

CONFIDENTIALLY YOURS

—by Byrne Hope Sanders



MONTREAL, June 7th — Thank you, Mrs. Carney! From Nelson, B.C., comes a mouth-watering idea for using a family favorite, BORDEN'S CHATEAU CHEESE. I tried it last night — and it was a very great success — so the \$10 goes to Mrs. J. J. Carney with Borden's compliments!

CAULIFLOWER AND CHEESE SOUFFLE

1 medium cauliflower
1 cup milk
1/2 tsp. salt
2 tbsps. butter
2 tbsps. flour
1 cup Borden's Chateau Cheese, grated
4 eggs, separated
salt and pepper

Place the whole cauliflower in boiling salted water in covered saucepan. Cook until almost tender. Do not overcook. Make cheese sauce by melting butter in top of double boiler, then add flour, pepper and salt, stirring until blended. Add milk slowly, stirring constantly. Add cheese, cook until smooth and thickened, stirring. Remove from heat, pour cheese sauce a little at a time into slightly beaten egg yolks. Beat egg whites until stiff, slowly pour cheese sauce into them while folding. Separate cauliflower into tiny flowerets and add to egg and cheese mixture carefully. Pour into casserole and bake in moderate oven 30° F. — 40 minutes. Serves 4 to 6.

Remember that each week Borden's offers \$10 for the most interesting recipe using one of their famed cheeses. First recipe, when duplicated, wins. Send yours to me at Confidentially Yours, 1411 Crescent St., Montreal.

Cover Your Face . . . with your fingers and take an honest look at your hair-do, all by itself. Is it really as pretty as it might be? If you hoped for something better — just try LANOLIN PLUS Hair Spray Set — the "triple purpose" spray. It keeps your hair-style soft and secure — guards against wind and damp-day droopiness . . . It makes a perfect pin-curl set . . . giving you lustrous curls that will last up to a week. . . And it actually beauty conditions your hair to a silky, just-brushed look that makes your hair "come alive". Lanolin Plus Hair Spray Set can transform your hair. \$1.50 at all drug counters.

Let's Really Relax, This Year, even if we still have to work hard, too! Let's have the leisurely enjoyment of a cup of Instant Chase & Sanborn Coffee — in the garden, on the porch . . . whether it's morning, noon or night! Just look through the window on your jar of INSTANT CHASE & SANBORN! See the rich coffee color that means rich coffee flavor! The Chase & Sanborn people with over 100 years coffee experience — know how to CAPTURE all the precious coffee flavor. Here, at last, is an Instant with all the fine flavor of freshly-made coffee! That's a promise from Chase & Sanborn to you and to me!

Our Beautiful Budgie . . . Sir Isaac . . . loves the time of free flying we're giving him every day. But first we trained him in his cage, to sit on our fingers, and get used to us. Then we clipped his feathers a bit, to control his flight, and save him from injuring himself. He'll come to my fingers, now, when I say "Ride!" . . . Having him is nothing but a continuing pleasure, as he's thriving so well on his BROCK'S NATURAL FEEDING DIET — He seems to get exactly the right amount of proteins, vitamins and minerals to keep him in the "pink of perfection".

My Plan Is To Have No Plans This Year On Vacation! I'll just take my car and roam wherever the spirit leads me, stop and go as I please, and have no money worries . . . because before I leave I'll be sure to buy Travellers Cheques at my local BANK OF MONTREAL branch. Travellers Cheques are cashable at all banks and at practically all stores, gas stations, hotels and motels. They're inexpensive and absolutely safe — money back guaranteed in case of loss or theft. If you're going away this summer, buy Travellers Cheques before you leave — they're available at your B of M branch and you too can be on the way to a carefree vacation.

ANNE B. DYSTANT
HOME ECONOMIST

Anne Blanche Dystant, daughter of Mrs. H.B. Dystant, and granddaughter of Mr. and Mrs. Thomas Bishop of Summerside P.E.I., graduated from Mount Allison University on Tuesday, May 15, with a Bachelor of Science Degree in Home Economics.

