# Women



## IODE Chapters Prepare For Overseas Shipment

Nearly 800 articles of clothing, donated by the eight IODE Chapters in the province were packed Wednesday for shipment overseas for distribution to refugees in Asian, African and European countries.

Annually the IODE packs two such shipments for overseas, one in the spring and a second in the fall. Articles of clothing for infants, children and adults are made on purchased by the individual chapters and then are packed and shipped by the provincial chapter.

**TEA CHESTS**

Mrs. C. R. Clark, provincial services at home and abroad secretary, was in charge of the packing of the shipment. "Tea chests, Mrs. Clark said, "have been found most suitable for the shipping since they are sturdy and can take the rough handling they receive. "The chests, she added, were given the IODE by Sid Burhoe of the J. W. Windsor Co. and James Walker of Higgs and Co. The strapping of the cases is done through the courtesy of George Rogers of Rogers Hardware Ltd. and Mr. Rogers, she added, also takes care of the delivery of the cases to the railway.

**TWO-DAY JOB**

The packing of the boxes is a two day job, Mrs. Clark said, since each article must be listed. There were four cases this time and listing the articles in each individual case eliminates the necessity of them being unpacked again in England.

The shipment is sent to the British Save the Children's Fund and this organization looks after the distribution, since they are in a better position to determine where the clothing is most needed, Mrs. Clark said. "Our last shipment went to Algeria, but we won't know where this one is destined for until it reaches England."

**TO ENGLAND**

The shipment will go by train to Saint John and from there it will be shipped by sea to England. Mrs. Clark was quick to point out that almost every IODE Chapter in Canada does some work along this line and she added it was a rewarding job when you knew the clothing was going someplace where it was so badly needed.

Helping Mrs. Clark with the packing of the shipment this spring were Mrs. William Massey, Mrs. John Lewis, Mrs. A. L. Roop, Mrs. George Ayers and Mrs. Don Milton.

## MARY HAWORTH

## Dream Pattern Disguise Concerns Of Unconcious

DEAR MARY HAWORTH: My family moved recently from Los Angeles to the outskirts of Arlington, Virginia. I loved California and find life rather boring here in Virginia.

My husband is doing all he can to help me here, but I find that nothing works.

One night recently I woke up startled, with something in my mind about our California home. In our modern house there I was always dreaming about burglars. I believe I had a literal fear of burglars and imputed the dreams to that. Now I wonder.

I never dream about burglars in this (Virginia) house, which I think might indicate a lack of caring. Am I right?

Also I would like to know what I can do to have some friends. I find the people here are very unsociable and discriminating, sticking to their snob groups, formed before I moved here. These groups are very exclusive and almost impossible to get into. Please advise me.

F.L.

DEAR F.L.: In general, the "stuff of dreams" is designed to disguise, rather than specify, the inner significance of the dreamer's unconscious concerns that come knocking at the door of his mind in sleep.

In California it may be that you did entertain some conscious fear of being victimized by burglars, which colored your dreaming. Or it could be that your dreams of the sort tended to fix your attention on that dread possibility, which may strike in any community.

But the central probability is that your dream-imagery, featuring burglary, referred to much more subjective fear. For example: fear of loss of love, loss of husband, loss of security (relating to social status), loss of certain hard-won achievements (marriage, improved living standards, sense of belonging, etc.) may have been at the heart of your burglary dreams.

Or it could be that your California dreams reflected an obsecure hint of self-reproach, as if to remind you of repressed guilt for housebreaking of sorts: let's say for stealing another's good (and, in the process, being robbed of your self-regard).

Are you, by chance, married to a man who theoretically (or legally) belonged to somebody else at the time you first fixed your sights on him? If so, you may feel (unconsciously) dishonest and also in danger of being punitively dispossessed, in your turn, by some rival who will take you by surprise one day.

In any case, the dangers that seem to haunt your dreams are symbolic of deeply repressed elements of self-condemnation and self-distrust, I think. They aren't related, telephatically or clairvoyantly, to literal burglary potentials in other people.

