



MR. AND MRS. ATHOL W. CRASWELL

Popular Couple Wed In Fredericton Church

A very lovely wedding took place in the Fredericton Church of Christ when Mr. William Weale, minister of Summerside Church, united in marriage Helen Lois, only daughter of Mr. and Mrs. J. Miller Stevenson, to Athol Wesley, son of Mrs. Wesley and the late Mr. Craswell of South Rustico. Baskets of gladioli and dahlias in colourful contrast formed a beautiful setting for the ceremony. The guest pews were decorated with miniature nosegays of carnations, maidens hair fern, and cornflowers. The youthful bride, given in marriage by her father, was lovely in a strapless, ballerina length gown of pink nylon net and lace over a tulle underskirt. The lace jacket had long sleeves coming to a point over the wrist. Her fingertip veil fell from a coronet headpiece trimmed with pearls. Her only ornaments were a necklace and earrings, gift of the groom. She carried a bouquet of red roses. Miss Lois MacDowell, cousin of the bride, was maid of honour. She wore a ballerina length gown of similar style to that of the bride. The material was orchid nylon net and the dress was made with elbow length sleeves in the matching lace jacket. There was a matching headpiece and mitts. Her bouquet was of pink carnations. Mr. Roy Craswell was best man for his brother. The ushers were Mr. Allan Stevenson, brother of the bride, and Mr. Errol Buntain. Mrs. Miller Stevenson chose for her daughter's wedding, a teal-

blue suit with matching hat and black accessories. Her corsage was of red roses. Mrs. Craswell, the groom's mother wore a grey suit with navy hat and accessories, and a corsage of red roses. Mrs. Harold Sharpe was organist and accompanied Miss Evelyn Weeks, who rendered very sweetly, "I'll walk beside you" during the signing of the register. Following the ceremony, a reception for fifty guests was held at Lakeview Lodge, Cavendish. The bride's table was centred with a beautiful three-tier wedding cake. The cake was baked and most artistically decorated by the bride's aunt, Mrs. Allan MacDowell of Glen Valley. A toast to the bride was proposed by Mr. Weale in his own inimitable fashion, and a fitting reply was made by the groom. Mrs. Leslie MacDowell was in charge of the guest book. After the reception, the happy couple left on a motor trip through the Maritimes. For travelling the bride chose a navy suit with checked top and navy accessories. She wore a corsage of red roses. Mr. and Mrs. Craswell will reside in South Rustico, where the groom is a progressive farmer. Previous to her marriage, the bride was tendered a shower at the home of Mr. and Mrs. D. L. MacDowell of Pleasant Valley. Both at this shower and at their wedding, many beautiful gifts of silver, china, linen, glassware, etc., were received by this popular couple.—Photo by Lewis.

LET'S EAT

Hot Sandwiches Can Play Main Role At Any Meal

By IDA BAILEY ALLEN
"Hot sandwiches have great possibilities in the everyday menu," I observed. "They are appetizing, different, easy to fix, adapted to brunch, lunch, supper or even a family dinner. Teamed with a suitable vegetable garnish they make a complete main course."
"Very tasty, Madame," said the Chef. "Now with your permission, I would like to suggest my newest hot sandwich for brunch, luncheon or dinner."
Cheese Turkey Crumpet Extraordinary: For each person, spread a split crumpet with butter. On half the pieces, spread chopped turkey meat blended with mayonnaise all the way to the edge. Top with a thin slice of mild onion and 1/2 tsp. butter.
On each of the remaining halves, fix a slice of sharp Cheddar cheese. Top with a slice of tomato, a few drops of Worcestershire sauce and a small slice of cheese.
Place on a pan. Bake both halves 10 min., or until the cheese melts, in a hot oven, 400 degrees F.
Serve with a tossed green salad and crumpets.
If crumpets are not available use English muffins.
If one owns an electric skillet, it's fun to make skillet sandwiches at the table.
Devised Ham Skillet Sandwiches: Spread slices enriched bread generously with deviled ham mixed with enough soft butter or margarine for smooth spreading. Top with 1-in wide strips of sharp processed cheese.
For 4 sandwiches, melt 2 tsp. butter in a skillet. Put in the bread, ham-side up. Cover. Sauté 1 to 2 min. to start the cheese melting.
Slowly turn the underside of the bread is crisp and golden brown.
Monday Dinner: Hot or chilled vegetable juice; Swiss steak with gravy; parried potatoes; buttered beans; ice cream sponge cupcakes; coffee, tea or milk.
All measurements are level unless otherwise specified.
Swiss Steak with Gravy: Cut 2 lb. round chuck or flank steak sliced 1-in. thick into serving pieces. Cook in a mixture of 3/4 cup water, 1/2 cup onion, 1/2 cup carrots and

