

# Women

The Guardian, Charlottetown, Thurs., April 8, 1965, 7

## HAPPENINGS

Andrey Jenkins, Women's Editor, Phone 45506

Advertising of America, during recent Advertising Week, announced Betty McCabe of Boston as Gal-of-the-Week.

The following article accompanied the picture of Miss McCabe: "Betty McCabe is a publicity director with a large Boston firm. She has a background in broadcasting as a writer, production assistant, assistant director (CBS-TV and NBS-TV) and as a producer, a background in the theatre as a director, writer and actress. She is a graduate of Cornell University and is president of the Cornell Women's Club, Boston. Her hobbies are cooking and painting." Miss McCabe has spent many summer holidays on Prince Edward Island at the home of the late W. Chester S. McLure, Bonahinley and Mrs. McLure, the latter an aunt of Miss McCabe.

Elma McEwen was the former Mrs. Elmyra Ann Stewart of Inverness, P.E.I.

Mrs. J. Howard MacDonald left by plane recently for Toronto, Ont. where she will visit with her son and daughter-in-law, Mr. and Mrs. Donald MacDonald.

Mr. and Mrs. Raymond Solomon, Georgetown, had as a recent guest their son, Lloyd, who is a student at St. Dunstan's University.

Mrs. C. R. Morris has returned to Fredericton from Westbrook, Maine, where she spent the winter with her son-in-law and daughter, Mr. and Mrs. John E. Murray. She is spending a few weeks with Mr. and Mrs. Eldred Weeks before taking up residence in North Granville for the summer months.

Halsey Profit has returned to his home at Burlington after visiting members of his family in Toronto.

Lemuel Robertson, Lower Montague, recently visited with Mr. and Mrs. Sterling MacLeod and Mrs. Donald Gillis, at Forest Hill.

Wesley Coulson has returned to his home at Lower Montague, after spending the winter with relatives in New Glasgow, N.S.

Mrs. Stephen Ackland who spent the winter months in Breadalbane is presently visiting with her daughter, Mrs. S.W. Willis, Charlottetown.

Mr. and Mrs. Fred Davison, Kensington, and Mr. and Mrs. A. Williams, Summerside returned home recently after spending a vacation in Florida.

Grp. Leigh Bell, Winnipeg, arrived last Thursday night to attend the funeral of his brother, the late Eric Bell, at Long River on Friday. He remained to visit his father, Alton Bell, and other members of his family during the weekend.

Mrs. Isaac Stewart, Mr. and Mrs. Arthur Pollard, Mrs. Maude Gamester and Byron Gamester have returned to their homes after attending the funeral of Mrs. Henry Cunningham.

Edison Horton has returned to Pictou, having spent several days with his wife and daughter in Murray Harbour.

Mrs. Amy Leard, Mrs. Edna Jenkins and Mrs. Mae MacFarlane left on Saturday for Toronto, Ont. Mrs. Jenkins and Mrs. Leard will visit their brother and sister-in-law, Mr. and Mrs. Fred Moyle. Mrs. MacFarlane plans to visit her daughter, Mrs. Iva Vaughan. Mrs. Leard, Mrs. Jenkins and Mrs. MacFarlane will attend the wedding of Mrs. Leard's daughter, Georgia.

Mrs. Mark Keith - Murray and two sons, Wayne and Christopher, have returned to their home at Windsor Junction, near Halifax, after having spent ten weeks at the home of her parents, Mr. and Mrs. Amos-Pineau, Fernwood.

LAC Urban Arsenal, serving at the RCAF Station at Summerside is presently on a mission to Ireland in connection with his duties.

Malcolm MacLean, Little Sands has returned to his duties on the MV Prince Nova, at Pictou, N.S.

Mrs. Harold Beck and son, Russell, Gunter Cove, are visiting relatives in the United States.

## MARY HAWORTH

### Spend 1st Year Taking Notes Then One Starts To Fit In

Dear Mary Haworth: It isn't lack of a college education but lack of adaptability that has your correspondent, RS in the doghouse, socially, since moving from New York to Washington D.C.

I speak from experience, both as a time New Yorker and as the wife of a man with a Ph.D. degree, whose friends and associates (in the academic world) don't mind in the least that I've had only a high school education.

I am included as an intelligent person and nobody cares that my cultural awareness (if I may say so) is based on wide reading, not on a sheepskin.

RS should recognize that her trouble is using the wrong tactics in the wrong places. The type of woman who is a success in New York isn't appreciated in Washington. In New York aggression pays. In Washington, this approach is frowned upon.

