

# Women's realm

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## Happenings of The Week

Mrs. J. A. Lawson entertained at bridge this week at Inkerman in honour of Mrs. K. Williams of Toronto, who is visiting her daughter and son-in-law, Dr. and Mrs. J. P. Millar.

Mr. and Mrs. W. R. MacNeill, Mr. and Mrs. Sterling MacDonald and Mrs. Wendell Worth left last week-end on a fortnight's motor trip to New York and Montreal.

Col. and Mrs. Keith Rogers entertained the members of the Charlottetown, Choral Monday evening at their summer home at Stanhope.

Mrs. Benjamin Rogers and daughters, Valerie and Constance left by motor for Halifax on Tuesday, en route to Windsor, N. S., where the later will attend Edgemoor School for Girls this year.

At the Yacht Club social Wednesday evening hostesses were Mrs. Clive Stewart and Mrs. Jim Peake.

Mr. and Mrs. Ivan Horne are returning home this evening from New Brunswick, where they have been spending a few days' holiday in Fundy National Park.

Mr. and Mrs. E. P. Watson spent the last week-end in Moncton, N. B., where they attended the marriage of the latter's sister, the former Marion Robb, daughter of Mr. E. B. Robb of that city, to Mr. James Beattie of Saint John, formerly of Glasgow, Scotland.

Mrs. D. J. Riley has left for Ottawa and Montreal, where she will remain until the latter part of September.

Mrs. Percy Norman is arriving today by plane from Winnipeg, Man. for a visit with her son and daughter-in-law, Mr. and Mrs. Ronald F. Norman.

Mr. and Mrs. Winston Smith of Midland, Ont., and Mrs. George Walker of St. Thomas, Ont., arrived last week-end by motor to spend a fortnight with Mr. Smith and Mrs. Walker's father, Mr. Wallace E. Smith of Pownal.

Mr. and Mrs. Ralph Jones are entertaining friends this evening at their summer cottage at Keppoch.

### Chemists Report On Vitamins In Milk

By Allan L. Blakeslee

CHICAGO (AP) — Milk stays sweet, without souring up to four times longer if cows are fed a vitamin element costing a penny a month, two chemists reported recently.

Only a tiny amount of the vitamin material, menadione, is needed daily. It apparently acts like an antibiotic against bacteria involved in making milk sour. Dr. Karl Dittmer and G. G. Kelley of Florida State University, Tallahassee, told the American Chemical Society.

Menadione is a raw material or precursor for vitamin K.

Milk from cows getting menadione stayed sweet for 18 to 24 hours at body temperature, 98.6 degrees. Milk from untreated cows sours in about 12 hours at that temperature.

Pasteurized milk from cows fed the vitamin element stayed sweet about 20 per cent longer than milk from other cows. Fresh raw milk, before pasteurizing, stayed sweet at 68 degrees for four days, against one day for other milk. Stored at 50 degrees, the treated milk stayed unsoured 20 days, against five days for other milk.

The cows tested got only about a thousandth of an ounce of menadione daily. One pound of the stuff is enough for 50 cows for a year, in food or water. It can be made easily from available chemicals.

Dittmer and Kelley said such milk has no detectable change in flavor. When it does sour, it does so without hard curds or smell. It has a clean sour taste.

They advised more study by other researchers of their findings, to see if this is a practical way to keep milk from souring.

There are still some unexplained variations in anti-souring milk from the same cows over a period of time, possibly due to differences in the kind of grazing the cows do.

Whether the milk actually gets some of the menadione, or some derivative of it, is not yet clear.

The tests were undertaken because menadione does stop growth of some kinds of bacteria, and because vitamin K is found in small amounts in cows' milk.

### Charlottetown Bridal Party



Photographed following their recent wedding at the Church of the Most Holy Redeemer, Charlottetown, are Mr. and Mrs. Hugh Patrick Trainor (nee Mildred Walker). Rev. E. J. Enright, C.S.R., performed the nuptial Mass. Left to right are Mr. Adrian Lipton, New Glasgow, N. S. (usher); Miss Patsy Walker, bridesmaid for her sister; the bride and groom; Mr. Harold Trainor, New Glasgow, N. S., best man for his cousin; and Mr. James Gaudet, New Glasgow (usher).

### Ferguson-MacKay Wedding



Pictured above are Mr. and Mrs. Vernon Ferguson with their attendants following their wedding in New London Presbyterian Church. From left to right are: Mr. Millar Campbell, usher; Mr. Johnny Campbell, groomsmen; Mr. and Mrs. Ferguson, (nee Mary MacKay); Miss Lois MacKay, sister of the bride, maid of honour; Miss Margaret Burns, niece of the bride, bridesmaid; Mr. Duncan MacKay, brother of the bride, usher.—(Photo by D. M. Sears).

### ELLEN'S DIARY

By An Island Farmer's Wife

Was there ever, we wonder, a harvest day more lovely than this one, which in night-skies beautifully embroidered with flashing jewels of stars and a bright bow of new moon now moves serenely along toward its close?

