



LIEUT. AND MRS. H. P. WILLIAMS-FREEMAN AND PARTY

Form Guard Of Honor At Military Wedding

Brother officers formed a guard of honor for Lieutenant Harry Williams-Freeman of the 22nd military wedding September 24th when he married Miss Valerie Rogers of Calgary and Charlotte, P.E.I. The bride is the daughter of Mr. and Mrs. Benjamin Rogers of Charlotte, P.E.I. and the groom is the son of Mrs. C. P. Williams-Freeman of Montreal, Ireland and the late Major William Freeman, D. S. C. Rev. J. Robson officiated in a setting of white gladioli and lilies. Given in marriage by her father, the bride wore a floor-length gown of corded silk taffeta and a square neckline of pearl-embroidered lace was gently scalloped, and the gown featured a little extending into a short train. A pearl coronet secured the bride's illustrious veil, and she carried bouquet of tiny gold roses and

Donna Gendie, Mrs. Rogers, mother of the bride, chose a gown of cognac color pearly de sole, designed in sheath style with pleated folds at the hips and back tulle panel. Her hat was matching cognac shade with iridescent tulle softly fashioning the crown. She wore dark brown accessories and a corsage of Talisman roses. A bugler played before and after the ceremony and at the reception.

A feu de joie was fired as the bride and groom entered the Officers' Mess, Queen's Own Rifles, Currie Barracks, where the reception was held. Decorations were in pink and white, and the orchestra was provided by Princess Patricia's Regiment. Col. C. P. McPherson, Commanding Officer of the Queen's Own Rifles proposed the bride last. For the honeymoon trip to the Canadian west coast, the bride changed to a brown angora sheath dress and matching jacket, with fine beading on the collar and cuffs. She wore brown accessories and a corsage of gold roses, and carried a taupe wool coat. Lieutenant and Mrs. Williams-Freeman will make their home in Calgary.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 5506

Page 8, The Guardian Tuesday, Oct. 16, 1956

HAPPENINGS

Mr. and Mrs. W. I. Bowman and daughter Kathryn, of Hunter River, have returned home after spending a very pleasant holiday at the manse in Rawdon, N.S., the guests of Rev. and Mrs. D. J. MacEachern.

Mr. and Mrs. Leonard Bowman, North Wilshire, were guests over the Thanksgiving weekend of their son-in-law and daughter, Rev. and Mrs. Douglas MacEachern, Rawdon, Nova Scotia.

Mrs. Ben W. DesRoches of Misouche, president of the provincial council of the Catholic Women's League left by plane Saturday morning for London, Ontario, to attend the national convention of the league.

Mrs. G. C. Hullquist, Allston, Mass., (formerly Pearl Fraser of Charlottetown), and Mother, Mrs. Maud Fraser, Allston, Mass., and sister, Eva, Mrs. Edward Langille, Londonbury, N.S., are visiting friends and relatives on the island.

Mr. and Mrs. I. McKay and Mr. and Mrs. Gerald Bonness, Sidmouth Avenue, have returned from a ten day motor trip. Among the places of interest which they visited was Niagara Falls.

Mr. Allison M. Gillis and Mrs. Redmond Soy are on a ten day visit to Boston and vicinity.

MARY HAWORTH

Mate Shirks Repair Chores, Wife Vexed

Dear Mary Haworth: Jim and I have been married 13 years and have three fine children and a modestly comfortable home in an upper middle class section.

Although Jim likes his family and his home, he admits to being lazy and loathes maintenance and repair chores. So when the slightest thing goes wrong, we have to pay a service man to fix it.

We've paid men in all fields for the merest trifles: such as a plug not being plugged in, therefore no heat; or a filter slipped in the heating unit, hence dust blowing through the house; or water in the basement, due to an open window. Once a 20-foot broken branch stayed on the roof five months, until a kind neighbor removed it.

No amount of good advice from neighbors or friends changes Jim, and this is a constant source of irritation to me. It is the basis of most of our arguments.

ENJOYS HOME MAKING TASKS Our house is fairly large and I have no help with laundry or cleaning; but I love my job as homemaker and enjoy painting, papering, decorating, sewing, cooking and gardening. I do feel, however, that such chores are putting up screens and storm shades, tidying the garage and basement, hailing out water and picking up branches after a storm, etc., are man's work. I think Jim should be made to realize this.

His only interest in life is his business, and he claims he is working like a dog to make enough money to pay someone else to take care of the maintenance. Meantime, what are we to do when the lawn needs mowing, the car tires need changing, the children's bikes need minor repairs, etc.? We both read and admire your column—and will be grateful for suggestions. K.P.

VALID CLAIMS Dear K.P.: In my opinion, a really competent housewife, confronted with a problem like this, and interested in getting things done efficiently—which is the best economy in the long run—would cry out against the argument with Jim, and become the brains in charge of maintenance.

My advice is to let Jim off the hook. If he provides you a comfortable home in a better class section, he has certain valid

LET'S EAT

A Dairy Farmer Gives Her Favorite Recipes

By IDA BAILEY ALLEN "I have three hobbies," remarked 84-year-old Mrs. Caroline B. Gaunt, award-winning dairy farmer of Johnstown, N.J. "They are: collecting recipes, cooking and collecting saw-tooth glass.

