

The Stars Say - -

By Genevieve Kemble

For Tomorrow

WITH the energies, forces and inclinations under high stimulus for action, plus an inner urge for excitement and indulgence, it could be easy to "kick over the traces" and act beyond bounds of restraint and discretion.

For the Birthday

Those whose birthday it is are urged to put in some time for elaborating plans and objectives for a particularly lively, constructive and enduring program for a progressive and fruitful year.

Cook's Corner

EGGNOG PIE

Crust

4 cups corn flakes, 1/3 cup melted butter and 1/4 cup sugar. Crush corn flakes into fine crumbs; combine with sugar and melted butter. Mix well. Press evenly on bottom and sides of 9-inch pie pan.

Filling

4 egg yolks, slightly beaten. 1/4 cup cold water, 1/2 cup sugar, 4 egg whites, stiffly beaten, 1/2 teaspoon salt, 1/2 cup sugar, 1/2 cup hot water, 1 teaspoon grated nutmeg, 1 tablespoon unflavored gelatin and 2 teaspoons rum flavoring. Cook egg yolks, 1/2 cup sugar, salt and water over low heat, stirring constantly until mixture coats a spoon.

ELLEN'S DIARY

By an Island Farmer's Wife

Ever away and fast, slip no the remaining hours of the day, time we should like to enjoy since we have proved our goodness and charm. In spite of our casual air it is usual for mankind to cross the threshold of New Year with some hesitation.

There is as well the most overwhelming thought that perhaps we ourselves may not be able to measure up to that which is required of us in the New Year; we may be too careless in the discharge of our given tasks, ungrateful for our common round and even cowardly in facing its issues.

We own to this feeling ourselves at this season when presently bell "Ring out the old, ring in the new." It was in my mind as I sat by a window this morning admiring the glory of the new-born day, pink suffused, and sparkling.

And a sparrow flew into our line of vision - one of that quarrelsome industrious ilk that build straw feathery nests in the nooks and crannies of the house.

When cutting down on salt and fluid and using quieting drugs falls to lower dangerously high blood pressure, surgery is now a last resort.

Dr. Reginald H. Smithwick, Professor of Surgery, Boston University School of Medicine, Surgeon-in-Chief Massachusetts Memorial Hospital in Second Symposium.

The Clinical Problems of Advancing Years, states that the primary objective of the surgical treatment of hypertensive cardiovascular disease (heart and blood vessels) was to determine whether the prognosis or outlook for these patients could be significantly improved.

"High blood pressure is responsible for premature disability and for a great many deaths each year among young and middle-aged individuals. There is no more important problem, including cancer, before the medical profession today."

During the past twelve years, 3,000 patients have been studied from the standpoint of surgical treatment of high blood pressure. About 2,000 have been operated upon and 1,000 treated medically.

Ninety per cent. of the patients were under 50 years of age and 80 per cent. between 20 and 49.

The evidence available after this investigation and follow-up of about 3,000 cases shows "marked and greatly improved" results from operation, from the standpoint of patients' blood pressure and extension of the life span.

Until a drug is found that will lower or prevent high blood pressure, surgical operation offers improved health, more productive mental and physical work, and lengthening of the life span.

DOROTHY DIX SAYS-

Stepmother's Role Difficult

Children Compare Own Mother With Father's Second Wife

DEAR MISS DIX: I am a girl of 26, wanting to live again. Two years ago I married a man who has three children. Their mother left him when he was in the army. I have cared for the children as best I could but they continually compare me to their mother. I've tried to teach them manners and help with their schoolwork but they resist every attempt I make to improve them. This month they came home with six F's among them. The 8-year-old girl strikes at me when I try to make her mind. I love their father very much but these youngsters have me down, and I'm afraid I can't go on much longer. What can I do?



ANSWER: A girl who marries a widower and tries to mother his orphaned children has a difficult job, but the stepmother of youngsters whose own mother is still very much around is confronted with an almost impossible task. A woman who has failed in her job of wife and mother is very reluctant to see another woman step into her shoes and try to make a success of the job.

MAKE HUSBAND HELP

The only hope you have for maintaining a half-way successful household is to have your husband exercise some authority over his own children, which apparently he does not do at present. The youngsters, of course, are in a difficult position themselves, as are all children of broken marriages.

Your problem is the rule-rather than the exception-in any case where a girl marries a divorced man with children; it is one reason why I so vehemently caution against these unions. At best, the situation settles down to a state of armed truce; nothing better can be hoped for.

