

Egyptian Home Economist To Meet With A.C.W.W

When sessions of the seventh triennial conference of the Associated Country Women of the World take place in Toronto Aug. 12-23, an interested observer will be Mrs. Matilda Greiss, Home Economist from Cairo, Egypt, who is being sent by the Ford Foundation to get an insight into the work carried on around the world by this bustling organization of rural women.

Dedicated to improving standards of farm living for women in 25 different countries the world over, the A. C. W. W. will be guests here of Canada's member groups, the Federated Women's Institutes of Canada and Quebec's Les Cercles de Femmes. Topics planned for round table discussions promise fascinating listening for the Egyptian observer.

Writing from the U. S. Technical Cooperation for Egypt headquarters in Cairo, Ruth Ethridge, Home Economic Adviser, expresses regret that other awards to women leaders of the Egyptian government could not be made but financial considerations made this impossible. Instead, invitations have been issued to three Egyptian women already in the U. S.: Mrs. Ahmed Hussein, wife of the Egyptian ambassador in Washington; Lella Shoukri, her sister, who recently received her master's degree in anthropology from Cornell University, and Aida Ghindy, formerly with the Ministry of Social Affairs in the Pella Department, and now on assignment with the United Nations in New York.

A graduate of the American College for Girls in Cairo, Mrs. Greiss is well-known for her many community activities, which include the vice-presidency of the Cairo Y. W. C. A. and considerable social work in the city and outlying Egyptian villages. An active member of the Red Crescent Society, (as the Red Cross is known in Moslem lands), she worked with the American and English Red Cross as liaison during the war. At that time, also, before the American teachers were allowed to return to

Tops in Talent



Singer Roma Butler of Newfoundland got the top award of \$300 in talent division of Miss Canada contest. She was one of two entries who refused to pose for photographers in a bathing suit.

Egypt, Mrs. Greiss taught Home Economics at the American College for Girls. Her chief hobby is music, and she holds her degree from London's Trinity College in this field. As a result of this, she is the founder of the Cairo Music Appreciation Society.

From sessions of the A. C. W. W. Conference, she hopes to take back with her many facts which will be of assistance in her widespread social work. (Exclusive in P. E. I. to The Guardian).

The poodle first appeared as a separate breed of dog in the 17th century.

The black spruce is one of the most common trees used in paper manufacturing.

Permission Granted, Report



Princess Margaret (left) meets with dignitaries in Southampton, England, at almost the same moment her sister, Queen Elizabeth II was giving the permission that will allow the Princess to marry

Capt. Peter Townsend. Reports indicate that the British Government will revise the Regency Act, which dictates who stands in the line of succession, to expedite the marriage. Townsend, a divorcee, is 38. Margaret is 22.

That Body Of Yours

By James W. Barton, M.D.

HEALTH NEEDS OF THE AGING

It is only natural that physicians and health agencies should point with pride to the fact that during the last 50 years the life span has been lengthened by 20 years. This has been accomplished by (a) saving babies' lives at birth and during their first year, (b) preventing infection and giving immunity in the various children's diseases such as diphtheria, scarlet fever, etc., and (c) the discovery of the germ-killing drugs, penicillin and the sulfa.

However, these dramatic results, which have meant so much to health and happiness, have brought about problems for everybody due to the fact that there are now so many men and women of 65 years and over.

In an editorial in "Geriatrics", the medical journal devoted to the care and needs of the aging, we read that there are more than 13,000,000 persons in the United States past 65 years of age and there is the same proportion or percentage in Canada. This has brought about a whole new set of health problems. "Our aging population reflects our health progress and yet, paradoxically, manifests some of the greatest health needs."

As we think of this vast group of the elderly we might think that large percentage was confined to hospitals and nursing homes, now so greatly crowded; yet we learn that 94 per cent, about 19 of every 20, still live in individual homes.

The idea of many employers that the elderly should not be employed is a serious matter as it causes unhappiness and much ill health. In 1900, 68 per cent of the men, over 65 years of age were gainfully employed; in 1950, only 42 per cent were either employed or seeking work. Fortunately, many employers are retaining many elderly employees because they find them experienced and careful in their work.

