



SHAPELY SUIT

The easy, Chanel-type suit for casual wear and the elegant, softly fitted suit for town or afternoon wear is the ideal solution to the suit problem. Each is so useful, each has its definite place in the scheme of wardrobe. Arthur Jablov who does the elegant suit so well, has done beautifully detailed, softly fitted, shapely suits in silks as well as in wonderful woolsens. Here, in an all-silk tweed of subtle pale blue and black colorings, a bolero although it belted waistline, a flower tucked in at the waist adds to the soft feminine feeling.

ELLEN'S DIARY

The First Born Lambs Are Little Black Twins

It is true that a farmer needs no date on the calendar to tell him of the change of the seasons. He is aware of these without so much as a figure or month's name. Spring he recognizes by... but it is so easily known: by his earlier dawns, and the longer runnings for his chorings; by an aged promise in sun and wind... and his baring fields; by wide-flung doors in stables through the sunny hours and sound of new voices issuing from within.

It was news of season which look Granddaughter and Mack off in the road" this pleasant afternoon to visit the first-born lambs recently come to Rob's flock. Little black twins these are, before too long to run and play games with light or dark kith and kin in the sunset hours and the green of a pasture. "I never saw prettier" Mack declared. There was too for them to exclaim over, a pup, a black and white Fido come to be, we hope, a fine friend and companion for Gage the younger lad there. Lambs, a pup, a bit of bantam fowls, among the interesting subjects that with cows and calves and cats and a lone horse, manage to fit themselves snugly beneath the one roof of the new barn there.

It was a pleasant day. And it is a lovely night with moonlight washing the hillsides in the liquid silver of its beams. The fields lie still. Not a twig of tree stirs. "I don't believe there could be a nicer night than this" Mack said coming by the barn at the close of the evening. "There's not a sound. And I'm glad about that. If there's one thing I don't like to hear after dark it's an owl hoot."

DAILY PATTERN



Set a smart table for entertaining with these doilies as place mats and centerpiece! Easy to crochet, either in white or color to harmonize with your home. Pattern 7197: Crochet directions for 18-inch doily, smaller one to match in No. 30 cotton. Send THIRTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian Pattern Dept., 60 Front St. W. Toronto, Ontario. Print plainly NAME ADDRESS, PATTERN NUMBER. Two FREE patterns - printed in our ALICE BROOKS Needlecraft book - stunning designs for yourself, for your home - just for you, our readers! Dozens of other designs to order - all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

MARY HAWORTH

Books Can Aid To Maturity

DEAR MARY HAWORTH: Please advise me what books to send my daughter, as there isn't a bookstore near her; and also because she doesn't know what books to ask for. Her son Barry, 11, has a girl friend; and at the dinner table she talks up the books she reads about her. He said he had told her he loved her, and she had said that she loved him. And then in the afternoon she wouldn't even speak to him. He says that she has six other boy friends too. He asked his parents what to do about it, and his dad went into the subject with him. But my daughter says that she thinks the father was more shaken up than the son, and stayed awake half the night wondering if he had told the boy the right things! What books should I send for the parents, and what books for the boy? M.C. MAY HELPFUL DEAR M.C.: I don't have in mind any books that seem precisely suited to this situation. They may exist, but they haven't come to my attention yet. However, Evelyn Mills Duval's book, "Facts of Life and Love for Teen Ageds," (\$3.95; Association Press, 291 Broadway, New York City 7), hits a happy medium, in counselling parents and children about ticklish subjects of mutual interests. Mrs. Duval's book, first issued in 1950, is now in its ninth printing, in a newly revised enlarged edition. It is available in paperback format also, at 25 cents, by special arrangement with Popular Library Inc., at 10 East 40th Street, New York City 16. AUTHORS TEACH In my opinion, this book is a first-rate example of popular helpful writing. Its clean, sensible, warmhearted handling of delicate, difficult topics will be appreciated by parents who fumble for words, in trying to give protective knowledge and good to youngsters who are becoming sex-conscious. And in the same class I would