DEAR MISS DIX: Recently my niece married and I gave her a sum of money as a gift. In some manner, she misread the figure on the check for half the amount I gave her, and told her mother and sister she had received the lesser amount. Now they are all, in common parlance, "mad at me". I have always been as generous as my means would allow, and they hardly ever remember me with a birthday card.

ANSWER: Your relatives are certainly mercenary to take so petty an attitude over your gift. Even if you had given a smaller amount than your niece actually received, there is no excuse for her family's conduct. Can't you set them straight on the amount of your gift? In any event, since your kindness has been so ungraciously received, would be foolish to continue your generosity.

DEAR MISS DIX: I am a working girl of 20, and very interested in a young man whom I only see in church on Sunday. What can I do to meet him?

ANSWER: Why not scout among your friends and see if anyone who knows this young man would arrange a meeting for you? Perhaps he is active in church affairs. A dance, play or bazaar will provide a quite adequate introduction.

By becoming so much interested in a man you don't know, however, you are creating a romantic illusion that could prove to be a great disappointment.

Better English

By G. C. Williams

- 1. What is wrong with this sentence? "Bob never told me that that was Mary's and Jim's home." 2. What is the correct pronunciation of "safety"? 3. Which one of these words is misspelled? Gossamer, goddess, gondola, gorilla. 4. What does the word "prevalent" mean? 5. What is a word beginning with sup that means "haughty"?

Household Scrapbook

By Roberta Lee

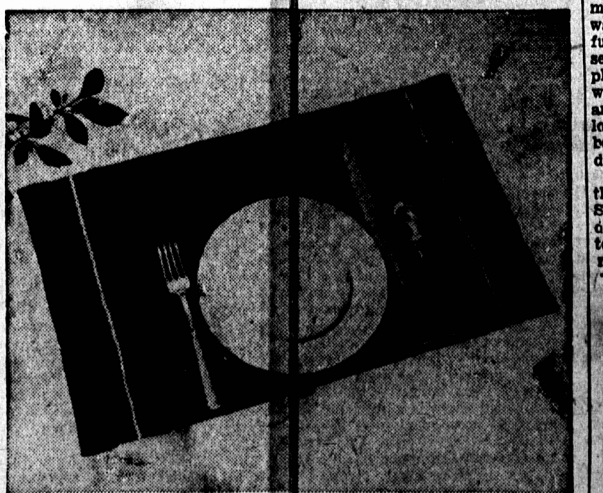
Aluminum Ware If all aluminum ware is discolored in the inside, fill with a cold weak solution of vinegar and water (1 tablespoonful to a quart), bring slowly to a boil, and let boil for five minutes. Polish inside with the finest-grade steel wool, and outside with sifted whiting applied with a damp piece of cloth, and occasionally with the steel wool.

Modern Etiquette

By Roberta Lee

- Q. How should a silk umbrella be dried? A. Do not open the silk umbrella to dry it, as this causes the silk to stretch and become stiff. The proper method is to close the umbrella and turn it upside down. The water will gradually drain off without injuring the fiber of the silk. Q. How can I prevent my canary from picking his feathers and skin after his bath? A. Add a few drops of cologne water to the bird's bath.

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How Can I...?

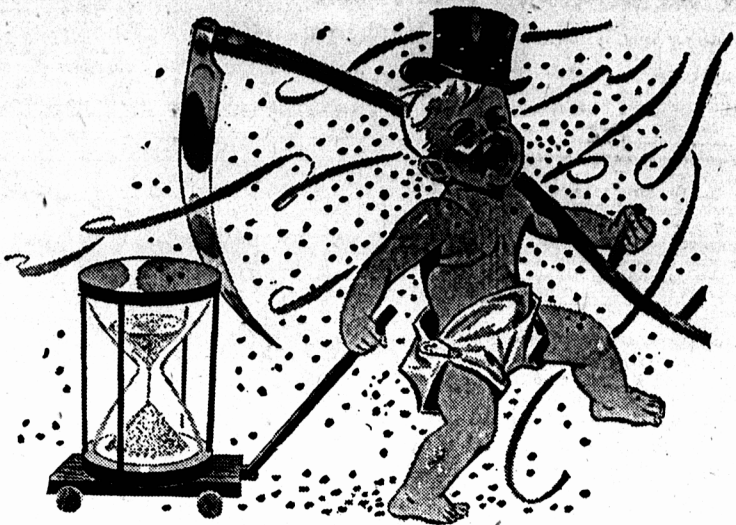
By Anne Ashley

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Morning Smile

"Arthur hasn't been out one night for three weeks." "Has he turned over a new leaf?" "Nope. Turned over his dad's new car."

