



MRS. JOHN BELL

CELEBRATES 95th BIRTHDAY

Mrs. John Bell, South Milton, is seen as her family gathered with her to observe her 95th birthday anniversary. This young looking celebrant keeps house for her son Marvin Bell (LEFT) at South Milton, and Sutherland Bell, her other son, lives at Mill River near Alberton. This smiling woman recalls when she used to make tallow candles for her family in the old days. "It was my job to keep a supply of candles available," she recalls. "They were made of tallow from beef carcasses or from sheep sometimes." Mrs. Bell was born Ada Stetson in Free-town, but moved with her family to O'Leary when she was

very young. In the Bell home at South Milton, there is an old spinning wheel that dates back to the 1600s, Mr. Bell said. It came from Dumfries, Scotland perhaps 150 years ago. Her husband's father, Andrew Bell, built ships on Mill River, just below the Sutherland Bell home. Mrs. Bell, a person with a delightful sense of humor looks and acts at least 20 years younger than she is. Her birthday was on Sunday, January 30th, but was observed last Sunday because her family and other relatives and friends were unable to visit with her due to the bad travelling conditions on the preceding Sunday.

Young-Wilson Pledge Vows At St. Dunstan's Basilica

Wedding vows and rings were exchanged on January 15 at 9 a. m. at St. Dunstan's Basilica when Ronita Deleno York Wilson became the bride of Robert Allison Young. Rev. Clarence Roach officiated at the ceremony. The bride is the daughter of Mr. and Mrs. Ronald A. Wilson and the groom is the son of Mrs. Gloria Young, all of Charlottetown.

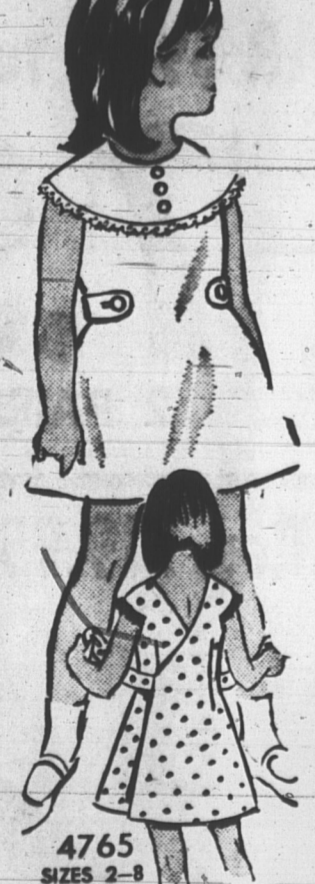
The groom's mother chose a suit of gold double knit with a white hat. She wore black accessories and a corsage of white carnations. Later, the newlyweds visited with the bride's mother who was hospitalized and unable to attend the wedding. Following which, they left on a honeymoon trip to Halifax, N. S., the bride travelling in a rust and brown knit suit with brown accessories. Mr. and Mrs. Young are residing in Souris.

Mr. and Mrs. Peter Bonak, of Halifax, N. S. attended the wedding.

white mums. Audrey Wilson, sister of the bride was in charge of the guest book.

Attending as maid of honor for her sister, Arlene Wilson was in a gown of turquoise blue and silver brocade with matching wedding band headpiece. Her bouquet was of tinted blue and white mums.

Thomas (Tom) Monaghan was the best man and Eugene Young and Gerald (Gerry) Wilson, brothers of the bride and groom, ushered the guests to their pews. A reception for 45 guests was held at the Community Centre, where the bride's table was centered with a three tiered wedding cake flanked by gold and



QUICK 'N' EASY
Soft, pretty, practical for Spring or Summer outing. Please mail with this set.
Quick-crochet! Welcome a baby boy or girl with this open shell-stitch set. Pattern 7100: directions for jacket; boy or girl caps, blanket.
THIRTY-FIVE CENTS (coins) for each pattern (no stamps, please) to Alice Brooks, care of Guardian-Patriot Needlecraft Dept., 60 Front St. W. Toronto 1, Ont. Ontario residents add one cent sales tax. Print plainly pattern number, name, address.
GIANT 1966 Needlecraft Catalog stars knit, crochet—many more needlecraft designs—3 free patterns printed in catalog—stand 5 cents.
NEW! 12 Collectors' Quilt patterns for you in color, with quilting motifs. Finest patterns ever collected from famous makers. Send 60 cents for new Museum Quilt Book No. 1—sixteen complete patterns. 60c.