1/2 tsp. thyme. Let stand 30 min. Melt 2 tsp. fat in a heavy frying pan. Add the meat. Brown quickly on both sides.
Add 1 chopped seeded sweet green pepper, 1 chopped peeled onion, 1 c. hot water and 2 tsp. prepared horseradish.
Cover. Simmer-cook 45 min. or until fork-tender.
If necessary add more liquid.
Suggestion of the Chef: The ice cream sponge cakes on the menu are my practical suggestion to offset any blue Monday.
You can buy both cake and ice cream at reasonable cost. They are no work to fix.
Cut the cakes in quarters almost through. Fill each with a scoop or quartered slice of ice cream.
For a touch supreme, spoon over a tablespoon of raspberry or strawberry jam.
VATICAN CITY (AP) — Pope Pius will participate in week-long spiritual exercises beginning Sunday in preparation for the Christmas season.

WOMEN

Lena Caroline McLure, Women's Editor, Phone 8508

Page 8, The Guardian Tuesday, Dec. 4, 1956

HAPPENINGS

The new Director of Women's Institutes is being cordially welcomed to this province. She is Miss Theresa MacLeod, B.Sc. (Home Economics) a graduate of St. Francis Xavier University and a native of Dunvegan, Inverness County, Nova Scotia. Miss MacLeod worked for a number of years with the Nova Scotia Department of Agriculture with headquarters in Antigonish.

Dr. and Mrs. Lloyd S. Cox entertained at their residence, York Lane, Friday evening, at bridge.

Miss A. Jenkins and Miss M. Webster of York Lane, Charlottetown, are in Toronto this week, guests at the Park Plaza Hotel.

Mrs. Calvin Chappell, Kennington, has left to spend the winter in the U.S.A. and Montreal.

ELLEN'S DIARY

That's One On Mother!

"You manage to keep yourself busy, Ellen" a farmer — visitor to the place offered with a twinkling smile.
"Exercised" we laughed, stopping the small barrow which in the matter of trundling wood to the houses and helping with a dozen other women and children's chores has been one of the best purchases ever made about, though now the worse for wear in that service.
"Well it's nice to be outdoors. And good to have the ground underfoot again, isn't it?"
"So good!" we nodded.
"You know, Ellen," he smiled "snow's pretty in a picture and it's warm against the buildings but it does keep a fellow back at his choring. He can do it in half the time, when it's clean underfoot. Personally, I like to be dry-shod. But no matter the weather, the Fall is certainly wearing away. Are the men about?"
"The younger one has gone to town for a load of feed — taking advantage of the good road to bring some in. But James was here a minute ago. Oh, there he is now — over in the stable" we pointed out.
It was a nice morning to potter out of doors, mellow after night-showers and altogether calm. We left the wood — getting to count our green treasures in the lawn-border.
"Nobody to home?" the squirrel Mack found with much elation had established sanctuary for herself

somewhere in the near neighborhood, queried from a seat in the bare and pretty Golden Willow. "Only you" and she giggled ineffectually "your boy-friend?"
"Nobody to home" we echoed. "Naturally."
"Strange how one misses folks when they're away" she commented.
Everyone finds his own nook in the scheme of living. Now isn't that the truth?
"It is — very true."
"And isn't it strange? If there never had been a house across the lane, why then there would have been no one to miss. But humans are like vines. They send out tendrils to twine about folks thoughts and hearts. . . . This is a lonely spot today. Not that I could not do without that black kitten. She has an imitated ego. And that pup startles me with his sudden barks. I actually jump and scream then! . . . Did you ever hear the story of the two youngsters playing, Mrs. E.? The mother asked "Molly, why can't you be nice and quiet like Johnnie?" He isn't making a sound and you're jumping and screaming."
"I know, Mother," she replied, "but don't you see that's the game we're playing! He's Daddy coming home late, and I'm you!"
"That's one on us, isn't it?" she laughed merrily whisking away.
Until tomorrow . . . Diary — Goodnight. . . .