Higgins-MacLeod Wedding Soemznied in Vancouver

A pretty evening ceremony was performed at Vancouver Heights Presbyterian Church in Vancouver, B.C. on March 15th when Elna Florence MacLeod became the bride of Harry Rae Higgins. Rev. R.S.M. Kennedy officiated at the service of the daughter of Mr. and Mrs. Kenneth MacLeod of Irish-town, Prince Edward Island and the son of Mrs. John Allan Higgins and the late Mr. Higgins of Ardrossan, Scotland. The bride, given in marriage by Mr. James Ross, chose for her wedding a cocktail length gown of white nylon lace over tulle and satin. A seed pearl tiara held the bride's embroidered finger tip veil and she carried a bouquet of white hyacinths and red roses. Mrs. Laura Callaghan who attended the bride chose a pale blue gown with matching headdress and carried a bouquet of daffodils. The little flower girl, Beth Marshall, wore pale yellow organdie and carried a colonial bouquet of yellow marguerites and white hyacinths. Kelly Callaghan was best man and Armand Tessier usher. Adrian Greave was soloist. A reception was held at the home of Mr. and Mrs. Armand Tessier where Bill Waterston presided over the toast to the bride. Mrs. Tessier is the daughter of Mr. and Mrs. Pat Martin of Misouche, Prince Edward Island. For their honeymoon the bride wore a pink wool dressmaker suit with chocolate brown accessories. On returning to the coast she will reside in their new home in South Burnaby.

KEEP IN TRIM Be Slimmer By Summer Is Aim Of Reducing Club

By IDA JEAN KAIN Enthusiastic reports from reducing clubs attest to the success of the group plan of slimming. These clubs seem to provide that certain something many overweight people need. Analyzed, the shared interests and the spirit of competition within a club turns reducing into a stimulating challenge. Here's a progress report from a recently organized club in Ohio. "Our club is named HELPS... Help Everyone Lose Pounds Sensibly. Our main goal is to look slimmer by the time warm weather arrives. While our club is only two months old, we are all convinced this is the best way to lose weight. "To date, our total weight loss is 52 pounds for our 7 members. Two new members joined at the last meeting. "We meet every other week, giving a prize to the one who loses the most weight. We take turns having the club meetings in our homes. Refreshments is limited to black coffee or tea. We use the same scales for weighing in, and the same member takes measurements at each meeting. Dues are 25 cents a meeting. Anyone who doesn't lose must pay \$1.00, 25 cents, and anyone who gains is charged 50 cents. "We have planned to present a trophy to each member as her goal is reached, and we will serve a low calorie lunch in her honor. At the end of the year, we will have a dinner in honor of the member who has lost the most weight, and she will be given a special award. "Outside activities are planned for alternate weeks when we don't have meetings. For example, next week a roller skating party is scheduled. "A picture is taken of each member when she joins our club. We can hardly wait for the 'after pictures' to start being entered in the photo album. "We keep a scrapbook of your articles and talk over your slimming suggestions at our meetings. We plan to keep the club going indefinitely to make sure that once we reach our goal of normal weight, we will never have a weight problem again. By the way, since we started our club, several other reducing clubs have also been formed in this area. Many thanks for your inspiration and help. We congratulate you on this spirited club. Reducing in a group is always more effective. Together you can aim a re-education of food habits which will help you to stay ideal weight for a lifetime.

BRADALBANE W.M.S.

The Auxiliary of the W.M.S. of Bradalbane United Church met at the home of Mrs. Hedley Wood side, Thursday afternoon, March 7th.

Mrs. H. S. Raynor had charge of the devotional period. Opening hymn 400 was followed by scripture readings by Mrs. Lionel Robinson and Mrs. H. F. MacKay. Questions and discussions on the topic were explained by leader, Hymn 402 was sung and prayer by Mrs. Raynor closed this part of the meeting.

The business part was carried out by the president. Roll call was responded to by 12 members. Prayer was given for the adopted missionary by Mrs. H. F. MacKay. Correspondence was read which consisted of letters from Mrs. MacLeod and Mrs. Cutcliffe on work for 1957, also several letters of thanks for cards and treats sent. It was decided to send Dr. Eaton \$2.00 for Temperance work. There were 33 home calls and 2 hospital calls reported for the month.

Mrs. Woodside gave an interesting reading from the Study Book. Mrs. Seaman invited the auxiliary for the next meeting with Mrs. Woodside as devotional leader. Mrs. MacKay is to have charge of the Study Book. Meeting closed with hymn 500 followed by Benediction. Refreshments were served by the hostess.

MILLVILLE W.I.

The regular meeting of Institute was held at the home of Mrs. Alex Stewart on Thursday evening, March 7th. Meeting opened repeating "Mary Stewart Collect" in unison. "Say or Pay" roll call was answered by 12 members.

