THERE are excellent auspices for launching with vim, courage and determinations the highest hopes and wishes of long-range and enduring results. Private as well as business projects could thrive beyond expectations, with change where needful, but with strenuous and aggressive attack. Promote family or romantic aspirations with equal verve.

For the Birthday

Those whose birthday it is, are urged to go ahead on desired plans, hopes and wishes with aggressive and well-planned forces, of long-range activities. Such may involve definite change, in which family and romantic ties may be as vital as business interests Press toward this end, with well-developed plans, and physical energy, as well, and bring ultimate climax of happiness and enjoyment.

A child born on this day may be well endowed with determination, initiative and creative energy, but will not be lacking in the finer urges and hopes for personal success and happiness.

Household Scrapbook

By Roberta Lee

Woolen Toys

To clean a white woolen toy use a paste made with white starch and cold water, just enough water to dissolve the starch. Rub this well over the soiled toy and lay aside until dry. Then brush off all traces of starch.

New Shoes

When shoes are being worn for the first time, stop at a shoe-shining parlor and have them professionally shined. If this is done, only the surface will be marred by scratches.

Steel Fittings

The brown stains on the steel fittings of the range can often be removed by the rubbing with a rag dipped in vinegar. Then polish in the usual manner.

Cook's Corner

EGGS POACHED IN CHEESE SAUCE

2 tablespoons butter, 2 tablespoons flour, ¾ teaspoon salt, few grains pepper, few grains paprika, 1½ cups milk, ¼ teaspoon Worcestershire sauce, 1 cup grated cheese, 6 eggs, 2 tomatoes.

Melt butter, add flour, salt, pepper and paprika; mix until smooth. Gradually add milk, stirring constantly; continue to cook until thick and smooth. Add Worcestershire sauce and cheese, stir until cheese melts. Pour into shallow pan and drop uncooked eggs into sauce; poach over low heat until eggs are set, about 5 minutes or longer, if desired firm. In the meantime cut each tomato into 3 slices, sprinkle with salt and pepper and place under broiler a few minutes or fry in hot pan. Place each tomato slice on a piece of toast, top with poached egg and pour cheese sauce over all. Makes 6 servings.

How Can I ! ! !

By Anne Ashley

Q. How can I wash a mirror properly?

A. Probably a chamois wrung out of warm water until almost dry is the best thing to use. Care must be used when washing either a mirror or picture glass that no water runs between the glass and the frame. Water will often ruin the back of a mirror.

Q. How can I freshen rancid butter?

A. Soak the rancid butter for two hours in cold water, to which a large pinch of carbonate of soda has been added. Work the butter thoroughly, and then form into the desired roll.

Q. How can I remove the top from a bottle of glue or library paste without difficulty?

A. All necessary is to immerse the bottle in a vessel of hot water for a few minutes.

Country Garden

By Mrs. Gordon Macmillan

The stormy March has come at last,
With wind, and cloud, and changing skies.

—Bryant

March is usually a very sunny month, bringing bloom to the house plants in the lengthening days and it is easy to think of Spring.

The bulbs of the Tuberous Begonia should be planted now; the old bulbs can be cleaned and potted up in new earth; this is easy if your managed to bring a few buckets in to the cellar before freezeup.

They do not need to be planted too deeply, and must be kept in a warm place with the soil moist. After two leaves have appeared they can be given more sun, but do very well in the shade. I have found through the years that they require a larger pot than I thought, and grow quite large if they have room.

New bulbs should be treated in the same way, and it is possible to have them for several years.

Many varieties have been perfected, double and single in all colors but blue.

The rose form is the most beautiful and classical tuberous Begonia, rivallying the rose in its beauty but without fragrance; then there are the ruffled varieties that look like immense carnations; the Camellia and Fimbriata types with edgings of various colors.

• • •

Begonia Multiflora is a small-flowering tuberous begonia which comes in very bright colours and flowers continuously, making a perfect plant for borders and for house culture. This type will do well in a sunny location, because the blooms are small they are more easily handled than the very heavy ones.

The Pendula tuberous Begonia in drooping flowers is splendid for hanging baskets and flower boxes lasting a very long time.

In California where they grow almost all the tuberous Begonia bulbs from seed in lath houses to shield them from the very hot sun, a sight of the glorious color is not soon forgotten, and every year new varieties are perfected. I think their popularity is due to the fact that they bloom for such a long period, over six months with good culture, and then may be rested for a few months and begin all over again. It is possible to cut them into two or three bulbs after a year or so when they become large, using the method of cutting a potato into sets. I have seen a lovely garden of these Begonias planted to the east of a city home and with the soft blue of Ageratum as a complement to the bright color.

