

### Assails Her Religious Beliefs

DEAR MARY HAWORTH: I am a girl 24. Recently I joined the Catholic Church, one of the best moves I ever made. But my aunt, with whom I live, is violently opposed to Catholicism. Her prejudice is the root of my problem. My parents were divorced and I detest divorce where there are

children; I admire the Catholic stand on family life. I have lived with my aunt since my mother's death seven years ago. Auntie has sent me to one of the finest schools, and one of the best colleges, in the country. I have another year to go, to get my degree. Auntie hates the church of my choice, harps on my faults from a childhood on, calls me disloyal, hypocrite, ingrate, etc. Recently she dealt me a blow that really hurt. A friend had lent me some books and pamphlets on Catholicism, bought in England and irreproachable, as Auntie knew. But she tore them to shreds in a fit of rage. She says she won't have such trash in her house, and she believes she has done a very Christian act . . .

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### Pink Mink Used For Trim By John Hartnell

MONTREAL, (CP) — Norman Hartnell, known as the dressmaker to Queen Elizabeth, dropped a minor bombshell Tuesday night with a pink-mink-trimmed coat in an all-fur fashion showing here.

In pelts, the British designer favored Canadian and wild mink, beaver in beige, and south-west African type of Persian lamb.

The show's pace-setter was a sheared beaver of a pale pink-beige color in a coat of tailored out. There was also a black seal coat of full but tailored cut, with a pink mink collar.

There were several designs in royal Canadian fox — a stole with skins sewn to present a convenient armhole to the wearer, a pale onyx Canadian fox wrap-around for evening wear.

Canadian mink was used extensively, particularly in an evening jacket of silver-blue mink, with a blouse back presenting a belted effect.

Another fox wrap-around was detailed in effect around mauveish velvet and gathered at the side with a huge velvet bow.

keep quiet, pleasantly, in a spirit of prayer—asking God to enter the situation and bless it with harmony.

#### FACE TEST OF GODLINESS

If this faith you prize is really working like yeast in your soul, then your capacity to love impersonally (with utter kindness) is on the increase. Thus your aunt's difficult behavior presents a wonderful opportunity for testing and proving your willingness to be a Christian in action. It is an invitation to stand and endure and grow in grace—not fighting back but silently commending your respective needs to God, the source of peace.

In "The Fruits of the Spirit" (Longmans) Evelyn Underhill speaks of two kinds of prayer (see page 52). "The first," she says, "consists of putting ourselves at God's disposal for His purposes, asking that His Spirit may work His will in us and through us . . ."

The second kind of prayer to which the Holy Spirit will invite us is intercession . . . In our prayer we reach out in love to those for whom we intercede, and through our prayer the love and power of that Spirit Who is God Himself can reach them. This kind of prayer is a very important form of service, and the obligation to practise it is laid upon every Christian," she adds.

My advice is, be true to your faith, inwardly and in all essential disciplines. But don't haggle about it. And be fond of your aunt, and undaunted by her sharpness, even when she wounds at times.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian, Charlottetown.

### Exchange Vows



Mr. and Mrs. G. W. Campbell

The Martha Mary chapel, South Sackville, Mass., was the setting for the marriage recently of Miss Alma Stella Baker, daughter of Mr. and Mrs. O. Gordon Baker, Framingham, Mass., and George Windsor Campbell, Wayland, son of Mrs. E. Campbell of Charlottetown, Prince Edward Island.

Officiating at the 2:30 o'clock ceremony was Rev. John Whitney MacNeil, minister of Grace Congregational church. There were arrangements of white gladioli and white chrysanthemums on the altar for the ceremony attended by guests from Pennsylvania, New Jersey, Connecticut, New Hampshire and Prince Edward Island.

A reception was held at the 1812 House, Framingham after the service. In charge of the guest book was Mrs. Leith F. Tierney of Prince Edward Island, sister of the bridegroom.

A lace edged mantilla of tulle with clusters of stephanotis on either side cascaded over the full length tulle over satin gown of the bride. The gown was designed with a strapless bodice of shirred tulle over satin and the matching skirt was accented with handkerchief points of lace. Over the bodice was a matching lace jacket with Peter Pan collar and long pointed sleeves. She carried a cascade of stephanotis, white Shasta daisies and pom pom chrysanthemums.

