

CHLORAL.

The Use and Abuse of This Most Dangerous Hypnotic Drug.

Chloral is the most popular hypnotic, but is the one which most frequently gives rise to habit. Clergymen seem to be particularly addicted to the formation of this habit. When I opened the discussion on hypnotics at the British Medical Association, I was taken to task for saying that chloral was a dangerous drug, yet it was admitted that it was the custom to give digitalis with the chloral. Digitalis is not an antidote to the paralyzing effect of chloral when administered with it, for the action of digitalis is altogether too slow. Cases were quoted in which patients had taken large doses of chloral and had survived, but these exceptions prove nothing and are no more an argument for the safety of chloral than the fact that persons have fallen from great heights and have escaped injury is an argument for jumping off high buildings. Chloral is not a safe drug. Sooner or later chloral will be used in a case of fatty degeneration of the heart, and the patient may be killed with perhaps a dose of only ten grains. It is not a safe drug certainly in the hands of such practitioners as would administer digitalis at the same time. Of the substitutes for chloral butyl chloral has been abandoned.

Professor Richet claims that chloralose is a sedative so far as the brain is concerned, and a stimulant so far as the spinal cord is concerned. This is true of dogs, but in a fatal case seen in practice the paralysis came from the heart, and there were no symptoms that could be attributed to overexcitability of the spinal cord. There is a safe derivative of chloral, however—chloralamide. The introduction of the amide radical neutralizes to a considerable extent the depressing action on the heart. It is fairly insoluble, and is therefore more prolonged in its action. It is far safer than chloral. It is difficult to form a habit with chloralamide, yet I know of one instance in which the patient developed the habit after taking it without my knowledge for a year. The habit was cured without great difficulty.—Professor R. W. Wilcox in Post Graduate.

MARRIED MEN LIVE LONG.

Interesting Statistics Compiled by a Noted German Scientist.

Persons who desire to live to a good old age will do well to take a lesson from an interesting work on the subject which has been issued by Dr. Schwartz of Berlin. The doctor has given much time to the study of longevity, and the conclusions at which he has arrived are based on statistics which seem in all respects reliable.

He begins with the bold statement that any one who desires to live for fourscore and ten years should get married. In other words, he claims that conjugal life is a necessary condition of longevity. Here are the statistics which support this statement: Of 200 persons who had reached the age of 40 years the doctor found that 125 were married and 75 unmarried. Of 70 men who had reached the age of 60 years he found that 48 were married and only 22 unmarried.

He next took 38 men, each of whom was in his seventieth year, and he found that 27 were married and 11 unmarried. Finally he took 12 men, each aged 90 years, and found that 9 were married and 3 unmarried. It may be claimed that no sure conclusion can be drawn from statistics of this nature, for the reason that the institution of marriage is spread all over the world, and hence it is natural to find the majority of persons married. Dr. Schwartz in reply again brings forward some curious statistics. These statistics show that the mortality among bachelors between the ages of 30 and 45 is as high as 27 per cent, whereas among those who are married it does not exceed 18 per cent.

"It is evident," says a French writer, who has closely studied Dr. Schwartz's statistics, "that we must acknowledge the potency of these figures, and that, if we desire to live to a good old age we should get married as soon as possible. We should certainly do so if we wish to live a full century, for Dr. Schwartz cites the cases of 50 centenarians, not one of whom is a bachelor. A curious fact, too, is that these 50 centenarians were all widowers."—New York Herald.

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A Clever Ruse.

"Faithful Rooney," the servant of Mr. McDonogh, the eminent Dublin barrister who died some time ago, was almost as well known as his master.

During the long vacation Mr. McDonogh, who was a great dandy and very vain of his personal appearance, promenade daily on the parade at Brighton, umbrella expanded to keep off the sun's rays, the faithful Rooney following at a respectful distance in his wake. Poor Rooney at length grew tired of the promenading and taxed his wits to get a holiday. Opportunity was long afoot. His master inquired what the people said of him—were they not struck by his distinguished appearance, etc.? Rooney hesitated a moment and then replied:

"Your honor might be vexed if I told."

"Not at all. I command you to tell me," said the lordly Frank.

"Well, sir," said Rooney, with pretended diffidence, "when they see me following your honor, they say that you are a lunatic and that I'm your keeper."

"Rooney," said Mr. McDonogh in awful accents, "I must go without you in future."—Nuggets.

