

ELEANOR ROSS

New Colorful Decor Shows Fine Features

Whenever there is a furniture show that features fine pieces in the best traditional manner, there is one young mother we know who manages to spend an hour or so there. It is such a change from her modern ranch-type place and furnishings.

Recently, we took her to one display that really did epitomize the lovely surroundings for which she longs.

Color was beautifully used, the furniture played up the late 18th century, with some Italian Directoire and French Empire pieces, accessories were antique.

The Oriental influence is creeping into this type of interior, too, just as it has pervaded the modern, and the mixture is most interesting. Here, the lesson to be carried away was the utter absence of the frustful, the clutter, the cute or too-prettyness.

COOK'S CORNER

60 MINUTE PARKER HOUSE ROLLS  
2 cakes yeast  
1/2 cup warm water  
1 cup milk  
2 tablespoons sugar  
1/2 teaspoon salt  
1/2 cup butter  
4 1/2 cups sifted flour

Dissolve yeast in water. Put milk, sugar, salt and 1/2 butter into saucepan and heat until lukewarm. Add yeast and flour. Cover and let rise 15 minutes. Turn on flour, knead and pat to 1/2 inch thickness. Cut with 2" cutter. Brush with remaining butter and fold with remaining flour. Let rise on greased baking sheet for 15 minutes. Bake in hot oven (450 degrees) for 10 minutes. Yield 2 dozen rolls.

FABRIC TRENDS

Two of the spring fabric trends and a major style feature now being reported from Paris are all illustrated in this Montreal fashion, already available in Canadian stores. Paris decrees the return of crepe and polka dot prints, the two Canadian fabrics used in this style. In addition the hipline detail of the peg top skirt is said an important new trend.

KEEP IN TRIM

Girdle Is Good To Keep One's Figure In Shape

By IDA JEAN KAIN  
Nature's girdle is capable of keeping one's figure in good shape for a lifetime. But let the inter-lacing middle muscles lose tone, and the dreaded middle spread is on—regardless of weight. While the overweight recognizes that deposits of excess fat contribute to the spread, the normal weight is more apt to be puzzled and alarmed at this figure change.

A reader sends this request: "Please do a column for us slim girls who, over the years, have developed protruding tummies. We don't need to reduce except in this one area. There are several in my neighborhood—some who are very young mothers—who also lament this figure problem."

There is not much wrong with most normal weight figures that couldn't be fixed by the return of firming tone to the muscles which comprise nature's girdle. This trio of exercises is designed to strengthen the important figure controlling muscles.

Position: Lying on back on floor with legs together.  
Movement: Making the abdominal muscles take the action, slowly move right leg out to the side, keeping heel on floor. Return to position. Repeat 6 times, always making the middle muscles do the work. Repeat routine with left leg.

From Her Drama Workshop They Made A Name In Theatre

LETHBRIDGE, Alta. (CP)—One name perhaps more than any other means the theatre in Alberta—Betty Mitchell of Calgary, director of Calgary Workshop 14. During the 10 years since Alberta regional drama festivals have been revived following the Second World War, Workshop 14 won the best play award nine times. Winner this year was the Medicine Hat Civic Theatre with *Blag 17*.

And drama directors who beat Betty Mitchell "have to be good," said Mrs. E. L. Christensen of Stirling, president of the Alberta Drama League. "No other person has done as much for drama in Alberta as Betty Mitchell. By providing a high standard of competition among theatre groups at provincial festivals she has raised the level of all productions in the annual festivals."

"Not long ago," Miss Mitchell said in an interview during the festival here, "I counted back and realized that about 60 former members of Workshop 14 have gone on to make names for themselves in various phases of the professional theatre."

They include Conrad Bain, now becoming known on the New York stage, who starred recently in a revival of *The Ice Man*. Another is Jack McCullough, a leading scenery designer now doing television sets at Toronto. Two other former students are Chris Mitcigan and Ron Hartman, who had parts in the television play *Flight Into Danger* which will be made into a motion picture.

Miss Mitchell became interested in drama while a student at the University of Alberta. She acted in student productions and after graduation went to teach school in Calgary.

There she met E. J. Thorleson, and together they organized the Green Room Club, first drama group in Calgary with its own theatre. Other groups started up and by 1936 had amalgamated into the Theatre Guild.

That same year drama was added as a credit course to high school studies and Miss Mitchell became drama teacher at Westside Canada High School, where she still works.

The Little Theatre movement however lapsed while Miss Mitchell was in England for two

Wholesale Price Index Advances

OTTAWA (CP)—Canada's general wholesale price index rose .5 per cent in January to 224.4 from 223.1 in December, the bureau of statistics said Thursday.

The January figure also was 3.3 per cent higher than the 222.0 recorded in the corresponding month last year. The index is based on 1935-39 prices equalling 100.

Increases were registered in January in seven of the eight component groups. Non-ferrous metals was the only group to decline.

MORNING SMILE

"I, for one, can say that my husband is the only man who ever kissed me."

"Are you boasting or complaining, dearie?"

STAYING IN BELGIUM

ADELAIDE, Australia (Reuters)—Group Capt. Peter Townsend, former suitor of Princess Margaret, said Monday, "My home is in Belgium. I started my (world) tour there. I shall go back there to live."

Wants Bushels Exchanged For Pounds In Canadian Business

WINNIPEG (CP)—It will mean a lot of work and expense, says a Canadian wheat man, to change statistics and records from bushels to pounds, but he says it will be worth it to see the change made.

