



THE CASUAL COAT

The casual look is well illustrated in this full length double breasted cream check coat. With lush ginger biscuit buttons. The sleeves are simple and are bracelet length. Wide revers, stand away neckline, no belts are significant of this casual note.

MARY STARR'S ADVICE

Keep Your Second Wedding Plans Simple As Possible

"Dear Miss Starr: I am a widow, 28 years of age. My husband was killed in a car accident three years ago. He was a salesman and went all over Canada at one time or another. We didn't have much of a married life together as he was away most of the time. As a matter of fact, he told me many times that he was the restless type and didn't like a 'settled down' life. I was truly sorry when I lost him, but now I have met another man and we want to get married. There are a few points of etiquette I would like your advice on, such as:

Do my parents send out the invitations again, or do I? What wording should be used? I might say I am living at home with my parents, if this makes any difference. Any other information you could give me I would appreciate, such as would my father give me away again? 'Widow.'"

SENT BY PARENTS
Yes, the invitations could be sent out by your parents. The only change in the wording would be that this time your married name would be used. Say your parent's name is Blake and you now are Mary Carter. The invitations would read:

Mr. and Mrs. Thomas Blake request the honor of your presence at the marriage of their daughter Mary Blake Carter etc.

Your father could give you away, just as he did at your first wedding. It is customary when marrying for a second time to have

just one attendant, a maid or matron of honor. The bride may wear white if she especially desires to do so, but most brides choose a wedding dress and hat of some shade other than white. She may not wear a wedding veil. There should be not more than two ushers, for, to be in good taste, a second wedding should be kept as simple as possible, with only the immediate family and most intimate friends present at the ceremony.

SISTER HYPNOTIZED

"Dear Miss Starr: A sister of mine in the U.S. has had teeth out while hypnotized and now plans to have her baby this way. Could you please tell me if there are any doctors or dentists in Toronto who practice hypnotism? When I read my sister's letter to her, a neighbor told me she had read something recently about a school of hypnotism in Toronto, but she didn't know where it was. Will you please tell me if there is such a school and where it is located and what it does? 'Interested Sue.'"

For the information requested, I would suggest you write direct to the Institute of Hypnototherapy, 1175 Bay St., Toronto, and to the Canadian Institute of Applied Hypnosis, 43 Adelaide St. E., Toronto.

Readers are invited to send in problems to Mary Starr to be dealt with in this column. If a personal reply is desired, please enclose a self-addressed, stamped envelope.



CHIC SUIT

BY GRACE THORNCLIFFE

A blend of silk, rayon and cotton in a tweed weave provides the supple fabric for a two-piece costume that is really a suit, although it looks like a dress. Under the buttons on the front fastening is a concealed fly-front to the jacket. The versatile suit can be worn with or without a blouse.

BORN MUSICIAN

Franz Lehár, the Hungarian composer who died in 1948, was the son of a military bandmaster.

HOME DECORATIONS

Well Organized Dinner Is Served From Two Carts.

BY ELEANOR ROSS

It is discouraging for Mom to have the family rush through a meal that she has worked so hard to prepare. For this reason, we suggested in a previous column that each day the family's main meal should be regarded as a special occasion.

The table should look its prettiest, set with the best linen, glassware, china and silver. For surely it is the family that make up the most important guest list!

We also suggested having a sensible serving plan, one which involves Father.

TWO SERVING CARTS

The plan consists primarily of using two serving carts, one at your side, the other at the side of your husband.

His should hold the main dish platter, potatoes and a stack of dinner plates. Yours should hold a bread basket, salad serving bowl and individual bowls, dessert course and plates.

The second and third shelves of both carts are for stacking dishes. Each cart should also hold a water pitcher.

Few families serve more than a main course, salad course and dessert. If tomato or other juice is served first, it can be served in the living room.

SERVES MAIN DISH

During dinner, Father can serve the main dish and potatoes from the cart. Then he can hand the plate to the diner on his right, who will pass it to you.

You serve the other vegetables—the only dishes on the

table. Then pass the filled plate to the diner on Father's left and so on until all guests are served.

At the end of the main course, Father can take the dishes of those nearest him while Mother takes those that are nearest her.

The salad dressing can either be mixed in the kitchen just before dinner or, a growing custom, at the table by either yourself or your husband. Men, for some strange reason, seem to be taking over this job as their own specialty. Encourage them to do so. It will make them more appreciative of the fine points of the cuisine.

TIME FOR DESSERT

Whoever does the mixing, you serve the salad and pass it to the right. When this course is over, the salad bowls go the way of the meat course dishes—on the carts—and you serve the dessert, also to the right.

Now to the living room for coffee. It's in the kitchen ready to be served with the cups and sugar bowl already on a tray. Take the cream from the refrigerator and, in a matter of seconds, coffee is ready.