Couldn't Tell Much About It.

The following conversation took place between the president of the State Normal school at Mansfield and George K., a farm laborer, when the latter, after debating a long while in his own mind whether to get a "bike" or take a course at Mansfield applied for admission to the school:

"Have you ever been through algebra?"

"Yes, sir."

"Can you tell me anything about it now?"

George K. (promptly)—It was getting dark when I passed through, and the cars went so fast I couldn't get much of an idea what it was like.—Philadelphia Call.

A Stocking Saving Idea.

The other day I came across an economical contrivance for saving the heels of stockings—nothing more than a piece of soft kid cut to the shape of the heel, with a band sewed round it, a piece of elastic across the instep, and it was intended to be slipped on before putting the shoe.

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HER BABY TOOTH.

At Least He Thinks It Is Hers and That Is Sufficient.

A St. Louis girl, who lives on Delmar, not too far away from Grand avenue, brought with her from Canada a fad which holds sway among the gilded youth of Montreal. There all the beaux wear their sweethearts' baby teeth on their watch chains. It is a tender tribute to a lovely and beloved girl, and the St. Louis maiden thought she would delight her own admirer with a token at once so unique and intimate. When she asked her mamma if she had saved one of her baby teeth, that good lady informed her that she had not. Baby teeth in those days, after having been jerked out of the mouth with a string tied to a doorknob, were not worth much, and after the youngster who was relieved of it got through playing with it it usually found its way into the fire with the sweepings or into the ash box by way of the dustpan.

But a tooth—a sweet little baby tooth—this young girl must have, and she confided her secret to her dentist. Could he provide her with one? Yes. Why not? If she would come the next day, he would have a little pearly tooth ready for her.

The tooth was obtained and the maiden carried it down to the jeweler to have it mounted in fine gold filigree in the shape of a brooch to dangle from a watch chain.

The young man is wearing it now with the pride and devotion born of a loving heart. He has told the donor that every night before he lays his watch on the bureau he kisses the little tooth with which his beloved had done her first biting. And she—beware of her—has no compunction about the fond deception, but rather glories in it, and tells her girl friends how fond dear Charley is of her tiny baby tooth.—St. Louis Republic.

"The Heathen Chinese Is Peculiar."

Geo Joe speaks some English, and his remarks are always accompanied by a bland, childlike smile such as Brod Harte mentions in his poem about Chinese free labor.

One day the Chinaman was talking about religion. "Are you a Christian, Geo Joe?" asked a lady curiously.

"Oh, yes. I go church. I one very good man. I real Melican man."

"And where do you go?" asked the lady, who was charmed to find that the influences of religion and civilization had converted the heathen.

"Oh," remarked Geo. "I go Warren Memorial church now. I Presbyterian, but when I was in other town I Baptist. I go church where do me most good. Geo Joe real Melican man."

And the airy manner in which he discoursed of the practical side of his religion, which was evidently for revenue only, cast a pall over the good woman, and she now questions whether it pays to convert such heathen or not.—Louisville Times.

Polite Forbearance.

"Do you believe that it's always the unexpected that happens?" inquired Miss Cayenne.

"I wouldn't venture to express myself on that subject," replied Willie Washington.

"Why not?"

"Because I am too polite to contradict the girls who, when you propose to them, invariably say, 'This is so sudden!'"—Washington Star.

A Social Affair.

"I'm going out to a little social affair this evening, my dear. It's just for men."

"Will it be a glove affair, my love?"

He started suddenly and looked at her suspiciously. Then he comprehended that she couldn't really know.

"Yes," he said, "I believe so."—Cleveland Plain Dealer.

Woman are not the only ones who are sensitive about their ages. A man doesn't like to be told that he is getting old. Health keeps a man young. It doesn't make any difference if he has lived eighty years. If they have been healthy years, he will be hale and hearty and won't look within twenty years as old as he is. Good digestion and rich, red blood make people look youthful. Dr. Pierce's Golden Medical Discovery makes rich, red blood. It makes health in the right way. It works according to the right theory, and in 30 years of practice, it has proved that the theory is absolutely correct. It begins at the beginning—begins by putting the stomach, liver and bowels into perfect order, but it begins its good work on the blood before it finishes with the digestive system. It searches out disease germs wherever they may be and forces them out of the body. All druggists keep the "Discovery."

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