Foiled Gent: Will that new kind of collar you advertise make me look like that fellow in the advertisement. Assistant: Well, it might! Gent: Then let me look at your other styles, please.

4718 5-14-16 M-18-20 by Anne Adams

Happy New Year We are sincerely grateful for the generous patronage that you have conferred upon us during 1951, and in appreciation for your good-will and friendship, we extend our sincerest wishes to you. ... May the New Year be replete with pleasure, health and happiness.

Sunter's Ladies' Wear 162 Great George Street

The Birthday Murder

By Lange Lewis

CHAPTER FORTY-TWO

Part One

Victoria looked at the ring on the table. "I'm glad," she said. She looked at Tuck and forced herself to say: "I'm full of cheap female pride. To have the whole world know what he did for that little blonde thing would be unbearable."

Tuck said: "I will always think of him as a case history. Was a perfect example of a pattern so universal that no one regards it as strange. The success pattern. The simple-hearted dedication of every act to the achievement of a private goal. The simple-hearted belief that any means justifies this end. When he was 16 he married a woman who paid his way through college; after he had graduated he gracefully acceded to a divorce. His second marriage was to an heiress. She paid for his first Broadway production. After that, he was willing that she go, too. Age found your brains could be useful to him, and he married you. The little actress was the first woman who was useful to him because she was herself. In a way that upset his epicurean. For Albert's time, that was love. Through that one woman he could not bear to lose, he lost his life. I suppose that might be called poetic justice, although I do not like the term."

The door bell rang. "That, I think, will be your friend, Mrs. Saxe," said Tuck. "I told her I did not think you should be alone tonight. I'll be getting along now."

As Bernice came into the house, Tuck left, his broad shoulders filling the doorway for a moment. Victoria watched him go down the steps to the driveway. Suddenly she recalled something that had puzzled her. "How did you get out there on my balcony?" she called. "So I thought I'd drop in to see how things were here."

Victoria looked up at her. "I climbed a tree," he said. He got into his black sedan. Bernice wanted to know why Tuck had asked her to come. While they undressed for bed Victoria told her everything. Bernice was loud in her castigation of Albert, profuse in her sympathy. But her brown eyes shone brightly.

They lay side by side as they had so many times down through the years. From the darkness Bernice suddenly spoke. "That hat," she said. "Do you suppose Hazel would like it?" "What are you talking about?" asked Victoria.

"That pink hat. The one I bought for the inquest." "You mean that you went out and bought a hat especially for the inquest? THAT hat?" "Certainly. It made me look like a fool, which is what I wanted. That made it quite believable to the coroner and the jury that I'd become hysterical and thrown the poison out for no reason at all. I didn't want anyone to know that I thought, for just a tiny while, that you could have killed Albert."

"Darling," said Victoria. "You are really wonderful." "Dark?" flattered the excited client. "Yes," said the fortune-teller. "Dark. It will have to be."

Two months after Albert's death Victoria was working in her den when the doorbell rang. It rang again and then she realized that Hazel was at the market. Grumbling to herself, she ran down the hall and opened the door. Sawn was on the porch. "First leave I've had," he said. "So I thought I'd drop in to see how things were here."

He entered the house and looked about him. "I wasn't sure you'd be here. I thought you might have moved." "Why would I move?" she asked. "As they walked down to the living room. Well," said Sawn, "unpleasant associations, you know." "If I HAD rented this house and moved somewhere else, it wouldn't have altered the fact that Albert tried to kill me here," said Victoria.

"No," agreed Sawn cautiously. "I'm working," said Victoria as they sat down on the sofa, "on a new story. But you can stay for a little while."

To be concluded Her Only Hope As often happens when a woman is approaching forty, Miss Robinson was about twenty-eight, and not without hope. Even her favorite fortune-teller couldn't see a suitor in the offing, but was anxious to keep a customer. "Ha!" she said, her eyes on the crystal. "I see a tall man. He's going to propose to you." "Dark?" flattered the excited client. "Yes," said the fortune-teller. "Dark. It will have to be."

Alice Brooks Designs

THIRTY! JIFFY! A quickie! It's almost all shell-stitch crochet, done with a large hook and gay knitting worsted scraps. Snooze in perfect comfort under this woolly afghan, it's a beauty to have around you! Jiffy Afghan Pattern 7339 has crochet directions. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

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7829 by Alice Brooks