BEGINNERS' JOY
1-2-3 Quick! Just wrap to fit this enchanting skimmer with the lace-frilled yoke. Choose linen-look rayon or pique in flower-bright colors for Easter and every day.
Printed. Pattern 4765: Children's Sizes 2, 4, 6, 8. Size 6 takes 1 1/2 yards, 35-inch.
FIFTY CENTS (50c) in coins (no stamps, please) for each pattern. Ontario residents add 2c sales tax. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.
Send order to ANNE ADAMS, care of Guardian-Patriot Pattern Dept., 60 Front St. W., Toronto Ontario.
COME ALIVE FOR SPRING! Send for our new Spring-Summer Pattern Catalog. 125 top sheets for sun, fun, dancing, dining, everyday! One free pattern—clip coupon in Catalog. Send 50c.

Women

6 The Guardian, Charlottetown, Wed., Feb. 9, 1966.

MARY HAWORTH

Woman Feels Guilty For Wasting Her Potentials

DEAR MARY HAWORTH: Reading your replies to other troubled souls, one often gets a breakthrough regarding one's own problems.
This happened to me early in January when you wrote of unhappy people who look forward to supposedly ideal marriages as hoped - for compensation for a harshly love - starved childhood. Not finding this consolation, continually at war with their current experiences, pitifully unprepared to contribute to the making of a good relationship, they alienate everyone eventually.
I am one of those benighted souls who roused myself 30 years ago, at age 35, to the effort to reshape my life. Employed at office work and selling, I took high school night courses for five years, then became a piano teacher in after-school group classes, also giving private lessons, to pre-teen children.

The next 20 years were the only emotionally warm rich years of my life; and though I barely made ends meet financially, I felt happiness through growth. Earlier there had been a lengthy engagement, eventually broken, and a brief marriage.
Then I married again, a widower with grown children, whose former wife had died of a bankrupting illness. His status seemed sound money-wise and socially, which I had taken at face-value, was mostly false front. I learned later.
Though grieved, I accepted his poverty, debts, mortgages, etc., and subsequently did wonders, so I was told, rehabilitating him and his run-down fortunes. I deferred needed changes and tolerated much sponging (financially) by his independently housed children, hoping for a good relationship - in-depth with them, which never developed.
At most there is surface friendship manifest at family meetings hibernating between times. The children resent their father; there is no respect, no real love for him. The youngest made off with her mother's bonds (in the thousands), fur, jewels, the radio, and TV, even the sewing machine, to a place of her own, prior to getting married two years later.
Now, in sterile retirement at age 65, with my husband, 76, a friendless person, I am supposedly "going mental." I feel guilty over lost potentials, mediocre

plianism, another "loveless" relationship. But nobody could have tried harder, or given more. What can I do now? Where can I turn? Please help. K. S.

