

Boiling Water Is

A "Must" For Tea

What is a good cup of tea? All of us will not agree, for some like it hearty, while others prefer a more delicate brew. But everyone agrees that strong or weak, tea should have good flavor.

To bring out the good flavor, it is only necessary to follow a few simple, basic rules which have been developed by professional tea tasters. This method gives a full-bodied brew which, if you wish, can be diluted in the cup by the addition of hot water. Tea should always be made at full strength because it is not possible to make a good pot of weak tea. If you like weaker tea, dilute it after pouring it into the cup.

It is very easy to make a good cup of tea every time. Use fresh water from the tap. Tap water is flat and will spoil the flavor of tea. Pre-heat the teapot: before the water begins to boil pour a little into your teapot and when the pot is warm, pour off the water. Measure the proper amount of tea for your teapot. One teaspoon per person and one for the pot, or one two-cup teabag for every two cups is the generally accepted measurement to make a good cup of tea. If you like your tea stronger, however, then add a little extra tea to your teabag when you are making it.

Bring the hot water to a strong bubbling boil and immediately pour it over the tea. This is important, for water that is only simmering will not extract the full flavor from the leaves. Then let the tea steep for five minutes, for it takes that long to bring out the true flavor and inviting amber color of a good cup of tea. Follow these simple steps and you will have a perfect cup of tea every time—a cup of tea that you will enjoy yourself and that you will be proud to serve to your neighbors.

For a change, instead of adding milk to your tea, try drinking clear with a thin slice of lemon or orange floating in the cup. The addition of a clove will also give tea a new and pleasant flavor. Again, stirring it with a cinnamon stick gives yet another flavor to tea. These variations in making tea are particularly enjoyable at dinner time.

Mary Haworth

Long Married Man Secretly Pursuing Sister-In-Law

Dear Mary Haworth: I hope you can help me. I have been married 22 years and have a good wife and two children. Last Christmas I went to my sister-in-law of mine there. I took her out a few times and fell for her. Likewise Judy, I'll call her, fell for me. But she has been married 18 years and has two lovely children. She is very much in love with me and is ready to divorce her husband and marry me. I would like to do the same, but we both hate to think what misery it might bring on all concerned.

I see Judy every week and call her every day. When I am with her I feel like a new man. I know that if my wife found out it would kill her, so I am in a quandary as to what to do. Judy neglects her home and children when I call her, and leaves everything to come and meet me. I feel the same about her. Do you think we should continue seeing each other, and wait for further developments? Or should we break the news to all concerned? Or should we stop seeing each other? W.P.

PLAYED WITH FIRE
Dear W.P.: What is this, a case of settling up to play with fire, then finding you've started more than you'd bargained for? If your sister-in-law is so situated that you see her every week, and call her every day, I take it she lives nearby. And, as you write from a northern city, does this mean that you are heading for a sneak rendezvous with her, when you went to Florida during the holidays?

You say you "went alone" and "met her there." But you omit details and give the impression that it may have been a chance encounter, at first.

In any case, you and Judy are on a sensualist spree at present. Your romance doesn't amount to more than that. A relationship can't be any better than the behavior of the persons involved. And, by your account, Judy becomes a rotter in respect to you. That is to say, she "neglects home and child-en" when you call her; she "leaves everything" to come and meet you.

You mention this as if it were something of a compliment to yourself, or proof of rare affinity between you and her. But what it means, simply, is that Judy is pretty flimsy and unstable, if given encouragement to follow her natural bias towards irresponsibility. And now she is lost to reason, due to the excitement of finding you a willing accomplice in breaking the rules. She is pursuing adolescent adventure, of the juvenile delinquent variety.

WHICH LED OTHER?
One wonders which of you led the other astray; and it is my guess that Judy was consciously planting temptation in your throat some time before you stepped out of line. Such is the usual pattern of this brand of folly.

Should you break the news to all concerned, that you are misbehaving with your sister-in-law? If that is all you have to announce, I see no point in it. If you were reasonably intent upon divorce, you'd have to come clean with affected parties, of course; and in such cases, you might as well be honest on with it.

