

IT'S A
GOOD
SLOGAN
SHOP
CO-OP
IT PAYS!
OPEN
FRI. & SAT.
NIGHTS
9.30



BEST THING that Ever Happened to a FOOD BUDGET



It's surprising what nice things happen to your food budget when you change to CO-OP SUPER MARKET! You notice at once that your budget goes farther—buys more—because our weekly specials and everyday low prices on hundreds of items lower the cost of a cartful of your favorite foods. You've money left over—extra cash to spend or save as you wish. Come see for sure—shopping at CO-OP SUPER MARKET is the best thing that ever happened to a food budget.

PORK HOCKS	SWEET PICKLED	LB.	23c	LAMB CHOPS	TENDER-SWEET-MEATY GENUINE SPRING LAMB	LB.	43c
OX-TAILS	FOR THE MOST DELICIOUS STEW YOU EVER TASTED	2 lbs.	19c	STEWING LAMB	ECONOMICAL MAKE A STEW	LB.	19c
SMOKED FILLETS	FOR A TASTY FISH DISH	LB.	25c	LAMB'S LIVER	FRESH TASTY A REAL TREAT	LB.	25c



LEG O' LAMB BREAST O' LAMB BUTTER

BARGAIN OF THE YEAR
GENUINE SPRING LAMB
LB. **37^c**

SHOULDER ROAST
SWEET AS A NUT
LB. **29^c**

NO. 1 CREAMERY
ISLAND BRAND
2 LBS FOR **\$1.25**

SUGAR
WHITE GRANULATED
10 LB. BAG **98^c**



APPLES
from The GARDEN of EATIN'

What luscious beauties these are—crisp, crunchy, juicy all-purpose apples picked, reared in the orchard and rushed to us to safeguard their natural goodness. Buy 'em for munching, for salads, for pies, for baking, for sauce. A terrific buy at this thrifty price. And apples are just one of the wonderful fresh fruits and vegetables featured in our Garden of Eatins' this week.

McINTOSH RED
5 lb. BAG ONLY

33c



GOLDEN RIPE BANANAS lb. 21c
SNO-WHITE, LARGE CAULIFLOWER each 25c
LARGE, CRISP CUCUMBERS 2 for 29c



JUICY, PINK GRAPEFRUIT
4 for 29c

GIANT SIZE VALUE—BIG 28 OZ.

PEARS	VAN VALE QUALITY TIN	27 ^c
PICKLES	SWEET MIXED 4AR	49 ^c
THE RICHER KIND COCOA	FRYS 1 POUND TIN	69 ^c
MAKE YOUR OWN PORK & BEANS		
YELLOW EYE BEANS	2 lbs. for	29 ^c
PERFECT COFFEE EVERY TIME		
INSTANT NESCAFE	BIG 6 OZ. JAR	1.39



IN NEW OVERSIZE TINS
GET MORE FOR YOUR MONEY
NOT 12 OZ. BUT 16 OZ. TINS **45^c**
NOT 24 OZ. YOU NOW GET 32 OZ. **89^c**

YORK THE DEPENDABLE BRAND
KERNEL CORN 14 OZ. TINS **2 FOR 29^c**
CLARK'S FANCY QUALITY TOMATO JUICE 20 OZ. **2 TINS 29^c**
MAKE A CLAM CHOWDER
BABY CLAMS SAIC BRAND **2 TINS 49^c**

Listen to News and Views on Groceries — C F C Y TODAY AT 11.00 A. M.

THE FINEST MEATS IN TOWN

CO-OP SUPER MARKET

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

DON'T MISS THESE TWO



IT COMES COMPLETE TO BAKE A FRUIT CAKE

67^c



LARGE SIZE ONLY **37^c**