

Pretty Wedding At Bradalbane



The bride and groom are shown above with their attendants. From left to right are Messrs. Audrey Todd and Freda Hickox, bridesmaids, the George MacLeod and Allen Smith, ushers, Mr. Raymond Bernard, best man, the groom and bride, Mrs. Milford Buchanan, matron of honour, the Misses

—Photo by Meyers

Bradalbane United Church was the scene of one of the prettiest weddings of the season on Wednesday, August 20th, at five p. m., when Rev. W. B. MacPhail performed the double ring ceremony for Miss Mildred Bennett MacLeod and John William Bernard. The bride, who is the daughter of Mr. and Mrs. John J. MacLeod, was given in marriage by her father to the son of Mr. and Mrs. William Bernard of Hunter River, P. E. I.

and vases of gladioli, potted plants and bouquets of green foliage.

The bride was a picture of loveliness in a ballerina length gown of white imported French lace over slipper satin with fitted bodice and full skirt, the long sleeves tapering to points at the wrists. Her three-quarter length veil of tulle illusion was held in place by a tiara of pearls. She carried a bouquet of red sweetheart roses.

The bride's sister, Mrs. Milford Buchanan, as matron of honour, was gowned in yellow nylon net over taffeta ballerina-length dress, with a yellow picture hat and matching mitts. She carried a nosegay of mixed sweet peas and rosebuds.

The bridesmaids, the Misses Audrey Todd and Freda Hickox, wore ballerina-length gowns of Nile green net over taffeta with matching picture hats and mitts. They carried nosegays of sweetpeas and rosebuds.

The Misses Gail Buchanan and Margaret Smith as flower girls were winsome in gowns of yellow organza with matching headdress and carried baskets of mixed flowers.

The best man was Mr. Raymond Bernard. Mr. George MacLeod, brother of the bride, and Mr. Allen Smith ushered the guests to their places which were marked with mixed flowers and white ribbon.

Mrs. MacLeod chose for her daughter's wedding, a dress of navy blue sheer with white accessories and a corsage of pink carnations. The groom's mother chose a navy blue crepe dress with wine accessories and wore a corsage of pink carnations.

Following the ceremony a reception for sixty-five guests was held at Sandy's in Marshfield. The bride's table was decorated with gladioli and mixed flowers and centered with a three-tier wedding cake, topped with a miniature bride, groom and clergyman. The toast to the bride was proposed by Rev. W. B. MacPhail and was very fittingly responded to by the groom. Short speeches followed by Messrs. Clarence McGuigan, Percy Boyle, Ralph MacFadyen and Gordon MacLure.

On their arrival home from the reception, they were greeted by serenaders and well wishers who extended their best wishes to the young couple.

Mr. and Mrs. Bernard left the following morning by auto for a honeymoon trip to Halifax. The bride's travelling costume was an ice-blue gabardine suit with navy and pink accessories and a corsage of Pink Delight roses.

The bride attended Prince of Wales College and has been employed as stenographer at McGuigan and Boyle's, Hunter's River.

Among the many beautiful gifts received was a chest of silver from Miss MacLeod's employers and a beautiful electric lamp from Mr. Bernard's employer, Mr. Ralph MacFadyen. The happy couple will reside in Hunter's River.

That Body Of Yours

By James W. Barton, M.D.

COMMON CAUSE OF HEADACHE

Headache is so common, as over 200 causes for headache have been found, that sometimes patients consulting their physicians fail to mention their headache at all. In the Journal of Allergy, St. Louis, Dr. H. D. Ogden states that he undertook a statistical study of amount or degree of headache in nearly 6,000 persons but only 4,634 who cooperated in the study are reported.

In order to crosscheck accuracy, different methods of surveying these cases were used in three groups. Group I included employees of several hospitals — that is various types of personnel almost paralleling or exactly resembling the general adult population. Questionnaires were distributed and collected through the management of the hospital. Group II were interviewed, consisting of salesmen, saleswomen, housewives and manual laborers.

