

Women's Realm :: Social and Personal :: Fashions :: Literature

HAPPENINGS OF THE WEEK

There is something peculiarly appropriate in the fact that the Hon. B. W. LePage assumes his new duties as Lieutenant Governor on October 1, as it is Sunday. Perhaps the formal swearing in will take place the preceding day. Mrs. LePage, unfortunately, does not enjoy the best of health, but during the war her duties as social hostess will not be onerous—at least judging by the experience of her predecessor in 1914-18.

General regret is felt at the departure of the Hon. and Mrs. G. D. DeBlais from the Government. It is usual for a number of social activities during the past five odd years. Not only the citizens of this province, but hundreds of tourists and other visitors testify to the ardent hospitality extended by the retiring Governor and his good lady. Their tenure of office will long be remembered.

H. R. H. the Duke of Connaught, Canada's war-time Governor General, and a son of Queen Victoria, wore his military uniform to inspect troops at Aldershot. The Duke will be 90 years old on his next birthday.

Though well into his 70's, Ven. Archbishop M. G. Scott, C. M. G., of the "beloved Canon Scott" of the Great War, has offered his services to "his boys" again. Archbishop Scott holds the rank of Lieutenant Colonel in the Canadian Chaplain Services, and is still attached to the 8th Royal Rifles of Quebec.

Miss Betty MacCabe, of Brookline, Mass., who has been spending the summer with her aunt, Mrs. W. Chester S. McLure and Mrs. McLure of Bonnahilly, has returned to Cornell University, Ithaca, New York.

Mr. and Mrs. L. A. McDonald, Cambridge, Mass., accompanied by Mrs. H. S. McDonald, and Mrs. McDonald's granddaughter, Miss Virginia Stone, have returned home after a very pleasant visit at Kenocho, the guests of Dr. and Mrs. W. J. McMillan.

Col. K. S. Rogers and Mrs. Rogers motored to New York last week accompanied by their son, Mr. Bill Rogers, who will take up his musical studies in that city.

Mrs. R. R. Bell left by motor for Malden, Mass., where she will be joined by her aunt, Mrs. (Dr.) Hunt. Mrs. Bell was accompanied by Mrs. Fred Nash and young daughter Barbara Nash, who will visit Mrs. Nash's parents, Mr. and Mrs. J. P. Whear in New York.

Regretful farewells were said this week to Mrs. Samuel Lowe who left yesterday on return to her home in Grande Prairie, Alberta. Mrs. Lowe who was visiting her sister, Mrs. Millar, and her husband's family was widely entertained and repewed many happy friendships after an absence of twenty years. Mrs. Lowe is being accompanied by her sister, Mrs. George Millar, who will visit in Buffalo.

Mrs. Ewan MacDonald, (L. M. Montgomery) is spending the week end in the city, the guest of Mr. and Mrs. R. E. Mutch.

If You Tire Easily—Watch Your Nerves!



Change Exhaustion to Vitality. Just "snik" after a little work of fun—do you require quiet, hush even the sound of the radio? Nerves may be the cause!

Don't let nervous exhaustion make you a wet blanket, rob life of joy. Your nerves are sensitive, true, but properly understood they can make you more vital, charming than placid people.

Frequently the root of nerves is in childhood, psychologists say. If you were much petted, shielded, you may find it difficult to "harden" yourself to grown-up life. You stew over every petty worry that comes along.

Get a sense of proportion. If friend husband is late for dinner, the cleaner lost button on your dress, turn to some book on great achievements, heroic deeds—you'll soon quit fretting.

Wise, too, is a build-up program for your physical health. Eat plenty of whole grain cereals, leafy green vegetables, root vegetables, fruits, milk. They have Vitamin B, keep appetite normal, nerves healthy.

Be a new person, a "successful neurotic" in our 32-page booklet a famous physician discusses the underlying physical and mental causes for "nerves." Tells how to overcome worry, sleeplessness, nervous fatigue and irritability, gives proper diet and body care.