I have been reading about hardy herbs, especially Peppermint. In England the English oil of Peppermint is the finest in the world and commands the highest price. The plant Mentha Piperita) which was probably introduced to Britain by the Romans has established itself wild in many parts of the country. Most people know about the digestive properties of Peppermint, and as a child I remember it was used as a remedy for all kinds of pains.

• • •

The variety known as "Black Peppermint" is usually grown, for not only does it give a greater yield of oil than the paler-leaved "White Peppermint" but is hardier. For this reason it is the best for a private garden, and also because its dark purple leaves, which go well with the spikes of Lavender flowers, make it attractive at the front of a border, as well as in mixed bowls in the house.

It grows well in a damp place and when needed for cutting and drying should not be grown lanky. It is best to propagte from the underground runners in spring and autumn. A gardener knows he is servant to forces beyond human control, this keeps him humble.

A farmer is also the same as the gardener in this respect, he is able to bewitch the common clay with magic. Working with earth and rain, heat and frost and drought he knows that "the pastures are clothed with flocks; the valleys also are covered over with corn; they shut for joy, they also sing."

Pioneer Days In P. E. I.

By F. H. MacArthur

In the days when Malpeque was the chief Island village in this Island, the redmen held captive for three years a white man by the name of Lawrence Poirier.

Poirier, a local fur trader and smith, found it profitable to trade with the Indians through their chief, Nataka Maquina, who was a dignified savage, six feet tall and well proportioned.

The dark copper-hued chief always went about with legs and arms covered with red paint; his eyebrows were shaded in black in two broad stripes, and his long black hair was done up in a high mound on the top of his head and held in place with bear's grease, the whole crown being powdered with white down, giving him a rather extraordinary appearance.

Mantled across his broad shoulders was the skin of a sea otter, which reached almost to his knees and was fastened round his waist with a wide belt made from the bark of a tree. This fantastic hair-do and dress lent to the huge savage a look of magnificence.

• • •

Through years of barter Poirier and the chief became quite friendly, and while a visitor to the Indian village the Frenchman would set up a rude forge and make iron trinkets and steel arrows for the tribe.

One day Nataka came into the forge and, throwing down a gun whose lock had been broken, said:

"Look! Him no good."

The Frenchman, who was a bad-tempered man, called the chief a liar. Nataka frowned darkly but said nothing.

Two days later, when Poirier was about to depart, the chief ordered his warriors to seize him. In the ensuing scuffle an Indian struck at him with a small axe, making a deep gash in his forehead, so that he fell to the ground, dazed and bleeding.

• • •

When he came to himself, Law-

Continued on page 12

Better English

By D. C. Williams

1. What is wrong with this sentence? "I haven't got time to discuss the matter now."
2. What is the correct pronunciation of "docile"?
3. Which one of these words is misspelled? Plutocrasy, autopsy, fantasy, lissome.
4. What does the word "neurology" mean?
5. What is a word beginning with ba that means "commonplace"?

ANSWERS

1. Say, "I have no time to discuss the matter now.' 2. Pronounce dos-il, o as in on, i as in ill. 3. Plutocracy. 4. The science dealing with the nervous system. (Pronounce nu-rol-o-ji, u as in use, first o as in doll, second o as in no unstressed, accent second syllable). 5. Banal.

What Body Of Yours

By James W. Barton, M.D.

IMPACTED CERUMEN (EAR WAX) CAUSES SYMPTOMS

One of the commonest causes of defective hearing is impacted wax in the outer ear. This wax (cerumen) prevents damage to or tightness of the ear drum which is meant to vibrate like a drum head when sound or noise strikes it)

In "Eye, Ear, Nose and Throat Monthly," Dr. Ralph Almour, New York, N. Y., states that impacted cerumen causes many symptoms besides loss of hearing. Among these symptoms are fullness in the ear, dullness and a sensation of pressure which are readily understood by patient and physician. Dizziness, vomiting, depression and general tiredness, and a persistent cough are not as well known. Some cases with the same symptoms as Meniere's (dizziness, head noises, nausea and vomiting) have been cured by the removal of the wax. As proof of this Dr. Almour points out that when the wax returned the dizziness and other symptoms returned.

