

WOMEN

Monday, February 7, 1955 The Guardian Page 3

ELLEN'S DIARY

by an Island Farmer's Wife

A wintry storm swept coldly over the farmhouses today-blowing in the wind, snow flurries along the eaves and the yards, muddling new drifts, covering thoughtfully the beaten paths about the house causing outer folks to say: "I knew the winter wasn't over! Why, we couldn't call what we've been having by that name—so much and open it's been! We always get a cold snap or two." The millpond is now covered with ice . . . and tonight frost still whitens the window-panes. This morning, we took good care to heap the woodbox with seasoned sticks of hardwood to warrant the comfort we now enjoy indoors.

We remember now that among visitors to Aiderlea today was the flock of six Huns—more than one covey it appeared—that came from the shelter of a wooded area not far away in search of grain and grit in the neighborhood of the barns. Pigeons too, old friends from our days spent at Rob's, flew in to alight on a sheltered roof. But not to remain long . . . to be away presently, borne on the arm of the wintry wind.

At this house a little boy and his dog were among our transient guests, he ask: "Do you want potatoes from our cellar for dinner? And what else are you going to feed Granddaddy? Cabbage today? Then I'll bring you one or two small ones, for, with a broad smile, 'old fellows don't eat much! You wouldn't be making a cake, would you? Oh, it's no difference . . . I just thought there might be a bowl around the 'lick,' seems as if I don't have much strength left along this time of day."

His mother (Jeanie) came by from the house across the Lane, bringing the bit of coarse gray yarn we were needing to complete

MARY HAWORTH'S MAIL
Married Against Family's Will, Feels Depressed and Hurt

DEAR MARY HAWORTH: John and I are married seven years and have five lovely children, the fifth born last July. We married against my family's wishes, shortly after he got out of the army. Mother had wanted me to wait until John could offer financial security, but I was too much in love to wait . . .

In the next three years we produced three children, and John got through a four-year's college course. He graduated with honors, meanwhile working like a fool to meet our expenses.

My family has money. Mother inherited a goodly amount and when she died (in the second year of my marriage), she left her considerable insurance and real estate. She asked me to sign over my share of the cash, indicating it wasn't much and she would use it towards the education of the younger children. Later I learned my share was about \$1,500—and it would have been a godsend to us . . .

Her Husband is Wonderful
Since the fifth child's birth I can't seem to get on my feet. I've been sick a good deal and irritable with the children, who are getting irritable, too. John is wonderful with the housework, the children, the shopping, and he has a very good job and still goes to night school. I love him very much.

ANNE ADAMS PATTERNS

WARDROBE WONDER!
Smart New Year resolution — to sew this new-season casual! It's the most versatile dress you could have in your wardrobe! Neat enough for the office — flattering enough for a special date! And made in a lustrous silk or cotton fabric — it's simply terrific!

Pattern 4878: Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 5½ yards 39-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto.

PERSONALITY PASSES
BLOEMFONTEIN, South Africa (CP) — Mrs. R. L. Steyn, who died in January at age 89, was the widow of M. T. Steyn, last president of the old Free State republic. One of the state's best-loved personalities, she flew to Holland in 1948, at age 85, as a special envoy from South Africa at Queen Wilhelmina's golden jubilee celebrations.

BACKACHE
For quick comforting help for Backache, Rheumatism, Sprains, Swelling, Stiffness, cloudy urine, irritating passages, Leg Pains, and loss of energy due to Kidney and Bladder troubles, try GYNAEOL. GYNAEOL, complete satisfaction or money back. Don't suffer a second day without soothing relief.

4878
12-20
by Anne Adams

Seven Days A Week

by Anne Shannon

1. Monday: Looking over an old cook book last week I saw this item: "Remember the master of the house has the last word on what shall grace his table. Never try to disguise something that you know he is averse to. He is bound to perceive your deception and resent it. The least he can do is to shove the offending portion away, and keep a discreet silence."

Thank goodness times and men have changed—now it's a race to see how to disguise Sunday's roast for three or four extra meals and still not have it taste like Sunday's roast! For example here is a good way to use up the cheaper cuts of meat—

2 cups fresh bread crumbs
¼ cup minced onions
¼ cup minced green peppers
2 eggs.
2 lbs. ground meat
2 tablespoons bottled horse-radish
½ tsp. salt
1 tsp. dry mustard
¼ cup milk
¼ cup catsup
¼ cup ketchup

Prepare bread crumbs, minced onion and green pepper. About one hour before serving start heating the oven to 400 degrees F. With fork, slightly beat the eggs, lightly mix in meat then crumbs, onion and pepper. Add horseradish and next four ingredients. Combine lightly, but thoroughly. In bowl, shape meat into an oval loaf; turn into a shallow baking dish; smooth into a shapely loaf. Spread top with 1-2 cup ketchup. Bake 50 minutes. Serve on a warm platter, pouring off excess juices. Makes 8 servings, so halve this recipe if necessary.

2. Tuesday: The canary, brightest of popular captive songsters, derives its name from the Latin term for "dog"! Ancient navigators who discovered a little group of islands about forty miles west of Africa were astounded by the great number of large fierce dogs found there. Accordingly from canis dog they called the islands the Canaries. Much later, the English-speaking world became familiar with the archipelago. Slightly modifying the spelling, they called it the Canary Islands. When modern explorers discovered the islands to abound in bright yellow song birds, they captured many for export to Europe.

3. Wednesday: Candelmas Day—Remember the old rhyme: "If the second of February be dull and gray, winter will be well away. But if the second of February be bright and clean, there'll be two winters in one year." Some argue that means a long late Spring, while others say it means an early winter at the end of the year—Some of the oldsters say "Second of February, dull and gray—have half your straw and half your hay." At any rate, we hope the ground hog forgets all about the second of February, "if it be bright and clear," and waits for a dull day to put in an appearance!