Send 20c in coins for your copy of Overcoming "Nerves" And Every-Day Health Problems to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Form with fields for Name, Address, City, and Province.

Miss Gwendolyn Duchemin, Mus. Bac. (Dalhousie), and L. T. C. M. (Toronto), daughter of Mr. and Mrs. H. F. Duchemin, Sydney went to Toronto this week where she has received an appointment as instructor on the pianoforte teaching staff of the Toronto Conservatory of Music.

Mr. and Mrs. George Medforth and Mrs. H. D. Borden, Amherst, motored over for the week-end.

Mrs. E. E. McManus, and son, who have been visiting with Miss Owen in Georgetown, have returned to their home in Memramcook, N. B.

Miss Edith Rogers left Thursday for Montreal where she will attend the marriage of her niece, Miss Frances Rogers, daughter of Mr. and Mrs. B. D. Rogers, Westmount, to Mr. Frank Charles Battlett, which happy event is taking place Sept. 30.

Mrs. Edward Norton and infant son James Reid Norton, of Crapaud, are visiting the latter's great-grandmother, Mrs. E. H. Norton, 202 Prince Street.

Two sons of Lord Tweedsmuir, Governor General of Canada, have joined the Canadian forces. Hon. John Buchan has been given a commission in the Governor General's Foot Guards, while Hon. Alastair Buchan has been appointed 2nd Lieutenant in the Princess Louise's Dragoon Guards. His Excellency's sons were temporarily appointed recently to succeed Captain David Walker and Lieut. Robin Scott, R. N., as aides-de-camp to the Governor General.

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Dorothy Dix's Letter Box

There Are Lots of Glamorous People Outside Your Little Circle, as Young People Who Start "Keeping Company" Early in Life Will Learn Later to Their Sorrow

Dear Miss Dix—I am a boy of 20, in love with a wonderful girl of 19. We are engaged, but with no prospect of marrying for a long time, and she has got to going to the States. I love her and she loves me, but she wants me to go with other girls just as she goes with other boys. I won't do that because I don't think it is treating her right. What do you think about it? A. E. S.

Answer: Think the girl is in the right and that you will be wise to follow her example and go around with other girls. Because that would give both of you a chance to compare each other with other boys and to determine if use have made the right choice and really prefer each other to any one else.

I feel very sure that the custom of "keeping company" in which a boy and girl pair off—often in the schoolroom, and go together to the extension classes, and none is more attractive than St. Mary Axe. "Whence did it derive?" you ask.

Far down the Middle Ages there was a church there known as Santa Maria de Haqcs. In the year 1562 Queen Elizabeth gave it to the Spanish Protestant refugees for divine service. Its precincts re'ic had been an axe, "one of the three that the eleven thousand virgins had been beheaded with." From this source came the names of the church and of the street.

Hence come the tragedies that occur when a married man, who has thought all women as little-minded and nagging and tiresome as the girl he keeps company with, meets in his life the brilliant, entertaining, sympathetic woman with whom he falls madly in love. And when a woman, married to the commonplace, dull boy whom she went with all through her girlhood, finds the man when it is too late, who is her heart's desire. When you go into a store you don't buy the first article you see whether it fires your fancy or not, or whether it is what you really want or not. You look around and see what is in stock before you make your selection. If the same article is available peking out husbands and wives it would do more than any other one thing to promote domestic happiness.

For this reason every girl and boy should try to know as many other girls and boys as they possibly can before they make their final choice. They should shop around and give them all the onceover. And if this should cause a lot of break-ups between young couples, that's all to the good, too. Far, far better to find out which man or woman you like before marriage than afterwards.

Is It Right for a Girl to be "Pat" to a Boy? Dear Dorothy Dix—I am beginning to believe that a girl just can't be pals with a boy. I have been going with one for more than two years and we have a swell time together. He has a motorcycle about which we are both crazy and we have gone on trips together. We have played cards and I have had a lot of fun without spending much money. The one thing I have always liked about our friendship has been the fact that we were not spooney—just chums like boys might be. But now I am in love with him. He is the best friend I have in the world, but I know love is a lot more than that because there is another boy whom I feel "that way" about myself. Will I have to break up my friendship with my pal to go with the other? Shall I tell Stan how I feel? I hate to because he takes everything so hard. What do you think I should do? MADELINE.

