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Culture is not something that can be inflicted by a structure, but the structure can both permit and encourage its growth. Surely it is ridiculously premature to begin judging how greatly it will contribute to such growth before the structure itself is complete.

Passing On The Skill

There ought to be an easy passage to that ultimate snug harbour for any sailboat skipper who can prove to St. Peter by entries in the logbook that he has stood some extra watches to teach some young hands how to sail.

Even in this era of nuclear navies, many national admiralities still recognize the virtues of sail by sending their cadets to sea in four-masted school ships and race small boats at marine academies. Most merchant fleets openly encourage smallboat sailing for their junior officers and below decks apprentices when vessels are at rest in the ports of the world.

Old salts who have risen to high office seem to agree that the sport of sailing is good for the young, teaching them courage and yet prudence, aggressiveness and yet a gentle touch, as well as respect for the rules and discipline, not to mention an awareness of the mighty power of the sea and nature generally.

The Shorter Oxford disposed of "Eyo't" as follows: "Eyo't, more usual variation of Ait, which see."

So here we sit on our Ait, Eyo't, islet, or little island.

Perhaps Pat Nicholson had better speed up his planned visit to this province, to discover for himself that it's neither quite so small nor quite so modest as it appears to him while sitting in Ottawa.

Hasty Judgments

While the visit to the Island by a newspapering party, which ended yesterday, appeared to be a complete success, it may be desirable to recognize also that a good deal of controversy is still capable of following in its wake.

In its meetings with most members of the party, The Guardian found several of them astounded, incredulous, and almost shocked at finding a structure such as the Fathers of Confederation Memorial Centre in so small a city as Charlottetown.

In at least a few of them, their amazement seemed to overwhelm their ability to appreciate. Instead of delighting in the almost incredible, (which is the attitude of most Islanders toward the Confederation Centre) these few tended to see it as some sort of a mistake. The expression "white elephant" crept often into their discussions.

It follows that some of the Island's recent guests, as they get home, are likely to write things which at least a few Islanders are getting to consider offensive. But being hostile about this development, if it comes, will be pointless, and even a mistake, in the opinion of The Guardian.

After all, it is in this province, there still is far less than might be desired of full appreciation of the new centre—of understanding of what it already means and can be made to mean—of pride in what it is and in what it represents. And none of these things can be achieved or comprehended fully in the course of any brief visit.

Indeed, it may be a good thing, even for Islanders, if controversy flares elsewhere as to the worth of the Confederation Centre. Perhaps a few jabs in the ribs will encourage more Islanders to examine the very questions that are likeliest to be raised.

There still are too many among us who regard the centre as a fountain out of which something called culture can be expected to flow, to the extent that there are those among you who desire it, and means for it of paying for the stream. But it is, instead, a national shrine, first of all, and after that a structure within which our culture is being given an opportunity to expand.



"IT'S ALL RIGHT—I DON'T INHALE!"

OTTAWA REPORT by Patrick Nicholson

High Praise For Our 'Modest Eyo't'

(Also see today's editorial, "But Not That Modest" in adjoining column.)

The Prince Edward Islander is unwisely loyal but nonetheless modest about his home province, especially when he is in Ottawa wraps himself in a calm confidence that his island home enjoys a way of life which is far superior to the rat race of central Canada, but says little about it.

Take Hugh Macquarrie, for example. He has become so established on Parliament Hill that it is hard to believe that he is first elected by the voters of Queens only seven years ago. Mr. Macquarrie is learned—a university professor—able and fully participial in member of the cabinet.

Reg Stevenson, the donor of this trophy, has probably interested more Canadian boys in sailing than anyone that comes to mind. Reg has been a white sails man himself for half a century.

As one of the top winning skippers of the Royal St. Lawrence Yacht Club of Montreal, Reg's tall, lean figure topped by a white canvas sou'wester with the brim turned down all around was discernible, crouched over the tiller, at the finish line of innumerable international yacht races against Barmat Bay crews and sailors from the Great Bear Yacht Club of St. Paul, Minn.

Even before this quiet, unassuming scholar of wind and tide, unassuming the usually setting skippers and became a commodore and sailing judge, he had embarked upon a sailing teaching career. Through his guidance, the Montreal club took the young Sea Scout sailors of the city under its wing. The Royal St. Lawrence also, under his direction, launched an extensive and aggressive program of junior sailing.

Although Reg will not be able to present here this week, it is reported, his presence will be felt, for his organizing drive has lent impetus to teaching youngsters to sail not only in Montreal but clear across the country.