"The bushel is not a reflection of true volumes or true values," he said in an interview, "and the sooner a change is brought about, the better."

Giving added weight to the proposal is a parallel move in the United States. A special investigating committee of the U.S. department of agriculture and U.S. seed organizations have already adopted the slogan "the hundred-weight by '58."

Mr. Baxter said, "Perhaps we will not meet the 1958 deadline but I don't think we'll be far behind. A change in the United States will speed any change in Canada and they should be made together."

Supporting the plan, W. G. Mahler, director of the research department of the Searle Grain Company Ltd. wrote recently in his grain market features letter: "The bushel as a unit of grain measure is cumbersome and out-of-date."

The bushel was never exactly defined, but is essentially a unit of volume. In Canada the standard bushel used is the Imperial bushel of 2219.6 cubic inches. Bulk handling of Canadian grain resulted in the measurement of grain by weight rather than volume.

To establish a workable standard of quality and volume the Canada Grain Act requires each volume bushel of grain to meet a minimum weight in pounds.

VARYING WEIGHTS  
The weight of a bushel of wheat is set at 60 pounds, rye and flax 56, barley 48 and oats 34. This maintains a measure of quality but only an approximate measure of volume, for today a good quality bushel of oats weighs about 38 to 40 pounds. A change to the hundredweight system would not interfere with quality standards.

But a change would mean the elimination of numerous conversion calculations from pounds to bushels and bushels to pounds as grain moves from farm to final market.

When a farmer delivers his grain to an elevator it is weighed in pounds and converted to bushels in order to issue a storage receipt or cash ticket.

When the elevator agent ships

Only Money U. S. Treasury Has Taxpayers Have Put There

By ROGER GREENE  
WASHINGTON (AP)—After four years as boss of the U.S. money bags, Treasury Secretary George Humphrey is an anguished authority on what he calls the myth of "the great American money well."

"We haven't any well of free money," he said. "The only money we have is the money we take away from the people and—after adding some overhead to it—pass it back to them."

Testifying in Congress, the big, ruddy-faced cabinet official was explaining why he is appalled at the enormity of federal spending—and why he believes it must be curbed or eventually the country will suffer "a depression that will curl your hair."

RECORD SPENDING  
He was being called on to explain why the Eisenhower administration is asking Congress for \$71,800,000,000—the biggest peacetime budget in history—for fiscal 1958.

Humphrey's prediction that unabated federal spending could unleash a hair-curling slump has brewed one of the hottest controversies in years.

President Eisenhower and Humphrey agree that the trend is due to ever-increasing demands for federal assistance from a fast growing population. But they differ on where to hold the line.

TAKE ONE-SIXTH  
Among other things, the storm has posed these questions: 1. How great a share of total U.S. income can the government exact in taxes without plunging the country into bankruptcy?

(The new budget would take more than one-sixth of the entire \$412,000,000,000 annual out put of goods and services. It would require a tax bite of \$422 for every man, woman and child in the United States, compared with \$32 in fiscal 1938 on the eve of the war.)

2. How long can the U.S. go on jacking up the world's economy via multi-billion-dollar foreign aid programs?

Since the end of the war, foreign military and economic aid has reached a staggering total of nearly \$60,000,000,000 dollars, or more than one-fifth of the national debt.

3. Can the U.S. afford to cut down on military expenditures, at the risk of weakening its defenses?

WEAPON COSTS SOAR  
(Defense Secretary Wilson says military spending will probably go up, not down, over the next few years. The old Pentagon slogan of "more bang for a buck" has just about disappeared as revolutionary new weapons send defence

Would Limit Urban Building On Good Land

OTTAWA (CP)—A McGill University professor suggested Thursday the time has come in Canada for some direction to curb the limits of urban extension to halt the extinction of agricultural land and provide greater national security.

Professor H. J. Spence-Sales told the Senate's special committee on land use that the tentacles of urban expansion already have made great inroads on some of the best agricultural land in the country.

"We cannot go on being promiscuous and we cannot go on doing things in an inept way," he said. What was needed was some machinery to co-ordinate the great demands on the country's greatest asset, its land. Urban expansion was hard to stop but "I think we may have to determine some limits to the extension of urban development where our agricultural soil is affected."

SURVEY OF LANDS  
He suggested the federal government should launch a land classification survey in Canada, "an inventory of what we've got. After that there should be steps

NO FEAR OF RUST  
"I don't think we're remotely close to a rust," testified Commerce Secretary Sinclair Weeks. "At the rate the federal government is spending money, we're going to hell in a Cadillac," counters Chairman Harry Byrd of the Senate finance committee.

Senator Paul Douglas of Illinois, vice-chairman of the Senate-house economic committee and a former professor of economics, said: "We're not going broke. That, I think, has been going up for 10 years while income and production have been rising all the time."

But former president Herbert Hoover, recalling the 1929 boom-and-bust while he was in the White House, said: "My hair has already been curled once, and I think I detect the signs again."

Humphrey is devotedly loyal to Eisenhower, and the two are considered good friends. But the secretary is said to realize he has fought a losing battle in his crusade for government economy.

Eisenhower told reporters some time ago: "As long as the American people demand and, in my opinion, deserve the kind of service this budget provides, we have got to spend this kind of money."

Humphrey obviously does not agree 100 per cent. "A country can't go on outspending itself indefinitely any more than a man can," he says.

Life Not Worth Living?

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