

WOMEN

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ELLEN'S DIARY

Handicrafts At The Farm

"It was a glorious morning, sweet with sunshine and the smell of spring," relates an old clipping saved to a scrapbook. "A cardinal's high trills called me irresistibly to the door. 'Ben, our yardman was gazing upward with a glow that was more than sunlight on his seamed black face. Sure that I had seen his lips moving, I asked, 'Were you telling the cardinal how beautiful he is?'"

"He shoredly is one of God's own sweet miracles," Ben replied. "You see ma'am I was tellin' the good Lord, how purely proud o' Him, I am-Him that knows how to make a day like this!"

And like this, which now moves so silently away, an especial one of this winter, it was, with the February sun smiling down on the countryside. On the white warp of the snow was that matchless gold and blue of sunshine and shadow woven in, in beautiful design to remember pleasant days in the farm-house. How warmly the beams came in at the windows, cheerful and bright, to assist well, it came to mind, and to inspire those housewives whose interests lie now in pursuing some loved handicraft of season.

The sewing perhaps, taking advantage of these quiet, peaceful days to have it out of the way and off the mind, before the fever of the spring-cleaning comes. Or it may be that some have turned to the quilting, to stitch in many a hope and dream with the threads that catch, and hold stoutly. How shall we make it? What fancied pattern follow? And often we who are older, find ourselves harking

Mary Haworth Man Is Bored With Good Wife

DEAR MARY HAWORTH: In my late teens I met and loved a girl very deeply, with all the intensity of youth and first love. We realized finally that we could never really have happiness together and that inevitably our relationship would have to end...although I felt then that I would never love again in quite the same way.

In the years since, I have known one or two other loves, but something was missing. I wondered if I had lost the capacity for love, if I no longer felt a genuine emotion... In loneliness I concluded I had better settle for the reality of wife and home, and let my dream of love remain a dream...

I let myself be rushed into courtship and hasty marriage, against my better judgment, and minus my family's approval - but I was a willing victim. I married for all the wrong reasons. It wasn't that I loved or wanted the girl; but I felt that of all the persons I might have wronged, I had done her the greatest injustice, and I felt sorry for her. Also I wanted to show my family that I intended to lead my own life, and I was tired of what seemed a fruitless search for the "right" girl.

STUPID MISTAKE

I knew from the beginning that it was a stupid mistake, that it was wrong. But I decided to try to make the best of it...I even hoped it might prove to be a blessing in disguise and grow into a deep abiding love.

We both have tried, but neither of us is honestly happy. There is no "other woman" and we have no special problems. Our relationship is simply one of boredom and I wonder if I should try to better to live a lie and delude myself.

My wife has been a good wife in every sense of the word and I don't want to hurt her, for she may really love me (though why she should I don't know). But I haven't made her happy and I believe she deserves more than I have given her or can offer her. Just living together isn't enough.

There must be more to life than this; and the only way I can find it is in a position to contribute something of myself - to give of myself and to want to give. I don't know where that opportunity may be but it certainly isn't to be found in my present circumstances. What do you think? I'll be interested in your analysis... C.B.

WIFE'S RESPONSIBLE

DEAR C. B.: You say you married for all the wrong reasons. But as I get the picture, you married a girl who loved you - or who was so infatuated, or who wanted you so much, that she was willing, at the moment of marriage, to pay any price for the privilege and to take upon herself full responsibility (or

treats, letters from the Red Cross, from Mrs. Matheson, Convener of Health and Welfare.

It was decided to do Red Cross knitting and sewing and it was also decided to have a "Button Cake" at each meeting. The collection was 70 cents and the meeting adjourned with "The Queen" Dept. Mrs. Silliker assisted the hostess in serving a delicious lunch.

ALICE BROOKS DESIGNS

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Lovely present to a mother - this lasting record of her precious new baby - all embroidered by your own hand! Easy, thrifty to make - a gift she'll treasure!

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Queen Performs Ceremony In Rain

The colorful spectacle of trooping the colors, first ever held in Lagos, was carried on despite a downpour that deluged Nigerian spectators and troops alike. The Queen presented colors to the 2nd Battalion of the Nigerian regiment under the shelter of an umbrella.



Singer To Give Eye To Husband

Jia Thamo, Italian TV singer, is shown in Milan with her near-blind husband, Luigi Rinaldo, 48, to whom she plans to give one of her eyes. They go to Japan, where a surgeon will transplant a cornea from one of her eyes to his.

blame) for the outcome, insofar as her happiness was concerned.

I think you married your wife for reasons of her own. She was the initiator. You were the passive party, and "willing victim" as you say, primarily because you had lost (if indeed you'd ever had) the capacity to care positively for another person. In short, you were relying upon her ardor, her devotion, her emotional processes, and her logical intensity, to compensate for your physical paralysis, figuratively speaking.