As to why the dreams have ceased since you moved to Virginia, the half-stifled concerns they repressed probably are completely snowed under, for the time being, by an avalanche of fresh, new, outward and visible homemaker problems. Also, maybe you've left behind on the other shore of the continent the network of early-life associates and surroundings that pattern the fabric of your habitual unconscious anxiety, so that you are experiencing a season of "escapist" relief on that score.

If you really want to know what your dreams refer to, discuss them in detail with a good psychoanalyst, who is trained to decipher dream symbolism.

Now, about finding friends: civic activity is the answer, I think. Become a joiner, worker and booster for the church, the YWCA, the Red Cross, the League of Women Voters (or political propaganda club for the party of your choice); the Federation of Homemakers and the like.

M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of (The Guardian).

by Alice Brooks

**LOOK-SMOCKING!**

Add color, glamour with smocked pillows of velveteen, corduroy, antique satin.

EASY smocked pillows, worked on reverse side. They are luxurious! Pattern 7365: transfer; directions 13½ - inch square; 10 x17 oblong; 13 round.

**Thirty- five cents** (coins) for this pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept, 60 Front St. W. Toronto 1, Ont. **Ontario residents add** 1 cent **sales tax.** Print plainly **PATTERN NUMBER, NAME, ADDRESS.**

## HAPPENINGS

**Audrey Jenkins, Women's Editor; Phone 4-8506**

Mrs. Joseph Bell has been visiting at the home of Mr. and Mrs. Lorne Brehaut, Murray Harbour since returning from the U.S.A.

Mrs. E. J. Fiander, returned to her home at Kensington on Saturday after spending the past week at her former home at Sydney, N.S.

Mr. and Mrs. Clifford Fillmore of Saint John, N.B. are visiting Mrs. Fillmore's prents, Sr., Georgetown.

Mr. and Mrs. James Montgomery, Kensington, spent the past weekend in Moncton, visiting relatives.

Mr. and Mrs. Jack Donovan motored to Georgetown from Pictou, N.S., on Saturday and were accompanied by Mr. Donovan's mother, Mrs. Maurice Donovan, who had been visiting with them.

Rev. Canon and Mrs. S. J. Davies, Halifax were guests of Mr. and Mrs. Walter Moar while in Kensington during the past weekend.

John Davies, Halifax, spent the past weekend at Kensington where he was registered at the Claremont Motel.

This Saturday, May 9th will be "Homecomin Day" for Notre Dame Academy alumnae. This get-together, the only one this year, will begin with Mass at 4 p.m. followed by a reception. Dinner at the Basilica Recreation Centre will be served at 6.30 p.m.

Mrs. Edward Fiander, Louisbourg, N.S., was the week end guest of her son and daughter-in-law, Rev. and Mrs. E.J. Fiander, St. Mark's Rectory, Kensington.

Judy Clark and Wenda Crozier were joint hostesses at the home of Miss Clark for a kitchen shower in honor of Nancy Mills of Malpeque. The Wedding March played by Marilyn Carruthers escorted the bride-to-be to a decorated seat, in Jellow and white by Mrs. Erroll Waugo while the baskets were carried in by little Cathy Hogg and Marlene Clark.

Gifts were opened by Sylvia Murphy and arranged by Lorraine Coulson. The accompanying verses were read by Sharon Clark.

Assisting the hostesses were Joan Carruthers and Marilyn Carruthers.

## ELLEN'S DIARY

## "Fence-Gum" Is Term That's Now Unfamiliar

New - cut stakes for the fencing were brought home to the yard at the close of this afternoon's woods' work. They were of the balsamy fir, the same that in split rails on the old - time fences once yielded to young fry, the intriguingly tasteful 'fence - gum."

"Fence -gum!" one of the children echoed the other day, when we chanced to mention it, "what on earth is that?"

"No!" we said, "of course you wouldn't know. What a pity too! You're born to a marvellous age. You have seen many a wonder... but you have never enjoyed a chew of fence-gum!"

You found it on the fence-rails, in the blisters drawn and hardened by the sun. Maybe when you stopped in the lee of a fencerow to gather first white violets, delicately scented gifts of the springtime. There above you in pure treasure - trove, and doubtless supplying the vitamin, science has since had to pick up somewhere else, you found your chew.

