

**A Lamentable Drowning Accident.**

**A TORONTO EX-M. P. AND HIS TWO CHILDREN DROWNED WHILE BATHING.**

TORONTO, Aug. 16.—A deplorable drowning accident occurred at Sturgeon Point, Ontario, to day, while Robert Wilkes, ex-M. P. of Toronto Centre, his son and daughter Florence were bathing. The boy got out of his depth and Mr. Wilkes jumped from the boat and tried to save him, and the girl assisting in the rescue, also got beyond her depth, and the three were drowned. The girl was only in the water ten minutes but all efforts to resuscitate her failed. Medical assistance could not be obtained for an hour. The bodies of the father and son were not obtained for an hour. The three bodies arrived in Toronto by train to-night. The ages of the deceased are: Mr. Wilkes 45; Florence 15, and Birtie 11. The sad accident calls forth much sorrow and sympathy.—Telegraph.

**Health Hints.**

**HYGENIC INFORMATION ABOUT FOOD.**—The quantity of food actually needed by the body depends on the amount of muscular and out-door exercise. Persons who have a strong constitution, a healthy stomach, and take much exercise, can eat and digest almost anything with impunity, but what is good for one is hurtful to another. One stomach should not be made the rule in regulating others, and every one should experiment and observe the effects of various articles of food upon them, until they learn by experience, which is the best for digestion. The most unhealthful kinds of food are those which are made so by bad cooking, such as sour and heavy bread, cakes, piecrust, and other dishes consisting of fat, mixed and cooked with flour.

Soups are bad for weak stomachs, difficult of digestion. Cheese is all nutriment, hard of digestion; eaten in small quantities, a workingman can subsist one-half pound of it, one pound of meal and one quart of milk daily; they contain every constituent element needed by the body.

Sugar is a constituent of every article of food. Children could not live without it; it is fattening, but its immoderate use destroys health and appetite; it is heating, and like starch consists only of carbon and water. Insects called, sugar mites inhabit brown sugar.

Graham flour contains more fat and muscle material, and nearly three times as much bone and teeth material as fine flour; this unbolted flour boiled and thinned with milk, is excellent for young children and adults.

Sago is the pith of a palm tree. Tapioca is obtained from the root of a plant, which in its raw state is poisonous, but it is destroyed by heat in its preparation for market—both are healthy and very nourishing.

Oatmeal is strengthening food when well cooked; contains much nutritive matter, twice as much as beefsteak; being oily, it disagrees with some persons.

Real enjoyment can be added to life by simply studying Nature's laws in regard to food, and by applying them to every-day life.—*American Rural Home.*

Rye meal has a laxative tendency, often becoming acid in the stomach; vegetables cause flatulency in some persons.

Nourishment, in beans, 92 parts; wheat, 85; rye, 80; meat, 35; potatoes, 25.

**Remedy for Hard Times.**

Stop spending so much on fine clothes, rich food and style. Buy good, healthy food, cheaper and better clothing; get more real and substantial things of life every way, and especially stop the foolish habit of running after expensive and quack doctors or using so much of the vile humbug medicine that does you only harm, and makes the proprietors rich, but put your trust in the greatest of all simple pure remedies, Hop Bitters that cures always at a trifling cost, and you will see better times and good health. Try it once. Read of it in another column.

**August Flower.**

The immense sale and great popularity of Green's August Flower in all towns and villages in the civilized world has caused many imitators to adopt similar names, expecting to reap a harvest for themselves at the expense of the afflicted. This medicine was introduced in 1868, and for the cure of Dyspepsia and Liver Complaint, with their effects, such as Sour Stomach, Sickheadache, Indigestion, Palpitation of the Heart, vertigo, etc., etc., it never has failed to our knowledge. Three doses will relieve any case of Dyspepsia. Two million bottles sold last year. Price 75 cents. Samples 10 cents.

GILES' Liniment Iodide Ammonia cures neuralgia, face ache, rheumatism, gout, frosted feet, chilblains, sore throat, erysipelas, bruises and wounds of every nature in man or animal. The remarkable cures this remedy has effected classes it as one of the most important and valuable remedies ever discovered for the cure and relief of pain. From over-exertion, I contracted a pain across my loins. My suffering was intense. One bottle of Giles' Liniment Iodide Ammonia cured me. T. B. McGee, Conductor N. Y. and New Haven R. R. Giles Pills cure suppression.

**SELLING OFF Clothing & Dry Goods.**

In order to make room for Fall Importations, we will sell the balance of our stock on hand of

**CLOTHING & DRY GOODS AT A LARGE REDUCTION FOR ONE MONTH, FOR CASH ONLY.**

Call Early and get Bargains, AS A LARGE CLEARANCE MUST BE MADE.