When the elderly man and woman continue their employment, they remain an integral and important factor in family life. When not gainfully employed and with a small income, "the aging face increasing exclusion from family and social life."

To counteract ill health and unhappiness among the elderly, improved nutrition, especially a sufficient supply of proteins (meat, eggs, fish) and vitamins will contribute to their better health.

Most health care for the aging can and should be given while they are living in their own homes. While the elderly are up and about on their feet (not bedridden), they can best learn their health needs for the days to come as the physician studies the physical, emotional and social aspects of the aging person's health.

The correction of hearing and vision defects makes an entirely different and happier life for the elderly man or woman.

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "I couldn't keep from talking to her for a few minutes." 2. What is the correct pronunciation of "acclimate"? 3. Which one of these words is misspelled? Callisthenes, calorie, calamine, canonize. 4. What does the word "laconic" mean? 5. What is a word beginning with "ve" that means "acting with great force; ardent"?

ANSWERS

- 1. Say, "I couldn't refrain from (or, help) talking with her." 2. Accent second syllable, not the first. 3. Calamine. 4. Expressing much in few words; brief and pithy. "The speaker's statements were strong, and his style laconic." 5. Vehement.

DOROTHY DIX'S COLUMN

Loved Two Girls?

Lothario Wed One Lass, Leaving Other Memory Of Honeyed Words

DEAR MISS DIX: Is it possible for a man to be deeply in love with two women at the same time? My heart has been broken by a man who claimed he loved me and also another woman. He made love to me, but married the other girl. He had been engaged to her when I met him, then as our friendship progressed he told of his love for me, and everyone who saw us together said he loved me. It has almost wrecked my health to give him up. Was I wrong to fall in love with an engaged man?

LOUISE R. OTHER GIRL MAY BE VICIM



Muriel Nissen

ANSWER: Since one cannot always make one's heart behave in an accepted manner, it's impossible to say that you were "wrong" in falling in love with a man who was pledged to someone else. You were, however, most emphatically foolish in disclosing your affection, when you were morally certain the man never could be yours.

Didn't it ever occur to you that if he would be disloyal to one woman, YOU could scarcely expect better treatment? Furthermore, if he could be false to a fiancée, you may be sure his fidelity will be no truer to a wife. The lady who unfortunately acquired him as a husband will rue the day.

The fact that a man can declare his love charmingly is no indication that he is capable of deep or sincere affection. Talk is cheap, and glib talkers are mighty convincing—that is, if they have glib listeners. The real proofs of love may not be so showy, but at least they can be believed. Loyalty and consideration are far more assuring than a lot of fancy words.

Be more discriminating in choosing your next beau, Louise, and for heaven sake stop moaning over the worthless one you lost. Remember, a little introspection avoids a lot of grief.

DEAR MISS DIX: My life is very discouraging. Ever since I can remember I have been teased about my big nose. I also have crooked teeth that are very embarrassing. How can I coax my mother to have something done to them? I am 13.

ANSWER: I firmly believe that everything possible should be done to improve a child's looks, especially when defects such as you describe might be remedied easily. Plastic surgery could reshape your nose, and a brace would straighten your teeth. The first might be done at an eye, ear, nose and throat hospital and the second in a dental clinic. In both cases, I am sure cost would be commensurate with the family income.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

The Stars Say - -

By Genevieve Kambie

For Tomorrow Confine yourself to routine duties and regular schedule this day, since the configurations do not favor new ventures or enterprises. Completion of projects already under way is favored, but plan every move in complete detail and make no hasty decisions.

In your personal affairs try to avoid argument, and keep all discussions on an impersonal level so as not to create discord. The evening hours favor quiet relaxation shared with family and old friends rather than the more stimulating forms of social life.

For the Birthday

If tomorrow is your birthday, you may now be experiencing some financial pressure, as well as a sense of frustration, because unforeseen obstacles, have blocked the way to realization of a cherished plan. But do not be discouraged. Within a few weeks the problems presently besetting you should be resolved and you will have great cause for optimism. Meanwhile spend as much time as possible with people who inspire and encourage you, for such a course will give you confidence to go ahead despite minor setbacks.

