

A Country Garden

By Mrs. Gordon MacMillan

THE FALLING LEAVES

Lightly He blows, and at His breath they fall, The perishing kindreds of the leaves; they drift, Spent leaves of scarlet, gold aerial, Across the hollow year, noiseless and swift.

Lightly He blows, and countless as the falling Of snow by night upon a solemn sea,

The ages circle down beyond recalling, To strew the hollows of Eternity. He sees them drifting through the spaces dim,

And leaves and ages are as one to Him.

—G. D. Roberts.

This Autumn season has been one of the very best for gardening, still, sunny mornings, with the good earth warmed and easy to work with.

White Hyacinths were bought for early fragrant bloom and they are a very dependable bulb coming year after year, but some of mine will not even come the first year as a pair of squirrels took a fancy to them and carried them off!

Tennyson writes of Hyacinths...

Three new Primroses have been planted in a shady place for spring blooming.

The joy of creation—dream and execution combined—is the greatest thing in the world. Since the days when "Adam delved and Eve span" the garden lover has shaped his plans and brought them to fruition with the materials at hand—has executed his ideal as a painter paints his picture with commercial pigments.

The greater the labour, the greater will be the joy of the creator in the success of a perfect blossom and of the many flowers in his garden.

In a country garden, plants hardy and easy to grow are important as the time and money needed is limited. Shrubs that are beautiful in Spring and in the Autumn have colorful berries or haws make the garden interesting and lovely for many months.

All garden borders can be tidied up now for the season, and all work done makes it easier to garden when the spring rush is on.

In the other gardens And all up the vale From the autumn bonfires See the smoke trail.

Pleasant summer over, And all the summer flowers. The red fire blazes, The grey smoke towers.

Sing a song of seasons, Something bright in all. Flowers in the summer, Fires in the fall.

—R. L. Stevenson.

That Body Of Yours

By James W. Barton, M.D.

GAS PRESSURE ON HEART

One of the commonest complaints of civilized man, especially in middle age, is an accumulation of gas in the stomach or in the small and large intestine. This gas pressure can cause all kinds of symptoms and when there is an accumulation of gas in stomach, in small intestine, or in large intestine as it crosses from right to left side a few inches below the heart, the individual might readily believe he is having a heart attack.

Some years ago I wrote about a patient who was convinced that his heart was greatly enlarged, as he could feel the beat "away up in his chest." By the use of the fluoroscope and a mirror, he was able to see his heart and it was of normal size, about the size of his fist.

Just why this gas formation occurs and causes symptoms is not fully known but certain kinds of foods and drinks, which the patient can usually remember, are the commonest cause.

During an attack, deep breathing helps dislodge gas, as also will pressing the abdomen upwards with both hands below stomach.

The Stars Say

By Genevieve Kemble

For Tomorrow

A sudden turn in the wheel of fortune may incite to an ardent and enthusiastic gathering of forces and facilities for very drastic and potent activities. It would be well to be wholly prepared for quick and forthright action when this insistent knock comes to the door.

For the Birthday

Those whose birthday it is may anticipate a year of the sudden and unpredictable. Drastic change, fresh plans, and new environs, will stimulate business and personal life. Be prepared for delightful adventure.

Well Protected

During a dinner party a young woman was bored to tears by an elderly scientist who expounded on the subject of ants. "They are wonderful little creatures," he declared. "They have their own police force and their own army."

Cullen - Rogerson Wedding



Photographed following their marriage in St. Teresa's Church are Mr. and Mrs. Edward Cullen and their attendants. From left to right are the ushers, Leslie Rogerson and Cecil Rogerson; groomsmen John Cullen; the groom; the bride, the former Geraldine Rogerson; maid of honor Bernice Rogerson, and bridesmaid Marion Rogerson. Standing in front are the train bearers, Wayne Malone and Ellen Rogerson.

The marriage took place at St. Cuthbert's Church, St. Teresa's, on August 27th at 8 o'clock when Reverend Basil Croken united in the holy bonds of matrimony, Miss Geraldine Teresa Rogerson, daughter of Mr. and Mrs. Walter Rogerson to Mr. Edward Joseph Cullen, son of Mr. and the late Mrs. Joseph Cullen, 48 Road, Rev. Basil Croken also celebrated the Nuptial Mass.