WOMEN

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ELEANOR ROSS

Pointers On Painting

In between the big projects, every home generally needs a little inside paint job here and there to hide the scars of daily wear or to provide a spirit-lifting change of scene.

It's usually in the less hectic winter months that the lady of the house finds time and inspiration to touch up nicks on doors and moldings, repaint kitchen shelves and cabinets, refinish an old piece in gay colors for a child's room or freshen up outdoor furniture for next summer's enjoyment.

PAINTING PROJECT
The fun of launching a painting project, however, can often be dampened by the sight of warped hardened brushes put away without proper cleaning. So make it a cardinal rule to clean your brush each time.

First, remove the paint by swishing it in a solvent. Use turpentine if you've been working with oil paints or varnishes. Then wash the brush in moistened soap over your hands and forearm before you start so that any stains can be washed off without rubbing and irritating the skin.

PAINT SPATTERS

Wear washable clothes and check them for paint spatters as soon as a job is over. Then remove them before they have a chance to become dry and the stains almost impossible to erase.

Sponge the spots liberally with turpentine to dissolve the paint, then wash with thick, warm suds.

When you're painting a drawer with metal hinges or knobs too difficult to remove, coat them first with a layer of soap. When the painting is done, a wet cloth will remove any paint smears along with the suds.

OLD FURNITURE

Old pieces of furniture, rescued from the attic, cellar or picked up in a junk shop for refurbishing, often have a stale, musty smell inside the drawers and cabinet compartments. Give them a good scrubbing with warm suds, to which a little ammonia has been added, then let the piece dry in an airy place so that all odor will disappear.

Whether you plan to apply fresh paint over old, completely refinish or just touch up a small scratch, remember that the surface must be entirely clear of wax, oil and grime. Otherwise, the paint will not adhere properly. Always scrub off the area with warm suds, rinse and allow to dry thoroughly before painting.



Beautiful Empire Silhouette

The Empire silhouette is beautifully interpreted in this new spring coat created by famous American designer, Arthur Jablow. It is cleverly cut and flattering to any type of figure so it is a good choice for young and old. The lines are accentuated by the subtle shapings, emphasized by curving panels placed high on the front. The interesting drape of the imported fabric holds its shape precisely from neck to hemline. The colors are taupe and navy.

geometrical instruments for blackboard.

Correspondence regarding Education Week was read, and members received their copies of Institute News. It was moved and seconded that Musical Festival membership of \$5.00 be renewed. The April meeting will be held in Howes' Hall, and roll call will be answered by giving the name of a town in Nigeria and program time to be taken up with a study of this country. Collection was \$4.10.

Lunch was served and a pleasant social hour was spent in knitting and other hand-work.

ST. DAVID'S W.M.S.
The March meeting of St. David's W.M.S. was held at the home of Mrs. S.W. Walker on Friday, March 2nd with Mrs. W.A. Paterson presiding. Using the Missionary Monthly and with various members taking part, a devotional period was held.

The minutes of the previous monthly meeting were read and approved. Mrs. S.W. Walker reported to the meeting that a box of clothing for overseas missions had been shipped by the supply secretary, Mrs. Mary Yorston. The Women's World Day of Prayer was held on February 17th, and the money realized from the offertory was forwarded to the Women's Inter-Church Council.

Miss Janie Llewellyn, who was the delegate to the Leadership Course at Berwick Camp, recited a poem on Berwick Camp which she composed. The recitation of this poem was much appreciated by all present. It was decided to have the secretary, Mrs. N.W. Hansen, present a request to have a Women's Missionary Society Rally held in Georgetown during the month of June, 1956.

Plans were made to have the next meeting take the form of a public Easter thanksgiving service on April 6th, with the Mission Band taking part. The meeting was brought to a close with prayer by Mrs. Paterson. A delicious lunch was served by Mrs. N.W. Hansen, assisted by Mrs. Walker, and a social half-hour was enjoyed.

Words Of The Wise
In investing money, the amount of interest you want should depend on whether you want to eat well or sleep well. —(J. Kenfield Morley).

Strafford Festival

Director Planning Casting Of Actors

STRATFORD, Ont. — Plans for further casting of actors for the Strafford Festival productions, "Henry V" and "The Merry Wives of Windsor" were made today by Tom Brown, assistant artistic director.

