

Better English

By D. C. Williams

1. What is wrong with this sentence? "The United States was represented at the conference by the Secretary of State."
 2. What is the correct pronunciation of "stolid"?
 3. Which one of these words is misspelled? Witticism, wastage, wharf, wholesomeness.
 4. What does the word "onerous" mean?
 5. What is a word beginning with perf that means "false to trust"?

ANSWERS

1. Say, "The United States was represented." 2. Pronounce the o as in on, not as in no. 3. Wastage. 4. Burdensome; troublesome. "The country has been trying for years to pay this onerous debt." 5. Perfidious.

Modern Etiquette

By Roberta Lee

Q. When a friend gives the reception for a bride and bridegroom at a club, may this fact be included on the reception card?
 A. Yes; the words "Through the courtesy of Mrs. Thomas Ferguson" may be put in the right-hand corner of the card.
 Q. What reply can I make when friends tell me I have a very fine or very charming son?
 A. Just a sincere "thank you" would be fitting, or it would be all right, too, to say, "I think so, too, and it's nice of you to tell me."
 Q. When a woman who hasn't the facilities at home entertains a party of friends in a public dining room, would it be all right for one of the men to offer to defray any of the expenses?
 A. Never.

The Stars Say --

By Genevieve Kemble

For Tomorrow
 ADHERE to your own principles and ideals this day and do not allow yourself to be influenced by others. Above all, do not let anyone rush you into a situation against your will or force you into making a decision without due analysis and consideration. Take matters in stride, and work calmly and quietly to avoid carelessness and consequent errors.
 The evening hours favor quiet relaxation and studious pursuits. If you are planning to travel in the near future, this is also a good period in which to complete arrangements and attend to last-minute details. Check budget thoroughly, since costs may be greater than you anticipate.
For the Birthday
 If tomorrow is your birthday, the professional or public activities in which you may have been engaged during the past six months should begin to yield valuable results during August and, in the period immediately following you should be able to consolidate your financial position with unprecedented ease. Good fortune in the form of increased security, is the promised outcome.
 Pleasure, romance and travel are under beneficent aspect during October, and the last three months of the year promise much in the way of stimulating social activity. Unexpected changes brought about through the mediation of an influential person, could be quite fortunate.
 A child born on this day will be sympathetic, loyal and endowed with the qualities that lead to civic prominence.

NEW LONDON W. I.

Mrs. Dan MacKay was hostess to the June meeting of the New London W. I. Delegates to the annual convention are Mrs. Harold Maxwell and Mrs. Morton Adams. Substitutes, Mrs. Wilbur MacKay and Mrs. Lorne Campbell. The next meeting will be held at the home of Mrs. Wilbur MacKay.



The marriage took place on June 6, at the Norwegian Seaman Church, Montreal, of Doris Violet Porteous Smith, formerly of Argyle Shore and Canoe Cove to Mr. Sven Sture Soderkvist. The bride is a daughter of Mr. James Porteous and the late Mrs. Porteous, Vancouver. The groom is the son of Mr. and Mrs. Porteous, Vancouver. The groom is the son of Mr. and Mrs. Albin Soderkvist, Stockholm, Sweden. Rev. Arthur Styker conducted the marriage ceremony.

That Body Of Yours

By James W. Barton, M.D.

PREVENTING "STREP" THROAT PREVENTS RHEUMATIC FEVER AND HEART DISEASE

One of the important helpful acts of the American Heart Association is giving the physicians of the United States, Canada, and other countries, the findings of research workers on diseases of the heart. The Association obtains these findings of these research workers because of the gifts granted from the funds obtained by Heart Week. Thus in the News and Notes column of the "Canadian Medical Association Journal" we read that the American Heart Association has launched a nationwide campaign for the prevention of rheumatic fever (children's greatest enemy), a disease which may follow "strep" infections and which is one of the major causes of heart disease.
 The Heart Association has prepared a "Statement" for the guidance of physicians providing details for the use of penicillin and sulfa drugs in the prevention and treatment of sore throats and other "strep" infections. These recommendations are being given the widest possible circulation among physicians and the various organizations of public minded men and women interested in the welfare of their fellowmen.
 "The effectiveness of penicillin and the sulfa drugs in preventing beginning and repeated attacks of rheumatic fever has been proved in numerous tests in recent years. Therefore, the prevention of rheumatic fever and rheumatic heart disease depends upon the control of streptococcal illnesses. This may be successfully accomplished by (1) early and adequate treatment of streptococcal infections in rheumatic subjects."
 From this published "Statement," we learn that at least 3 per cent of untreated "strep" infections are followed by rheumatic fever which is responsible for most of the heart trouble in children and a large share of the heart problems in early and middle adult life.
 Unfortunately, "strep" attacks causing heart diseases are not like some diseases in which one attack gives immunity from further attacks. Those with a previous attack of rheumatic fever are particularly likely to have further attacks if they develop a "strep" infection. "Because of the special hazards of streptococcal infections for persons with a history of rheumatic fever, the Council of the Heart Association has issued a companion statement, addressed specifically to children's and general hospitals, requesting them to develop protective measures for rheumatic fever patients cared for in wards."
 Professional persons may obtain a copy of the "Statement" by applying to the Medical Director, American Heart Association, 44 East 23rd St., New York 10, N. Y.