The bride, given in marriage by her father, was becomingly attired in a floor-length gown of ivory satin, featuring a lace yoke, fitted bodice, long sleeves tapering to points over the wrists, and a full skirt caught with satin rosettes, ending in a full-length train.

The Wedding March was played by Sr. Margaret Marie, C.S.M., under whose direction many beautiful hymns were rendered, including the beautiful Ave Maria.

After receiving the congratulations and best wishes of their many friends and relatives at the church, the bridal party left amid showers of confetti to the bride's home where breakfast was served

to 150 guests. Dancing was supplied for the day, music being supplied by the MacDonalds from St. Andrew's and Mr. Reginald MacDonald.

On their arrival home they were tendered a reception at the groom's home. Previous to their marriage they were given a shower at the home of the bride's uncle and his wife, Mr. and Mrs. Charles Rogerson.

They received many and beautiful gifts and a considerable sum of money. Out of the Province guests were Mr. and Mrs. Reginald MacDonald and their son James MacDonald, Dorchester, Mass.; Mrs. Gerald MacDonald, Quincy, Mass.; Mrs. Robert Pineau, Abington, Mass., and Miss Dianne Aker, Dorchester, Mass.



Princess Elizabeth, photographed as she chatted vivaciously with guests at a state dinner at Government House in Ottawa, early in the Royal tour which has taken Her Royal Highness and Prince Philip across Canada to Vancouver and Victoria on the West Coast.

Cook's Corner

SAVORY VEAL KIDNEYS

The sherry is a matter of personal choice, although it imparts a slightly different flavor to this kidney dish. Yield—4 servings.

- 1 1/2 pounds veal kidneys
3 tablespoons shortening or fine-flavored dripping
2 tablespoons finely chopped onion
8 canned or fresh mushrooms
2 tablespoons flour
2 teaspoons dry mustard
Few grains pepper
Few grains grated nutmeg
1/4 cups water
1 teaspoon fluid meat extract or 1 bouillon cube
1 teaspoon lemon juice or vinegar

Remove from heat; sprinkle with the flour, mustard, pepper and nutmeg and blend well. Gradually stir in the water; add the fluid meat extract or bouillon cubes. Cook, stirring constantly, until smooth and thickened.

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DOROTHY DIX SAYS—

Self-Consciousness

Group Activities Help Overcome Drawback

DEAR DOROTHY DIX: I am 17 and just beginning college. I have a definite lack of self-confidence, easily seen in the way I act toward people.

ANSWER: Self-consciousness can be overcome, and while a special course is most helpful in overcoming the difficulty, you can do it alone!

Be willing to accept responsibility! If a call for workers goes out from one of the groups you belong to, raise your hand high. You'll be scared stiff at the first job or two, but the ease with which you gain confidence will be astounding.

ACCEPT RESPONSIBILITY

DEAR DOROTHY DIX: I am 47 and my wife is 21. We have

Alice Brooks Designs

JUST 2 PIECES

Put these foot-flatterers at the head of your Christmas list! Two pattern parts use ready-quilted fabric or quilt your own fabric.

Morning Smile

The club secretary hurried over when he saw a visiting golfer addressing the ball a few feet in front of the tee. "I'm sorry, sir," he interrupted, "but in this club we play either from the tee or behind it. Never," he emphasized with a shudder, "in front of it."

High Necklines Demand Careful Hair Grooming

LONDON, October (CP)—As if choosing clothes and accessories weren't enough, women nowadays must also match their hair styles to the latest thing in necklines.

For instance, it's no longer the thing to wear a swathe of hair touching one, or both, shoulders of a tailored suit.

There's no sense, for instance, in spolling the effect of a beautifully-cut high neckline by loose hair covering the back and swinging as you turn your head.

Edwardian Hair-do

If your features are not suited for this severity of line, the soft sweep of a sort-cut Edwardian hair-do is the choice of Jacques Fath. This is a perfect combination with tiny, head-hugging hats and the high postillon collars of heavy winter coats.