DEAR K. S.: In your lengthy letter, here synopsized, you note that this column "often cites Jesus and the New Testament" as sources of help. Then you ask complacently: "But are all your petitioners Christian?"
"Aside from this one detail," you add, "I'd say that your wisdom and advice are of great comfort, to most of us."
I've excerpted the above as indicative of your grumbler disposition to be less than pleased with whatever good comes your way: "A probably characteristic nit-picking attitude, when an impulse to gratitude overtakes you."
As it happens, the January column which helped you to an illuminating breakthrough, to a new insightful slant on your problems, made no reference to either Jesus or the New Testament. In fact, none of my columns for that week contained any such reference. So why then, your seemingly non-relevant plaint?
Perhaps you were straining, unwisely, to make the point that no matter how sorely you need help, you aren't about to storm Heaven for it; therefore, to help you, I've got to propound the right formula on the mundane level, here-and-now, that will "transform your life by the renewing of your mind" within the format of your immediate environment and customary treadmill thinking.
So much for preface. Now for encouragement, consolation and guidance, may I say that I accept the validity of your claim that "nobody could have tried harder or given more." I believe you, in terms of your capacity and resources.
It may be, indeed, that already your life has been admirably successful, if seen in perspective, from God's angle, since the beginning of your purposeful adult efforts to give "new shape" to your personal history. Remember the Biblical parable of the Master's favorable appraisal of the good steward's faithful fruitful employment of the talents (i. e. opportunities) given him.
To "true up" your own perspective on your efforts, past, present, and prospective, read George Bernanos' classic "The

ELLEN'S DIARY

Farmwives Chatted Gaily Of Their Girlhood Days

"The times have changed, Ellen" a farmwife remarked recently, her sigh a bit wistful. "Folks have forgotten how to 'raley'. They don't drop by for a leisurely visit. There just doesn't seem to be time for the like of that anymore." Clocks tick faster nowadays," she chuckled. "Why, when I look back to my girlhood, and yes, to my early married years, visitors were forever coming by. And it seemed we made allowance for their coming - we could always put down the extra plates and find the food. Of course we had the farm - supplies at hand: the meat and vegetables, the pickles and preserves, the homemade bread and the butter. Dear me, how I often wish we had the crocks of butter now in the cellar. What shortbread I would make! It would have the right flavor to it," she smiled.

each one with a kiss. She'd be wearing her second best dress with a white apron over it, that had a width of handmade lace on the hem. I can see her yet: small and bright and quick of turn, and always with a good word for everyone. And kind to children, and understanding, though she had none of her own."
And her husband? Uncle John? He was a tall man, spare with a reddish beard. The quietest mortal ever! Not given to much talking. We often wondered how he had managed his courting! But he was kind and nice. At the table, he would see we got a second helping of cake and that the tea was made just to our liking. And there'd be whipped cream on the jam she served us in the tiny glass dishes, wild strawberry or raspberry," she smiled.

"You would get to it in the parlor?" "Yes, if it was a summer Sunday. And wasn't that in itself a treat! It was scented with dried rose-petals, and altogether was a love of a room."
There were crayon portraits of forebears on the walls. We would consider them quaint, now but we enjoyed them then. And the table with its pretty lamp, the chairs with their lace antimacassars, that actually never became soiled. She'd play hymns to us on the little organ in a corner: some we had sung in Sunday School. "Tell it again" the first line of which ran "Into a tent where a Gypsy boy lay" the other about lost lambs, the choros commencing, "Bring them in bring them in" were favorites because they certainly stirred the imagination, if they were a mite doleful! I guess children don't sing them nowadays. And another thing, I remember, Ellen, she continued.
"But there it is again! That ring of the old clock which declares our day's end."
"Until tomorrow — Diary — Goodnight....."

And her husband? Uncle John? He was a tall man, spare with a reddish beard. The quietest mortal ever! Not given to much talking. We often wondered how he had managed his courting! But he was kind and nice. At the table, he would see we got a second helping of cake and that the tea was made just to our liking. And there'd be whipped cream on the jam she served us in the tiny glass dishes, wild strawberry or raspberry," she smiled.