Group III consisted of persons intelligent enough to give accurate responses without interviews, including medical students, physicians and nurses.

Group IV consisted of the total of the three first groups. The incidence or number of headache cases of all types in the total group was 64.8 per cent (about two of every three persons thus had headaches), pain in the front area (forehead) being the most frequent type.

Persons with headaches have more respiratory (nose, throat, bronchial tubes and lung) ailments and also more cases of allergy in their families and, as noted above, only 18 per cent of persons with headache seek medical aid for headache alone.

Headache occurs more often in females, young adults, single people, educated persons, executives, students and professional groups.

From the above study we can readily see that there are several background factors to be considered in the management of headache. I have written before of attending a medical convention in which it was agreed that poor eyesight was not a common cause of headache and less than fifteen years later, it was agreed that poor vision, poorly fitting glasses, poorly fitted frames on glasses were common causes of headache.

Still further, Dr. Ogden states that recognition of the possible allergic basis of headaches may be very important, along with the handling of the mental, emotional and occupational problems. It may come as a surprise to many to learn that in addition to causing head colds and stomach upsets, allergy can be a not uncommon cause of headaches.

Cook's Corner

AUTUMN SALAD

1 package lemon gelatine; 1 cup water; ¼ cup grape juice; 2 tablespoons lemon juice; ¼ teaspoon salt; 1 cup diced celery; 1 cup cubed unpeeled red apple; ¼ cup seedless raisins; ¼ cup cubed cheese; lettuce or watercress; mayonnaise or salad dressing. Dissolve gelatine in 1 cup water according to directions on package; add grape juice, lemon juice and salt. Chill until syrupy. Fold in celery, apples, raisins and cheese. Pour into individual molds which have been rinsed in cold water; chill until firm. Unmold on salad greens. Serve with mayonnaise or salad dressing. Serves 4-6.

Better English

By S. G. Williams

1. What is wrong with this sentence? "We were sort of surprised with his remark."
2. What is the correct pronunciation of "Illinois"?
3. Which one of these words is misspelled? Benevolent, assalant, equivalent, benefited.
4. What does the word "impunity" mean?
5. What is a word beginning with es that means "indispensable"?

ANSWERS

1. Say, "Were somewhat surprised by his remark." 2. Preferred pronunciation of last syllable is ee.

ELLEN'S DIARY

By An Island Farmer's Wife

We fancy that the winds, which blow along the meadows and about the eaves these days have a lonely quality in their voices as they pass. We think they mourn as they tread the haylands and stubble, fretting for the days that were... Where now they complain are the delights of yesterday — the fresh beauty and blossom of summer? The plink of the briars scenting a hedgerow, the daisied places, white and gold by day, silver in the moonlight? The clover too: the low creamy-white which not long ago so richly carpeted the pastures? Gone... mostly.

Gone too, the visitors of summer, the music of strange voices and laughter, the gleam of visiting cars. Away also are the young folk, to college, the "childer" to school. "The place seems so empty now—so quiet after the bustle of summer," a housewife remarked to us only yesterday. "It's as though," she looked off over the September fields, "everywhere has now 'that lonesome feeling'." And a leaf, brown and sere, separated in some magic way from the branch of a white birch on the lawn in the stillness of the mellow afternoon and drifted slowly earthward.

"But I guess it's only seasonal," she smiled, "this feeling I have that no matter how lovely it is yet loneliness about the life of holiday time is gone, and a sentiment half-regret, half-expectancy remains. Isn't it good, Ellen," she offered, "that folks are born with an inherent tendency to look ahead? You know," she smiled brightly, "that next-week, another-year feeling which gives one a lift... makes spirits buoyant no matter how forlorn the circumstances of the moment!"