This cart method may sound a bit complicated, but really it is a wonderfully easy way to serve dinner. It is very convenient and keeps the lady of the house from jumping up through the meal and popping in and out of the kitchen constantly, a procedure that certainly isn't conducive to pleasant, leisurely dining.



Handsome Gauntlets

BY TRACY ADRIAN

THESE beautiful gloves are designed in the newest length—just below the elbow. They were made especially to balance the chemise as well as the many sleeveless styles. The ones pictured are made of the softest imported doekin. Though they look very luxurious, guaranteed washability makes them practical.

Judy Clear With Treasury

NEW YORK (AP)—Judy Garland has her jewelry and costumes again and New York state has \$3,873 of the singer owed in back income taxes.

Two certified cheques, one covering \$262 in court fees and interest and the other the back taxes, were handed over Tuesday by the singer's lawyer. Miss Garland did not appear in court, where officials released a suitcase full of jewelry and six stage costumes she had put up to guarantee payment.

REDS LAUD ROBESON

LONDON (AP)—Paul Robeson was praised throughout the Communist world Wednesday on his 60th birthday. The entire Soviet press, Moscow and Peiping Radio and speeches lauded the American singer and actor.

PROMINENT DOCTOR DIES

TORONTO (CP)—Dr. D. E. S. Wishart, 69, one of Canada's most prominent ear, nose and throat specialists and an authority on deafness, died Tuesday. Dr. Wishart was head of the ear, nose and throat department of the Toronto Hospital for Sick Children.

NOTHING NEW

Chinese used inked fingerprints as signatures on documents as early as the 7th century.

Those "Barking Dogs" May Be Your Neglected Feet

By CAROLYN WILLET
Canadian Press Staff Writer
OTTAWA (CP)—Those "barking dogs" may be your own—too often neglected feet that were built to last a lifetime if properly maintained.

Experts in the federal health department's occupational health division say the human foot has 26 separate bones, intricately interconnected and each with its own important function.

But feet are small in proportion to the weight they must support. And they come without spare parts, should anything go wrong.

Things often do go wrong with an individual's underpinning. Apart from the congenital disorders a person may be born with, many foot ailments are acquired. The most common acquired ailments include fallen arches or "flat feet," calluses, corns and bunions.

Experts say the majority of foot ailments may be traced to "fitting or improper footwear, particularly when it's worn during childhood and early teens while the foot is still growing. Proper fitting for children's

shoes is extremely important. It is a time when emphasis should be placed on comfort, adequate support, durability and pliability. Because children's feet grow quickly, shoes should be changed frequently.

Adults also should carefully choose footwear. The experts say the foot will increase in length almost a full size during a day's walking and is likely to swell considerably during hot, humid weather. Also, feet are larger when you're standing on them. The shoe should fit the foot without forcing. It should be one-quarter to one-half an inch longer than the foot, depending on the type of shoe and what it will be worn for.

Healthy feet, which can make a difference at work, at home or at play, demand attention to a few simple rules.

The rules include wearing properly designed, well-fitted footwear with the proper size of sock or stocking, correct posture and personal cleanliness which applies to both feet and stock.

The best foot exercise, say the experts, is walking—in properly fitted, suitable footwear.

every P. E. I. Retail Advertiser may take advantage of . . .

COPY

. . . good, strong, hard-selling copy that moves products and makes profits. Produced in our own copy service department AT NO EXTRA CHARGE!

LAYOUT

. . . attention getting, eye compelling layouts that will fit your product. A complete layout service for NOT ONE PENNY EXTRA!

with an accent on

SERVICE

. . . a capable advertising staff to call on you regularly. We keep you acquainted with an ever-changing market and see that you get the most for your advertising dollars.

Contact The Guardian Today --- Dial 8506 and get YOUR ADVERTISING on a well planned, profitable basis!

NEW WAY TO SERVE BEE HIVE... Pour it from this two pound tin!



Recommended by LLOYD PERCIVAL, Director of Sports College



TALL BEE HIVE'S new tall tin is so easy to handle.

TRIM You pour with ease from the extended spout.

TIDY Plastic cap makes new tin easy to open and close.

Mother, you'll like this!
NEW WIDE-NECK SQUEEZE PAK

EASY TO REFILL!
The neck opening is twice as wide as before! It's easy to refill this new Squeeze-Pak in just one minute!

FUN TO USE!
Squeeze . . . it pours
Release . . . it stops
Spout stays clean . . .
—No extra drops!



GET BOTH NEW BEE HIVE SERVERS AT YOUR GROCER'S TODAY!

ST. LAWRENCE STARCH COMPANY LIMITED • PORT CREDIT, ONT.
Makers of Durham Corn Starch, Ivory Gloss Laundry Starch and St. Lawrence Oil for Salads, Baking and Frying