CANADIAN SISTERS STAY IN JAIL

French Canadian sisters, Monique Bisson (LEFT) and Susan were ordered to remain in jail on Monday until Judge

Gerald Tobin can hear their case. The judge was injured in an auto accident enroute to the trial. The sisters set off

fireworks and danced on a rooftop last week to show they did not want to leave Miami, Fla. (AP Wirephoto)

New London UCW Announce Day of Prayer On Feb. 25

A solo, composed by Mrs. Edward MacMurdo "Christ's Wondrous Love," and rendered by Mrs. Alexander Green, accompanied by Mrs. MacMurdo, opened the February meeting of the New London United Church Women, which was held at the home of the secretary, Mrs. James M. Campbell.

President, Mrs. Lewis Campbell was in the chair and 12 members answered roll call with the best word "Grace". One visitor was present. Mrs. Louis MacLeod led the devotional period with the theme "Our Hope" and Mrs. MacMurdo gave the missionary prayer.

The community friendship report was heard and Mrs. Ray MacLeod, treasurer, gave the financial report. Deep appreciation was extended by the UCW members to Mrs. Alexander

Woodie. Refreshments were served by the hostess assisted by Mrs. Catherine Cotton and Mrs. Keith Woodie.

It was announced that the World Day of Prayer service will be held in the United Church on Friday, February 25. The UCW March meeting will be held at the home of Mrs. Edward MacMurdo; leader will be Mrs. Louis Cole; text word "Peace"; missionary prayer; Mrs. Louis MacLeod; study book, Mrs. Keith Woodie; new food committee, Mrs. Harold Mayhew and Mrs. J. M. Campbell.

TRICK OF THE CHEF
Try thick-cooked rolled oats with butter, salt and pepper as an accompaniment to chicken fricassee, or finnan haddock baked in milk.

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8500

Mr. and Mrs. Albert Calbeck, Summerside, left recently for a holiday to Florida.

Ann Marie White, student nurse at the Charlottetown Hospital, spent a day with her parents, Mr. and Mrs. Francis C. White, Rollo Bay.

Mr. and Mrs. Mansfield Irving of Waltham, Mass. are guest of his sister and brother-in-law, Mr. and Mrs. Wilbert Graham Murray Harbor North. They were accompanied to Peter's Road by his parents, Mr. and Mrs. Otto Irving, who have been visiting in Massachusetts for the past two months.

Mrs. Louise Colby, who has spent the past two weeks with relatives at Commercial Cross, has returned to Charlottetown.

Mr. and Mrs. Horace Hewitt, Lower Montague, has arrived home after spending the past six weeks in Toronto, Ont., guest of her daughter and son-in-law, Mr. and Mrs. Laurie MacLeod.

Mr. and Mrs. Milton MacPhail, formerly of Pictou, N.S. have taken up residence at Commercial Cross. Mr. MacPhail is employed with Bathurst Marine Ltd., Georgetown.

Mr. and Mrs. Camilla Galant and Mr. and Mrs. Cyril Galant, Souris West, are presently holidaying in Florida. They expect to return about Feb. 20.

Mr. and Mrs. Frank Aucain, Souris West, returned recently from an enjoyable two week visit with their son-in-law and daughter, Mr. and Mrs. Joseph Arsenault, Toronto, Ont.

Pius Steele, Charlottetown is spending some time in Lower Montague renewing old acquaintances, while a guest of his brother, John and family.

Recently the Alexandra 4 - H Club held its annual achievement party at the home of the leader, Mrs. Charles Jones. This year the club invited the Alexandra 4 - H Garment club and their leader, Mrs. Harold Beaton. All club members and their parents were invited.

The members and their parents played a few games, and an enjoyable evening was spent. A highlight of the evening was a review of their trips by Diane Jones and June MacCabe, who were awarded Interprovincial 4-H Exchange Trips. Miss Jones told about her trip to Alberta and Miss MacCabe described her trip to Ontario. Both of the delegates showed pictures and souvenirs.

Following their talks the two girls were presented with 4 - H trophies by their leaders in honor of their achievements in 4-H work. Miss Jones won her trip through the Calf Club and Miss MacCabe, through the Garment Club.