Mr. Ralph Eckert's pamphlet "So You Think It's Love" (25 cents), distributed by the Public Affairs Committee Inc., at 22 East 38th Street, New York City 16. This brochure educates both parents and children to the long view, in coping with problems of youthful friendships and infatuations. As for Barry's sweetheart, she sounds a bit unwholesome (or emotionally unstable), in refusing to speak the afternoon of the very day she had testified to mutual love. Maybe she was having a jealous fit. Just then—about some wound to her ego that Barry had given, unawares, and was testing her power to make him crawl, in her first flush of proprietary feeling. Or maybe she had a sudden revulsion to him due to the earlier moment of closeness. This is a neurotic reflex. DIGNITY TURNS She shows selfish bad manners in cutting him dead, inexplicably; and this aspect, plus her six boy friends, suggests that she is more a scalp collector than a friendly youngster. I think Barry should stand on his dignity about the snub. That's the manly attitude. He should of course welcome a change to ask why. However, if he can't put it right, if possible, but he shouldn't go on his knees about it. Wait until the girl thaws out and repairs her incivility—then will be time enough to invite an explanation of her misbehavior.

CALEDONIA W.I.

The March meeting of the Caledonia W.I. was held at the home of Mrs. John N. MacPherson, Glen Martin, on the 13th with 6 members and 1 visitor present. Meeting opened by repeating of "Collect" in unison. Roll call was answered by "My favorite Desert." Minutes of last meeting were read and approved. Treasurer reported on bills paid since last meeting. One member paid for C.L.O.C.

There were no committee reports. Mrs. Cameron to be on sick committee for next month. Correspondence was then read and dealt with. Mrs. E. Ross and Mrs. S. Acorn to collect for Red Cross. Members asked Mrs. A. Cameron to get new kettle for the school and secretary to write to C.A.C. Collection amounted to 75 cents.

MILLO W.I.

Mrs. Blanchard MacIsaac was hostess to Millo W.I. members on the evening of February 7th. Meeting opened with Ode and Mary Stewart Collect. Seven members

WOMEN

Lena Caroline McLure, Women's Editor, Phone 8308

Page 8 The Guardian Saturday, Mar. 23, 1957

HAPPENINGS

Dame Flora MacLeod, of MacLeod, 28th chief of the Scottish Mace and the first woman ever to head the clan arrived in Toronto Thursday. The 78-year-old chief will preside at a meeting of the Clan MacLeod Society of Central Ontario on Friday to form a national organization of MacLeod Societies.

Dame Flora toured Canada in the fall 1955, calling on MacLeods to unite in strengthening the clan. One of the objects of the nation-wide organization will be to "provide suitable hospitality" for John MacLeod, the 22-year-old heir who is at McGill.

During a three-day stay in Toronto, Dame Flora will be the guest of the Rev. Dr. Ronald MacLeod, 4 Ancroft Place. She will leave Toronto on Saturday to spend the weekend with her grandson in Montreal, before returning to Dunvegan Castle on the Isle of Skye.

On Wednesday evening Trinity United Church Choir held a farewell party for Mrs. Helen MacEachern, who is leaving shortly for an extended visit to Montreal. The guest of honour was conducted to a seat by Miss Ethel Sullivan when a parody on the television program "My Life" was amusingly portrayed by various members of the choir dressed in the costumes of thirty years ago, and under the direction of Mrs. Fred Osborne.

Messrs. Royston Muford, Lyle Robson, George Johnson, and Russel Finlay spoke, as did Mrs. W. G. Spence and Mrs. A. Frank MacLean and Rev. Howard Christie, all expressing appreciation of Mrs. MacEachern's great help in the choir and hopes of improved health for her. The choir president, Mrs. T. Lowther, then called on Miss Jean Tait who presented Mrs. MacEachern with a gift on behalf of the choir. Accompanist for the evening were Mr. Royston Muford and Mr. William K. Rogers. A delicious lunch was then served and Auld Lang Syne sung by all.

Alpha chapter of Beta Sigma Phi held their regular meeting Wednesday evening at the home answered by 12 members and 45 cents was collected. Minutes of last meeting read, approved and signed by president. Sick committee reported three calls made and treats taken. Bill of \$1.05 was paid and \$1.00 was paid to school committee for paper towels for school rooms. New committees were appointed, sick, Mrs. Joe Smith and Mrs. Charles McKenzie, school, Mrs. Ralph Sanderson and Mrs. Lorne Drake. Correspondence read and discussed and it was moved and seconded to send to the Red Cross for more sewing to do, also, to send \$2.00 to the Multiple Sclerosis Society and to buy a copy of Mrs. Rose's book "Your Sick Room Companion".