Dr. Almour reports three cases who had attacks of spasmodic cough which had not been helped by the usual treatment or treatments for cough. One of them, 78 years old, had X-ray studies and local treatment for more than two years before consulting Dr. Almour, but he still coughed. When the impacted wax was removed from both ears the cough stopped at once and remained under control for six months. When the cough returned, the plugs of wax were softened and removed and the cough again stopped. The two other patients, much younger, were relieved of their cough by the same method.

There are other cases in which the patient apparently has good hearing but admits that he often has to ask people to repeat their questions. "They are restless, cannot sleep well and become irritable." The removal of the impacted wax restores hearing and good nature.

It would be worth while for any of us suffering with any of the above symptoms to consult our physician or preferably an ear specialist who is equipped to loosen the wax and remove it by means of a special type of syringe.

FARMS GROW MORE

Agricultural output in Britain is currently about 255 per cent above the pre-war level!

-Needlecraft-

— FOR THE HOME —

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No. 3506 is cut in waist sizes 24, 26, 28, 30, 32 and 34. Size 28, with pockets, 2½ yards 35-inch; with laps, 1½ yards 54-inch.

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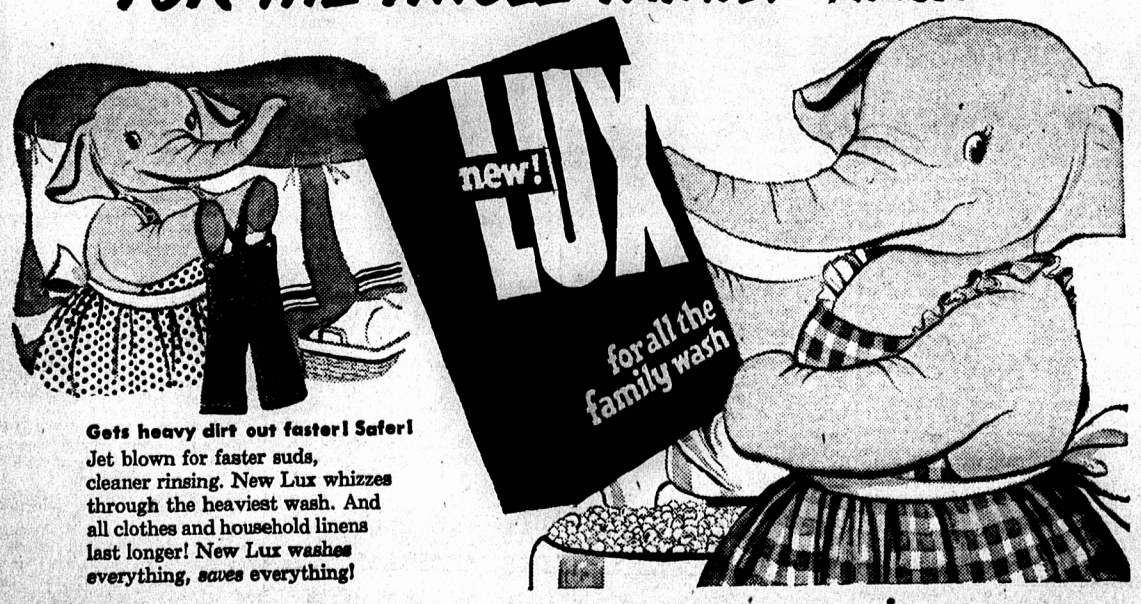
BLACKHEADS

Get two ounces of peroxine powder from your druggist. Sprinkle on a hot, wet cloth and apply to the face gently. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads.

NEW LUX HAS JET BLOWN POWER FOR THE WHOLE FAMILY WASH



Gets heavy dirt out faster! Safer!

Jet blown for faster suds, cleaner rinsing. New Lux whizzes through the heaviest wash. And all clothes and household linens last longer! New Lux washes everything, saves everything!

No other washday soap is more economical!

• It's a brand new Lux with jet-blown power to take over your heaviest washday jobs! It washes overalls with the greatest of ease. No soap gets sheets and towels whiter, leaves colored wash brighter. And no washday soap is more economical. You get 40% more soap at no greater cost! Get New Jet-Blown Lux today in large or new giant size — for washing machine, dishes.

Faster for suds—economical!

New Lux is blown from high-power jets into high-powered concentrated soap grains that burst into suds instantly. You get 40% more soap for no more money.

Only LUX, famous for the best in soaps, could give you this great new product!