Refreshments were served by the hostess and parents, and Mrs. Jones, the leader, was presented with a small gift by the club members in appreciation of her work and encouragement.

Refreshments were served by the hostess and parents, and Mrs. Jones, the leader, was presented with a small gift by the club members in appreciation of her work and encouragement.

Diary of a Country Priest" (Doubleday), available at 75 c. in the Image Edition. Says the New York Times: "This novel of French village life is as mirror and battleground for the sagacious struggles of mankind. We close this book knowing how it is that the meek shall inherit the earth." M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

IDA BAILEY ALLEN

Meals Minus Monotony Have "Cast" Of Cereals

There's no monotony in serving cereals. A remarkable group of foods includes: oatmeal, rolled oats, instant oatmeal, Scotch and Irish oatmeal; light and dark farina; barley; rice; wheat and bran; cornmeal; hominy and other corn products. It is a group so varied that one could have a different cereal every day for two weeks or more. Cereals are budget-wise, too, with energizing, nutritive values.

Today we are presenting two appetizing hearty central European favorites based on rolled oats.

BRUNCHEON FOR A BRISK DAY
Cranberry Juice Cocktail—Goetta (Oatmeal-Sausage Slices) — Spiced Whole Apples—Coffee, Tea, Milk.

Measurements level; recipes for 8
GOETTA
(Oatmeal, high in vegetable protein; combined with sausage a meat protein.)
2 1/2 c. rolled oats (quick or old-fashioned), uncooked
1 tsp. salt
4 c. water
1/2 lb. pork sausage meat, cooked, drained and broken up fine
1/2 c. butter or margarine
Maple syrup and butter for serving

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat; let stand 5 min. Stir in sausage meat.
Pour into not-oiled 8 1/2 x 4 1/2 x 2 loaf pan. Cool 5 min. more, then cover; refrigerate 4 hr. or more. Unmold. Cut into 16 slices. Pantry in butter until browned on

both sides. Serve with plenty of butter and syrup.
TOMORROW'S DINNER
Onion Soup, French Style—Eggs Benedict (previously columned) on Toasted Split English Muffins —Buttered Chopped Kate — Prune Nut Whip or Baked Pears — Coffee, Tea, Milk.
PRUNE NUT WHIP
1/4 c. quick rolled oats, uncooked
1/4 tsp. salt
1 1/2 c. water
1/2 c. cooked moisturized prunes, drained and pitted
2 tsp. lemon juice
1/2 c. chopped pecans (optional)
3 eggs
1/4 tsp salt (additional)
1/4 c. sugar
1 c. whipped topping, sweetened
8 maraschino cherries (optional)
Stir oats into briskly boiling salted water. Cook 1 min., stir occasionally. Cover pan; remove from heat and let stand 5 min. Uncover; cool to lukewarm. Mash prunes; stir in lemon

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat; let stand 5 min. Stir in sausage meat.

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat and let stand 5 min. Uncover; cool to lukewarm. Mash prunes; stir in lemon

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat; let stand 5 min. Stir in sausage meat.

