

Fumes make students gag

MONTREAL (CUP) — Formaldehyde fumes in the music building at the Université de Montreal are causing widespread illness among the faculty's students, staff and employees.

sore throats, and vomiting which "miraculously disappear" when the employees get home. One worker said in some rooms, the odour of the gas prompts some people to leave the windows wide open despite the cold.

In an ancient music class,

six out of 12 students have mononucleosis. The Quebec health and occupational safety commission says formaldehyde is not the direct of mono, but weakens human resistance to the illness.

Russell Adams of the university's building department said the school is following government norms, and those rooms still in use have an "acceptable" formaldehyde content in the air. Current federal norms say 0.1 parts per million is acceptable.

Adams said all rooms with 0.06 PPM or more of formaldehyde in the air have been closed.

But the students are not satisfied. In a recent general assembly, they voted to ask the university to, as soon as possible, "do the work necessary to detoxify all the rooms."

Students are angry that the university did not inform them sooner about the eye and throat irritation and other symptoms which they think are caused by the formaldehyde gas. While the students

September, the university waited until December to bring in a private firm to examine the problem.

Francois Lantier, president of the faculty's student association, said: "It's because I sit on the faculty council that I found out about the formaldehyde."

The university employees union has launched a complaint against the school with the occupational health and safety commission. The employees claim they surprised workers from a firm hired to monitor formaldehyde fumes, taking an air sample in a room with the window wide open.

Business Society Dinner

The U.P.E.I. Business Society, in conjunction with the Greater Charlottetown Area Chamber of Commerce, is holding its Ninth Annual Business Society Dinner, Wednesday, March 6, 1985, at the Sheraton Prince Edward Hotel and Convention Centre.

A reception will be held at 7:00 p.m. with dinner following at 8:00 p.m.

The guest speaker will be Dr. Charles McMillan, Senior Policy Advisor to the Prime Ministers of Canada.

Dr. McMillan is a graduate of St. Dunstan's University, where he was President of the Student Union.

He received his MBA from the University of Alberta and his Ph.D. from Bradford University in England.

Dr. McMillan has been Professor of Management at York University and is an internationally recognized author on Japanese Management.

Tickets are \$25.00 for business persons and \$12.00 for students. Tickets can be obtained from the Business Society at 892-4121, Ext. 373, or from the Charlottetown Chamber of Commerce by calling 892-3424.

The dinner is a great opportunity for students to get out and mingle with the local business community.

This is the story of three young men at a typical Midwestern University
One night they went to a bar,
They had a few drinks,
Then he walked in

Sure, they all had big dreams,
but never in their wildest fantasies did they ever think they'd actually spend

"AN EVENING WITH THE GOVERNOR"

STARRING

TIM HUTTON MATT DILLON
ROB LOWE

AND LLOYD BRIDGES AS
"THE GOVERNOR"

"Come On Over to My House, I'm A-Gonna Give You Nose Candy", sung by Rosemary Clooney.
Soundtrack available on Queen Elizabeth Records and Tapes.

RATE

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Shocking —

(Like, these are the politicians we're electing)

HELP WANTED

Conference organizer

The Student Union is looking for a competent, responsible person to organize a conference/seminar.

A fair amount of time and commitment is required.

All interested persons please contact the Student Union office, or speak to any of the executive members (Michelle Dorsey, Howard Beattie, Les Smith, Kenny Mutter) for details.

Operations director: CIMN

The position of operations director for CIMN radio is open to applications for the remainder of this term.

Forms are available at the Student Union office and more information can be gained from CIMN, at extension 377.

Deadline for applications is February 15/22, 1985.

MacDonald to speak

The only Islander on the short list of candidates for President of UPEI, David MacDonald, will speak to the public in a lecture this Monday night in Duffy Amphitheatre at 8 p.m.

MacDonald holds an LL.D from UPEI, and served in the House of Commons from 1965 to 1980 as a member for

Egmont. In 1979-89 he was Secretary of State, Minister of Communications, and Minister responsible for the Status of Women.

Since then his activities have included the establishing of an interfaith television network for Canada. He is now Canadian Emergency Co-ordinator African Famine.

Dealing with depression, 2

By Jonathan Orlowski

Winter blues.

Hold it! I thought snow is always white?

The expression describes the state of mind a person is in when feeling down. The season seems to prolong the state.

There are days when a person looks out the windows and sees nothing but dull. Dull white, dull gray, and dull grey-blue scenery.

The question that keeps running through one's mind is, "When will the sun shine again?"

This has a traumatic effect. Everything becomes a tedious task, like trying to get up in the morning (or afternoon), trudging to classes, trucking over to the cafeteria, or making your own meals.

Then the uphill battle of settling down to homework and assignments.

And when the sun does shine on those precious few days in the wintertime, it sparks life in you. But soon that spark of energy goes out because you're torn between

staying inside a pressure cooker to make the grades

you want, and the temptation of going out and having fun in the snow.

This has an even more traumatic effect. You walk to classes with your head down because you don't want to see a happy person.

Tension builds up with friends and fights will occur over simple little things, which may seem funny and insignificant but are used to take out frustrations.

If you have a stereo you put the headphones on, crank it up full blast, close your eyes, and drift away.

Or you can isolate yourself from the whole world, wishing you could be left alone, forever.

Some drown their sorrow in wine or beer. Coming down from that tranquil high, you hit a new low.

This is when people have thoughts of suicide, of leaving life quickly, with its mounting problems and responsibility.

The easy way out.

But again the student is afraid of the effect a death might have on the family: sorrow, disgrace, gossip.

You may think, "My suicide won't affect Dad. Real men don't cry or get upset when these things happen. But what about Mom? It would tear her to pieces. What am I going to do?"

Which way to take now? There is no other way but up!

Take a long walk on one of those sunny days.

Sounds depressing, does it?

OK, take the walk on a cloudy, gloomy day to sort out your thoughts and problems.

Cry is you want or pound the soft snow hard during your walk. It's goo to get rid of some of that bottled-up emotion.

If you keep them inside, you might start hurting yourself and others you are close to.

"Real men" do have emotions. It's just that society has painted the male as strong, powerful and dominant. Showing emotions is "weak" and "timid".

The first and foremost problem is that you're trying to please too many people

all at the same time.

What about you? Nobody is living your life but yourself. (Though you sometimes wonder.)

Splurge a little! Try a daily work schedule for homework and assignments and throw in a little time for self-indulgence.

If you feel guilty about it, work for it so that you know you've earned it.

Now over-indulgence can slip you back into that rut of yours very quickly.

A little discipline will get you out of that rut and back onto firm ground.

Easy, eh?

Well, it's not. You have to fight for every inch of ground, but for every inch, you also gain a little self-assurance.

This eventually helps you develop a firm base of self-confidence.

When and if you do have some free time (between classes or something), hum or sing your favourite song.

It will help you face life's problems a little easier.

A smile once in a while wouldn't hurt either.