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to providing the economic climate and incentives for hard, constructive and creative work...

Fluoridation Safe

Those who continue to fight fluoridation of drinking water, with the argument that it is a form of slow-poisoning...

This, comments the Windsor Star, will not silence the anti-fluoridationists, of course. Allegation, the creation of fear, is the basis of their opposition...

The casualties of delay are children who do not receive the protection of this natural tooth decay preventive. As more cities complete the 10-year test period...

Mawkish Fare

Charlottetown movie patrons may be getting fewer owing to television competition. One thing certain is that they have never been so poorly serviced...

To adult lovers of the film art—and there are many here despite the small attendance which the general run of Capitol Theatre pictures attracts—the situation reached its nadir this week...

In his presidential address before the annual meeting of the Canadian Bank of Commerce, Mr. Neil J. McKinnon referred to the present decline in the Canadian economy...

EDITORIAL NOTES

Prime Minister Macmillan told a news conference in Colombo, Ceylon, that the latest Soviet bid for top-level talks could be "either propaganda or a genuine desire for agreement"...

Writing in the London Times, Dr. H. M. Wintle, a medical specialist, gave a remedy for what he called "a disease of overcivilization"...

The "Sons of Freedom" who have decided to leave Canada and settle in the Soviet Union will not be asked by any Canadian to change their minds. Those members of their race who have made good Canadian citizens will, however, wish that they will find conditions as good as they have been led to believe...

Dr. Milton F. Gregg, V.C., former Minister of Labour, has been appointed resident officer for the United Nations at Baghdad. Canadians generally will approve the appointment, for Dr. Gregg won distinction in three fields—military, educational and political...

THE GOVERNOR-GENERAL'S CONCERN OVER CANADA'S NEGLECT OF OUR GREAT MEN AROUSED INTEREST ACROSS THE COUNTRY

Cartoon titled 'STUDIO Z' showing a man at a typewriter. Text: 'THE CBC STARTED PLANNING HOW TO DEPICT THE FATHERS OF CONFEDERATION IN A BALLET... TORONTO SUGGESTED A PAGEANT AT THE CNE COMPLETE WITH CHORUS GIRLS AND ROY ROGERS PLAYING SIR JOHN A. VANCOUVER DECIDED TO INCLUDE A TRIBUTE IN THAT BC CENTENNIAL CELEBRATION... QUEBEC SENT A NOTE TO OTTAWA SAYING THEY KNEW WHO THEIR GREAT MAN WAS... MONTREAL CHOOSE A CONTEMPORARY ARTIST THAT WOULD BE BILINGUAL AND MAKE ABOUT AS MUCH SENSE ANY WAY YOU LOOKED AT IT... AND THE MARITIMES PROPOSED A LECTURE SERIES ON 'WAS CONFEDERATION NECESSARY?'... CANADIANA

Soviet Submarine Threat

By N. Galay

July three additional submarines were given to Egypt and in August two submarines and six motor torpedo boats from the Black Sea Fleet were turned over to Syria.

Meanwhile, Soviet cruisers and destroyers paid a series of visits to Mediterranean ports in Albania, Yugoslavia, Egypt and Syria. With their coming and going the Mediterranean ceased being the exclusive preserve of NATO warships...

At the present time Latakia is the main trans-shipment point for Soviet arms being sent to Syria and the Middle East interior. With modernization it will be in a position to service Soviet submarines and light warships in the Eastern Mediterranean.

The Egyptian port of Alexandria is another scene of increased Soviet naval activity, ostensibly as part of Soviet aid to Egypt's small and ineffectual navy.

An Inland Waterway

National Geographic Society

The Atlantic Intracoastal Waterway, or Inland Waterway as it is better known, winds through time and tide from New England to the Florida Keys.

Roughly paralleling the eastern seaboard, it links some of the Nation's most important historic shrines and modern cities. It serves a steady flow of small tankers, barges, and shrimpers, as well as pleasure craft ranging in size from 100-foot yachts to small outboard cruisers and canoes.

An 1,100 mile journey on the southern portion of the waterway is described by Dorothea and Stuart E. Jones in the January issue of National Geographic Magazine. Mr. Jones, who is a member of the magazine's editorial staff, skippered their 35-foot ketch "Fradwinds"...

Warding Off Attack of Flu

By Herman N. Bundesen, M.D.

Even with all the Asian flu we have had throughout the country, I know very well that many of you will simply ignore cold and flu symptoms and maintain your regular daily schedule.

Influenza, Asian flu or any such ailment lowers your resistance to other diseases. And the diseases that may attack you after a bout with the flu are much more dangerous than the flu itself.

With so much flu around, your doctor is apt to be a busy fellow. So if he can't come to your aid right away, don't be alarmed.

Take aspirin, emperin compound or whatever you ordinarily take for pain and use cold compresses to relieve the fever. Don't take any other medicine without specific instructions from your physician.

I generally advise you to consult your own doctor when you become ill, but I know that many of you don't do it.

Well, in the case of the flu there are certain symptoms which clearly indicate you MUST summon a doctor.

Flu victims should seek immediate help of a physician if: There is a sudden rise in temperature after the first three or four days.

Other symptoms: There is excessive muscle pain and or a stiff neck. Your doctor has many drugs which will help to bring back your health, but you can undo a lot of his efforts by getting out of bed too quickly.

Even for a simple flu attack, you should give yourself at least two days of rest after you think the illness has gone.

Answer: You are probably suffering from what is known as a "dumping syndrome," a frequent complication of stomach surgery. Usually, the use of a mild antispasmodic drug will relieve such symptoms.

OUR YESTERDAYS

(From The Guardian Files)

Final preparations for the campaign on behalf of the Tourist As-

PUBLIC FORUM

This column is open to the discussion by correspondents of question of interest. The Guardian does not necessarily endorse the opinion of correspondents.

THE PEOPLE'S LEAGUE

Sir—Well have you recommended a union of all labour groups, including farmers and church organizations to represent mankind at the United Nations rather than hard boiled politicians or even scientists. These classes of people are the ones that bear the burdens of war, therefore should have priority in peace conferences the world over.

It means something to be a neutral power today or any day. Nehru is one of the world's greatest men, as I see him at least.

There is no calamity that right words will not begin to redress.

NOTES BY THE WAY

The opening of the Nova Scotia legislative assembly on February 12 will be an event of more than ordinary historical significance. It will mark the 200th anniversary of representative government in this province.

A good many school children should be either in some technical institution or at work. There is no virtue in keeping them at academic work where they only clutter up the schoolrooms and hold back pupils who want to get on.

The first to suggest sending up a man-made satellite, it appears, was Edward Everett Hale, author of "The Man Without a Country" in 1871.

After years of rivalry, Canada's famed twin cities—Port Arthur and Fort William—are considering amalgamation.

TO EACH HIS OWN These things I may not see; a cup of space Scooped by a man in transit from the moon.

Now need I be propelled beyond the sky To share the triumph of that sure ascent.

By youth, who was myself. Time tethered, I Ask no extension; no! Term me content.

With love's own patient journey to a star. Called understanding. It is where we are.

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MAXIMS There is no calamity that right words will not begin to redress.