In Washington, one should be a spectator for a year at least, observing, listening, learning; noticing how others speak, dress and behave. Then, by adapting one's own performance, one begins to fit into the picture gradually, and to be sought as a friend.

By devoting an hour a day to serious reading, RS may become as well informed as most college graduates; but that is the least of her problems. Her alleged education handicap exists only in her mind. She must learn to listen first, speak later.

My advice is: start over, RS. Move to another of the many nice residential communities in Washington and follow the steps outlined above. Don't try to become a prime mover in everything in a few weeks, as you did before... E.S.

Dear Mary Haworth: Permit me a brief comment on the woman whose self-image has taken a beating since she moved, with her husband and sons, from New York City to the nation's capital.

We too suffered setbacks when we first moved to Washington. The eldest of our five children, previously a good student, had difficulty adjusting to the more permissive school atmosphere. The two middle children had trouble making friends. But things ironed out eventually.

About RS: She feels inferior, education-wise, to her new neighbors, yet groans (apropos her husband's suggestion that she overcome the deficit): "But how can a woman in her mid-thirties buckle down to study again?" As to that, it isn't easy, but it can be done. I am doing it....

It will take me years, at the rate I am going (two credits last semester, one credit this term) to garner the two year's credits I need for a degree. But already the rewards and dividends are immeasurable.

I strongly urge any housewife with a secret yearning for more education to get with it! It is hard work, yes; but also a lot more fun and stimulation than you can imagine, until you try... C.W.

Dear Mary Haworth: I am touched by the letter from RS, who feels desolate "amid the alien corn" since moving to Washington from New York City.

She feels inferior and on the defensive in relation to her neighbors, who are by and large, with different tastes and interests. But I see nothing in her letter about church going or church people.

When we moved to Washington some years ago I couldn't find new friends either, at first. Everyone was busy with their own crowd, taking no notice of newcomers.

Our children wept and begged to move back to our former home, which broke my heart, until an inner voice whispered "Go where friends are." So I did. I went to church, where I found not only friends galore but the never failing friend, our Lord Jesus Christ.

RS says she is "so depressed." I say: "To have peace of mind, one first must find peace of soul." Try going to church, RS. Talk to your pastor. Get through to God. Then the floodgates of friendship will open.

J. A. Dear Correspondents: Thanks for your variegated, dovetailing.

### Tired? Sluggish? Feel Better Fast

When you feel tired, sluggish, headachy, all dragged out - feel better fast with Carter's Little Liver Pills. Gentle, sure Carter's Little Liver Pills have been helping Canadians for well over 50 years.

Each tiny pill contains Carter's exclusive formula that has a very special action on your liver. This special action stimulates the liver bile, keeps it flowing freely. Aids the functioning of your digestive system. Eases away that tired, upset, sluggish feeling. Helps you feel good again.

So the next time you feel tired, sluggish, headachy, take Carter's Little Liver Pills and feel better fast. Carter's Little Liver Pills, only 49¢.

## IDA BAILEY ALLEN Orange Marmalade Cake Frosted To Perfection

JUICY sun-drenched oranges, from Florida, our sunshine state, bring color and delightful flavor to spring menus - however used.

For instance, try the following cake fresh - out of your Test-Kitchen:

Measurements level  
**ORANGE MARMALADE SUNSHINE CAKE**  
1/2 c. butter or margarine  
1 c. sugar  
1 tbs. grated Florida orange rind  
1 tsp. vanilla  
3 eggs, unbeaten  
1 c. orange marmalade  
1-3 c. raisins  
3 c. sifted flour  
1/4 tsp. baking soda  
1 tsp. salt  
1 c. buttermilk

1. recipe ambrosia frosting recipe follows  
1/2 c. shredded or pkg. coconut  
1/2 peeled orange sections  
Combine butter, sugar, orange rind and vanilla; mix - stir until very fluffy; Add eggs, one at a time, beating in thoroughly after each addition. Stir in marmalade and raisins.

Sift together flour, baking soda and salt. Add alternately to first mixture with buttermilk.

Oil a 9" tube - pan; line bottom with waxed paper cut to fit. Turn in the batter.

Bake 1 hr. in mod. oven. 350 degrees F. Let cake cool 10 min. in pan; then loosen top edges and turn out on rack.

Spread with ambrosia frosting. Dust with coconut, and just before serving, ring the top with orange sections. Serves 12.