Anne is a Dietetic Intern in the Royal Victoria Hospital, Montreal.

BAG A BUNCH O' BUYS

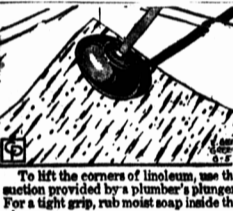
2 reg. pkgs. 39c

Lb. Print 19c

JAM 24 OZ. bottle 35c
CARROTS 20 OZ. YORK DICED 2 tins 29c
BEETS 20 OZ. YORK DICED 2 tins 29c
NAPKINS PKG. OF 70 pkg. 17c
WAX SHINOLA 1 lb. tin 35c

LOW NECK

Cotton chiffon is a good material choice for a dress that while casual manages to be important — no mean fashion feat. Ideal for the young, slim figure, the dress is in black or navy which makes it good town wear. It features a medium low neck and short sleeves for the gathered bodice, gathered from the yoke down to the cinched-in waist. The skirt is gathered and flared to flow in crisp folds.



NEW ROYAL PORTRAIT

In this new portrait Queen Elizabeth II is again seen wearing the uniform of Britain's famous Grenadier Guards, of which she is colonel-in-chief. The painting, by Raymond Kanelba, a Polish artist, went on public display May 30 in St. James' Palace as part of the exhibit celebrating the 300th anniversary of Grenadier Guards, first regiment of British Royal Household brigade.

Work Of Local I.O.D.E. Praised At National Meeting

QUEBEC (CP) — Ten new chapters were formed last year, bringing the total to 970, members of the Imperial Order Daughters of the Empire were told at the opening session of their 56th annual meeting Monday.

Mrs. G. D. Leggett of Toronto, national organizing secretary, reported an increase of 31 in membership, which now totals 32,129. Success of the IODE, she said, depends on a steadily increasing membership.

"As our population increases and we strive to meet the difficult and dangerous problems of our day, it becomes more and more important that we add new members who are ready to work unselfishly for the aims and ideals of our IODE," she said.

She said 450 introduction cards had been sent from province to province, keeping in touch members who were moving from place to place.

National treasurer Mrs. Peter L. Robinson of Toronto said although the finance committee had budgeted for a deficit of \$1,800 for last year, it had kept the deficit to less than \$7.

The work of the 10 primary chapters, coming directly under the national committee, in Newfoundland, Prince Edward Island and the Yukon was praised by national secretary Mrs. D. W. McGibbon, also of Toronto.

She said all 10 were assisting local communities with scholarships in schools, helping the needy, welcoming newcomers and substantial contributions to the IODE.

She added that the IODE affiliated Victoria League Students' Club in London offered accommodation to young Canadians visiting Britain.

National publicity convener Mrs. W. R. Walton Jr. of Oakville, Ont. said proof of the influence and importance of the IODE was indicated by increased publicity given to chapter activities during the year.

The annual meeting continues until Wednesday.

Storks Are Disappearing In Holland

By RONALD FRASER

THE HAGUE (Reuters) — Storks are disappearing from the Dutch countryside because they face a "housing shortage" almost as drastic as that of the Dutch people themselves.

Before the First World War, some 500 inhabited stork nests were counted in Holland. A census last year showed only 58. The figure seems to have dropped most during the Second World War, because in 1939 there were still 300 nests in use, while 10 years later the number had fallen to just over 80.

The Association for the Preservation of Birds fears that storks may become extinct in Holland if action is not taken. It claims that these beautiful birds are leaving because they no longer can find a place to live. Storks do not build their own nests but rely on finding a ready-made site to lay their eggs.

Their traditional nest is on a house or on a cart wheel attached to the top of a long pole fixed in the ground. These nests have to be specially-made to suit the stork and the association estimates the cost of one such nest at 200 guilders (\$52) — too much for the average farmer to pay.

HOUSING CAMPAIGN

It has therefore started a campaign to raise 10,000 guilders (\$2,630) to provide new storks' nests and renovate old ones. It is hoped this sum will provide about 50 good nests which the storks will find waiting for them when they return each spring after spending the winter in Africa.