All day, the sun poured its mellow warrant of September gold on the fields and gently they were fanned by a happy little wind of the west. It stirred respectfully an unwept area. Still, up to this it had been, and listless. Now it had movement and life and a fresh beauty displayed in the wash of its ripples. . . . Somewhere, we heard a familiar rustle in the stooks. It is to be found there on a day like this if one but choose to stop and listen. There it is, too, for the harvesters. They hear and from it take their bearings for the threshing or the harvest-home.

For us it has various voices. Sometimes there is laughter in it, of the joy of living, the adventure and happiness anticipated and to be found at every turn of youth's road. There is gaiety in the stirrings and often a teasing chuckle in the vague passing rustle. Storm murmurings and the exquisite peace of subsequent calms are there — and a realism which promises presently the bulk and fragrance of new grain in the granary. And sometimes when we have sat in the shade of a stook we have heard a sigh in the rustle, like that offered by some tiny silver-haired woman who in a twilight

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### How Can I !!!

By Anne Ashley

Q. How should a chamomile be washed?  
A. Wash it in mild soap and lukewarm water, and rinse in soapy water so that the soap residue will keep it from getting stiff. After washing, wrap the chamomile in a towel until it's nearly dry, and then soften it by rubbing with your fingers.

Q. How can I brighten a black rayon garment that is beginning to show dull areas?  
A. By rubbing the spots very, very lightly with mineral oil.

Q. How can I remove old oil spots from concrete?  
A. Spread a paste made of fuller's earth and cleaning fluid on the spots and wait until it's completely dry before sweeping it off with a broom.

### That Body Of Yours

By James W. Barton, M.D.

ADHESIONS

A middle-aged man had an attack of appendicitis which required operation. As he also had a hernia or rupture on the right side, he asked his physician about having the appendix removed and the hernia (ruptured) repaired at the same time. The physician advised him to delay the repair of the hernia because he had not called in the physician until the third day after feeling the pain in abdomen from appendicitis, and there was a possibility of adhesions forming. If he had consulted the physician not

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### Modern Etiquette

By Roberta Lee

Q. Is it all right for a bride, who has received a great number of wedding gifts, to mail out printed or engraved "thank you" cards?  
A. Never. This is the height of rudeness and indicates laziness and a lack of appreciation. Good taste requires that she write a personal note of thanks for each gift she has received.

Q. When a man and woman enter a public dining room, and the head waiter seems to be engaged at a table elsewhere in the room what should the man and woman do?  
A. Stand in the doorway until the headwaiter comes and escort them to a table.

Q. When ice cream is served with pie (a la mode), should this be eaten with a spoon or fork?  
A. The fork should be used.

### Household Scrapbook

By Roberta Lee

**Stained China**  
To remove brown marks from china, put the articles into a saucepan with cold water and a lump of soda. Put the pan on the stove and let it boil for 15 minutes. Then rinse the china well, and you will find the marks have disappeared.

**Paint on Floor**  
Raw ammonia will remove paint spots from a wood floor. Be careful not to allow the ammonia to remain on too long, as it will eat into the wood.

**Cracked Dish**  
If a dish is cracked, but not broken, boil it in a pan of milk for 45 minutes to eliminate the crack.

### Morning Smile

Quizzing a bunch of rookies, the sergeant asked, "Johnson, when you clean a rifle, what's the first thing to do?"  
"Look at the number," the private answered promptly.  
"Now what on earth has that got to do with anything?" the sergeant demanded.  
"Just want to make sure," explained Johnson, "that I'm cleaning my own gun."

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### Better English

By D. G. Williams

1. What is wrong with this sentence? "A certain party told me that he saw the same identical thing."  
2. What is the correct pronunciation of "collier"?

3. Which one of these words is misspelled? Drunkard, shepherd, marigold, emerald.  
4. What does the word "authenticity" mean?  
5. What is a word beginning with na that means "unaffectedly simple; artless"?

ANSWERS

1. Say, "A certain person," and use either "same" or "identical," but not both. 2. Pronounce kol-yer, not kil-er, o as in on. 3. Drunkard. 4. Quality or state of being genuine or true. "The authenticity of his statements was established." 5. Naive.

### Cook's Corner



### SUGAR COOKIES

1 cup butter  
1 cup white sugar  
1 egg  
1/2 teaspoon soda  
2 teaspoons cream of tartar  
1/2 teaspoon salt  
1/2 cup milk  
2 1/2 cups flour  
1 teaspoon vanilla  
Cream butter and sugar until light and fluffy; add unbeaten egg and mix well. Dissolve soda and cream of tartar in milk and add to creamed mixture. Then add vanilla and flour. Mix dough thoroughly and roll thin. Cut with cookie cutter and bake in 425 degree oven.

—Mrs. Atwood MacRae, Alexandra W. I.

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