

Mid-Morning Coffee

At the school, where the window panes are lighted up every evening except Saturday and Sunday, our vocational school, the duties of housewife and homemaker are not overlooked.

Strange But True

By F. H. MacArthur

All Tabb of Worcestershire, England, owns the smallest bike in the world. It measures 4 1/2 by 9 in. Tabb built the little bike himself, a two-wheeler, which he alone is able to ride.

In 1881, a French artist named Rodolphe Salis founded in Paris a restaurant which was devoted to fine arts. It was a sanctuary open only to those who lived by their intellect.

The sexual organs of the higher order of plants are flowers. That part of the flower which produces seeds answers to the female; another part, which is incapable of forming seeds, answers to the male.

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A Country Garden

By Mrs. Gordon Macmillan

Come into the garden, friend for we adore it and wish to share its treasures with thee; We feel did thee know its secrets and charm, it would make thy world-worn soul care free.

These classes go both day and night, and this year are under the direction of Miss Marjorie Hill. Last year Miss Doris Anderson, who at present is studying on scholarship, organized and lectured in this New Vocational wing of Prince of Wales College.

Before I left Mrs. Hurst gave me a sheet of recipes for you to try. I've chosen this supper dish, scalloped ham and potatoes. Here it is: First, you will need the following ingredients—1 lb. of ham, 4 cups sliced raw potatoes, 2 tablespoons of flour, 2 cups milk, 1/2 cup buttered bread crumbs, salt, pepper and celery salt.

Perhaps you would like to know how to make carrot puffs? Well, cook carrots until tender, drain and mash them. To the 1-1/2 cups of mashed carrots add 1-1/4 cup milk, 2 tablespoons flour, 1-2 teaspoon sugar and 2 beaten egg yolks.

For those of you who can spend just a day or two away from your homes, because meals must be cooked and children must be looked after, The Earl of Hillsborough chapter of the I. O. D. E. has ordered a cooking school just cut to your measurements. This sponsored modern kitchen will be set up in the Prince of Wales College auditorium, and remember that word auditorium, because it does not mean the kitchens of the vocational school.

Working on a newspaper can bring you into contact with many interesting things. For instance—reading Women's Institute reports brought to the office for publication, I find that the school children of Prince Edward Island are devouring millions and millions of cod-liver oil capsules.

In country gardens the surrounding scenery should become a part of the garden. This visual subject of food and ordinary household cares, I move to one which has always been, since my childhood, dear to my heart. . . . Gypsies. . . . They are on the main, leaving Europe, crowding to England where before the war, and during the war they made a peaceful home. Now even there they are being shut out from their old haunts. Why have they left Europe? England and Ireland are only secondary homes compared to Spain and the warmth of southern France.

How did I get to talking about Gypsies? Well, I read a short despatch from a correspondent in England which set me thinking about them. Here is a bit of it. "Near my home, at Coombe Hill in Gloucestershire, some gypsies, settled down on the land of a benevolent lady who was delighted that they should stay there. They engaged in useful farm work and were a very happy community until the county council decided that their remote camping site was a 'danger to public health.' The lady pleaded for them, the farmers spoke up for them and the gypsies themselves even composed a very moving letter which they sent, oddly enough, to the bishops in convocation. But it is all in vain. They must take the road once more, moving on every twenty-four hours at the bidding of the police—indeed, they are lucky enough to find a lawful camping place once in every twenty-four hours' march.

How will these wanderers earn their living when they set their feet again on the street tread-mill contrived for them? The demand for clothes-pegs is not unlimited; the tinkering trade has died out; forage for horses is difficult to get.—Well, I for one shall not blame them if they take their little revenge at the back doors: "You don't want to have my luck, lady. Cross the gypsy's palm in case you have been luck." E.M.D.