Science Sees Better Targets Than Moon

Milwaukee Journal

In increasing numbers, scientists are speaking out against the pace and aims of the space program, especially in light of the fact that the moon is being met for the first time in a century.

"Like It's A Panel Show"

Ottita Packet and Times

As sure a sign of midsummer in this area as the Rotary Club's annual session at Geneva Park of the Canadian Institute of Public Affairs, Evered's Council of Science, the association submitted questionnaires to 2,000 members selected at random. Within three weeks returns received from 1,134—a high response for such a poll indicating the scientists' interest. Re-

around Parliament Hill, a sun-tanned, happy-looking 10-year younger and 10 pounds more so. Where did he find the fountain of eternal youth? I asked.

"I've been to Prince Edward Island," he confided in a low, steady voice. "I've been to an effective salesman for a last modest eyot in the St. Lawrence. I couldn't have had a better holiday anywhere, and by heaven it's different!"

Driving to P.E.I., he checked into a simple but adequate cabin, which appeared typical of the island though of a style and cost which has been rendered obsolete by the plush accommodations of the Northumberland Strait. Its cost, he said, was \$28 per day.

He drove around the pretty little island, enjoying the peace and quiet and sampling meals ranging from good to excellent.

He described his visit to an ancient barn converted into comfortable bedrooms, adjoining a swimming pool and a veranda gave entry to a gracious dining room. A casual customer he enjoyed there. A diner of his e-madame a pair, two lobster, a garden salad and coffee—quite delicious, courteously served in

those charming surroundings, and the bill was \$125.

Another evening he returned to find the dining room filled by the droves of tourists who gathered round the piano and sang songs. The most memorable to me consisting of words which, although familiar to the singers, I had never heard before and would dearly like to recapture—something about peas soup spreading all over Canada, the frog standing astride the beaver. The merrily lyrics were met by the faint question: "What do you put in that?"

Fellow visitors? Charming, and delighted by their reception as they made holiday in the Cradle of Confederation as visitors from parts of Canada and the States.

AND THEN LIQUOR It then rises the endear of a treatment of alcohol. This has been banned and almost strictly subject in P.E.I. until very recently, when a few 50-day parties were initiated for serving drinks with meals. Once an order was received, the charming waitress embarrassedly inviting the customer to draw the curtain since she did not know how; a request for a Manhattan was met by the faint question: "What do you put in that?"

Fellow visitors? Charming, and delighted by their reception as they made holiday in the Cradle of Confederation as visitors from parts of Canada and the States.

most important justification for the moon exploration of the moon. But national prestige drew 1970 to 1971, and the 'spirit of adventure' 17 per cent each.

Asked to rank scientific fields in order of their "potentiality for producing new knowledge," the scientists cast only 10 per cent of their first place votes for manned lunar research. Biomedical research led with 31 per cent, followed by physics research with 15 per cent. Including second and third place votes, chemical research and geophysics rated ahead of lunar research.

The returns will probably be used in congress, where a more searching appraisal of space exploration is planned. If it is not suggested by the scientists or others that exploration beyond this planet be halted, it is strongly urged, however, that more reasonable priorities, and more realistic goals be established so that both our scientists and our money are not so effectively used.

Motion Sickness NOTES BY THE WAY

By Dr. Theodore R. Van Dellen Motion sickness never fails to be a major problem on an otherwise enjoyable trip. Some families are unable to travel by automobile, for example, because Mark is bound to upchuck with in the miles and miles of highway. Other individuals are unable to ride a bus or subway without becoming seasick.

Prevention is possible with Dramamine, Marinol, Bonamine, or Phenergan but if any people don't want to take medicine for only a short trip, The solution is different: going away on vacation or a long journey.

Motion sickness is common, and more than 90 per cent of our population is susceptible under certain circumstances. When the air is mildly turbulent and the ship is moving in a clockwise direction, it is more likely to be ill; but if the craft is caught in a storm and bounces like a balloon, few are likely to escape. The same can be said of passengers on an ocean liner. Some courtsiers have a phobia about ships and become seasick on walking up the gangplank.

Anyone who is susceptible to this nuisance should take a mild heavy and greasy food before starting out; a small meal with a moderate amount of liquid is preferred. An antacid tablet also helps; allow enough time for it to take effect. If nausea occurs, lie down in a place where the ventilation is good. Avoid the products available. A soft cushion will absorb vibrations, and if noise is bothersome, earplugs may be used.

