



DORIS WRIGHT HARVEY ELBE

ENGAGEMENT ANNOUNCED

Mr and Mrs Louis S. Wright of Lower Montague, P. E. I. announce the engagement of their daughter, Doris Inez, to Harvey John August Elbe, son of Mr and Mrs. John H. Elbe of Edmonton, Alberta. The wedding will take place on Saturday, July 16, 1966, at Knox United Church, Prince George British Columbia.

Women

The Guardian, Charlottetown, Mon., June 6, 1966. 7

IDA BAILEY ALLEN

New Potatoes A Must For Spring Vitamins

BY IDA-BAILEY ALLEN
Growers of new potatoes have every reason to be happy that the national appetite for these delicate harbingers of spring continues to grow. This year saw a giant planting of 33,000 acres. A "new potato" is one which is too immature to be stored. It is taken straight from the field to market and consumed within 10 days to 2 weeks. At its peak

While all potatoes are good sources of vitamin C, this vitamin is at its peak in new potatoes and the newer they are the more vitamin C.

New potatoes should be classed with convenience foods since their skins are so delicate they really needn't be peeled.

HOW TO COOK NEW POTATOES

- 12 medium-size new potatoes
- 1 1/2 tsp. salt
- 1" boiling water in saucepan
- Choice of parsley butter, dill butter or caper sauce
- Scrub potatoes, leave unpeeled if desired. Place in saucepan with salt and boiling water. Cover, bring to boiling-point; cook until potatoes are tender, from 15 to 20 min. according to size. Drain off water. Leave uncovered in hot pan 5 min. for moisture to evaporate. Serve with choice of parsley butter, dill butter or caper sauce.
- PARSLEY BUTTER:** Combine 3 tbsps. melted butter or margarine with 1/2 tsp. chopped fresh parsley.
- DILL BUTTER:** Combine 3 tbsps. butter or margarine, 3/4 tsp. ground black pepper and 1/2 tsp. whole dill seed.
- CAPER SAUCE:** 2 tbsps. butter or margarine, 2 tbsps. flour, 4 tsp. salt, 1-16th tsp. ground black pepper, 1/4 tsp. powdered mustard, 1 c. milk, 1 tbsps. fresh lemon juice, 2 tbsps. capers, rinsed and drained. Melt butter in pt.-size sauce-

pan. Mix in flour, salt, black pepper and mustard. Stir in milk. Stir-cook until boiling. Stir in lemon juice and capers.

TOMORROW'S OVEN DINNER
Saladettes of Sardines, Radishes and Tossed Lettuce — Braised Beef Tongue Portuguese, with Parslaid New Potatoes and Sliced Spring Carrots — Cling Peach Sections in Raspberry Gel, Whipped Topping, Ladyfingers (purchased) Coffee, Tea, Milk.

BRAISED BEEF TONGUE PORTUGUESE.
(Enough for 2 meals for 4 persons.)
1 (4 to 5 lb.) smoked beef tongue
1 1/2 tbsps. cooking oil
1 large onion, peeled and sliced
1 c. canned tomato
1/2 tsp. salt
3/4 tsp. pepper
1/2 tsp. celery salt
2 cloves
1/2 tsp. cumin seed
1 bay leaf
1 tbsps. vinegar
Place beef tongue in deep, 4-qt. kettle. Cover with boiling water and boil 10 min. Drain and pour off water. Remove beef tongue. With sharp knife peel skin from beef tongue. Heat cooking oil in kettle. Add onion and brown it. Add tomato and simmer-cook 5 min. Add remaining ingredients. Return the tongue to kettle. Spoon sauce in kettle all over it. Add boiling water, nearly covering the tongue. Put lid on kettle and simmer until tongue is fork-tender, about 3 hr. Take out the tongue; slice it. Return slices to sauce and cook 30 min. longer or until very tender. Serve tongue on large platter garnished at edge with sliced cooked carrots and parslaid boiled potatoes.

THE CHEF SUGGESTS
To make a fine relish sauce for smoked tongue and other smoked meats, smooth-mix together 1 tbsps. each prepared horseradish, table-mustard, mayonnaise and catsup. Et voilà!

Fashion Show Held By Pupils Of Stella Maris

On Sunday evening, May 27, Stella Maris School in North Rustico held its second annual fashion show with girls from Grades 5 to 11 modelling a variety of costumes which they had made themselves.

Karen Doiron of Grade 9 gave the address of welcome, and this was followed by a display of colorful aprons made by grades 5 and 6, who also presented a folk dance taught to them by their physical education director, James D. Gallant. Two choruses were sung by groups which had taken part in the Music Festival under the direction of their teacher, Sister St. Marie Anne.

IRISH GROW FEWER
The total population of Ireland has decreased uniformly for more than 100 years.