F. LEPAGE & CO. Glasgow House, 53 Queen Street. Aug. 4, 1880.

**ROYAL INSURANCE CO'Y Of Liverpool and London.**

Capital and Reserve Fund, Upwards of \$22,000,000.

**LONDON AND LANCASHIRE Fire Insurance Company Of Liverpool, England.**

Insurance effected on every description of property in the above most reliable Companies, at the LOWEST CURRENT RATES.

JOHN MACEACHERN, Agent for P. E. Island. Italian Warehouse, July 14, 1880—In eod

**STADACONA Fire and Life Insurance Co'y.**

THE Liquidators of this Company, appointed in virtue of an Act passed by the Dominion Legislature at its last session, in order to reduce expenses, and to further the final winding up of the affairs of the Company, hereby give notice that all the Branches and Agencies of the Company have been abolished, in consequence, parties having any business to transact with the Company must now apply direct to the Liquidators, at the Office of the Company, No. 95 St. Peter Street, Quebec.

No settlement unless made with the Liquidators will be recognized.

HENRY CROSS, Sec-Treas. Quebec, 30th July, 1880. 1w-aug5

**PACIFIC Mutual Insurance Co., NEW YORK MARINE.**

Assets 31st Dec., 1879, - \$744,142.00

Insurance effected on CARGOES and FREIGHTS, covering \$15,000 and upwards on first-class risks.

Certificates issued payable in London at the office of MORTON ROSE & Co., Bankers, or in New York.

Risks taken and rates fixed without being referred to Head Office.

FENTON T. NEWBERY, Agent for P. E. Island. May 11, 1880.

**ROMAN PUNCH, Ice Cream, Fruit Ices, Water Ices.**

AS I intend paying special attention to my Ice Cream department this season, I invite the public to call where they can be furnished with the best assortment of Ice Creams and Ices to be had in the City. All made from the best material. To parties ordering Creams or Ices we guarantee satisfaction or no charge.

A. MCKENZIE, Confectioner, Queen Street. Charlottetown, June 19, 1880.

**WORTH'S LIVERY STABLES!**

PRINCE STREET, Between Kent and Grafton Streets Charlottetown, P. E. Island. June 17, 1880—3m eod pd

**MANILLA ROPE! Manufacturers' Prices.**

Orders Solicited. All Sizes in Stock.

CARVELL BROS. Ch'town, July 16, '80—2m 2aw, pat 2m 1aw

**83.**

**Clearance Sale!**

—OF—

**SUMMER STOCK**

—OF—

**DRY GOODS.**

**Tremaine & Metcalf**

ARE NOW SELLING OFF THEIR

**Summer Stock!**

COMPREISING IN

**Dress Goods, Beiges, Cords, Lustres, Cashmeres, Merinos, &c., AT A LARGE DISCOUNT.**

**Summer Tweeds, Suitings, Fustians, Corduroys, Coatings (Plain and Fancy), Pant Cloths, &c., AT EXTREMELY LOW PRICES.**

Cheap White Cotton, Cheap Grey Cotton, Cheap Feather Ticking, Cheap Table Linens, Cheap Towels and Towelling, Cheap Sheetings, &c., Cheap Hosiery,

Ladies' Stockings, Men's Socks,

Cheap Silk Ties, Ladies' Scarfs, Gents' Scarfs and Ties,

Cheap Shirts and Shirting, Cheap Linders and Drawers, Cheap Underclothing, (Ladies' and Gents,)

Cheap Embroideries, Cheap Edgings, Cheap Ribbons, Cheap Silks, Cheap Satins, Cheap Feathers, Cheap Flowers.

**DRESS CAPS,** Special at 8 cents each; another lot, 20 cents each; another lot, 30 cts. each, &c.

Among so many cheap things, A.L.I. may expect to get Bargains.

**TREMAINE & METCALF,**

83 QUEEN STREET. Ch'town, July 22, 1880.

**P. E. Island Steam Nav. Co.**



Steamers St. Lawrence and Princess of Wales.

**Summer Arrangement, COMMENCING MONDAY, 21st JUNE, 1880.**

**NOVA SCOTIA.**

Leave Charlottetown for Pictou Landing every MONDAY, WEDNESDAY, THURSDAY and SATURDAY MORNINGS at 7.30, connecting there with the train for Halifax.

Returning to Charlottetown same days about 2 p. m., on arrival of train from Halifax.