## AMBROSIA FROSTING

1 1/2 c. sugar  
3 egg whites  
5 tbs. Florida orange juice  
1/2 tsp. salt  
3/4 tsp. crushed grated Florida orange rind

Mix sugar, egg whites, orange juice and salt in top off 1-qt. double-boiler. Beat with rotary beater until sugar dissolves. Place over boiling water and cook 7 min; beating constantly until frosting stands in peaks.

Remove from hot water. Add grated orange rind and beat until thick enough to spread.

Makes enough frosting to cover top and sides of a 9" tube cake, or to fill and frost two 8" or 9" layer cakes.

## SUNDAY DINNER

Hot or Chilled Tomato Juice (Spiced with Horseradish)  
Cucumber Sticks Olives  
Roast Beef Pan Gravy  
With Pan-Roasted Carrots and Onions and Yorkshire Pudding  
Orange Marmalade Sunshine Cake  
or Fruit Cup Topped with Orange Sherbet  
Coffee or Tea Milk

## TOMORROW'S DINNER

Yankee Bean Soup (canned or homemade)  
Fried Oysters with Chopped Cabbage Slaw made with Sauce Tartare  
Big Casserole Escalloped Potatoes and Cheese  
Canned Peas Marinated with Chopped Preserved Ginger and Its Syrup, Brown Edge Cookies  
Coffee, Tea Milk

## THE CHEF EXPLAINS

When using grated orange or lemon rind, why do we sometimes add the word "crushed"? When the grated rind is actually cooked, the flavor oils are naturally released by the heat. If the grated rind is NOT actually cooked, it must be crushed to release the flavor oils.

## WI Donates Library Books To School

Each member of the Orwell Cove WI passed in a book for the school library, in response to roll call, at their March meeting which took place at the home of Mrs. Wilfred and Mrs. Edison MacLean.

The treasurer's report showed a healthy balance with all bills paid. A donation is to be sent to the Easter Seal campaign.

The school committee reported that the trustees are having a new top put on the teacher's desk and are buying a map of the Maritimes. It was decided to send a small gift to a member who has been ill.

A paper on Education was read by a member, and next month there will be a talk or a paper on Health.

Mrs. Michael McKenna invited the members to her home for the April meeting, when the roll call will be answered by handing in articles for a penny auction. Mrs. W. Morrissey will be in charge of the programme.

An interesting contest prepared and presented by Mrs. Michael McKenna ended in a tie between Mrs. W. MacLean and Mrs. W. Morrissey.

The meeting adjourned, and refreshments were served, followed by a social hour.

## Girls Presented With Awards At Guide Tea

Slemon Park guiders, rangiers, guides and brownies held their annual "Thinking Day Tea" recently. This celebration had been postponed some time ago due to weather conditions, but even with the delay, it proved to be a most successful event.

The guests were received at the recreation hall annex by Captain Connie Phoneuf.

## Jo-Ann Hall and Brown Owl, Bernice Ward

Mrs. Mae Dewar, division commissioner for Prince County, and Mrs. Mally Pharoah, district commissioner for Slemon Park, poured at the beginning of the tea and were relieved later in the afternoon by friends in Guiding.

Three charming dolls, representing countries around the world, centered each tea table. These were a collection from the Guides and Brownies.

The Rangiers and Guides served efficiently for this occasion while the Brownies looked on and enjoyed themselves.

The highlight of the afternoon was the presentation of a Gold Cord and three All Around Cards. The awards were announced by the district commissioner and made by the division commissioner.

Diana Palmer, 1st Slemon Park Air-Ranger-Flight, received the Gold Cord, and All Around Cards were presented to Patsy Phoneuf and Mae Perley, 1st Guide Co. and Beverly Palmer, 1st Slemon Park Air-Ranger Flight.

The 3rd Brownie Pack and 2nd Guide Co. entertained with vocal selections, accompanied on the piano by Mrs. Marjorie Plunkett.

This was the first public appearance by the 1st Slemon Park Air-Ranger-Flight, and the girls looked really smart in their uniforms. Their captain is Mrs. Patsy Phoneuf and her Lieut. is Mrs. Jo-Ann Hall. Slemon Park boasts one ranger coo, two guide companies and three brownie packs.

## NEW STAMPS COMING

LONDON (Reuters) - Two new stamps to be issued on Commonwealth Day, May 24, in memory of Sir Winston Churchill show a close-up of his face based on the famous photograph by Karsh of Ottawa, the post office announced Wednesday. The stamps are printed in sombre colors of olive brown and grey and bear a small portrait of Queen Elizabeth in the top right-hand corner. One is worth four pence (five cents) and the other is 3d (19 cents).