During November and December you should find that both business and personal matters have turned out most satisfactorily and you should begin to enjoy the good things of life. Be alert to new opportunities, especially during December.

A child born on this day will be self-confident and generous, but inclined toward boastfulness.

ELLEN'S DIARY

By An Island Farmer's Wife

The haying! It was this endeavor which today foregathered those of the Family to whom this task has this year, thus far been given, leaving Rob free to attend to the cares of his capstan.

Like homing pigeons in the dusk or better still like the cows that come in from the pasture to their stalls in orderly file for the milking so we thought, the barn rafters came today to required positions along the plates of roof to have the number almost all in place by evening. Mr. A. came from his farm to lend an experienced hand to Mr. D. and Rob at this work.

We overheard him comment with a smile to Gage: "When you look back to remember the summer the barn was built, you'll be telling your children that the old fellow who lived down there by the millstream used to come to help at those days when he could leave his farming." Gage shook his head. "You're not old," he said.

"But you will remember that he was here . . . that he climbed high with Mr. D., binding the rafters," we offered, "and that . . ."

"He always said Grace before we ate," he nodded.

Reverently, with bowed heads and folded hands our children await the Blessing, that pause which acknowledges in the midst of our busy-ness that not unthinkingly or without gratitude do farm-folks accept their mercies—the "bread and meat" of fields and all the goodness of earth of which they are but the husbandmen while Another giveth the bounty.

Somewhat lonely it was for the other children and the folks at Alderlea today with a little girl of the place missing from her usual haunts there. Granddaughter, never before in her seven years having slept away from her own pillow and bed in her room up under the eaves in the House across the lane put by any misgivings as to her own loneliness over the venture and went last evening to Jeanie's people.

We came to remain briefly at Alderlea this evening — at sunset when the flame of its westerling jewelled brightly the eave's window in the old mill in the valley, to find the place without her strangely deserted. There was no little welcoming maid hastening along the beaten path which runs between the houses to hail or coax; to hurry us off with her view some recent "miracle" about. Playthings lay idle, surroundings quiet.

There in our yard shrubs and plants blossom profusely, scattering their sweetness and glory about unmindful that in the old house shades are drawn and rooms echo only a silence . . . At a newish barn there we saw in a lovely rite of season, hay lift to a peak-door to swing in then on its short or longer journey to fall at a call to the mow below. From a heap on a hay-wagon, there was a smile on James' face as he hailed our arrival. "Well here we are again, Ellen," he called down to us, "we're at the haying!"

Day's end? Not quite for us. We must come outdoors in the moonlight to love again the silence, deep and wide, of a night of the haying!

Until tomorrow - - - Diary - - - Good-night . . .

Cook's Corner

Butterscotch Party Squares

1/2 cup butter or margarine, 1 cup sugar, 1 egg, 2 cups sifted cake flour, 2 teaspoons baking powder, 1/4 teaspoon salt, 1/4 cup milk, 1 teaspoon vanilla, 1 egg, 1/2 cup brown sugar, 1/4 cup nuts meats, 1/2 cup ready-to-eat bran. Blend butter and sugar thoroughly; add egg and beat well. Sift flour with baking powder and salt and add to first mixture alternately with milk. Beat after each addition until smooth; add flavoring. Spread to 1/4-inch thickness in greased sheet pan. Beat egg and brush over top. Combine sugar, nut-meats and slightly crushed bran; sprinkle over top. Bake in moderate oven, 375 degrees F for 20 minutes. Yield: 35 squares 2-inches in diameter.

MAIDSTONE, Kent, England CP — A marathon memory test has just been completed by the headmistress and teachers of a primary school. The staff compiled a new register from memory — 108 names and addresses after fire destroyed the original.