KEEP IN TRIM

Adventures In Dieting Told By Mystery Dieter

By IDA JEAN KAIN
Our mystery dieter, introduced in yesterday's column is 5'4", weighs 157 pounds, has set her date for normal weight for Valentine's Day. For some overweight, getting off to a good start is the toughest part in reducing, and this companionable way can help you hurdle the initial inertia to take resolute action. Why not join our model and slim down with her?
Knowing you are not alone in your struggles, trials and temptations is an enormous help psychologically. And having someone with whom to compare your progress can help to keep you on the streamlining course. Whether you need to lose less than 30 excess pounds or considerably more, morale boosting tips and a change to better food habits can take the resistance out of reducing.
Our mystery dieter reports that in eight years she has changed from a size 11 to bursting out of size 16. Here are her present measurements: Bust 38, waist 29 1/2, abdomen 38 1/2, hips 41, thigh 25, calf 13 1/2, ankle 8 1/2, upper arm 13.
Whip out the tape and take your measurements. Start with the bust and measure over a properly fitted bra. Circle tape around back and under arms and bring it together across centre of bust.
KEEP A RECORD
Circle tape around natural waistline, pulling snug but not too tightly. To measure abdomen, circle tape around the greatest level of protuberance as views from the side. To get the full hip measure, circle tape around lower hips at the largest part to include the buttocks. Keep a record of your measurements together with the changes.

Our model's excess weight is concentrated from the waist to the knees, a figure problem typical among many overweight. Specific exercises to slim the abdomen, hips and thighs will be emphasized.
Our dieter has another common problem: "The most trying time for me is the afternoon. I managed to refuse a piece of luscious cake at a friend's home, but the next afternoon ate a cupcake all by myself. Did I feel awful!"
The solution for hunger control, lunch should include a protein food. Zero hour can be averted with an energy-boosting snack in the afternoon. This pick-up is limited to 100 calories and counted in the day's total. The new diet leaflet, Stay Slim For A Lifetime, includes scientific snacks.

For Colds use lemon and soda
Put the juice of one lemon in a half glass of water and add 1/4 teaspoon bicarbonate of soda (baking soda). Take this excellent neutralizer several times a day to help reduce acidity and relieve discomfort.
COW BRAND BAKING SODA
PURE BICARBONATE OF SODA

MRS. GORDON MacMILLAN

A COUNTRY GARDEN

EACH WINTER Even while the bright leaves darken on the ground, and the cold wind shrills about the house, and sullen rain-drops pound, our hearts are sure of sun and daffodils.

And yet our hearts are wistful, now and then. Each winter some plants die, some great trees fall. We know that April always comes again. We know that April never comes to all.

To be sure that April comes to the rose trees in the garden they have been killed up with clay for winter protection and as this work should be done when the ground is frozen to keep the cold in and prevent the freezing and thawing so harmful to all plants it keeps the gardener watching for the proper time. Last year this work was not done until January when the deep snow melted some and it was rather difficult gardening but the roses came through in good shape, hardly a loss in this garden or in others that I heard about. Indeed it is strange how very late one can do gardening in a hillside garden, with perfect drainage. I transplanted dozens of good sweet William plants to their permanent flower borders for color and beauty in the mid spring when they are so much needed in the garden. These were grown from seed saved from plants grown in the garden and sown in the latter part of June in the vegetable garden. It is a wonderful method to secure many plants at a very low cost and other plants had been planted out in the weeks before.