Parent Objects To Dating

Father Responsible For Retarding Daughter's Social Development

DEAR MISS DIX: Although I am almost 19, my father has just recently granted me permission to date. He gave in only because I am a freshman in college, and some school activities necessitate my being out at night occasionally. However, I must always be in by 12:30. The trouble is, that now I find myself a very maladjusted person socially. I get along with everyone in school—except the young men. I have made a few male friends, but have no dates. I would like to get into the fun. Do you think my father has ruined my life completely by his strictness, or do you think there's still a chance for me to have fun in college?
 M. G.

A PRETTY GIRL PLUS

ANSWER: While your father certainly retarded your social development, he hasn't ruined it, by any means. It would take more than that to stunt the social growth of an attractive, intelligent, well-educated young lady of 19.
 You should get into all the classes, and all the activities possible, that are favored by the male students. If you have an aptitude for science, concentrate on classes in that field; join one or two hobby clubs in such activities as photography or stamp collecting; learn to participate in sports—don't be a spectator all the time.
 Your big effort must come in learning to accept men friends as you do girl friends—without self-consciousness, or an obvious effort to please and attract. Help in this field may be found in a psychology course. These suggestions may sound as if I'm urging a concentration for a degree in "man-catching." Naturally, the prime consideration of college is to get an education. Any knowledge you acquire will be relatively barren if it doesn't include an aptitude for getting along with people—male or female. After all, you don't expect to make a living as a hermit, and unless you leave your Alma Mater with good-fellowship, as well as a degree, your education has failed in its full purpose. Why else do you think schools devote so much time to extracurricular activities?

DEAR MISS DIX: We have been married for four years, and have a two-year-old baby. I have been working for the past several months in order to help us get a home of our own. However, in helping me save, my husband is buying rather expensive sports equipment such as golf clubs and guns. Our arguments on the subject are getting so bitter that I sometimes think it would be better if I didn't work.
 ELLEN K.

ANSWER: The source of all your trouble lies in your job. You have taken over the responsibility of saving towards a home, and your husband is perfectly willing to shift the burden to your shoulders. Give up the job and devote all your time to the care of the baby. Let the man of the house realize that he alone is responsible for the financial welfare of his family, and when he sees that there just isn't enough extra money to cover hobbies, he'll forego the heavy spending.

DEAR MISS DIX: My husband is 28, I am 25, and our marriage has been, at least outwardly, a happy one. We have three children, a pleasant home, nice friends and social activities. About once in two months, my husband goes on a drinking spree that lasts for three or four days. During these periods he is never home for meals, often misses work, and spends considerable money. After each session he vows to reform, but in another two or three months he's off again. What can I do with him?
 FRANCES R.

ANSWER: You need the help of Alcoholics Anonymous. When your husband is in one of his reasonable moods, get him to contact this wonderful organization, and I'm sure you'll both be thrilled with the sympathetic understanding you will receive. Your husband's trouble springs from weakness rather than an ingrained love of alcohol, and, apparently, he is anxious to change his habits as you are to have him do so. I'm sure he can be helped.

How Can I!!!

By Anne Ashley

The Sick Room

Q. How can I test the electric waffle iron for the right heat?
 A. Place a sheet of white paper between the grids. When the paper turns brown, the iron is ready for the first batch.
 Q. How can I brighten dingy-looking rubber overshoes?
 A. By washing the shoes with water containing a few drops of ammonia, and then giving them a thin coat of liquid shoe dressing.
 Q. How can I clean white enamelware?
 A. By dipping a wet cloth into baking soda and rubbing it on the ware. Do not use the soda sparingly.

Collars

Coat collars can be cleaned by moistening with benzine, and then after it is dry, sponging thoroughly with soap suds. Be sure to keep the benzine away from any fire.

Mosquitoes

Much can be done towards eliminating the mosquito menace if all the screens are wiped over with a pungent oil, such as citronella, camphor or cedar.

Morning Smile

Everything's O. K.

The Florida beach and the blue sky looked very inviting to the newly arrived tourist from the North, but before venturing into the water he wanted to be sure it was safe.
 "Are there any alligators here?" he inquired of a native. He was assured that there were no alligators in the water.
 The tourist dove in. After swimming out some distance he called back, "Are you sure there aren't any alligators here?"
 "Of course I'm sure," shouted the Floridian. "They never come around here. They're afraid of the sharks."

Household Scrapbook

By Roberta Lee

The Sick Room

If you will try burning a few grains of coffee in a sick room, you will find that it drives away any odors.

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Alice Brooks Designs

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 No embroidery, iron on! Washable! Pattern 7251 has 10 transfer motifs 2 x 2 1/2 to 3 x 9 1/2 inches.
 Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

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HERE'S THE SUPER TREAT FOR SUMMER! COOL AND LUSCIOUS-- MAKE A NOTE: SEVEN-UP POURED OVER ICE CREAM-- THERE! A FROSTY SEVEN-UP "FLOAT"!