NOTICE

Residents of P.E.I. who attain the age of 19 years must register separately under the Hospital Services Commission of P.E.I.

For information regarding Hospital Insurance Certificates, etc.

Address all correspondence to:

HOSPITAL SERVICES COMMISSION ELIGIBILITY SECTION

Post Office Box 4500
Charlottetown, P. E. I.

Blood Disease Of Newborn Can Now Be Prevented

TORONTO (CP)—Doctors at Toronto's East General Hospital hope a study of women having their first babies will show that hemolytic disease of the newborn can be prevented.

If a mother has Rh-negative blood and her unborn baby inherits its father's Rh-positive blood, the mother may develop antibodies against the extra fraction in her baby's blood stream. These antibodies can then destroy the baby's blood cells.

This happens rarely in women having their first babies but frequently in subsequent pregnancies. At the time of delivery of the first baby fetal blood can enter the mother's circulation. This sensitizes her, causing her blood to produce antibodies. When she has the next baby the antibodies increase rapidly and can attack her baby's blood.

The average death rate among babies born to parents with incompatible blood is about 10 per cent. Others who don't die may be retarded or otherwise damaged. The death and damage rates have been sharply reduced in the last 20 years by new procedures, such as immediately after birth and, recently, by transfusion into the baby before birth.

INJECT GAMMA GLOBULIN
Dr. Gerald Hart, director of the hematology division of the hospital, says New York and London studies have shown that injection of gamma globulin after delivery of her first child, appears to protect a mother from developing antibodies.

Dr. Hart says blood studies by a laboratory method developed in Germany show that some fetal cells enter the mother's bloodstream during pregnancy. Dr. Bruce Chown in Winnipeg has therefore been giving gamma globulin during the last three months of pregnancy.

Dr. Hart says he hopes the study at East General, where about 5,000 infants a year are born, will show whether mothers become sensitized during pregnancy or only after delivery.

Injections during the last three months of pregnancy

don't seem to harm the baby but this, too, requires further study. If there seems a likelihood of gamma globulin passing into the baby's system it might be necessary to develop a compound with larger molecules which wouldn't do so.

Final results of the procedure will only be known after a few years when treated women in New York, London and Toronto, have their second, and third babies.

The Toronto work is in collaboration with a group at Columbia University in New York where pioneer work suggests that "medical science is on the threshold of a major breakthrough in the management of this problem."

Carole Hayden to Represent P. E. I.

Pictured above is Mr. Ralph MacLeod, Branch Manager for Seven-Up Sussex Ltd., presenting a Portable Television to Miss Carole Hayden, Cherry Valley who is the successful candidate for Prince Edward Island in the Miss Sussex Contest. Carole, a student at the Provincial Vocational Institute High School and in Grade 9 is now eligible for the Miss Sussex title and the grand prize of a \$1000.00 Scholarship.



RE NEGOTIATE DEBT

SANTIAGO (AP)—Canada and Chile have agreed to renegotiate Chile's \$2,140,260 debt to Canada. An agreement signed by Finance Minister Sergio Molina and Canadian Ambassador G. B. Summers calls for repayment of the debt to begin at the end of 1968 with payments to be made each six months until the debt is paid off in 1973.

DANCING

Modern and Old Time Dancing every Tuesday night at the Kensington Legion Home. Dancing from 9:30 to 12:30. Music by Eddie Mathews Hillbilly Orchestra. Admission price 75c per person.

EATON'S



Meet **GORDIE HOWE** AT EATON'S IN CHARLOTTETOWN

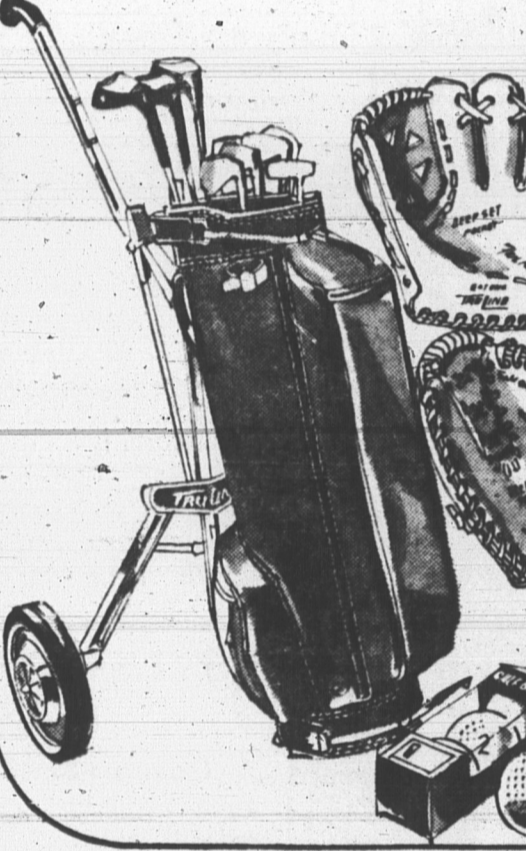
Tues., June 7th. - 11 a.m. to 12 Noon and 3.30 p.m. to 4.30 p.m.