Bonnie Prince Charlie is Two



Here's a new picture of little Bonnie Prince Charles, seated in his carriage with eyes attracted to his mother watching him from a balcony window of Buckingham Palace. The little prince was more interested in waving to his mother, Princess Elizabeth, than in the photographer who was taking his picture on the occasion of his second birthday.

Modern Etiquette

By Roberta Lee

Q. Is it necessary for a hostess to rise when greeting a guest who has just arrived, and other guests are present? A. Yes, always. A hostess is very discourteous who does not rise to greet every guest, and also when taking leave of each departing guest.

Better English

By B. C. Williams

1. What is wrong with this sentence? "After her painful accident, she had a deadly pallor on her face." 2. What is the correct pronunciation of "visa"? 3. Which one of these words is misspelled? Omeliet, omenous, omisissible, omnisicent.

ANSWERS

1. Say, "After her serious accident, she had a deathly pallor on her face." 2. Pronounce ve-sa, e as in we, as in ask un-stressed, accent first syllable. 3. Omnisious. 4. Act or condition of existing. "He was allowed only enough money as was necessary for his subsistence." 5. Inflexible.

Cook's Corner

OATMEAL YEAST ROLLS

The rich, almost flaky outer crust is not smooth—it has a roughish sort of texture given it by the oatmeal. It takes on a rich and golden color. Inside, these rolls are moist and as light as a puffball. I have encountered just such rolls in an occasional hotel or restaurant that makes a point of having interesting breads. Good hot or cold. Yield—2 dozen.

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ELLEN'S DIARY

By An Island Farmer's Wife

Several visitors, young and older came to our door today. . . . What interesting ones we continue to have from near and further distances, folks, enjoying, it may be a last lengthy drive of the year who "must call at Alderlea" and are so fine to meet! Those who "never were in this part of the Island before" perhaps, to find new scenes, to jot down we hope in the pages of memory. "And James is not old—not like I expected" one said with a lingering glance "and yet, a grandfather— bless him!" And one who used to help us gather our potatoes back through the years on those "long, still, Autumn days," when "wild geese are flying south" and there was much work and laughter and life was good and full of promise for youngsters, returned Sunday to show us her baby—a sweet-faced little girl to set us remembering how long indeed, though fleeting, the interval has been. Other: small ones too we have had to visit us of late, dainty and pretty and bright-eyed, fitting subjects for pictures.

One came early this morning, while we still breakfasted and the sun of day had not yet melted away the night's fall of snow from roof and yard and field. A maid, this way, with sunny hair and blue eyes, a shaggy black dog at her heels. She asked to have her sled brought down from its rest in a dim upstairs closet. "Do you know there's snow?" she asked breathlessly. "Yes," she nodded with obvious delight "at last!" We fancy that the coming of the first snow-fall is bound up in her mind with the arrival of the Christmas season and the consequence is much appreciated. So there were bewitching paths about the yards presently, which dissolved as the day strengthened and the sun continued to beam upon hill and vale. Born of rose and sapphire and gold above the spires and minarets of the wooded places to the west. And then very silently the night hung out her new moon above the then-deserted mill in the valley and one by one slowly spread her first stars.

A tractor moved in today to assist the farmers at their plowing and as a result much progress was made at that work. Now as does the November month, it approaches its ebb-tide. "If we get a few days more of good weather, Ellen" James said as he regarded the caress of this morning's light breeze on the mill-pond "well" he chuckled "we'll let it snow!"

And another visitor we had—and have—today, a cousin to (Continued on Page 3)

Morning Smile

Barely had he paid off the mortgage on his house when he mortgaged it again to buy a new car. Then he went to a loan broker to borrow money for the car so that he could build a garage. "If I do make this loan," asked the broker, "how will you buy gas for the car?" "It seems to me," the man replied in dignified tones, "that if a fellow owns his own house, car and garage, he should be able to get credit for gas."