Mrs. C. J. McKenzie invited members to her home for next meeting, roll call to be answered by "The career I would choose if I were it again" Collection amounted to 65 cents. A guessing contest was won by Mrs. McKenzie and Mrs. Robert Drake. A delicious lunch was served by the hostess and meeting adjourned.

LOWER MONTAGUE W.I.

The regular monthly meeting of the Lower Montague Women's Institute met at the home of Mrs. John Landrigan on March 5th, with nine members present. Meeting opened by repeating the "Mary Stewart Collect" in unison. Roll call was answered with an Irish joke. Minutes of last meeting were read, approved and signed.

Card party proceeds for the month of February amounted to \$113.33. It was moved and seconded the collection for the mallman was read and discussed. Some discussion took place on sending woollens this was held over till next meeting. It was decided that the two quilts be sold, and another quilt to be made for the new hospital in O'Leary. Mrs. Helen MacLennan and Mrs. Julia MacNeven were appointed to sew quilt squares to gether on Monday. It was agreed to quilt it at Mrs. Dermont MacLean's on Wednesday afternoon.

Next meeting is to be at Mrs. Angus MacLean's. Roll call to be "an exchange of Easter cards". Meeting adjourned. A delicious lunch was served by hostess, assisted by Mrs. Oliver Gorill and Mrs. Norman Campbell. The remainder of the evening was spent in social chat and viewing television.

CHURCHILL W.M.S.

The regular monthly meeting of Churchill W.M.S. was held at the home of Mrs. Garfield MacFadyen, 12 members were present and one visitor. Meeting opened by call to Worship, taken from Psalm 100. This was followed by singing hymn No. 265. Mrs. Robbie MacKinnon had the scripture reading, acts 28, verses 1,2,3, followed by prayers, led by Mrs. Garfield MacFadyen and Mrs. Charlie Frizzell. Offering was then reported amounting to \$3.45, dedicated by president. Mrs. Hughes Macdonald read the Bible Exposition: A very interesting talk was given by Mrs. Kileen. Mrs. John A. MacKinnon and Mrs. Harry Wheeler read from the Book of Opportunity.

Next meeting is to be held at the home of Mrs. Richie MacPhee. Hymn No. 599 was then sung, followed by repeating the Lord's Prayer in unison. A dainty lunch was served by hostess, assisted by Mrs. Waldron MacKinnon.

HEATHERDALE W.I.

Members of the Heatherdale W.I. met at the home of Christine MacRae for their regular monthly meeting on the sixth of March. Meeting was called to order by the president and opened by repeating the Collect in unison. Due to road conditions, there were only five members and two visitors present.

HEATHERDALE W.I.

In the absence of the secretary, Mrs. William Dunca was asked to record the minutes. New committees are: School, Christine MacRae and Mrs. Norman Macdonald. Programme committee, Mrs. John Bruce and Mrs. Martin Macdonald, Sick committee, Mrs. John Bruce and Mrs. Martin Macdonald. Next roll call to be answered by a joke. A contest was put on by Mrs. Norman Macdonald, and was won by Mrs. William Duncan. Place of next meeting was not definitely decided. Meeting closed by singing the National Anthem, after which a delicious lunch was served by the hostess.

Loose Clothing Is Fire Hazard

ST. BONIFACE, MAN. (CP) — Loose nightgowns or pyjamas may constitute a fire hazard for small children, says Dr. Andrew Wilkinson, senior lecturer at the University of Aberdeen, Scotland. Speaking to doctors and internes at St. Boniface Hospital on a recent visit, the Scottish doctor said: "Your child's loose night clothing is the most likely cause of clothing to catch fire in the event of being exposed to an open flame or electrical element."

Dr. Wilkinson said this domestic problem could best be met by prevention and education. In treatment for burns, he added, "There is nothing better than the old treatment of vaseline and bandages." With this method, the pain is reduced and there is little chance of infection.

Little - Thompson

Stairs Memorial United Church, Dartmouth, N.S., was the scene of a quiet pretty spring wedding when the Rev. W. E. Aitken united in marriage, Mildred Hannah, daughter of the late Mr. and Mrs. Herbert Thompson, Dunstaffnage, P.E.I. to William Harold Little, son of Mrs. Spencer Little and the late Mr. Little of Wentworth Centre, Nova Scotia.