**NEW BRUNSWICK, CANADA, AND THE UNITED STATES.**

Leave Summerside EVERY DAY (Sundays excepted) on arrival of train from Charlottetown, connecting at Shediac with trains for each of the above-named places; and at St. John, with Steamers of the International Co. and Railway for Portland and Boston. Also leave Charlottetown for Summerside every MONDAY MORNING, about 3 o'clock.

Returning, leave Shediac EVERY DAY (Sunday excepted) on arrival of day train from St. John, for Summerside, connecting there with train for Charlottetown. Also, leave Summerside for Charlottetown every Saturday evening about 5 o'clock.

By order, F. W. HALES, Secretary. Ch'town, June 19, 1880.

**Prince Edward Island RAILWAY.**

**TIME TABLE NO. 14.**

**Summer Arrangement.**

To take effect on the 24th May, 1880.

**TRAINS GOING WEST.**

STATIONS.	EXPRESS.	MIXED.	MIXED.
Georgetown	Dp 7.20 am	Dp 3.25 pm	
Cardigan	" 7.40 "	" 3.54 "	
Mt Stew't	Ar 8.40 "	Ar 5.20 "	
Souris	Dp 6.30 am	Dp 2.30 pm	
Harmony	" 6.48 "	" 2.53 "	
St Peter's	" 7.45 "	" 4.09 "	
Morell	" 8.08 "	" 4.40 "	
Mt Stew't	" 8.40 "	Ar 5.20 "	
Mt Stew't	Dp 8.50 am	Dp 5.33 pm	
Royalty Jc	" 9.46 "	" 6.48 "	
Ch'town	Ar 10.04 "	Ar 7.10 "	
Ch'town	Dp 6.30 am	Dp 9.25 am	Dp 4.50 pm
Royalty Jc	" 6.46 "	Ar 9.47 "	" 5.13 "
N Wiltsh'e	" 7.24 "	" 10.49 "	" 6.06 "
Hunter R'r	" 7.36 "	" 11.04 "	" 6.23 "
Bradalba'e	" 8.05 "	" 11.45 "	" 7.00 "
Co'ty Line	" 8.12 "	" 11.54 "	" 7.11 "
Kensingt'n	" 8.40 "	" 12.30 pm	" 7.50 "
Summ'side	Ar 9.05 "	Ar 1.05 "	Ar 8.25 "
Welling'tn	Dp 9.15 "	Dp 2.30 "	
Port Hill	" 9.52 "	" 3.23 "	
O'Leary	" 10.23 "	" 4.07 "	
Alberton	" 11.20 "	" 5.29 "	
Tignish	" 12.05 pm	" 6.33 "	
	Ar 12.45 "	Ar 7.30 "	

**TRAINS GOING EAST.**

STATIONS.	EXPRESS.	MIXED.	MIXED.
Tignish	Dp 1.45 pm	Dp 6.45 am	
Alberton	" 2.25 "	Ar 7.45 "	
O'Leary	" 3.10 "	Dp 8.00 "	
Port Hill	" 4.07 "	" 9.05 "	
Welling'tn	" 4.39 "	" 10.23 "	
Summ'side	Ar 5.15 "	Ar 12.00 m	
Dp 6.00 "	Dp 1.05 pm	Dp 6.40 am	
Kensingt'n	" 6.25 "	" 1.40 "	" 7.16 "
Co'ty Line	" 6.54 "	" 2.19 "	" 7.54 "
Bradalba'e	" 7.00 "	" 2.29 "	" 8.05 "
Hunter R'r	" 7.28 "	" 3.07 "	" 8.46 "
N Wiltsh'e	" 7.43 "	" 3.24 "	" 9.04 "
Royalty Jc	" 8.19 "	Ar 4.15 "	" 9.56 "
Ch'town	Ar 8.55 "	Ar 4.38 "	Ar 10.16 am
Ch'town	Dp 7.00 am	Dp 7.00 am	
Royalty Jc	" 4.18 "	" 7.22 "	
Mt Stew't	Ar 5.20 "	Ar 8.40 "	
Mt Stew't	Dp 5.25 pm	Dp 8.50 am	
Morell	" 5.57 "	" 9.30 "	
St Peter's	" 6.20 "	" 10.01 "	
Harmony	" 7.17 "	" 11.17 "	
Souris	Ar 7.35 "	Ar 11.40 "	
Mt Stew't	Dp 5.35 pm	Dp 8.55 am	
Cardigan	" 6.35 "	" 10.21 "	
Georgetown	Ar 6.55 "	Ar 10.50 "	

N. B.—The Express Train from Souris and Georgetown connects at Royalty Junction with the Mixed Train from Charlottetown for the West, in the morning; and the Mixed Train from the West connects at Royalty Junction with the Express Train from Charlottetown for Georgetown and Souris, in the afternoon.