Answer: You have to be a square shooter with a friend, and there is only one thing you can do. That is to tell the boy frankly and honestly just how you feel about him and that there is some one else whom you love. That is his duty. Then if he wants to keep on with your old relationship in the hope that you may forget the other boy and come to love him, why, his fate is on his own head.

Answer: You may win out, but, for very often a girl mistakes the charm of novelty that a stranger has for her love, but when it comes to giving up the faithful old friend for him she discovers that it is the old pal who has her heart in his hands, after all.

Dear Miss Dix—I am a young man studying for a career and my problem is a girl who is constantly on my mind. When I am with her I have little to say to her of things in general and she has nothing to say to me of any interest. Our conversation usually consists of the same topic—how much we love each other. What shall I do? Shall I stop seeing her or just let nature take its course? PUZZLED MAN.

Answer: Well, if you let nature take its course, it will lead you first to the altar and then to the divorce court, because if you marry a girl who bores you before marriage think how intolerably bored you will be after marriage.

Think of the years and years and years in which you will have to sit up at night, or during the day, with a woman to whom you have nothing to say and who has nothing to say to you, and whose conversation usually consists of the same topic—how much we love each other. What shall I do? Shall I stop seeing her or just let nature take its course? PUZZLED MAN.

Children Should Share in Care of Mother Dear Dorothy Dix—My mother is an invalid and penniless. She has four sons and three daughters, all capable of sharing in the expense for her care, but her daughters insist that it is the father's duty to take care of her and nurse her. What shall I do in this matter? ADELINE.

Answer: All seven of the children are equally obligated to care for their mother. That is the law of the land as it should be. DOROTHY DIX.

YOUR INDIVIDUAL HOROSCOPE

Look in the section your birthday comes in, and find what your outlook is, according to the stars. (Copyright, 1939, King Features Syndicate Inc.)

For Saturday, September 16th MARCH 21 to APRIL 20 (Aries) Aspects are better than yesterday, especially for practical matters and those things with which you are familiar. Sports events, social affairs and other activities to improve one's general outlook are on the approved list.

APRIL 21 to MAY 20 (Taurus) —With a little tact you should be agreeably surprised at the progress you can make today. Not a day for showy achievement but first-rate for steady gain in business affairs and success in your private interests. Born before May 6? Romance not in first place.

MAY 21 to JUNE 21 (Gemini) —Carry along with you (wherever your program takes you) your bag of tricks. You'll have to supply the enthusiasm and initiative which she lacks over. Day lacks pep. Be generous.

JUNE 22 to JULY 23 (Cancer) —Starts quite friendly for ordinary matters, constructive work, health-building exercises, outdoor sports, religious and educational activities. Care advised in travel, driving vehicles and working with machinery or explosives.

JULY 24 to AUGUST 23 (Leo) —Not so suspicious for extensive operations and prudence is advised in expenditures, investments and any deals that carry money obligations. Don't talk out of turn if out with your big heart interest!

AUGUST 24 to SEPTEMBER 23 (Virgo) —Just so-so Saturday. One, though, that can be made more interesting. Gain possible in entertainment, music, stage and screen work and other artistic professions. Be kind to health; catch up in belated correspondence; read, write

The Housewife And Her Activities

Teapot spouts which are discolored should be packed tightly with damp salt; leave for a few hours, empty and rinse.

Add a little ammonia to the soap suds in which cut glass is washed and use a soft brush. Rinse in clear water of the same temperature and dry with a lintless cloth.

If there is any doubt about the tenderness of a piece of steak, brush it with a cut lemon and then go over it with olive oil ten minutes before broiling it.

The mushroom is very sensitive to changes of temperature and to moisture. Before putting sheets and tablecloths in water, fold them into four, longways; you will then find them much easier to handle.

