

First Aid and Home Nursing

(from the St. John Ambulance)

TO STOP BLEEDING

The sight of blood is enough to throw many people into confusion. Fortunately, most cuts are superficial and the bleeding will stop quickly. It is when a deep wound causes a heavy flow of blood that first aid knowledge really comes in handy.

While not the recognized first aid method of stopping the flow of blood, St. John Ambulance says these three steps will work in many cases and are the best procedure for anyone untrained in first aid or medicine.

First, the wounded person should rest. He should be encouraged to lie down quietly and particularly to keep the wounded part still. This will make his blood pressure drop, his pulse will become slow, and less blood will flow into the wounded area. This will reduce the loss of blood.

Next, elevate the wounded part if possible. Bleeding will stop more quickly if the wounded part is above the level of the heart.

The most important step of all is to apply firm pressure directly to the wound. This is by far the most effective first aid measure beginners can take. Ordinarily, pressure should be applied through a dressing which is bandaged firmly to the wound. The dressing should be thick and compressible to facilitate the application of even pressure over the whole wound area.

Pressure on a wound reduces bleeding because it compresses all blood vessels leading into the wound and lessens blood flow; it retains shed blood in the wound until clotting occurs.

Rarely, in cases of profuse bleeding and when a dressing is not immediately available, it is permissible to press with the bare hand directly on the bleeding point. The exact site of maximum pressure can be altered until the most effective position is found. If sufficient pressure is applied to the wound, bleeding will practically always be controlled.

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Labrieville, Que. is Capital Of Important Power Project

By Bertrand Thibault Canadian Press Staff Writer

LABRIEVILLE, Que. (CP)—The whirr of electric food mixers blends with the distant crunch of explosives from the mountains. Red letters scrawled on a sign decorated with moose antlers proclaim the town of Labrieville, capital of the \$225,000,000 Bersimis river power project. The project, to be finished seven years from now, harnesses one of the most important of the rivers flowing into the St. Lawrence from the north-easter Quebec highlands.

This town 250 miles north of Quebec City is the administrative centre for the 4,000 workers on the widespread project. A few miles away dynamite crews blast through rock to dig an eight-mile tunnel that will carry water to generators producing 1,200,000 horse-power.

Built For Workers

Named after Msgr. N. A. Labrie, Roman Catholic bishop of the Gulf of St. Lawrence, and peopled now by a temporary population, Labrieville was built to house the workers who will man the power station when the Bersimis plan is finished.

The 2,000 inhabitants of the town, most of them workers, live in dormitories, eat in two huge cafeterias. Two thousand other workers at nearby camps have similar arrangements.

Scattered about the town are a church and presbytery, a hospital, a school for 50 pupils, Quebec hydro-electric commission administration buildings, a bank, tavern and three-cell jail as well as private homes.

Menus for all camps are prepared a week in advance. Food is kept in cold-storage warehouses here.

Huge Food Supplies

One day's grocery list would stagger the average housewife. It includes 5,000 pounds of meat, 2,000 loaves of bread, 1,100 pies, 130 cakes, 600 dozen eggs, 500 pounds of butter, 250 bags of potatoes, 10 bags of vegetables and hundreds of cans of condensed milk.

Trucks make daily deliveries to the outlying cafeterias where main dishes are cooked. Bread and pastries are baked in Labrieville.

A French-language menu is posted daily in each cafeteria. For \$10.50 a week a worker gets lodging and all the food he can eat. The tavern is open for two hours in the afternoon and two in the evening. Beer costs 25 cents a small bottle. Workers queue up for two bottles of beer each. They can have more but must go back to the queue to be served.

At night, Labrieville's population is swelled by hundreds of workers from the other camps. There are hockey games between the camps, movies, amateur shows and wrestling.

Big Payroll

On fortnightly pay-days as much as \$1,000,000 in wages is deposited in the bank. Each worker's pay, less board and laundry, is put into his personal account and he gets a statement of his net earnings. He may withdraw any amount. The bank also forwards any allotment he may make to his family. A bank

employee makes a weekly tour of the outlying camps.

Minimum wages at the project is \$45 a week, or 90 cents an hour for unskilled labor. Carpenters and truck drivers earn about \$1.20 an hour, and miners between \$1.15 and \$1.50.

The 12-bed hospital, staffed by two doctors and four nurses, has modern x-ray and operating rooms. There are first-aid units in each camp.