So Long

An American soldier now in Northern Ireland is said to have written home: "Dear Dad,—Guess what I need most of all. That's right. Send it along. Best wishes. Your son, Tom." The father replied: "Dear Tom,—Nothing happens here. Write us another letter, aNOn. Jimmy was asking about you Monday. Now we have to say goodbye."

How Can I!!!

By Anne Ashley

Q. How can I cause coal to burn more slowly? A. It is claimed that if the coal is sprinkled with a solution of 1/2 pound of washing soda to a gallon of water, a few days before burning, the coal will burn more slowly and also give more heat. Q. How can I render the taste of disagreeable medicine more palatable? A. If one will chew a piece of orange peel, or take a tiny bit of cayenne pepper before taking any disagreeable medicine, it will render the medicine tasteless or palatable. Q. How can I keep the flavor in eating apples? A. Eating apples will keep their flavor much better, and will not rot, if one will take the times to wrap each apple in clean paper.

The Stars Say--

By Genevieve Kemble

THERE are excellent prospects for the fulfillment of most desired hopes and wishes in relation to all aims and objectives; social, domestic, business, financial. It is a propitious time for concentrating the energies and ambitions on attaining the goal of heart's desire. Promotion, favors, prestige and popularity are shown, all fostered and enhanced by ideals, aspirations and also sound logic. However, it is possible to nullify brilliant prospects by too ardent efforts. Those whose birthday it is, are under most auspicious rule for advancement, favors, fulfilled hopes

That Body Of Yours

By James W. Barton, M.D.

INJECTIONS FOR TIC DOLOREUX

In my student days, when I first saw an operation performed for cure of tic doloureux (trigeminal neuralgia), I hoped for the day when such a terrible operation would not be necessary. Today, many cases of this ailment, with its sudden attack of severe pain in face or jaw, can be relieved by injections of various substances—alcohol, phenol, and others. In Annals of Medicine and Surgery, Barcelona, Drs. Sole Sagarra and Alonso de Olarte direct attention to the number of cases of tic doloureux caused by irritation of the ends of the great nerve of the face (trigeminal). These and branches are situated in the gums and irritation of these nerve ends seems to pull the trigger that starts this terrible pain. The physicians cite a large number of patients of either sex between the ages of 36 and 52 years in whom this facial neuralgia had lasted for five to 15 years. Vitamin B1, X-ray treatment, nicotinic acid, bee venom, and histamine (all of which have helped many cases) failed to relieve their symptoms. "That these cases were true tic doloureux was shown by the usual symptoms and signs of that disease pain in the whole trigeminal nerve, the attacks of pain intermittent, not continuous, coming on suddenly, and leaving just as suddenly, and the pain not connected with pain in other nerves."

Successful treatment of these cases consisted in injecting the gums with a 20 per cent phenol solution in glycerin at the point of greatest pain at either or both the upper and lower gums. Neuralgia was controlled by the first injection in all cases. In three of six cases, neuralgia returned one or two years after the first injections were given. The pain was milder the second time. In two cases permanent cure was obtained from one infiltration without any return of the pain, two and five years respectively, after the treatment. Even after the other methods above mentioned (X-ray, alcohol injections, vitamin treatment) have failed to give relief, the phenol injections method is worth trying before resorting to surgery.

dough is doubled in bulk. Punch down dough in bowl, turn onto a greased surface and cut into 24 pieces; knead each piece into a smooth ball and place each one in a greased muffin pan; grease tops. Cover and let rise until doubled in bulk. Bake in a hot oven, 425 degrees. Until rolls are golden brown and sound hollow when tapped lightly with the knuckles—about 20 minutes.

Household Scrapbook

By Roberta Lee

Wrapping Gifts

When, at the last minute, you find that you have no pretty ribbon to use for wrapping a gift, use a piece of colored yarn. It will prove very attractive, especially if two colors of yarn are used.

Dried Vegetables

Dried beans or peas should always be washed before putting them to soak. Often they are kept in bins and are likely to be dusty and in need of a good wash. Then soak in fresh water.