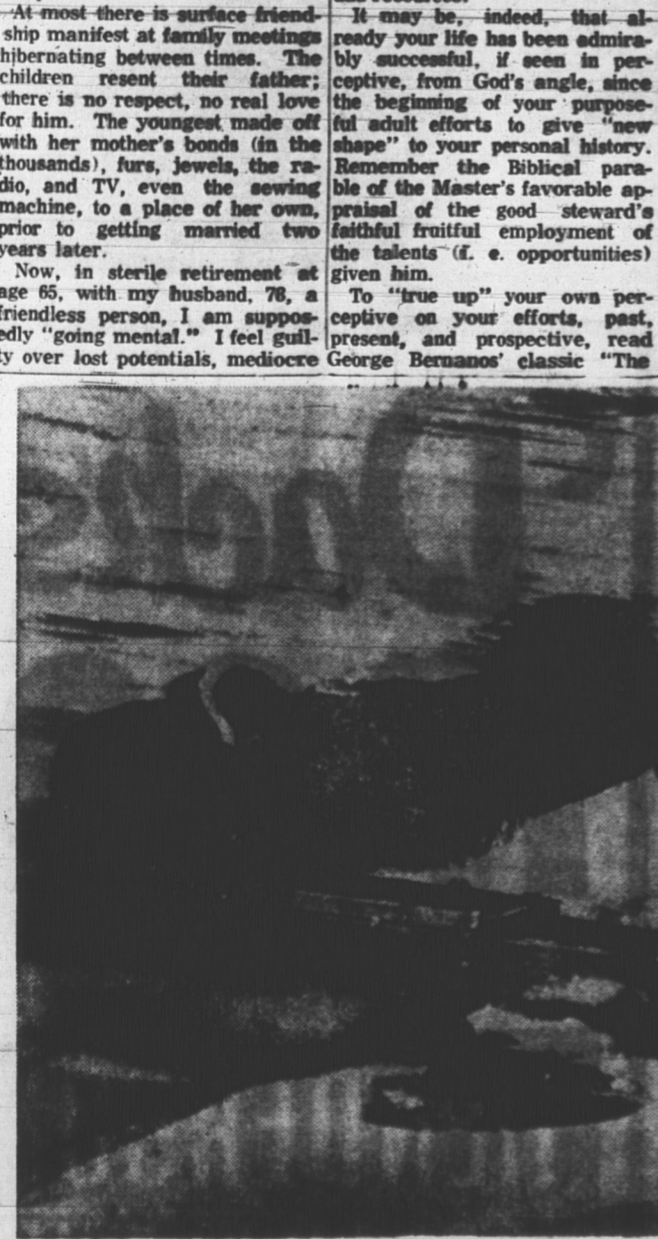
Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat and let stand 5 min. Uncover; cool to lukewarm. Mash prunes; stir in lemon

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat; let stand 5 min. Stir in sausage meat.

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat and let stand 5 min. Uncover; cool to lukewarm. Mash prunes; stir in lemon

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat; let stand 5 min. Stir in sausage meat.

Stir oats into briskly boiling, salted water. Boil quick oats 1 min. (cook old-fashioned oats 5 min. or more). Stir occasionally. Cover pan; remove from heat and let stand 5 min. Uncover; cool to lukewarm. Mash prunes; stir in lemon



INCHES WAY TO SAFETY

Lorraine Michaels, 6 of Madison Wis, was rescued from thin ice on the Yahara River Sunday after she and her

brother, Jeffrey, 4, wandered onto the ice. Jeffrey fell through near shore and was pulled out by a passerby. Fire-

men pushed an extension ladder to the 10, 20 feet from the bank, and brought her to safety. (AP Wirephoto)

ELM BEAUTY SALON

20 Years in Business

ANNIVERSARY SPECIALS FOR FEBRUARY

Cold Waves—\$12.50 for \$10.00; \$10.00 for \$8.00; \$8.00 for \$6.00; \$7.00 for \$5.00.

Tel: 4-8084 for Appointment
Air Conditioned Dryers

For COLDS and GRIPPE...

THE MIXO FORMULA

AFTER 34 YEARS OF CONSTANT IMPROVEMENT ONLY MIXO HAS SUCCEEDED IN PRODUCING A

FULL STRENGTH BLEACH WITHOUT THE DISAGREEABLE ODOR THIS IS WHY EVERY BOTTLE BEARS THE INSCRIPTION

QUALITY ANALYSED

1. Rest in bed
2. Drink plenty of fluids
3. Take Aspirin to reduce fever and relieve pain

ASPIRIN WILL MAKE YOU FEEL BETTER FAST

Aspirin is the Registered Trade Mark of The Bayer Company, Limited, Aurora, Ontario