**ALEX. MACNAB,**

Supt. and Engineer. Railway Office, Charlottetown, May 20, 1880. pat pres her ar ne sp sj kca pio 6i

**Nut Coal. Nut Coal.**

FREE from Slate and Fire Clay. Also Round and Slack, at Albion Mines, Pictou, Nova Scotia. For orders apply to G. W. DEBLOIS, Sole Agent for P. E. Island.

**Old Sydney Mines, Cape Breton.**

Lingan Mines, Cape Breton. ORDERS for Round Coal can be obtained on application to Terms as usual. G. W. DEBLOIS, Sole Agent for P. E. Island. Office, No. 35 Water Street, Charlottetown. June 17, 1880—pat her sj kca tf

**E. G. HUNTER,**

Manufacturer & Dealer in MONUMENTS Tablets, Headstones, &c., in variety, at LOWEST PRICES. BEST STOCK. Superior Workmanship. SATISFACTION GUARANTEED TO PATRONS

N. B.—Farm Produce taken at market rates, in payment, during shipping season. Kent Street, Charlottetown, P. E. I. Please call and examine Designs & Prices. Mar. 20, 1880.—w d—tu sa 6m

**Flour and Meal.**

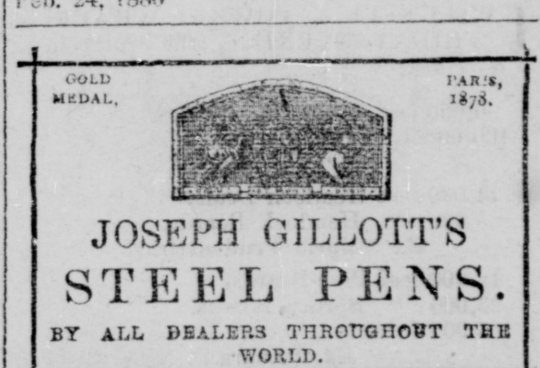
ORDERS will be received for the following Brands of Flour and Meal—"Buda" (Patent), "Alabaster," "Golden Age," "Extra Family," "Warcup's Superior," "White Rose," "Florence," "Beaver," "Pastry" and "Amber" and choice K. D. Corn Meal—"Golden Star."

Quotations for the above Brands of Flour and Meal f. o. b. at Mills, or delivered at Charlottetown or Summerside. J. R. FOSTER, Millers and Shippers' Agent, May 6, '80. Moncton, N. B.]

SUBSCRIBE for the DAILY EXAMINER, the Cheapest and most Newsy Paper Published in the Provinces.



**LORNE HIGHLAND WHISKY.** ANALYTICAL SANITARY INSTITUTION, 54, Holborn-viaduct, E. C., London, Aug. 18, 1879 REPORT ON THE LORNE HIGHLAND WHISKY: "We have visited the bottling stores of Greenlees Brothers, and have selected from the vats, samples of their Lorne Highland Whisky, and have subjected them to careful examination and analysis. The samples were very fragrant, mellow, and of pleasant flavor, and possessed all the characteristics of pure and well-matured Scotch Whisky of the first quality. "ARTHUR HILL, HASSALL, M. D. "OTTO HEINER, F. C. S., F. I. C." Agents: MESSRS. OWEN CONNOLLY & CO., Charlottetown, P. E. I. Feb. 24, 1880



**TRUTHS.**

**HOP BITTERS,**

(A Medicine, not a Drink.) CONTAINS HOPS, BUCHU, MANDRAKE, BANDELION.

AND THE PUREST AND BEST MEDICAL QUALITIES OF ALL OTHER BITTERS.

**THEY CURE**

All Diseases of the Stomach, Bowels, Blood, Liver, Kidneys and Urinary Organs, Nervousness, Sleeplessness, Female Complaints and Drunkenness.

**\$1000 IN GOLD**

Will be paid for a case they will not cure or help, or for anything impure or injurious found in them.

Ask your Druggists for Hop Bitters and free books, and try the Bitters before you sleep. Take no other.

The Hop Cough Cure and Pain Relief is the Cheapest, Surest and Best.

FOR SALE BY W. R. WATSON AND APOTHECARIES HALL. [mar 5, '80]

**For Sale or to Let.**

THAT Freehold Property, with a front of eighty feet on Pownall Street and eighty-four feet on Sydney Street, the House containing 16 large rooms and two Kitchens. Can be turned into one Dwelling by unlocking a door. Apply on the premises to MRS. BOSWALL. April 26, 1880—t