The bride wore a steeple length dress of midnight blue velvet with white accessories. She was attended by her sister, Mrs. Leonard Vatcher, and Mrs. L. Vatcher were best man. Following the ceremony, Mr. and Mrs. Little left on a short trip, after which they will reside in Wentworth Centre.

MORNING SMILE

"How do I announce dinner?" asked the new maid of her mistress. "Do I say 'Dinner is ready' or 'Dinner is served'?" "If it is anything like it was yesterday, just say, 'Dinner is burnt'."

COOK'S CORNER

Supper Dish 1 can celery soup 1/4 cup milk 1 small can salmon Seasoning Potato chips 1/2 xnd dot with butter. Mix enough potato chips to spread on top and bake.

STRYDOM INJURES HAND

CAPE TOWN, South Africa (AP) Prime Minister Strydom is in hospital after losing the tip of his left index finger in a door. His finger was jammed in the door of the cabinet ministers' cloakroom in the Parliament building Wednesday.

WIFE PRESERVERS

Do you wish to serve something different for a guest dinner? Serve waffles with cream, hard sauce or whipped cream. The waffles may be plain or fancy, like chocolate nut, for instance.

Royal Conservatory of Music of Toronto MIDSUMMER EXAMINATIONS

JUNE, 1957 Applications and fees must reach the Conservatory not later than APRIL 1, 1957. 125 COLLEGE STREET TORONTO 28, ONT.

EDUCATION COMMITTEE

Select Standing Committee on Education Legislative Assembly Of Prince Edward Island

Meetings of the committee will be held in the Legislative Chamber as follows: Monday, March 25 7:30 p.m. Tuesday, March 26 10:00 a.m. Wednesday, March 27 7:30 p.m. Thursday, March 28 10:00 a.m.

All meetings are open to the public. An invitation is extended to all interested persons or bodies to appear before the committee to discuss educational problems. Appointments may be arranged by contacting M. MacKenzie, Secretary of the Committee, Provincial Building, Phone 4226.

F. A. LARGE

Chairman Select Standing Committee.

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LET'S EAT Avacado Rates High As Nutritious Fruit

WHILE passing through Santa Paula, California, the Chef and I saw hundreds of acres of lemon trees, which bear fruit the year round. They were valued at more than \$5,000 an acre. Interspersed were groves of walnut orchards of avocados, and in between, low bean crops, so that no arable land would be left unproductive. "Avocados are a highly nutritious fruit," observed our host, John Shepherd. "The fat content is 17 per cent; there is 2 1/2 per cent protein. In B vitamins they are equal or superior to most other fruits, vegetables, fish, cereals and legumes. As they are eaten uncooked none of these water-soluble B vitamins are lost. "Because of the natural built-in fat, it is not necessary to add oil when dressing avocados; just add lemon juice. Just be sure to use really ripe avocados, that feel slightly soft when pressed with the finger."

For the first time, I understand how the old-fashioned term "alligator pear" originated. The skin of some varieties is a rough, dark green, and the stem-end elongated. With a stretch of imagination, they seem to resemble alligators flashing through water. LUXURY ITEM One small variety, the size of a large hen's egg, and called Mexicana, is a luxury item shipped mostly to the land south of the border. The Chef saved one seed of these small Mexican avocados, planted it in the test-kitchen window garden, and is now impatiently waiting for signs of growth. "I believe, she starts," he just exclaimed, looking at the earth with a magnifying glass!

TOMORROW'S DINNER Avocado-Tomato Salad Rolled Stuffed Steaks Baked Sweet Potatoes Quick Cabbage Cranberry Raisin Tart Fresh Pears

All measurements are level; recipes proportioned to serve 4-6. Rolled Stuffed Steaks: For each person, dust a thin small cubed steak with meat tenderizer. Then prepare the stuffing and top the steaks with it. Roll and fasten with pins. Slow-brown all over in 3 tbsp. margarine or meat fat. Add 1/4 c.

ADAMS TRIAL TO START

LONDON (AP) — The trial of Dr. John Bodkin Adams, 57-year-old physician charged with the murder of an 81-year-old woman patient, is expected to open at London's Old Bailey court Monday. The society doctor is accused of poisoning a widow, Mrs. Edith Morrell, so as to benefit from her will.

SEEK FINANCIAL AID

HALIFAX (CP)—Warden Fred G. H. Leverman and Rudd Hattie, municipal clerk and treasurer, left for Ottawa Wednesday to discuss possible new financial arrangements with the federal government for the county of Halifax. The county is seeking long-term financing for several major projects.

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