Besides the nurses, 60 other women work in the camps, mostly in offices and cafeterias. They live in a special camp supervised by Mrs. Georges Hamel of Quebec City.

A 15-page stencilled French-language newspaper with one page in English, *Traite d'Union* literally *The Hyphen*, is printed monthly. It carries local news, editorials, a sports column, comic strip and a crossword puzzle.

Rev. C. E. Robitaille, parish priest who writes a religious column for the newspaper, makes it a point to eat every day with the workers in one of the cafeterias. Another priest, Rev. P. Gagne, has charge at Robertsonville, a smaller camp nearby.

Father Gagne celebrates mass in the cafeteria at Robertsonville because like all the outlying camps it will be dismantled once the project is finished. Only Labrieville has a permanent church.

Gov't Hopes To Drop Emergency Powers Soon

OTTAWA, (CP)—Prime Minister St. Laurent said Monday the government hopes to do without the Emergency Powers Act after May 31 but has made no formal decision because of possible shifts in international affairs.

He said an Opposition motion, describing as "repugnant" to responsible government the powers given the government under the act, is merely an attempt to decide government business before the government wants it decided.

Opposition Leader Drew won support for the motion from the CCF and Social Credit parties. He charged that the government had abused its powers under the act and that Parliament should make it clear that the government must not ask that the act be kept in force beyond May 31, present expiry date.

Mr. St. Laurent said Parliament will have an opportunity to take a stand on the question if the government seeks another extension in the bill, first passed in 1951 to meet the emergency of the Korean War. It was extended last year to this May 31.

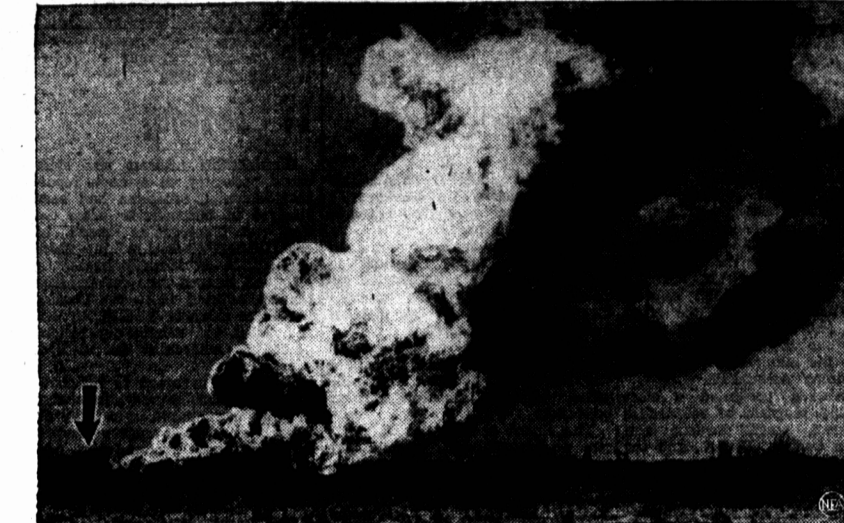
Future Uncertain

He said there has been no occasion in the last year to use the wide powers over the economy and other individuals. The government will be happy if it does not use them. Events may develop that would make the powers unnecessary.

The cabinet had discussed extending but had refrained from making a decision, because it hoped that an extension would not be needed.

The Opposition motion had been brought forward because the act might lapse removing the opportunity of crying "wolf-wolf" and raising the "bogey" of one-party state. No one disputed Parliament's supremacy or the rule of law.

Despite constant charges of dictatorship, Hitlerism, Fascism or Communism, there were none of these things in Canada. That was why during his world tour he found such admiration for Canadian institutions and "even favorable comparisons with those things that many in the United States deplore in the administration of their own country."



GO UP IN THIS SMOKE — Gas escaping from a well 10 miles southwest of Hobbs, N. M., is burning at the rate of \$1.16 worth every second. That's an estimated 100,000,000 cubic feet a day, enough to supply a city the size of Ft. Worth, Tex., with all the fuel it needs. Gas was ignited when it was forced from the well by underground pressure, causing either a friction spark or an arc in a broken electric lamp. The steel drilling derrick over the well melted and toppled over within two hours. The charred mass at left (arrow) was a \$38,000 well-cementing truck caught too close to the well when the gas "blew."