Canada's "Grandma Moses"



Like most artists, Canada's own "Grandma Moses," 90-year-old Mrs. John Mino, finds her old paintings are much appreciated now than when she first started welding a brush in 1881. Her landscape and animal life canvases are now treasured possessions in homes throughout the Brampton, Ont., area where she lives. Although need of relieving eye strain forced her to give up all painting, Mrs. Mino is now satisfying her love of brilliant colors through cultivation of flowers.

How Can I!!!

By Anne Ashley

Q. How can I prevent the ink-written address on packages, especially overseas packages, from being smeared by water?

A. Rub it several times with the stump of a white candle.

Q. How can I remove dog and cat hairs from upholstery and clothing?

A. Stroke the surface lightly with a damp piece of sandpaper, or a damp rubber sponge.

Q. How can I rehabilitate leather shoes that have been out of service for a long time, or dried after a thorough wetting?

A. Rub the surface of the leather with half a raw potato before the shoes are polished. It'll help them to take a good gloss.

Q. How can I easily pull basting threads?

A. Try using a fine crochet hook, or a nut pick, for pulling short basting threads.

Q. How can I mend a lace curtain so that it isn't noticeable?

A. Baste some tissue under the worn places in lace curtains and darn or stitch back and forth on the sewing machine, later removing the paper.

Q. How can I keep leather upholstery in good condition?

A. To restore leather auto upholstery after it has been rained on, and to keep it in good condition, rub linseed oil into it occasionally.

Household Scrapbook

By Roberta Leo

Easy Baking

Potatoes can be baked in a jiffy, instead of the usual long period, if you soak them in hot water for 10 or 15 minutes before putting them into the oven. Slicing the ends off beforehand produces extra mealy baked potatoes.

White to Black

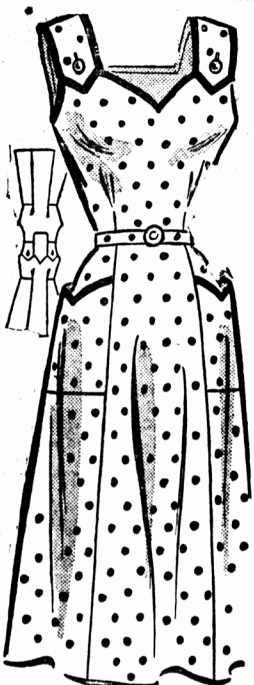
To dye white shoes black, try using quick-drying black enamel paint. This often wears better than liquid or paste dyes, and doesn't wear off so easily.

Ironing Curtains

Ironing straight edges on long curtains is difficult. But you'll find it easier if you iron them slightly damp, and if you pin one end of the curtain to the end of the ironing board and hold the other end with your hand so you can stretch it tight as you iron.

upholstery in good condition? A. To restore leather auto upholstery after it has been rained on, and to keep it in good condition, rub linseed oil into it occasionally.

Anne Adams Patterns



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SHAMROCK W. I.

The July meeting of the Thistle and Shamrock W. I. was held at the home of Mrs. Rod Nicholson with 11 members and eight visitors present.

The roll was answered by an exchange of recipes. It was decided to send \$5 to the Handicraft Van. The members planned an ice cream social and dance.

Roll call will be answered at the next meeting by each member paying 25c for an old decorated hat to be worn during the lunch period. Mrs. Aiden Greenan invited the members to her home. An enjoyable program was put on by committee in charge, and lunch was served by the hostess.

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Modern Etiquette

By Roberta Leo

Q. When the brief form of introduction is used, such as, "Mrs. Jones, Mrs. Smith," in what way can it be made apparent who is being introduced to whom?

A. The more important person's name should be accentuated so that it will be as clear as though the words, "May I present," were used.

Q. When eating a baked potato, is it correct to take the potato from the skin and mash it on the plate?

A. No; the proper way is to split the potato and then eat it directly from the skin.

Q. Whose place is it to set the date of the wedding, the bride or the bridegroom?

A. After the prospective bride and bridegroom have decided between themselves that circumstances are favorable for their wedding, it is up to the bride and her brother to decide the exact date.

Q. Is it permissible to send a typewritten invitation to any affair?

A. It is in much better taste to write it by hand.

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