But these aids have their limitations, and if the symptoms persist, a remedy is suggested, to be on the safe side. There are many such products on the market and some require a prescription. They should be taken according to directions, usually 30 minutes before the trip.

Marazine and Dramamine control symptoms for 2 to 3 hours whereas Bonamine and Phenergan are effective for 12 hours. After starting out, the anti-nausea and the user should realize they might cause drowsiness. The cost is available when driving. The older motion sickness remedies such as atropine and hyoscine are useful and the others cannot be tolerated.

SLEEP PARALYSIS Mrs. L. writes: I understand that a balance sheet, which is prepared by a professional accountant, is necessary during hot weather as at other seasons of the year. I have had many suggestions along this line.

Yes. REPLY

DIFFICULT AWAKENING D. G. E. writes: Can anything be done for sleeping paralysis in an 18-year-old girl?

Sleep paralysis is a frightening but not a normal problem encounter. They feel they cannot doze off or awaken. Tossing or speaking to the person brings him to.

REHUMATIC HEART J.K. writes: Is it true that a rheumatic heart can be outgrown?

No. On the other hand, some victims of rheumatic fever develop murmurs that disappear with age and swelling of the heart valves subsides.

COCKEYED J. B. writes: What is the name of the condition in which the ground seems to undulate as a person walks or walks?

REPLY

IMBIBITION TODAY'S HEALTH HINT—The chain smoker is asking for trouble.

NOTE: All correspondence to Dr. Van Dellen should be addressed to: Dr. Theodore R. Van Dellen, D.C. Chicago Tribune, Chicago, Illinois.

Moderation Regina Leader-Post

It is time that the forces of moderation and moderation played a more active part.

How can individuals in this category in English-speaking Canada play such a more active role? They can do so by personally taking to task individuals who preach the doctrine that if French-Canadians don't like Canada they can get out. They can refrain from joining organizations which are anti-Quebec trying to keep the differences in their tendencies. They can ignore politicians who try to inflame the public with propaganda, and support those who are firm in the adjustment of a situation which divide our nation.

When you've worked to lend a hand only for shabby purposes you don't deserve much credit.—London Free Press.

Here's a warning from your Auntie Balaire Bureau—Watch out for the "above house" key. Some sometimes used to sell home repairs and remodeling. The operation is that your home will be used as a model for getting other jobs and that you will therefore receive a deduction from the regular price for this service. It doesn't work that way. The deductions, if any, are negligible, and you're stuck with a binding contract for a very high price.—Moncton Transcript.

Krupp On Top Again Milwaukee Journal

On March 11, 1946, more than 1,000 royal air force bombers pulverized main plants of the Krupp industrial complex in Germany. After the war, the Allies dismantled major remnants. Also in 1946, Krupp was fined a fine about ships and became seasick on walking up the gangplank.

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Fate Of Small Farms Windsor Star

Changes in the agriculture picture have been so great in Canada in the post-war period that some people are wondering if the small family farm can continue. Will it be the straight economics of production influence the ability of farmers to operate as family units. Some can't meet the requirements of large scale mechanized farming. But they are willing, as in the past, to remain on the land despite the fact they will earn more elsewhere. A great deal of federal and provincial legislation as well as the new co-operative, "doom" necessarily reflect government views, suggests about half the small farmers in the survey region could leave the land "to the benefit of themselves and to the good of the remaining farm community and the national economy."

It may become increasingly difficult for the small family farm to survive. Technological development has changed farming from an art and way of life

It's strange that although everybody is in favor of more and better education, many people ridicule educated persons calling them "eggheads," "odd-balls," etc.—Altoona Law Times-Herald.

Such is the need of the universities, however, that much more will have to be done by Ottawa if they are to supply the staff, buildings and equipment required for the steadily increasing number of young men and women who are capable of acquiring a higher education. The task is proving too great for the province.—Ottawa Citizen.

Right By Wright shoes

to a highly complex scientific and business operation. Many families are stranded on farms that offer little more than wondering if the small family farm can continue. Will it be the straight economics of production influence the ability of farmers to operate as family units. Some can't meet the requirements of large scale mechanized farming. But they are willing, as in the past, to remain on the land despite the fact they will earn more elsewhere. A great deal of federal and provincial legislation as well as the new co-operative, "doom" necessarily reflect government views, suggests about half the small farmers in the survey region could leave the land "to the benefit of themselves and to the good of the remaining farm community and the national economy."

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