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- GRENIER -

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HIGH waist too!

Here is something new in a sheer garment—a sheer high waist. Yes, all the gossamer lightness of sheerest nylon elastic and masquette that still has all the control you want—and so pretty, too.
 Style No. 1319—S, M, L
 Matching bra in nylon taffeta and nylon masquette.
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C. J. GRENIER LIMITED MONTREAL

USE CERTO AND GET 50% MORE JAM or JELLY IT'S THE SURE WAY!

Showers, warm a refreshing, today's morning clouds dropped on the thirsty earth, welcome we remember after the period of continued sun-kissed days. These left James testering between two notions: on the one hand, gratitude for the moisture bestowed on the newly-moist roots, and on the other concern for the wedding at Alderlea, scarcely begun. "They'll come so fast now," he spoke of the latter, "I'm just afraid they'll get ahead of us. Wedding is one chore a farmer, for his own good, should take up early. Let the plants get big and the rows weedy and then what a task it is!" James, or is it the younger farmer? who is this year foreman of all the field-work, leaving Rob to his barn-building. Today, because of a promise of continuing rain there was no work at the new barn but instead what a redding-up there was about! Especially after Noon paged a smiling Old Sol back to his route in the sky. "We were busy," Jamie spoke for the workers this evening. Pieces of lumber were brought from the saw-mill in anticipation of resumed carpentry; sties in number were cleaned and the cleanings spread on the grass of a meadow, and in an excursion abroad, bedding-straw was brought in.
 In their farming, "good, bad or indifferent" as it may be, our farmers, besides making use of everything harvested off their acres, also bring in quantities of straw, imported feed for the hogs, and, as well, they buy hay and grain "to tide us over," it may be, or, to be in accord with James' wishes, to have "a little ahead," in case of those lean years of crop he is bound will come.
 Today, we recall that on behalf of "the firm" there was a purchase of cattle-kind to the number of three, which then posed a tricky problem of how best to divide between two fairly. Again we marvelled at how well and kindly in the Family such items are settled. And James commented soberly to us, "Ellen, they don't seem to listen to me; but why don't you discourage such practices? Buying more stock—and dear knows what the crops will be like! Doesn't look to me that there'll be an over-abundance of hay."
 And then quite as interested as they—and certainly much more than either Jamie or Gage, who take such things casually—looking them over appraisingly—helping to herd them then to stable or pasture; knowing well that it would be a dour winter indeed that would not see them safely through to "the grass," and that as a reward for the farmers' good care these would surely "grow into something."
 Offerings of wild strawberries, ruby-red in young palms, were brought to us today, new-washed by the morning rain; and white-colored daisies, a wishing crystal with which to predict little girls' fortunes. "But not ours," Gage laughed, "we don't believe in silly things like that! But," with some curiosity "how does it go?" Rich man, poor man, beggar man, thief; doctor, lawyer, Indian chief. Some girls, he dimpled, "wouldn't like to get some of those, would they?"
 Today—the best of growing weather; shower and sun; now, summer starlight, the air clean-washed and refreshingly cool. And here? A quiet house, presently into its dreaming.
 Until tomorrow ---Diary --- Good-night ---
ORWELL COVE W. I.
 Monthly meeting of Orwell Cove Women's Institute was held on June 10 in school room with seven members present.
 \$10 for prizes and treats were re-

GLAMOUR FASHION
 Call this the prettiest summer dress you ever owned! It has such a flattering, feminine look in breezy sheer prints. Cool, cool cap sleeves, graceful square neck and ribbon tie-belt. So easy, no shoulder seams. Make it now for parties coming up!
 Pattern 4893: Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 3 1/2 yards 35-inch fabric.
 This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
 Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size Name, Address, Style Number.
 Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



Cook's Corner

SPICY CHICKEN HADDIE

1 can chicken haddie faked
 1/2 teaspoon basil herb
 1 teaspoon tarragon
 1 cup chopped celery
 1/4 cup mayonnaise
 1/4 cup chopped olives if desired
 Toss these ingredients together with two forks. Let stand for a few hours to blend the flavours. Use as sandwich filling.

SALMON AND NUT

1-lb. can pink salmon
 1/4 cup chopped nuts
 1/4 cup mayonnaise
 1/2 teaspoon salt
 Toss together with two forks. Use as sandwich filling. Some chopped parsley may be added if desired.

ported for school children at their closing. Next meeting will be held in the school when roll call will be "What I like best to do in house-keeping".

Children really enjoy food with AYLMEY CATSUP

It says Mr Sunshine the Aylmer hired man.
 "It's sheer joy to watch kids eat when there's lots of Aylmer Catsup," says Mr. Sunshine. "I put wonderful flavor and lots of Vitamin C into those red-ripe Aylmer tomatoes. So enjoy the pure catsup that's Born of Sunshine for Richer Flavor... AYLMEY Catsup."
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THIS FAST-ACTING YEAST KEEPS WITHOUT REFRIGERATION!

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