"Yes," she said, eyes dwelling now on the woodlands which range on the rise of valley opposite, "the countryside is beautiful and will be more enchanting as the colors deepen but at the same time it is a bit sad and lonely. One feels it in the very silence about. How deep it is now and how wide! Even the calls of the birds have that edge of loneliness. And the wild-geese... is there any creature with tones more tragically forlorn than those that hail and farewell us in their fall migration? They leave me with an ache in my heart and tears in my eyes... because of that lonesome quality in their calls."

Yet, recent out-of-season holiday guests came to the community to enjoy this very quiet and loneliness of the year. Island girls that were, who knew, and we suspect could still pick out happily, the old familiar paths about: to the school and Church and the corner-store and along fields to those old trails, graven on young hearts, never to be forgotten while

accent last syllable. 3. Assalant. 4. Exemption from punishment, harm, or loss. "We can adopt this course with impunity." 5. Essential.

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4759 14½-24½

by Anne Adams

life lasts. And so they come to remain briefly with kin and loved ones, these little girls of the by-gone years. Tresses silvered somewhat, changed in appearance it is true, but still grown not old at heart. Returning to prove again how good were those young years, how beautiful, then repacking luggage, his off, again to the everyday interests of living in neighboring and distant lands.

"It's taking us 'wan long time' to finish our harvest, isn't it, Ellen? I'm almost ashamed to say we're still busy at it, if anyone asks me!" James says with a twinkle as he hangs up jacket and cap at day's close. "All the same," he nods, "it's very good stuff to have!"
Until tomorrow... Diary... Good-night...

DOROTHY DIX'S COLUMN—

Bone Up!

Girl Should Let Suitor's Education Be Incentive

DEAR MISS DIX: I am an attractive divorcee of 28, with three children. The divorce was obtained because of unbearable treatment on the part of my husband. Now I have met a fine man who wants to marry me. He loves my children and they are very fond of him. The problem is that he is a college graduate, is widely travelled and I have only a high school education and have never travelled to any extent. Also, he lives in a large city and I prefer a small town. Do you think there is a chance of happiness for us?



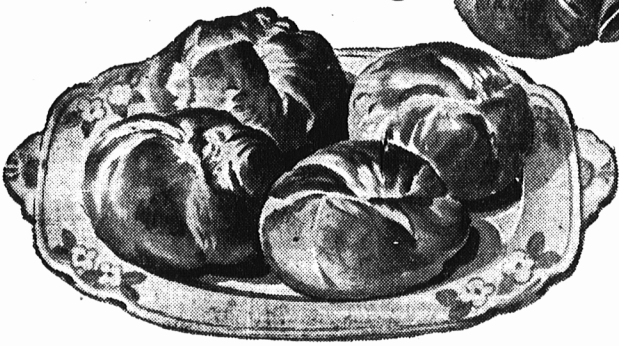
ANSWER: The question is up to you to answer. If two people of completely different living standards marry, obviously one of them must give in to the other. A family cannot live in the city and country both. Your friend's business probably keeps him in the city, so it will be up to you to make the adjustment to urban living.

BRIDGE THE GAP

The question of difference in education is more simple. The gap between you is not too great and can be easily bridged by a little effort on your part. Reading will do more to raise your own cultural level than any other medium. With three small children to care for, you haven't much time available for other work, but even a short period each day spent in worthwhile reading will accomplish wonders. Radio and television cannot be overlooked either as sources of information. In fact,

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Grand for summer baking



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4 cups finely chopped celery
4 cups finely chopped cabbage
4 cups finely chopped onions
½ cup Colman's Mustard
½ cup sugar
2 tablespoons flour
½ tablespoon turmeric
3 cups diluted vinegar

Cover celery, cabbage and onions with brine (½ cup to 1 quart water). Allow to stand overnight. Drain well. Combine dry ingredients with vinegar. Bring to boil. Add chopped vegetables and boil for 20 mins. Put into sterilized jars. Cool and cover with hot paraffin.

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