Social Workers Meet In Moncton To Discuss Report

The March meeting of the N. B.-P. E. I. Branch of the Canadian Association of Social Workers was held in the Mental Health Clinic, Moncton, with Mrs. Mary Bishop, president in the chair.

The regular business was concerned with the nominations of the Association for the coming year. Further study was given to the relationship between the Schools of Social Work and the Social Agencies in the Communities.

It is felt that many people in New Brunswick will be particularly interested in an article which appeared in a recent issue of the *Social Worker*, the official organ of the Canadian Association of Social Workers. The article dealt with the welfare services in this province and was based on the findings and recommendations of the 1949 Welfare Survey. The survey under the able chairmanship of Miss Bessie Touzel, then Assistant director of the Canadian Welfare Council, was carried out under the auspices of the Provincial Government. It is popularly referred to now as the "Touzel Report."

During the 14 weeks the survey was in progress, 5300 miles were traveled and many institutions and organizations visited. Legislation, documents, statistical and financial data were also examined and interviews were held with provincial, city, town and country officials, agencies and citizens organizations. In this manner an attempt was made to secure as complete a picture as possible.

Many interesting facts about New Brunswick were brought to light and a number of recommendations were made. First and foremost is the recommendation concerning the appointment of a Deputy of Welfare, which would make necessary the formation of a provincial Welfare department in the province. Such a department would integrate and give direction to all welfare services. It goes without saying that necessary qualified personnel would be required. Any other recommendation which would make quite a drastic change, is the division into administrative units of the entire province so that all areas would benefit from a sound welfare program. A complete revision of the Children's Protection Act was advocated in order to bring it into conformity with present trends in child care. It was felt that consolidation of all legislation regarding children, into one act was desirable. At present, all Children's Aid Societies are autonomous with little provincial control or direction. With a good Provincial set-up, the various agencies could be very much strengthened and encouraged.

The results of the "Touzel Report" have been available to the public for a year and a half now. Many organizations and interested citizens have studied these results and have given their support. Certainly the N. B. members of the C. A. S. W. have done everything to keep the report alive, including study of the report, contacts with members of other organizations asking them to study it and offering their services to aid in interpretation. Contacts were also made with the members of the Provincial Cabinet and Legislature asking that the basic needs for a separate Welfare department be provided. Much remains in the future but one thing is certain: the report has become a common denominator for all those in the province interested in the welfare field.

Reads 8,000 Words Per Minute

DENVER, Colo. (AP)—In the time it takes you to read this little story, George Murch could be done with most of the page of the paper.

Murch, a Denver University student from Grand Junction, Colo., may be the world's fastest reader. He has been clocked at 8,000 words a minute by Dr. George Vardaman, chairman of the general education division of the university.

Strictly speaking, Murch doesn't read the printed word the way most of us do. He absorbs ideas instead of words and takes in whole pages at a glance, like a photograph.

Dr. Vardaman said tests show that Murch remembers what he reads. In fact, the faster he reads, the more he seems to retain.

The average person, Vardaman says, reads about 250 words per minute.

Multiple Accident On German Highway

DARMSTADT, Germany, (AP)—A motorcycle rammed into a parked trailer truck in a dense fog on the Frankfurt-Munich autobahn near Darmstadt Monday and its rider was killed.

Two trailer trucks stopped at the scene. Two other motorcycles smashed into the rear truck, killing both the motorcyclists.

Another truck, unable to stop in time, hit the wreckage and hurled the two bodies over an embankment.

A fourth motorcycle plunged into the truck. The rider and a companion were injured critically.

Six automobiles piled up in the opposite lane. Traffic was stalled for two hours.

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South Rustico And Vicinity

Miss Louise Peters of Notre Dame Convent, Charlottetown, spent the week-end at the home of Mrs. M. and Mrs. Gilbert Peters, South Rustico.

The sympathy of the community of South Rustico goes out to Reverend Fr. Robins P.P. and the Sisters of the Notre Dame Convent of North Rustico on the loss of their high school which was completely destroyed by fire early Saturday morning.

The many friends of Miss Lillian Gallant of Rustico, are sorry to learn that she is seriously ill in the Charlottetown Hospital. A speedy recovery is anxiously awaited by all.

The Misses Angie Doucette and Stella Doiron of Charlottetown, spent the week-end in South Rustico at their respective homes. —CA.

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