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Old Home Week

It is some years now since the terms "Provincial Exhibition" and "Old Home Week" became synonymous.

We have a long and credible record in Exhibition activities in this Province, dating from early settlement days.

The Wheat Problem

One of the big problems facing the new Federal Government is the tremendous wheat surplus which, according to official estimates, now stands at around 640 million bushels.

What the Government will decide to do about this problem is not yet clear. During the election campaign Mr. Diefenbaker held out the promise of cash advances for wheat stored on farms instead of bank loans.

There will still remain, however, the problem of how to get rid of the surplus, or at least the bulk of it. There is a report that the Government is thinking of cutting prices to a level which it is hoped would stimulate existing markets and attract new ones.

It is right that every effort should be made to dispose of unwieldy surpluses. Yet, it must be remembered that Canada is one of the few countries which find an overabundance of food embarrassing.

In the past; and should there be crop failures, or partial failures, two or three years in succession—a not unlikely occurrence—a few hundred million bushels of wheat in storage would come in handy.

EDITORIAL NOTES

In Boston a milk company advertised: "Our Cows are Never Contented. They're Always Striving To Do Better."

President Eisenhower has proclaimed Thursday, October 2, as a national day of prayer in the United States, and called on all Americans "each according to his own faith, to unite in prayer and meditation on that day."

The Moncton City Council has refused to contribute toward the cost of a statue to Lord Beaverbrook in Fredericton. The reason given is a plausible one: enough money has already been raised through public subscription.

Health authorities in Japan attribute the better physique of the younger population since the war to change in diet, an improved school lunch system and a westernized way of life.

Britain, according to the London Daily Herald, is facing the worst polio outbreak in seven years. The paper is urging the government to lift the import ban on American Salk vaccine.

The United States has lost one of its truly great men in the passing of Senator Walter F. George of Georgia in his 80th year. Under both Democratic and Republican administrations the late Mr. George rendered distinguished service.

According to Hon. Howard Green, only the Royal visit scheduled for October prevented a federal election this fall. His forecast is that it will take place "before next July."

If present trends to high-compression cars continue, the motoring public can expect to pay more for the higher-octane gasoline required. According to Imperial Oil Review, many cars are burning fuel with an octane rating as high as aviation gasoline at the beginning of the First World War.

There is hardly any doubt now that the next few months, perhaps weeks, will see rapid development of Asian influenza on this continent. Already more than 11,000 cases have been reported in the United States. Now is the time for public health authorities in all parts of Canada to make large scale preparations for meeting and resisting the assault.



CALL FROM THE WINGS

PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.

NEW HOSPITAL OPENING

Sir.—I have read your account of the opening of the new Hillsborough Hospital and have heard the ceremonies described by a number of my friends who were there.

I am, Sir, etc., J. H. SMETHURST Marshfield.

TRIBUTE TO THE LATE MISS AUDREY DEBLOIS

Sir.—In the passing of Miss Audrey DeBlois, a link has been added to that glorious company of the Apostles who served their day and time in missionary work in India.

Prince Edward Island may well be thankful for such as these (and there have been many others), who devoted themselves to Christian missionary service. One often wonders to-day where are the younger people to follow in their train, and why they are not volunteering to do so?

UNITED KINGDOM OPINION

Clash With Union Leader

It seems a long time since the Government members in both British Houses of Parliament—the Lords and Commons—have attacked the trade unions. It is a periodic affair, when the Government faces criticism on the old charge of Rising Prices and they seek someone to share the blame.

Hailsham's attacks against the trade unions, and especially Cousins, was justified. But as he was making it another move of criticism in the House of Commons was being rejected, forcibly, not only by Labor but by Government members.

The trade unionist gained stature as he gained responsibility. Not so, one feels, Mr. Cousins. When, in a short while, the Trades Union Congress meets Cousins will be putting down a motion asking the Congress to reject any idea of wage restraint.

That is why the Government Conservative speakers in both Houses have discovered Mr. Cousins anew—and he is one of the current targets. But what of the labor men—the party, now in opposition, which is so closely affiliated to the Trade Union movement.

Trade unionism provided, in fact, two distinct scenes this week in Britain's House of Parliament. In the House of Lords a pugny peer called Lord Hailsham, without mentioning the name of Cousins, said that "this trade union leader tells us that the workers in his trade are prepared to defend their standard of life... but when it can be shown that \$2160 million or \$2430 million in higher wages unrelating to production increases is the cause of the threat to their standard of life it does not make much sense to talk about

come unified under Christ. The political situation makes the need more urgent. Under the liberal British administration, education has become wide spread, and the machinery of modern civilization is to be found everywhere. One result has been an embryonic spirit of democracy and a desire for self government. To this desire, Great Britain is acceding as rapidly as conditions warrant. Every year sees the Indian in possession of greater political power. Some day India will be a great self-governing unit. If the unit be Christian, the world will be the gainer; if not Christian, the world will be the loser. Missionaries in India render the whole world a glorious service."

Reading them in the light of present conditions in India, surely these words were prophetic. But, alas, India is still far from Christian and the world is the loser. What light there is in that country is the result of Gospel preaching and missionary work, not one ounce of which is wasted effort. Miss DeBlois surely contributed not only to India's welfare, but to the world's as well. I am, Sir, etc., HORACE F. MACLEWEN Sydney, N.S.