The autumn is such a busy time for country folk and the more important tasks come first. If they watch very carefully they may be able to snatch a few moments now and then for the flower garden. Firming the soil after planting and taking a quantity of soil with the plant will make autumn planting as successful as spring planting.
WARMLY CLAD
Of course it is necessary to be warmly clad for such outdoor work and on a sunny crisp day it is healthful and satisfying to plant. The spring rush of work is being helped at this time, leaving more time for the enjoyment of the lovely springtime. Buckets of good earth, loam and sand with compost for early potting of bulbs very early in the spring when tuberous begonias can be started should be gathered and placed where it is necessary to keep them. They can be thawed in a day or so if it is not possible to keep in a frost-free storage.
Once I was told by enthusiastic English gardeners that they worked at gardening every month in the year and if the weather here continues mild and not too much snow should fall then we could follow the same procedure as there is always something to be done when a busy gardener looks around.
"A dead time and here" said the old man rubbing his hands together, yet underneath, in the dark-

ness, root and seed, cell by cell pulse to new being; waks to some far need, quicken to who shall tell what call or whither, to what end unknown. Wait, foolish overhead poor, unresponsive, unquick men bemoan a bare time and a dead. It is different with a countryman who now is ploughing and ploughing in anticipation of another harvest thinking of "next year" before the present harvest is completed. This is indeed the month of blessings. There are so many miracles about us, who could list the vision and the wonder of them all? The stately pageant of the year, now drawing toward its close so vivid and varied in its bounty, the inestimable gifts of sun and shower, the healing of the rain, the tonic of the ice and snow, how humbly we should stand before them, yet how happily. How sad to know that things so wondrous we can take for granted, unheeding. How smugly we hoodwink ourselves to the divine.

Even now, when winter is closing in, there is no drabness here. Blind is he who will not see the glory or trust the coming of spring at winter's end. December should be for us "a promise, not a bound."
FRIENDSHIP GARDENS
I have been reading of the International Friendship Gardens dedicated to international friendship and peace, situated about sixty miles east of Chicago, near the outskirts of Michigan City, Indiana. The estate in Trail Creek Valley is about equally divided between the gardens, the amphitheatre and bird sanctuary.
These gardens are the result of dreams for world peace and friendship nurtured by two young Indiana farm boys. At each of the two Century of Progress fairs held in Chicago, they had garden exhibits which attracted many foreign visitors.

Before the last fair closed, they had decided to create a large garden and wrote to over 300 prominent men and women all over the world for moral and financial support. The search for a site ended at Michigan City. The brothers secured a lease for ninety nine years on the tract, and then went to work. Some areas had to be drained and an artificial lake was made. Old trees had to be rooted out and replaced.
There are about twenty small plots arranged in a circle. Each is carefully landscaped to represent a formal garden in Sweden, Norway, England, Germany, Switzerland, Scotland, the Netherlands, Greece, France, Australia, Canada, Poland, Persia, Italy, China and America. A small admission charge is made, since this is a non-profit organization with no endowment.
The symphony garden has a rectangular mirror pool. Tall evergreens form the "walls," giving a secluded atmosphere. At one end there is a grassy stage, which is large enough to accommodate a complete orchestra. Weddings and small concerts are often held here.
Lilac lane is particularly appealing in spring. Flowering peach trees have been placed at intervals between the lilacs, white tulips and other spring flowers line each side of the lane. When all are in bloom at the same time,

THE EFFECT IS ONE OF UNSURPASSED BEAUTY.

OUT DOOR THEATRE

The outdoor theatre of Nations, a complement to the gardens, accommodates several thousand spectators on the side of a wooded hill. The stage, on an island in Lake Lucerne, is forty feet from the audience. Evergreens, willows, cedars and sheared arborescences of various heights and sizes from the wings and back drop, making it one of the most delightful outdoor theatres in the world. Flowering plants have been gathered from all over the world — roses from Persia, daisies from Asia, prim roses from England and thousands of tulips from the Netherlands. The English garden was set out with the aid of a royal gardener sent to Michigan City especially for that purpose. The Greek garden has four groups of juniper trees arranged to represent the Greek legend of the king and his four sons who ruled the world. There is a Scotch cradle fern in front of the Scottish garden, and in the Polish there is a bust of Paderewski, a charter member of the Gardens. The Persian garden is a large rose garden of formal design. More than forty thousand roses can be counted for the Rose Festival. Nearby is the Italian garden, with its lily pool and flowers.