"Could you get that new recipe we worked out for lemon butter?" she asked her daughter, Mrs. Busa Armstrong. "It's much fluffier than the old-fashioned kind. I use it as a filling for layer cake or to spread on biscuits.

"And here, too, is my recipe for daffodil cake. I've made dozens of them for Grange suppers."

Mrs. Gaunt's Lemon Butter 1956: Separate 3 eggs. Beat the yolks until light with 1 c. sugar. Beat and stir-cook in a double boiler until thick as molasses. Then beat and fold in the egg whites. Store in a refrigerator.

Mrs. Gaunt's Daffodil Cake: Combine 1 1/2 c. sugar and 2-3 c. water. Cook at 234 degrees F. (by mouth thermometer) until a little, when raised on a spoon, forms a thread.

Separate 6 eggs. Beat the whites until foamy. Add 1/2 tsp. salt and 1/2 tsp. cream of tartar. Continue to beat until stiff and dry.

Pour and beat the syrup gradually into the egg whites. Divide into 2 parts. To one part, fold in 1/2 c. cake flour and 1/2 tsp. each vanilla and almond extract.

To the remaining part, add the beaten egg yolks. Fold in 2-3 c. sifted cake flour and 1/2 tsp. orange extract.

Lucina L. Stewart, R.N. Weds James E. Clements

A pretty autumn wedding took place in Corpus Christi Church, Glenwood, Lot 8, on Oct. 8th, when Rev. Fr. Dooley, pastor united in the holy bonds of matrimony Lucina Louise Stewart, R.N. youngest daughter of Mrs. Walter Stewart and the late Mr. Stewart, West Point, and James Edward Clements, son of Mr. and Mrs. John Clements, Glenwood.

Sore Throat? USE SODA

As a gargle to cleanse your throat and remove accumulated mucus, dissolve two teaspoons of baking soda in a glass of water.

FREE RECIPE BOOKLET gives other medicinal uses. Church & Dwight Ltd., Son Life Bldg., Montreal.

COW BRAND BAKING SODA PURE BICARBONATE OF SODA

MUSIC for the occasion was furnished by Mr. Raymond Ahern as soloist, accompanied by Mrs. Frances Larter as organist. The altar was beautifully decorated with autumn flowers.

The bride wore a toast brown princess style dress, beige hat and gloves, and a corsage of bronze mums and small yellow roses. Her sister, Mrs. Clifford Ellis, as matron of honor, wore moss green with matching accessories and a corsage of yellow roses.

The best man was Mr. Lindwood MacDonald, a friend of the groom. The wedding breakfast was served at the home of Mr. and Mrs. Clifford Ellis, after which the happy young couple left on a short honeymoon trip. They will reside in Moncton, N.B., where the groom operates a Texaco Service Station.

HOUSEHOLD HINT

To coax the last full measure of fluffiness from ball fringe trimmings, allow it to dry thoroughly; then hold it briefly over a steaming kettle or steam iron.

Pick up bits of broken glass with a bar of damp soap. Later you can shave them off with a knife and discard them.

FLYING FROGS The East Asian flying frog has webs between its toes enabling it to soar from branch to branch.

FUEL BOARD Britain's fuel research board was set up in 1917 to classify the resources and quality of British coals.

Recipes from the FIVE ROSES file

What a Treat!



ALMOND CUP CAKES

1 1/2 cups sifted five roses 1/4 cup milk 1 egg 2 cups sifted flour 1/2 cup melted butter 1/2 cup white sugar 1 tsp. vanilla 1/2 cup finely chopped almonds

FOOTING: 1/4 cup butter 2 cups sifted five roses 1/2 cup milk

Sift together flour, baking powder, salt and sugar. Beat together milk, egg and melted butter. Add wet ingredients to dry ingredients and beat 1 minute. Add chopped almonds and vanilla. Beat 1 minute. Pour into greased muffin tins. Bake at 350 degrees F. 20 minutes. For Footing: Cream butter, add vanilla; beat in long sugar and milk. Sprinkle over cakes.

This tempting recipe comes from page 60 of the new Five Roses Guide to Good Cooking. There are hundreds like it, from Apple Cake to Yorkshire Pudding, making this book a valuable kitchen aid. To obtain your copy just send 50¢ and your name and address to: Lake of the Woods Milling Co. Limited, Toronto, Montreal, Winnipeg.

KIDNEY ACIDS Rob your Rest..

Many people never seem to get a good night's rest. They turn and toss—blame it on "nerves"—when it may be their kidneys. Healthy kidneys filter poisons and excess fluid from the blood. If they fail and poisons stay in the system—disturbed rest often follows. If you don't rest well get and use Dodd's Kidney Pills. Dodd's help the kidneys so that you can rest better—and feel better.

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CANADA'S MOST RESPECTED NAME IN BAKING

Where There's A Will There's A Way, Slum Clearers Show

By GILL-AN PRITCHARD Canadian Press Staff Writer TORONTO (CP)—The fact that a group of young wives—each with two or three children—found time to interest themselves in slum clearance has generated enthusiasm among housing and welfare experts here to form a slum clearance action committee.