Maid of honor and only attendant for her twin sister was Miss Ann E. Baker. Her walk-length gown was of rose tulle over taffeta with a fitted bodice and bolero jacket. Her headdress of rose net also had pale yellow pom pom chrysanthemums and rose Shasta daisies to correspond with her cascade bouquet.

For her daughter's wedding Mrs. Baker was dressed in Marine blue with navy hat and accessories topped with a corsage of pink sweet-heart roses. Mrs. Campbell chose a pale blue silk suit with navy blue picture hat, navy accessories and a corsage of American beauty roses.

### KEEP IN TRIM

### Some Women Over-Do Dieting

By Ida Jean Kain

According to Ogden Nash, the woman who takes off ten pounds rarely decides that's plenty . . . she wants to make it twenty!

There's reason to his rhymes, as evidence by your letters. You write that you've taken off, say 25 pounds, and feel wonderful, but long to get down another 10. Your letter to the dietitian is because

those last 10 pounds simply will not budge. So you inquire what to do . . . Why not stay at the weight you are and be happy? It's a mistake to try to get weight down to the bare minimum. Leave some margin for healthy curves. Five or even 10 pounds plus a bloom on a woman and gives that softly rounded look. Frankly, Tim of the opinion that half the women who make the 10 best-dressed list every year would look far lovelier with about 10 added pounds! This would take away the angular look which is never appealing.

There is no blinking the fact that extreme thinness is aging, for with too little fat padding, the nerve endings are too close to the surface. There is nothing as aging as nerves! Another thing wrong with ultra stream-lined weight is the semi-starvation fare which keeping lined down necessitates. Nutrition on the thin edge results in a pinched look.

With ultra-slimness the height of fashion today, dieters may tend to carry reducing too far—without counting the cost. Unfortunately the full effects of over-dieting may not be experienced for several months. If you feel tired and out-

following their return. The former Miss Baker received her A.B. from Boston University college of liberal arts and her M.S. from Simmons college school of library science. Her husband, presently a senior at the University of Massachusetts, majoring in bacteriology and public health, was graduated from Prince of Wales college, Charlottetown, P. E. I., and attended Dalhousie University, Halifax, Nova Scotia. He is a veteran of the U. S. Army Medical Corps and a member of Victory Lodge, A.F. and A.M.

Those attending the wedding from Prince Edward Island were Mr. and Mrs. Charles D. Stewart, Mrs. Windsor Campbell, Mr. and Mrs. Leith F. Tierney and son, Bruce.

of-sorts while dieting, you are on a poor diet. Don't take the view that this will be over shortly, and the lost pounds will be well worth it. Later it will dawn on you that you really haven't gotten back your former bounce and exuberance.

The secret of keeping a svelte figure, with your weight at healthy normal, is to restore bracing tone in the big figure-controlling muscles, particularly the girdle muscles. Get in the beautiful habit of stretching every morning on awakening. Really at 7-8-9-10-11. In stretching, the muscles set against one another and tonically contract. It's amazing how well the tone of the muscles can be maintained with a lazy but daily stretching routine.

Aim at healthy normal weight through good food habits and keep your measurements slimmed with daily stretching. By that plan, you will look and feel a good 10 years younger than your birthdays.



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# NASH METROPOLITAN beats them all again!



James Fergusson at the wheel of his Nash Metropolitan crossing the finish line to win the Touring Car Race for models under 1500 c.c.

### Regular Nash Metropolitan Wins Ottawa Speed Classic Beats Famed European Cars

Carp Airport: The thunder of automobiles took over from the roar of aeroplanes today as the Ottawa Light Car Club staged an exciting afternoon of racing events. In the Touring Car Race, for models under 1500 c.c., James Fergusson, of Toronto, drove his production model Nash Metropolitan to yet another victory. In two months Mr. Fergusson's Nash Metropolitan has been entered in, and has won, four events . . . he had already won two races at Edendale, and Mrs. Fergusson recently won a hill climbing event with it at Holland, N.Y.

The two-mile track at Carp has a lightly abrasive surface, and ten laps at high speed call for superior driving skill and automobiles that can "take it". Mr. Fergusson's top speed, according to his speedometer was 80 to 85 m.p.h., while his average speed for the ten laps was 60 m.p.h. (\*Subject to official confirmation.)

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