Best To Check Weight Regularly

By Herman N. Bundezen, M.D. So, you're going to reduce! Well, let me offer my congratulations— together with a few words of warning.

Any reducing diet should be planned by a physician. Don't embark upon some fad diet or arbitrarily set your own food limits. You've got to get adequate nourishment even though you are not eating as much as usual. Only a doctor can determine just how this should be accomplished.

It's also advisable for your doctor to decide just how much poundage you should lose and how fast it should be shed. Losing too much weight too quickly can produce rather drastic results.

REDUCING DRUGS Use the so-called reducing drugs only if your doctor advises them. And while you are using them, keep in close contact with the physician.

Any drug, if used long enough, might become dangerous. Don't weigh yourself more often than once a week. There is a great temptation to check your weight each day to see how well your diet is working, but minor fluctuations might be discouraging and spoil your determination to reduce.

Make sure your scale is reliable. Keep it in a bathroom where you can weigh yourself with a minimum amount of clothing. CHECK WEIGHT REGULARLY Weigh yourself regularly at the same time each week.

A reducing diet should not be a grim business. It requires determination, of course, but it can be perfectly pleasant. With our modern scientific diets, reducing is not too much of a hardship on anyone who really wants to lose weight.

Unless your doctor advises otherwise, I suggest that your daily food intake be consumed at three meals as nearly equal in content and value as possible. DON'T SKIP BREAKFAST Don't skip breakfast entirely or restrict it only to coffee or some other beverage. You might be apt to overeat at your other meals if you do.

Cut down on your use of salt while dieting. Oversalting foods can spoil an otherwise good diet. Too much salt creates thirst, as you well know. And thirst causes excess water retention in your body which increases weight. Before you know it, your scale will show that you have gained weight instead of losing it.

But don't give up. You can diet and be happy, too. QUESTION AND ANSWER S.G.: I have been losing weight and coughing up blood. Could these be symptoms of tuberculosis? Answer: The first symptoms of tuberculosis are fatigue and loss of weight. There is a loss of appetite which is followed by coughing, expectoration, more loss of weight, severe and night sweats.

The Poet's Corner

FIRST DAY ON THE FARM. By night the farm had taught the city child What country children know: gates are to close. The yearling colt is wild. That's the bull, with a brass ring in his nose. Wheat's good to chew. Chickens are not to chase. The eldest of the geese commands respect. A laying Leghorn flies up in your face. White feathers are too common to collect. The grindstone showers sparks at every turn. Don't try to hurry over cattle humps. You can get lost in an August stand of corn. Keep back a pan of water for priming pumps. Oats are a plume. The bearded ones are barley. And we go to bed with the sun and get up early.

—Betty Bridgman in the Christian Science Monitor OUR YESTERDAYS From the Guardian Files TWENTY-FIVE YEARS AGO (August 10, 1912) Hon. G. Shelton Sharpe, Minister of Agriculture, returned last night from Ottawa, where with the Maritime Ministers of Agriculture, he was in conference with Hon. Robert Weir, Federal Minister of Agriculture, on agricultural matters which might come before the Imperial Conference.

Hon. M.W. Wood returned on Monday by the S.S. Silvia from St. John's, Newfoundland, following business discussions and a tour of the island noting economic conditions of the people of the various areas which he visited. He also noted that farming conditions were relatively good although not developed to as big a state as on Prince Edward Island.

TEN YEARS AGO (August 10, 1927) Thousands of people were given an opportunity of inspecting the new car ferry "Abegweit" at the Marine Wharf at Charlottetown yesterday. An official ceremony on deck marked the transference of the ship from the Department of Transport to the Canadian National Railways. It is understood that the ship will commence duties on the Borden-Tormentine route shortly.

With the opening of Old Home Week to take place tomorrow morning, literally thousands of tourists from the mainland are pouring into the province. Both Jordan and Wood Islands have seen scenes of great activity during the past few weeks. There has been the greatest tourist season the province has ever had.

NOTES BY THE WAY

The severest test of personality is if you can use big words in conversation without making people dislike you.— Hamilton Spectator.

Nobody in Newfoundland is surprised that the economist who assisted in preparing the province's case for revision of the terms of Union have found that living costs in St. John's are about 12 per cent higher than they are in Halifax. The only thing that may be surprising is that the differential has been so modestly stated.— St. John's News

Operators of a tannery in the Toronto area have pleaded guilty in court to the charge that they polluted a river by discharging offensive waste matter into the stream. Maximum penalty is a fine of \$1,000 with or without a year in jail. This was the first conviction under a new Ontario law and it sets a precedent for similar action elsewhere.— Ottawa Journal.

Lawyers tell us that husbands are the head of the house and that pedestrians have the right of way. What happens when both groups exercise their rights — Sarnia Canadian Observer.

One of the great handicaps of the present younger generation is that their parents are products of the spectator era, in which books are subjects to be shunned, and if opened, to be left lying open so that their backs will be broken. It is too late to do much about the parents, but there still is time to bring up the children with an appreciation of reading, not for education alone, but for entertainment and amusement.— Galt Reporter.

A split second is the time it takes for the man in the car behind you to start blowing his horn after the traffic light ahead has changed to green.— St. Catharines Standard.

It may be due to a higher standard of living. Or it may be due mainly to lack of thrift. But today one seldom sees a lad with patches on the seat of his pants or on the elbows of his coat. Yet there are many in important positions today who make no apologies for having worn patched clothing in their youth.— Windsor Star

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