If window curtains are pegged into pleats to dry they will not pull at the sides.

RACING DRIVER

By ALEXANDER CAMPBELL Author of Daughter of Exile, etc.

Edlington nodded. "I believe so. Normally there's a very little rain. When it does come, it comes in torrents. The rivers rise by feet every half hour, and the roads are often entirely washed out."

"That's why I'm anxious about getting through to the hotel," he added. "We've come too far now to retrace in the mountains."

"Christine glanced back. "Hadin', we better stop until the others come up?"

"Yes. We don't want any of the party to get lost. It will be safer if we stick together."

"The road wound away from them across a plain to the foothills. On either side stretched meadow fields, in which the plumed stalks waved like limp spears."

When the other two cars came up the professor waved on them to stop. In Rupert's car, Florence shivered.

"Rupert, did you have many of these storms while you were working in the mountains?"

He nodded. "Quite a few. One gets used to them. Of course I couldn't abandon the diggings so I had to camp out in them. It was a little uncomfortable. Once I was out for three days because the river had burst its banks."

He spoke unconcernedly. Florence wondered why explorers should be regarded as romantic figures, scientists the reverse. Rupert had gone through as many hardships as any explorer, but he seemed to think nothing of it.

"Dorothy, in Frank's car, stared out at the rain. "I've never seen anything like it!"

"At least I can't last long." "Oh, can't I?" he retorted. "You don't know your Africa, my child. I can go on like this for days—out in the open on this occasion it won't!"

The car, which had seemed firm, was rapidly being churned into a sliding red clay by the lash of the downpouring water. The dongas on either side of the road, ditches four feet deep, which had been bone-dry, were now threatening to overflow.

The car skidded on the wet, loose surface, and Frank had to exert all his strength and his driver's skill to hold the machine straight on her course.

It tore across the sky in great jagged flashes, and Dorothy nudged close to Frank.

"Thank goodness there are no ironstone kopjes in this part of the country. Up north in the Transvaal, I'm told that the only thing to do is to lie flat on the ground and hope hard until the storm goes over. Scores of people, mostly natives are killed by lightning every year."

The car was now sliding and slithering on the muddy road. The professor laughed.

Household Scrapbook

Stringing Beads If your child wants to string beads, and you do not wish to give her a needle, take a piece of cord or heavy thread, dip it into glue and as it dries form into a sharp point. Or let her use thin wire, and she can have a good time without worrying mother.

The Gas Burners When the gas stove sputters, it is a sign that the burners are dirty and need attention. Clean the holes out with a wire or pipe cleaner. The sputtering is caused by the dirt.

Mildewed Linen To remove mildew from white linen, boil in water to which two tablespoons of peroxide have been added to each quart of water.

Spiced Crabbles 4 lbs. crabbles 4 1-2 cups sugar 1 quart mild vinegar 2 sticks cinnamon Whole cloves Method: Select perfect apples for this and wash and dry them, but do not peel them nor remove the stems. If they are very hard, cook them first in a covered saucepan in a small amount of water, but unless they are, this isn't necessary. In any case just steam them until they commence to be tender, not soft.

Insert 2 or 3 white cloves into each apple. Dilute the vinegar with sufficient water so that it is not sharp generally about 2 cups vinegar and 2 cups of water. The sugar should be cooked for 5 minutes with the cinnamon broken in pieces. Use a flat bottomed pan and cook only as many apples as will sit flat on the bottom of the pan at one time.

Place them carefully in the syrup and cook them until they are tender but not broken. Lift them out as they are done and place them carefully in hot, sterile jars. Continue on until all the apples are finished. Then heat the syrup again to the boiling point and pour in the jars. Fill these to overflowing and seal immediately.

Small whole carrots are nice done this way also. You scrape them first and cook in boiling water until they are tender. Then insert 1 or 2 whole cloves in each one and cook them in the syrup until they are tender and clear. Place in jars and seal as you do the crabbles. They make a most attractive garnish for winter soups.

Canadian mothers relieve misery of colds externally with VICKS VAPORUB

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