Previously announced were the names of Christopher Plummer who will play the title role in "Henry V", Douglas Campbell, playing Falstaff in "The Merry Wives of Windsor", Helen Burns, Pauline Jameson and well-known members of the company, William Hutt, Eric House, Robert Goodier, William Needles and Richard Easton.

Added to the list today are Eleanor Stuart, Douglas Rain, Donald Davis, William Shatner, Bruno Gerussi, Robert Christie, Amelia Hall, Tony van Bridge, David Gardner, Ted Follows, Bruce Swerdfager, Helen Winston, Roland Hewgill, Louis Negin, Edward Holmes, William Cole, Peter Perehinczuk and Robin Gammell, all of whom have appeared with the company in previous seasons.

Newcomers this season are Max Helpmann, John Vernon, Peter Wyldie and Hayward Morse who will play William in "The Merry Wives of Windsor". He is the son of Toronto actor Barry Morse.

Sharon Acker, a Toronto actress who has appeared in numerous television roles recently including that of Miss Stacy in the musical version of "Anne of Green Gables" will join the Festival company this season. She will play Mistress Ann Page in "The Merry Wives of Windsor".

In "Henry V", French speaking Canadian artists Gratien Gelinus, Jean Gascon, Jean Louis Roux, Guy Hoffman, Germaine Giroux, Roger Garceau, Ginette Letondal and Aime Major will constitute the court of King Charles VI of France.

The fourth annual season of drama runs from June 18th to August 18th featuring "Henry V" and "The Merry Wives of Windsor" directed by Michael Langham. The music season runs from

Country Garden

Spring Flower Show This Month

will have as their theme "Suddenly It's Spring" and this will feature spring gardens with their profusion of tree, shrub and flower bloom. The flower arrangement section will be carried out by the garden clubs.

In the Boston show which is the eighty-fifth consecutive annual show, there will be a central feature depicting a boxwood and Azalea garden of the Old South. The famous Stone acacias will be shown again, these beautiful and graceful flowering trees and shrubs are carefully forced for show time. These shrubs are native to Australia and they thrive in California planted outdoors. For years they have delighted many flower show visitors. The Spring Flower Show, extravagant as it is, flaunting as it may, glamour and glory and grandeur, is distinct from the American institution. America now shows the wealth of June just when the weather is usually at its worst and human hearts are most hungry for color and warmth and beauty.

BOOK SEARCH

There is a book describing "Roots, the plants and their uses and Legend" by Vernon Quinn that I am trying to find. It tells of the shapes, sizes, colors, odors, habits, and edibility with side-lights on the "Cures" of former years and the roots in commerce today. Perfume, dyes and briar pipes combined with Indian lore serve to carry one's interest through a maze of superstitions and curious beliefs down through the ages. The book is steeped in an atmosphere of medievalism.

A complete justification for this book is found in the foreword which, incidentally, brings to mind not forcibly something to which most persons have given little thought. So, in the author's own words:

Far too long, roots have lain hidden away in the ground. No one seem to have considered it is at this time the damage is done with late frosts.

Indeed, it is the only pleasant thing to think about in this long, snowy season, but there are many tasks to prepare for the rush when spring does come, and they are pleasant tasks bringing the garden back to life.

All seed orders should be completed this month also all orders for nursery stock, so that these busy folk who attend to our needs will not be too rushed in the planting weeks. We also need the pleasure that new plants and seeds bring to us on wintry days; seeds faded as crumbled stone or shifting sand, shrivelled and dry. But when held in the hand, visions

Wild Flower Gardens

Marsh and woodland plants can be grown in your garden if you know the rules. In The Standard this week Horticulturist John F. Clark tells how to transplant and cultivate these showy flowers to add a new note of beauty to your beds and borders. Gardeners will welcome this article. Get The Standard — on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents.

Between the budding of day and the lapse of night will come the spring to set the gardener busy and happy.

PROVINCIAL LIBERAL WOMEN'S RALLY

Charlottetown Hotel, Thursday, March 15

Guest Speakers:

MRS. C. J. EMBREE,
National President Liberal Women of Canada

SENATOR ELSIE INMAN

HON. A. W. MATHESON, Premier

Registration 10 a.m. Luncheon 12:30 p.m. — \$1.50

Make Reservations with Mrs. B. Earle MacDonald, Provincial President.