This country is short of some 200,000 houses, and since this problem is expected to take many years to solve the storks probably will be better off than most average Dutch families in having a place of their own in which to live.

The storks' "housing shortage" caused fierce fighting among rival pairs of birds in some parts of the country last year. Pitched battles were held over the right to a nest, with the result that a large number of eggs and young birds were thrown out and lost.

Only 96 storks were hatched in Holland last year, as compared with well over 1,000 before the First World War.



LONDON DESIGNED

This is an evening dress in cream acetate satin designed in London. The intricately cut, crossed pannier line of the skirt is repeated in the bodice. The panels button at the side, waist and shoulder.

The Guardian, Page 11
Thurs., June, 7 1956

Shane Alexander To Come Of Age

LONDON (CP) — A coming-of-age party will be held June 30 for Baron Rideau, elder son of Field Marshal Earl Alexander.

Lord Rideau, better known to Canadians as Shane Alexander, will be 21 on that day. He spent part of his schooldays in Canada, where his father was governor-general from 1946 to 1951, and now is in his father's regiment, the Irish Guards, stationed at Caterham, Surrey.

His younger brother, Brian, has one year to go at Harrow, a well-known public school.

The Alexanders live at Cranbourne Grange, Windsor Forest, Berkshire.

Found in a shoe store after closing hours by police, a Sacramento, Calif., man told police he had broken the window while leaning against it, then had crawled inside to wait for the owner's arrival in the morning so he could explain.

"It's the best help with housecleaning" writes

Dutch housewife

The following letter is from a pleased user

"Dear Sirs: I am from Holland. And I guess they can tell you over the whole world, the Dutch women really know how to keep their homes clean and shiny!

The best help with housecleaning, I discovered here in Canada two months ago. It is MAPLE LEAF LIQUID DETERGENT. It is amazing! I use it for every thing — washing dishes and fine laundry, cleaning window panes and woodwork.

I am really pleased with this new invention!

Yours truly,
Mrs. Martha Van de Kieft,
ARMDALE, Nova Scotia."

MAPLE LEAF LIQUID DETERGENT

33 BIG SERVINGS IN EVERY 13 QT. BAG

IMPORTED FAMOUS WILLOW PATTERN CUP OR SAUCER IN EACH 13 QT. BAG. CRYSTAL CLEAR SAFE-SIP TUMBLER IN EACH 5 AND 8 QT. BAG.

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pick fresh... easy-care
COTTONS



Bold stripes; soft plaids; cool water and ice tones; Black, frosted with white; delicate pastel flower-tones . . . and you can find them all in our selection of Spring and Summer fashions. Whether you're

looking for casual cottons or dating, dancing fashions . . . they're all here in the Moore & McLeod Ltd. collection of high fashion dresses. Ladies' Wear Department, Second Floor.

Styles from:—
Vicki Vaughan — Toni Todd — Stylecraft —
Johnathon Legan — Dress Town — Tena Paige — Kerner — Forward Look — Deja.

SIZES:
9 to 10
10 to 20
14½ to 24½

PRICES RANGE FROM

\$5.95 to \$29.95

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FOOD VALUES THAT REGISTER SAVINGS

Bag a Bunch o' Buys from our value packed line-up of week-end specials. ZAKEM'S food values will surely register savings for you.

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| PORK HOCKS | SWEET PICKLED | lb. 19c |
| TONGUE | BEEF CORNED | lb. 33c |
| MAC. & CHEESE | COOKED MEAT LOAF | lb. 49c |
| HAMS | MAPLE LEAF SHANKLESS | lb. 39c |
| WIENERS | HOT DOGS | lb. 35c |
| COOKED PICKLED & PIMENTO MEAT LOAF | | lb. 49c |
| "Choice Groceries" | | |
| Radio Peas | 20 OZ. TINS | 2 tins 39c. |
| Pears | YORK 20 OZ. | 2 tins 39c |
| Orange Juice | 48 OZ. SIZE | 43c |
| Tea | SPECIAL PACK | lb. 93c |
| Corn | CREAM STYLE 20 OZ. | 2 tins 29c |

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