One of Canada's top athletes and Eaton's special adviser on Eaton Truline sports equipment, Gordie is a well-qualified expert on hockey, baseball, golf, fishing and other sports popular with Canadians. Drop in and chat with him; he will be happy to discuss your favourite sport with you.

ALL EATON TRULINE SPORTS EQUIPMENT is certified by Gordie Howe. We don't know of anyone more qualified to certify the performance, durability and value of our Truline items. They have to be good to get Gordie Howe's approval. A small part of the Truline selection of summer sporting goods is shown here.

EATON **TRULINE** Sports Equipment

Eaton Truline Golfmaster Woods & Irons - Top Quality True Temper shafts, with leather grips. Wood heads of laminated maple feature cycloc face inserts... in nos. 1, 2, 3, 4. Iron heads have short-blasted faces - nos. 2 to 9 plus wedge and putter. Men's left or right hand, ladies right hand. Woods, ea. 16.00 Irons, ea. 11.00.



- CERTIFIED BY**
Gordie Howe
- Truline Golfmaster Bag**
Durable expanded vinyl with leather trim and moulded rubber bottom. Step-down Keystone type, with detachable sling, in various colours. 16 club Pro style ea. 29.95
 - Truline Custom Golf Cart**
Sturdy nickel-plated tubular steel. Folds quickly and easily. Each 18.00
 - Truline Golfmaster Golf Balls**
Polybutadiene rubber centres, with tough polyurethane plastic finishes. Three for 2.50
 - Truline Junior Pro Baseball Mitts**
Specially selected cowhide, with horsehide linings and solid padding. In Fielders', Catchers' and basemen's models. Each 7.00
 - (Not illustrated)
 - Truline Campmaster Sleeping Bag**
Sturdy willow green poplin shell warm flannel-like lining and 100% aluminum zipper. 3 lbs. of 100% Terylene insulation that is Sanitized for lasting freshness. Size about 35 by 72 inches. Each 17.99
 - Truline Campmaster Air Mattress**
Two-tone blue and yellow rubberized cotton in single size about 30 by 78 inches deflated. Comfortable pillow. Repair kit included. Each 9.95

1st KING'S

LIBERAL NOMINATING CONVENTION

ST. MARY'S HALL
SOURIS

WEDNESDAY, JUNE 8th. - 9 P.M.

This convention is to nominate a candidate for Assemblyman. Each Poll is requested to have in attendance 5 voting delegates.

Guest Speaker: **ALEX B. CAMPBELL**

Refreshments and Entertainment.

EVERYONE WELCOME

She just stroked away ten years!

Dark circles, murky shadows. Banned with the flick of a finger! Are you younger? Of course not. You just look younger. Prettier. Happier. Alive.

Give the stigma of care and years. Eyes are brighter. Bigger, too. It took so little to do so much. So little to put time in its place. So little Powers Crème de la Crème! \$4.75

Try a "change of face" with the expert guidance of **MISS YVETTE TESSIER** Powers Beauty Consultant

Tuesday, June 7 until Saturday, June 11th

Cosmetic Dept. Main Floor

EATON'S

EATON'S

SUPER VALUE

SAVE \$15.00 EATON TRULINE CAMPMASTER FAMILY COTTAGE TENT—SLEEPS 4 COMFORTABLY

Yellow roof and blue sides are made from sturdy water-repellent tent drill. Tent measures about 12 x 9 x 7 high, features a sawn-in floor and inside ridge pole to allow use of a curtain (not included) to make separate sleeping areas. Vinyl-coated nylon screens on windows and dutch-style doors are complete with storm flaps. All necessary steel poles, pegs and polypropylene ropes are included. Just the thing for camping families—especially at this low price!—Reg. 99.95! Special, each **84.95**

SAVE 15%! DELUXE TENT CANOPY
Provides a six foot extension in front of the above tent. Also fits other tents of similar size. Sturdy 10-oz. tent drill, with steel poles and pegs, and polypropylene ropes. Reg. 25.00! Special, each **21.25**

SAVE 15%! DINING OR SLEEPING PORCH
Matching yellow and blue porch fits most tents similar to above, measures about 12 x 6. Big vinyl-coated nylon screens on three sides. Complete with steel poles and pegs and polypropylene ropes. Reg. 48.95! Special, each **41.59**

SAVE EVEN MORE! Buy the canopy and tent together! Special, set **101.95**

SAVE EVEN MORE! Buy the porch and tent together! Special, both for **123.00**