The Chinese Garden features weeping willows, which also circle the east side of the Lake. Other gardens have special attractions, and there are lovely glades and vistas everywhere. Clipped hedges or tall shrubs separate one garden from another. Most of the garden area is about thirty feet lower than the surrounding terrain. In some spots there are numerous springs. Trees clothe the slopes making it an ideal garden for birds.
The continuous attraction at the Gardens is the Parade of Flower Shows, which starts about the Middle of May with the tulips, and daffodils. Attracted particularly are garden club members, and each year "Pilgrimage" are arranged by clubs from Indiana and nearby states.
The International Friendship Gardens are by no means finished. Each year sees improvements while more and more people come to visit them and attend the concerts. The Stauffer brothers want the Gardens be a memorial for the living — a place for inspiration and meditation, as one who visits a cathedral to reflect in peace.

MORNING SMILE
"Can I see the Secretary of Agriculture?"
"Well, he is very busy, madam. What was it you wanted to see him about?"
"About a geranium of mine that isn't doing very well."
HOUSEHOLD HINT
A good greasing of glass baking dishes before using lessens dish scrubbing. If a baking dish is filled very full, so that there is a possibility of its boiling over, handles and rims should also be greased.
RETURN PRISONERS
TOKYO (AP) — Soviet Premier Nikolai Bulganin informed Japan Saturday that all Russian-held Japanese war prisoners will be repatriated as soon as the new peace agreement between Japan and Russia becomes effective about Dec. 10. The Russians said previously they would return 1,853 Japanese.

DROMORE SCHOOL

The following is the report for Dromore School for November.

Grade X. I. Imelda Callaghan, Grade IX. I. Hope Rose, 2. Eric McGuirk.
Grade VIII. I. John McGuirk, 2. Edward Hughes.
Grade VII. I. Shirley McGuirk, 2. Shirley Hughes, 3. Reginald Corrigan.
Grade VI. I. Margaret Barrett, 2. Thelma Hughes.
Grade V. I. Edna Barrett.
Grade III. I. Helen Barrett.
Grade II. A. I. Eileen Hughes, 2. Rosemary McGuirk.
Grade II. B. I. Charles Barrett, Grade I. I. Judith Mitchell. Highest average, senior grades, Hope Rose '96.
Highest in junior grades, Edna Barrett '96.
Teacher, Mrs. Louise Barrett.

SEVER RELATIONS

BRUSSELS, Belgium (AP) — The International Confederation of Free Trade Unions Saturday called on its affiliates to sever relations with trade unions in Russia. It accused the Soviet trade unions of supporting "the brutal suppression of the Hungarian people." The confederation claims about 55,000,000 workers in 83 countries.

COOK'S CORNER



VANILLA COOKIES
1 cup shortening
1 cup brown sugar
1 egg
2 cups flour
1 tsp. baking soda
1 tsp. cream of tartar
1/2 tsp. salt
1 tsp. vanilla
Cream shortening and sugar until light and fluffy. Add eggs and beat well. Add sifted dry ingredients. Add vanilla. Drop from teaspoon on to greased cookie sheet and flatten with a fork dipped in flour. Bake about 10-12 mins. at 375 deg.



YOU CAN TELL BEFORE YOU GET IT HOME

It's hard to tell in the store, whether lingerie will look well, wear well and feel comfortable when you get it home. Trust the Harvey-Woods label, and you can tell. Illustrated is No. 3285 — lavishly trimmed with lace, from our Lily of the Valley set. About \$9.95.

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3.95 to 7.95
SWEATERS
Sweep the nation this fall, designed for casual carefree everyday living. For the college girl, the career girl, the society woman, for daytime, for evening, for home or travel, worn with slacks, with suits, with skirts or blouses.
Fully fashioned short sleeve pullovers and long sleeve cardigans. Made in Britain by Woisey Ltd. in 100% shrink resistant pure betany wool. Beautiful fall colors.
Short Sleeve Pullovers 6.95 and 7.95
Long Sleeve Cardigans 8.95 and 9.95
STORE HOURS
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