Modern Etiquette

Q. I understand that a prospective bridegroom's family is supposed to call on the family of his bride-to-be as soon as the engagement is announced. But what if the man's family lives in a distant city?

A. Then, of course, letters exchange.

Household Scrapbook

Plenty of Air

If windows are opened in the morning for the purpose of airing the beds before making them, open the clothes closet doors wide too and allow the air to run through them.

Earth Worms

To exterminate earth worms from potted plants thrust unburnt sulphur matches, heads down, into the earth around the plants. Use from two to six matches, depending upon the size of the plant.

Syrup Stains

Syrup or sticky, sugary stains can be removed from materials by soaking in hot water, and then washing in soap and warm water, pressing mutual happiness over the forthcoming marriage should be exchanged.

How Can I!!!

Q. How can I make a key work more smoothly in the lock of a door?

A. Dip the key into machine oil and then place in the lock and turn back and forth several times. It will soon work smoothly.

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Q. How can I make a dry shampoo?

A. Grind a little cornmeal as fine as possible and add a small quantity of pulverized orris-root. Sprinkle this well over the scalp. Let it remain for a few minutes, and then brush out thoroughly.

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Q. How can I give a glazed appearance to pie crust?

A. Use a pastry brush and

by Alice Brooks

Better English

By O. C. Williams

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"Difficult Day?.. take a Disprin"

Why DISPRIN? Because DISPRIN is soluble and substantially neutral. When taken in water as recommended, it enters the stomach as a true solution and not as undissolved particles. It is therefore less liable to cause stomach discomfort.

DISPRIN is readily absorbed. Because it definitely dissolves (not merely disintegrates) DISPRIN permits speedy absorption and gives quicker relief. DISPRIN is palatable. Even children will take it readily.

DISPRIN SAFE SPEEDY PLEASANT

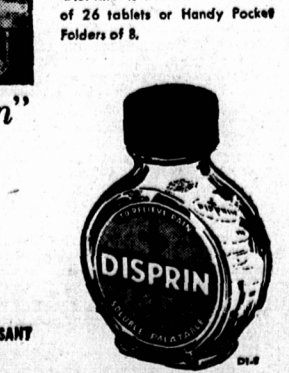
... FOR PAIN RELIEF

BY THE MAKERS OF BAYON ANTISEPTIC. RECKITT & COLMAN (CANADA) LIMITED, PHARMACEUTICAL DIVISION, MONTREAL

Science Progresses

For 50 years we have used little white tablets—acetylsalicylic acid—for relief of pain. Today this familiar pain-killer is available in a new form without the disadvantages of acidity, insolubility and bitter taste. It is called "DISPRIN" and is sold at drugists everywhere.

"DISPRIN" is available in bottles of 26 tablets or Handy Pocket Folders of 8.



DISPRIN SAFE SPEEDY PLEASANT

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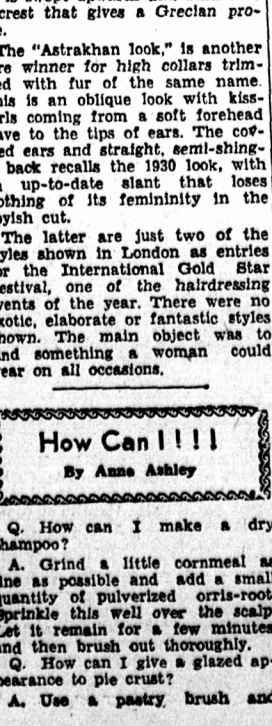
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Q. How can I give a glazed appearance to pie crust?

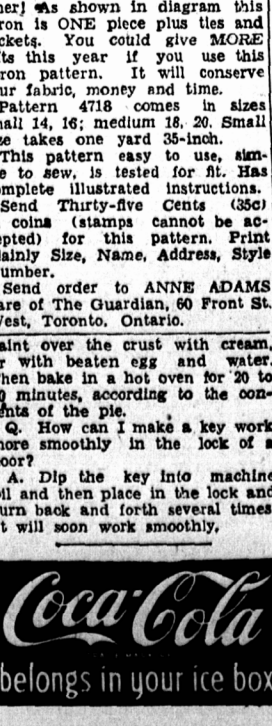
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