All Liberal women invited to attend.

HAPPENINGS

included a description by Mrs. E. W. Johnstone of a concert she attended in Austria when folk songs were sung and acted to the accompaniment of unusual instruments, including wood-cutting tools.

Humorous verses on the origin of St. Patrick's birthday were read by Mrs. A.H. Campbell and an animal contest by Mrs. Clayton Stavert concluded the program. Lunch was served by the committee. Mrs. Clayton Stavert, Mrs. A.H. Campbell and Mrs. John Evans.

MORELL C. W. L.

The March meeting of Little Flower sub-division of C. W. L. was held March 4th at 7:30 p.m. The president, Mrs. J. E. Rossiter opened the meeting with League Prayer followed by prayers for His Holiness Pope Pius XII. Roll call was answered by twenty-five members.

Minutes of February meeting were read by secretary, Mrs. Harold Murphy, and were approved and signed as read. Correspondence was read consisting of a letter from the Diocesan president Mrs. Basil MacDonald. Conveners letters were read from following: Mrs. J. F. Gallant re honorary members; Mrs. Dan Mullins re Our Lady's Missionaries J. Gordon MacDonald re Red Cross Dis-

aster Services; W. R. Shaw chairman Red Cross Campaign for funds.

Following reading of correspondence, the president gave a talk stressing the highlights in Diocesan presidents letter and also outlined briefly the various services rendered by Red Cross and urged a generous contribution be made when collectors call.

The expenditure of Red Cross for crippled children and many other needy cases as shown in Red Cross Annual Report was brought to attention of all.

It was moved by Mrs. Rooney and seconded by Mrs. A. B. MacAdam to send donation of ten dollars to Catholic Social Welfare Bureau. It was moved by Mrs. McCracken and seconded by Mrs. Donovan of a set of ten dollars to Our Lady's Missionaries.

It was decided to send a letter to CFCY in appreciation for program by Archbishop Fulton Sheen also one to Fr. Meehan in grateful appreciation for Sunday sermons. The president reminded all conveners of their annual reports which must be handed in at next meeting and as next is Annual meeting a nominating committee was named as follows: Miss Mabel O'Brien, Mrs. M. B. Keefe and Mrs. J. J. Rooney.

In the absence of treas. Mrs. J. B. Jay, the financial report was read by president. It was agreed to pay all obligations before next meeting. As there was no other business the meeting closed with prayer.

BRACKLEY POINT W.I.

Twelve members attended the March meeting, held at the home of Mrs. Gregor McCallum on the evening of March 1st. The new teacher, Miss Roberts, was welcomed as a visitor. Roll call was answered with an exchange of books.

The sick committee appointed for the following four months: Mrs. Gregor McCallum and Mrs. Fred Hughes. Mrs. George Shaw volunteered to visit the school in March. The teacher reported the need of face soap and a set of

For one young lady, for one year...



Even this picture doesn't show all the children's clothes you have to buy. And then there are things like birthdays; and bicycles; and the dentist's bill; it's no picnic, handling the purse-strings for a growing family!

But it's a lot easier if you can just keep ahead of your shopping list, instead of behind it! And the practical way to do that is to deposit a regular amount, each month, in a Royal Bank savings account: As your savings build up you can go ahead and buy things as you need them: pay cash if you want: pick up bargains, too!

You can get started; at any branch of the Royal Bank

THE ROYAL BANK OF CANADA

Clean, Freshen Refrigerator with SODA

Just sprinkle soda on a damp cloth and wipe inner surfaces. Wash ice trays in soda solution—3 tablespoons to a quart of warm water. Leaves no soapy odour. Recommended by leading refrigerator manufacturers.

COW BRAND BAKING SODA PURE BICARBONATE OF SODA

it's TEA for CANADA WEEK!
MAR. 12th to MAR. 17th

What a PICK-UP

So many delicious treats to enjoy with TEA!

Yet it RELAXES

THAT'S THE MAGIC OF TEA!