What started as a twice-monthly bridge evening for a dozen busy young housewives in North Toronto developed into an independent welfare association, whose members have been the basis in forming the Toronto committee on United Action for Slum Clearance.

Some estimates are that two per cent of Toronto's population are living under slum conditions.

PRACTICAL HELP Says blonde, blue-eyed Mrs. June Rowlands, 32-year-old chairman of the committee and a founder member of the bridge club: "We were all young mothers average age 24, and instead of playing bridge one evening, we discussed doing something practical for a slum family."

The women called themselves the Tri-W Welfare Association—for "where there's a will, there's a way"—and collected names of needy families from recognized

welfare agencies. The Tri-W has grown to two chapters of 15 members who each pay a \$10 annual subscription and raise funds by rummage sales.

They provide aid to seven families at a time, supplying used clothing and daily milk and eggs. At Christmas, they give groceries, clothing and toys.

BIG CONTRAST Several of the founder members of the Tri-W have moved to suburban Don Mills, one of the best-planned housing estates in North America. And, says Mrs. Rowlands, "It's often quite a shock to visit the city's worst slums after Don Mills."

After six years of helping in a small way, the Tri-W members decided they wanted to make a more tangible effort to wipe out city slums and provide low-rental accommodation in its place.

"Housing and welfare experts we approached were often astounded when a sweet-faced brunette walked into his office instead of the rather severe matron he had been expecting," says Mrs. Rowlands with a smile.

"The name of our Tri-W association also caused quite a few laughs," she adds.

Harper - Gordon Wedding In B. C.

Mrs. Donald B. Gordon, Appin road, Prince Edward Island, announces the marriage of her daughter Jean to Oswald King, son of Mr. and Mrs. King, 1121 Harwood St., Vancouver, B.C., on September 27, 1956 with Rev. R.W. Bray B.A. performing the ceremony.

The groom is the son of Mr. and Mrs. M.E. Harper, Nelson, British Columbia.

For her wedding the bride chose royal blue sheer wool dress with matching full length tweed coat, complementing her ensemble were beige accessories and a corsage of orchids. She wore a pearl necklace, her gift from the groom.

Mrs. A.C. Harper was matron of honor and the groom's brother Mr. Fred C. MacLeod gave the bride in marriage.

A reception was held at the home of the bride's friends, Mr. and Mrs. Fred C. MacLeod, North Vancouver.

After a honeymoon in Seattle, Mr. and Mrs. Harper will reside at 1121 Harwood St., Vancouver, B.C.

Out of town guests were the groom's parents Mr. and Mrs. M. Z. Harper, Nelson B.C. Mr. and Mrs. C.W.R. Harper, Nelson B.C. Mr. and Mrs. A.C. Harper, Vernon, B.C. Mrs. Oscar Hansen, Snohomish, Washington.

WIFE PRESERVERS



Weather tips won't stay on the tops of your kitchen cabinets, tape them with duct plastic electrician's elastic tape. This will make them acid-proof and protect the flooring.

Detailed In Tweed



Salt and pepper tweed has been smartly worked into a suit for fall-to-winter wear. Interesting detail includes scaming on either side of the front—placed pockets. The pockets are piped with the same bright green as the lining of the jacket and facing of the collar. A low-slung half belt is back of the jacket and a slim skirt complements the design. Subtly detailed tweeds are selling well at every price range, we're told.

MORNING SMILE

Junior: "Daddy do you keep on growing taller all the time?" Father: "No son, why do you ask?" Junior: "Because the top of your head is poking up through your hair."

RECORD CAR SALES

OTTAWA (CP)—Canadian sales of new passenger cars set a record of 34,600 units in August with a retail value of \$93,622,000, compared with 33,450 units valued at \$86,894,000 a year before. The bureau of statistics reported Monday.

KEEP IN TRIM

Overeating At Dinner Leads To Weight Gain

Overweights tend to overeat at the evening meal. We would like to blame the tendency toward excess weight on something, so let's blame modern living. The main meal, coming as it does when activity is over, is a big reason for the middle spread.

Shortly after dinner, most folks settle into a comfortable chair to read the newspaper, watch television, listen to hi-fi, and take it easy. Naturally circulation slows up, and it is almost constant finding that overweights tend to overeat at dinner.

Don't Neglect Slipping FALSE TEETH

Do false teeth drop, slip or wobble when you talk, eat, laugh or sneeze? Don't be annoyed and embarrassed by such handicaps. PASTERETH, an alkaline (non-acid) powder, softens and sets false teeth. It is an almost constant finding that overweights tend to overeat at dinner.

The best meal of the day can still be in the evening when there is time to relax and enjoy it. But if we are to avoid overweight we should stop late day overeating.

Our eating habits can be changed. It is slimming practice to get up from the table just short of that full, replete feeling. Once away from the table and the sight and the aroma of food, we soon feel content. But as long as we sit at the table there is the temptation to continue eating. To avoid eating rich desserts, many people who control their weight find it helpful to have their coffee in the living room.

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