Now you are somewhere in middle age. I gather and bolder as the lengthening past seems to be gaining on the future prospect so that you feel there is too little time left, in which to salvage all that you've missed, en route. In this mood you are trying to take stock, in a blindfolded sort of way, to determine just what your losses have been and how they came about and how you may recoup.

HIS AIMS?

It seems you have a hunch that you got off on the wrong road, and thereby forfeited growth towards happiness, when you broke with your first sweetheart. Was the break induced by your own physical condition, when you defied the family later, when getting married? Were you determined to show them you'd lead your life your own way? Perhaps your real unconscious determination was to make a mess of it, of which they were disappointed. "Our physical condition" them as it were, for having already made a mess of your character (as you felt).

Whatever the inside story, it is my impression that your lackluster experience has its roots in your psychological processes, and not in your physical circumstances. You just aren't geared to give of yourself, without stint-and this faulty conditioning is your basic problem.

With psychiatric help you might dissolve it-and my advice is to read Dr. Edmund Bergler's book "The Revolt of the Middle Aged Man" (A.A. Wyn publishers), to get an analyst's slant on your sorrows.

COOK'S CORNER

MAPLE SYRUP CAKE ICING
2 cups of icing sugar
1/2 cup maple syrup
1/2 tsp. butter
Beat well with electric mixer or hand beater.

MORNING SMILE
There are two kinds of hats women won't buy—the kind that everybody's wearing and the kind that nobody's wearing.

HOUSEHOLD HINT
Keep your insurance policies in a safe place. In addition to your knowing where they are, at least one other member of the family should know, too.

Common Constipation

Maybe you aren't getting at the cause of your constipation. Good-tasting Kellogg's All-Bran has helped millions remedy a common cause of constipation: lack of good food bulk in the diet. Laxatives that contain no bulk cannot get at the cause of this condition. All-Bran, made of whole wheat grain, provides all the bulk (gentle roughage) you need daily for regularity. Kellogg's—the original, ready-to-eat bran cereal. Enjoy comfortable, natural regularity within 10 days or return the empty carton and get twice what you paid.

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Canadian Style

A long-torso look is shown to advantage in this wool-tweed coat. A straight line is used to the hip where a low-placed pocket band restrains gathered fullness at the sides. Buttons are used for trim on the pocket bands and on the tab detailing which accents the large collar. (CP Photo).

KEEP IN TRIM

Youngster Reduces Happily

By Ida Jean Kahn

An incentive or a jolt is usually needed to start an overweight reducing. With youngsters, a jolt is often most effective. With the nine-year-old in today's story, being teased and dubbed "Fatsy" by his schoolmates succeeded where all other measures had failed. It is a real pleasure to pass along this letter from an understanding mother, telling of her son's reducing triumph.

"Up to a few weeks ago, my nine-year-old son seemed to be getting fatter by the hour. His chief hobby was eating—after school and after supper. He had very little physical activity. We teased him at home about wearing a girdle, but this didn't seem to bother him. While he wanted to get thinner, he couldn't at the rate he was eating. He weighed 115 stripped, and the hubster was getting out of hand.

"At one time (I read of this) I offered him a dollar for each pound he was excited about the idea, but nothing happened.

"One day my son came home from school, and in a rather wistful voice said, 'I had to go to Mr. X's class today. Do you know what the kids said?' My heart sank. I had a feeling what it might be. Yes...they had laughed at him and had called him 'Fatsy.' That did it.

"Result? In one week he lost 6 pounds. Now, one month later, he weighs 99 pounds stripped. What impressed me was the way he cut everything out like sweets, butter, bread (we mostly use melba and like it), cake, cookies—in fact, everything except what he should eat. I figured the butter used on vegetables was enough. He has fruit for dessert.

Words Of The Wise

When we do not succeed, our friends are disappointed in us; but when we do, they are annoyed.

—(Stephen Huguonot)

NEW JEWELRY

Costume jewelry in fashionable marcasite is shown at the 1956 British Industries Fair. Marcasite is one of the iron pyrites.

ANNE ADAMS PATTERNS

STEPIN CLASSIC
Pretty, practical fashion for any season of the year! It's your favorite shirtwaist dress, with a classic line that's sure to flatter every figure! Step-in styling, jumbo pockets—choice of 3 sleeve versions, ideal for plaid or colorful checked cotton!

Pattern 4588: Misses' Sizes 12, 14, 16, 18, 20; 30, 32, 34, 36, 38, 40
42. Size 16 takes 5 1/2 yards 36inch.

This pattern easy to use simple to sew, is tested for fit. Has complete illustrated instructions. Send THIRTY-FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. W., Toronto, Ont.

DRY OUT QUICKLY
A cake made with a mix is delicious and easy, but mix cakes have one characteristic—they dry out quickly. Store them in a metal box or plastic bag with half an apple on the plate to preserve their freshness.

REMOVE STAINS
To soften and remove baking stains in the oven, leave a shallow dish of ammonia in the closed oven overnight. By morning the stains will be softened and very easy to remove.

4588