Raisin Cake

The raisins will not go to the bottom of the cake if they are rolled in butter before stirring them into the batter.

Gloriously Beautiful Hair



BRECK Shampoos

To restore all the natural loveliness to the hair, there are three Breck Shampoos for three different hair conditions—dry, normal or oily. They leave the hair soft and fragrant—gleaming with health and beauty.

BRECK SHAMPOOS 4 oz. .75 12 oz. 1.50

Special shampoos for dry, oily or normal hair.



DOROTHY DIX SAYS—

Congeniality

Opposites Attract, But Can They Make Happy Marriage?

DEAR MISS DIX: Do you believe that two people who are diametrical opposites can ever get along in peace and harmony? The girl I am engaged to—and I have not a single taste, thought nor habit in common, yet we love each other. What do you think of the future of such a marriage? ARTHUR

ANSWER: I think it is mighty likely to be a stormy voyage that will end in the divorce court. Maybe the physical attraction that you will have for each other will be strong enough to enable you to survive the cyclones of temper and temperament that you will encounter almost continually, but I doubt it.

It is one of Nature's ironic jest to draw opposites together, because Nature is concerned only with the good of the species and not the happiness of the individual, but the very differences that attract men and women to each other before marriage rend them apart after marriage.

JUST DIFFERENT

If you will think of the disgruntled husbands and wives you know, you will find that at the bottom of all of the trouble is uncongeniality. There is nothing wrong with either the husband or the wife. They are just different from each other. Neither one has committed any crime against the other. He or she has just done something that the other doesn't like to do.

There are millions of homes in which there is a daily spat over the coffee, the children, the neighbors, the dog, the cat, over everything from politics to pie, and for no earthly reason except that the husband thinks one way and the wife thinks another. And, conversely, the happy homes, the successful marriages are those in which the husband and wife like the same things, enjoy the same people, have the same point of view, ride the same hobbies. This is but natural, for the people we enjoy most are those who agree with us, not those who argue every point with us.

Congeniality is the one and only indispensable thing in marriage. Having that, you have everything. Without it, you have nothing. For her sake and for your own sake, don't marry a girl who is antagonistic to you.

DEAR MISS DIX: You tell the men that they should be affectionate to their wives. What about wives being affectionate to their husbands? A worried man does not think to be as affectionate as he should, so don't you think his wife should meet him with a smile and loving words and help him forget his worries? He would be more in love with her if she would do her part of the love-making, instead of being so silent and hard with him. Also, don't you think that when a husband and wife are separated that they should settle their differences alone without other people interfering? A READER

ANSWER: I agree with you that it is just as important for wives to keep up the courting and love-making after marriage as it is for the husbands to do so. Also I think that the wife who expects her husband to take her affection for granted makes just as big a mistake as the husband does who expects his wife to be mind-reader enough to know that he loves her and thinks her the greatest woman in the world.

Continued on page 8

-Needlecraft- FOR THE HOME -

THREE-PIECE ENSEMBLE

For your suit this season consider this bolero style . . . and the set that it has its own mandarin type blouse to complete the costume. The fitted jacket features new cuffed sleeves that end just below the elbow.

No. 2275 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 18 suit, 3 yards 54-inch; blouse, 1 1/2 yards 39-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal note, or some number in your address. Address: Pattern Department, The Charlotte-Town Guardian, Pattern No. 2275

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and wishes, aspirations and ambitions, in whatever field of operation the energies, procedures and desires may lead. In domestic and professional life, business and finance opportunity knocks at the door.

A child born on this day is bounteously endowed for a creative, progressive career.



2275

SIZES 12-42

Cinderella Slipper advertisement featuring an illustration of a woman's foot in a slipper, with text: 'Present her with a favorite Coty Perfume, snuggling in a sparkling crystal slipper. Choose L'Origan, L'Aimant, Emeraude, or "Paris." Season's Best! 4.00'