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## LIVING DOLLS

One of a shipment of Resucel - Ann dolls will be given to St. John Ambulance branches across Canada in preparation for the annual "Save a Life" campaign which begins May 17.

The dolls will be shipped to St. John Ambulance branches across Canada in preparation for the annual "Save a Life" campaign which begins May 17.

The Resucel Ann dolls will be used to give "Save a Life" students practice in the techniques of mouth-to-mouth artificial respiration. The Sylvester method is also taught during the courses.

St. John Ambulance hopes to give free artificial respiration training to 175,000 Canadians this year. More than 4 million men, women, and children have taken advantage of the "Save a Life" courses since they were first offered 11 years ago.

## LIVING DOLLS

The Resucel - Ann dolls will be distributed to St. John Ambulance branches throughout the country. One hundred and seventeen of the life-sized dolls are already in use with St. John in Canada.

## ELLEN'S DIARY

### Surroundings Were Quiet And Pleasantly Peaceful

"Are you ever left alone on the farm?" a visitor was curious to know one day last summer, one who evidently found a loneliness in the extent of field and grove and woodland about.

"Only odd times" was replied. "And what do you do then?" "Oh, this and that; just putter about mostly - maybe read a bit."

Such a time was ours today. The Fat Stock Show had called Mack and his father this morning Noon was barely past when James and the mother and pair of lads in the house across the lane followed.

"Now then, Ellen" James said getting into his coat, "every-

thing's done! You needn't bother your heart over things at the barns. Of course if you should happen to hear a noise from there, you might look into it... We won't be too long away" he added.

"Good" we smiled... There were the usual household chores to do, and then the old armchair, it came to mind, would make us a snug retreat in which to read "we'll manage" we said.

The fire sang a pretty tune - of trilliums and other shy woods flowerings of ferns and bracken - and enchanting bird-song. Sunlight latticed a wall. Even though more or less deserted, our lot would not be unpleasant. So quiet it was indoors so silent. Only the clock's tick, the fire's song, and the sounds of this old house. You hear them when you are alone, and an old dwelling puts its arms about you. The vague words you can not think, but you know they tell of years gone by. They treat of its joys and its sorrows, because it has known much of life and living. Romance, shy and sweet, marriage in its parlor, births within its rooms, and death has hung crepe on its door.

We saw Scampie stalk along the yards, and come now, and again to the gate-way, to scan the length of road.

"Where had they gone? When would they return? Only time would tell." Quiet the surroundings were, and pleasantly peaceful. No door open at the barns, no work in progress anywhere. We tidied the kitchen, dusted off the stove with a gift of goose-wing. And then picking up our books, came to James' old armchair. Sougily it held us, its lines fitting comfortably. The clock ticked off the bright minutes.

We were as far as the third chapter when what an excited barking intruded into our silence! Scampie came rushing to the door. And around a corner of the barn a company of cows, of the kind appeared: the yearlings had broken from shelter. And not a man of the name, or in the neighborhood, was at home to round them again to their stable! "If the cattle should chance to make a break when we're away, Ellen" James had advised us before this, his words making the possibility seem remote. "Just run to the lane - bridge, and head them home. Because if they once get on the road, well..." his look was extremely grave.

We hurried to the bridge. In a hail and farewell, noses now and then to the winter-trail, and losing no time, they gained the keystone of the arch ahead of us, and in no time passed from sight up the rise of road which leads "in." Scampie, beside us, watching the spirited exodus, looked up with a bewildered grin.

"Oh me, oh my!" he commented wryly. "Oh me, oh my!" we echoed. "It goes out on a happy note. In this kind-sight, with its acres rested, it has been 'almost without incident' we may say. Until tomorrow - Diary - Good - night...."



by Anne Adams A QUICKIE!

Swing out, sweet skimmer - that's spring's message direct to young fashionables. Easy-sew - make it in a day! Choose linen - weave rayon, plique, denim.

Printed Pattern 4826: Girls' Sizes 6, 8, 10, 12, 14. Size 10 takes 2 yards 35-inch.

Forty cents (40 cents) in coins (no stamps, please) for this pattern. Ontario residents add 2 cents sales tax. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

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Spark a quiet corner with brilliant, tropical color! Parrots, exotic flowers mainly single stitch. Pattern 7309: transfer 15 x 20 inches.

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# Easter Frostings

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