Or perhaps it was when you climbed the rails, in steps as convenient as any stair, to drop down on the other side to an old meadow, or a be-ferned stumpland, where wild strawberries grew. Then the gum you gathered in passing, was a warrent more or less, for young flesh could be weak, that all the luscious fruit you picked would be saved to the cup or jug you carried.

You might, indeed it was considered to bring good berrying, eat the first berry. Not to devour it, but to let it melt on the tongue in aleisurely fashion; to sigh ecstatically when it finally slipped away, for the flavor was, you decided, half of the earth so lovely about you, and half of heaven where ambrosial foods grew.

One berry you might eat. But no more. They were saved to highlight the supper; or to be made into the thick preserve, so prized of jams, to be served in neat footed - glasses, through the winter, it might be, when company came, when an afterglow was being reflected in the dining-room and you looked out to a rosy glow on the white fields, and along the winter - bleak Strait beyond.

So stakes came today from the woods' work to go toward the fencing, which will be the first fieldwork of this farm.

And all day, because this was our school's Music Festival Day, calling Mack and Alex and their mother off to town, a young overalled chap was our guest. He is no baby now. Three years and a half, he is mannish, and dependable, able to take his own part orally with his sister and brothers.

He rode the old tricycle, a cowboy on a horse, gun ready, and "hanging" at sight of some fancied "bad fellow". Or left this pastime at a whim to play with his trucks and other toys in the sun of the front verandah, or followed and helped his father and grandfather at the barn - chores. And once when he was out of sight briefly, we found him at home in the house across the lane.

"Were you wanting something here?" we inquired.

"No. I was just looking around... Will this be a long day?" he queried, with that wistful look, we have seen before this, when children were temporarily deserted.

"Not too long" we assured him.

Nor was it, though we suspected at times it was to the little lad who sleeps now, well content to be in the bosom of his family again.

Until tomorrow — Diary — Good - night....

## IDA BAILEY ALLEN

## 'Easy-As-Pie' Lime Pie In Versatile Versions

As versatile as the famous Key Lime Pie that was originated more than 100 years ago by the early settlers of Key West, the delectable new Key Lime Flavor Pie Filling may be prepared in many ways.

Package directions indicate how to make a meringue-topped pie and a chiffon pie from the same basic combination of ingredients. The difference between the two is simply folding a standard meringue into the filling (rather than baking it on top) and chilling the pie before it is served.

**MORE VARIATIONS**

Still more variations are possible by adding to the filling other ingredients such as cottage cheese; canned crushed pineapple; or Elberta peach or banana slices; or chocolate bits. Pie crusts can be varied, too. For example, instead of a standard pastry shell, try a baked meringue shell; or a cookie crumb crust.

**Measurements level, recipes; for 6**

**KEY-LIME CHOCOLATE SWIRL PIE**
**CHOCOLATE-CRUMB PIE CRUST**

ombine 1½ c. fine- crushed chocolate-wafer crumbs and 3 tbsp. sugar in bowl. Thoroughly mix in 1-3 c. melted margarine.

Press mixture firmly and evenly against bottom and sides of 9" pie plate. Bake 8 to 10 min. in mod. oven (350 degree F.). Cool. Fill with cook- of Chocolate Swirl Lime Filling (follows). Refrigerate 4 hours or more.

**CHOCOLATE-SWIRL LIME FILLING**

1 pkg. Key Lime Pie Filling
⅓ c. sugar
2¼ c. cold water
2 egg yolks, slightly beaten
2 egg whites
¼ c. sugar
1-3 c. semi-sweet chocolate bits, melted

Combine Key Lime Pie Filling and ⅓ c. sugar in saucepan. Gradually stir in cold water and egg yolks. Stir-cook over medium heat until beginning to boil. Break flavor capsule from pkg. if undissolved; stir into filling. Cool slightly for 10 min.

Beat egg whites until foamy gradually beat in remaining sugar. Beat until glossy and stiff, to make meringue. Stir hot lime filling; gradually fold this into meringue.

Partly fold and swirl melted chocolate through lime mixture in marbleized effect. Finish as directed.

**SUNDAY DINNER**

Chilled Grapefruit Sections
Topped With Orange Concentrate
London Broil with Sausages and Bacon
Cheese-stuffed Baked Potatoes Mushrooms Saute
Key-Lime Chocolate Swirl Pie
Coffee Tea Milk

**SHRIMP WITH RICE NEW ORLEANS**

From the Deep South
1 peeled tender carrot, diced small
½ c. thin-sliced tender celery
1 peeled section garlic, crushed
3 tbsp. olive oil
½ lb. fresh or frozen shrimp
½ lb. fresh or frozen shelled, deveined shrimp (or well rinsed canned chrimp)
3½ c. boiling water
½ peeled onion, sliced thin
2 tbsp. margaine or butter
1½ c. long-grain rice
4 drops Tobasco
Seasoned salt to taste
½ c. grated Parmesan cheese

Slow-saute carrot, celery and garlic in oil until color begins to turn; remove. Add shrimp to saucepan. Pour in boiling water; boil 5 min; strain out and save shrimp do not discard cooking liquid. Chop half the shrimp fine.

In 2-qt. kettle, saute onion in butter until yellow. Add rice and stir 30 seconds or until color turns. Stir in minced shrimp and cooking liquid. Simmer-boil uncovered 20 to 25 min.

With long-pronged fork, stir in remaining shrimp. Taste and add Tobasco cautiously add seasoned salt. Dust with ¼ c. grated cheese serve piping hot Pass remaining cheese.

**Chef's Dinner For Tomorrow**

Chilled Pineapple Juice
Shrimp With Rice New Orleans
Celery Salad
Unmolded Cup Custards.
Avocado,Italian- Green- Bean Celery Salad
Unmolded Cup Custards,
Strawberry Garnish
Coffee Tea Milk

JACQUELINE GALLANT

BASIL GALLANT

## ENGAGEMENT ANNOUNCED

Mr. and Mrs. Edmund Gallant, North Rustico, announce the engagement of daughter, Jacqueline Marie to Basil Alyre Gallant, son of Mr. and Mrs. A.M. Gallant, North Rustico. The wedding will take place at Stella Maris Church, North Rustico, June 13, 1964.

## BURTON

Mr. Redmond Reilly, Cape Wolfe recently received the news of the sudden death of his brother, Mr. Carl Reilly of Sommerville, Mass.

Mr. Arthur Perry, Burton, has re-entered O'Leary Community hospital for treatment.

Miss Brenda McCarthy, daughter of Mr. and Mrs. Leo McCarthy, Campbellton, is a patient at O'Leary Community hospital with pneumonia.

Miss Lana Reilly, Charlottetown, recently visited her grandparents, Mr. and Mrs. Bernard Reilly, Cape Wolfe.

Following two weeks of good weather, farming operations have started in this community.

Mrs. Orville Stewart and daughter Thelma and Mr. and Mrs. Wendell Scott of West Point were recent visitors at the home of Mrs. Eva Dalton, Burton.

Mr. and Mrs. Everett McKenna and daughter Nancy Ann of Borden were weekend visitors at the home of Mrs. McKenna's parents, Mr. and Mrs. Edward S. Griffin and Mr. and Mrs. Doyle Griffin, Burton.

Mrs. Edward A. Griffin who is teaching school in Shawinigan Falls, Quebec spent a few days home in Burton.

Miss Beverly Howard, who is teaching in Oromocto, N.B., spent the weekend at the home of her mother, Mrs. Inez Howard, Glengarry.

## Household Hints

When adding tomatoes to salad, cut them vertically so less juice will leak out and add them at the last minute so no juice will have a chance to thin the dressing.

To dampen a garment quickly for ironing, sprinkle with hot water, fold loosely, wrap in aluminum foil and let stand in a warm place for 15 minutes.

Use an old nylon stocking as a "laundry bag" for tiny items going into the washing machine. Put them in and knot the open end. Don't put in dryer, though, as the heat will melt the nylon.


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