4. Thursday: Save in very rare moments of despair or fatigue, Toscanini does not think of himself as a septuagenarian. He attended a party one night with swarms of people milling around. At midnight a close friend prepared to leave. Toscanini demanded, "Where are you going?" The second man replied, "I'm going home." Whereupon Toscanini protested, "Wait a little while!" he said, "Soon the old people will go and we'll have more fun then!"

5. Friday: Ever hear of making a herring salad? Neither did I until a few weeks ago! But it isn't nearly as weird as the name implies so I'll give you the low down on it. You mix together 6 cups finely shredded (and I do mean)

Continued on Page 10



MR. AND MRS. REG. SHERRAN

We don January 22 at United Church in Stamford Centre, Niagara Falls are Mr. and Mrs. Reg. Sherran. The bride is the former Anne Hoepner of Niagara Falls, and her husband is the son of Mr. and Mrs. Walter Sherran, now of Niagara Falls and formerly of Charlottetown, P.E.I.

LET'S EAT

Serve Irish Scones For a Tasty Snack

By IDA BAILEY ALLEN
lays and served very hot. One hostess I know bakes them in a portable electric roaster-oven in the living room. This always makes a hit with the guests who 'fill their own' from a selection of fillings on the buffet.

These scones are exceptional, just about two-bite size," remarked the Chef. "Clever, too, splitting some to spread with this creamed Irish honey, and others with small pieces of this flavorful ham. This gives a choice between a sweet and savory, with no extra mixing or baking time."

It is usual for hostesses to serve scones." "Not many do, Chef, but I'm sure they'd like to know how to make them."

Tomorrow's Dinner
Tomato Soup Creole Garnish
Cerey Pickles
Fish and Oyster Pie
Oven-Fried Egg Plant
Irish Scones Creamed Honey
Coffee Tea Milk

Bit-Sized Irish Scones
Sift together 2 c. already-sifted enriched flour, 3 tsp. baking powder, 1 tsp. sugar and ¼ tsp. salt. Add 4 tbs. butter and chop in with a pastry blender.

Beat 1 egg until frothy. Add 2/3 c. milk. Stir into first mixture. Divide into 6 portions. Roll each into a round ¼" thick. Cut across to form 4 triangular-shaped cakes. Brush the tops with milk.

Bake 18-20 min. in a hot oven, 400 degrees F. Split, spread with butter and/or creamed honey or jam, and serve very hot.

Scones may be placed in pans ready to bake, covered with aluminum foil and refrigerated up to 24 hours, or they can be carefully wrap-sealed and frozen, ready to use up to a month.

Men's Choice
"Men would like best the savory kind of scones, Madame," the Chef asserted. "Par example, with a filling of very small slices of barbecued duck, chicken, smoked turkey or salmon, or with a snappy or Bleu cheese spread, or chicken liver pate."

Scones should be baked in refrigerated pans.

All Colors Appear in Spring Collection

By Aileen Adams

The clothes that the London Couture House are creating for Spring are wonderfully wearable . . . it is difficult to tell just what the colour trend is, because all colours appear in lovely muted tones that look as if you were seeing the cloth . . . wool, tweeds, silks, cottons . . . through a thin veil of rain. Michael Sheridan, just before his showing here, passed around immense boxes of canopies . . . as big as the box that the pretty young thing gets in all musical comedies . . . in this heavenly collection were bonbons, candied almonds and chocolates with sugared violets on top. Quite delectable! . . . and quite smart snowmanship, too, because later, when his clothes were shown, you realized that the canopies introduced his colour theme.

Sherard's clothes featured a long, fitted body line . . . slim to the lower hips, the flaring into fullness given either by gores, bias cut or pleats at the back of the skirt . . . often these pleats would fold under a back panel.

His suits were very simple in silhouette with a slightly indented waist and an unflattering bustline. Particularly fresh and attractive was an Isle of Bute tweed suit in palest lavender. This was followed by another classic suit in British worsted flannel in a soft beige which he called "Coffee Fudge". A Spring ensemble of dress and coat consisted of a top-coat of Isle of Bute tweed in a heather tone called "Mixed Fudge" worn over a slim sheath of a dress in caramel-colored British doeskin, with a deeply fagotted yoke. Touches of hand-embroidery were almost a signature of Sheridan's, they appeared again in what appeared to be quite an exciting and exotic summer afternoon or theatre coat but was really a raincoat! Of real silk in a beetle-wing bronze, it was completely rubberized on the inside. A wonderful answer to what to wear to a garden party in England! The coat itself was enormously full, falling from a nant-scalloped over the shoulder and finished high on the chest with another scalloped edge.

Sherard is perhaps at his best with evening dresses when his delicate colour sense has full play. These followed the longer bodice line and continued into a slender skirt with the fullness coming from a folded back panel which he called his "Waigtail" line. Particularly luscious was a full-length gown of violet crepe satin worn with an enormous stole of leaf and water green. A debutante gown of spun sugar nylon gauze dipped up in front shows layer upon layer of tulle in bon-bon colours. A printed cotton short evening dress was worn by a very sultry-looking model who looked as if she had just come from the warm lands south of the Mediterranean . . . I found later she had left her permanent job to make her first appearance as a model. Normally she helps her papa with his fruit-barrow at Fulham. I'd be willing to bet that business is very good there!

Princess Margaret will be the first to wear models from the new London Spring collections. From Norman Hartnell she has chosen evening dresses in shades of rose and pink, called, in her honour, Caribbean Pink. The historical style the Princess will wear were not shown, but her evening dresses will follow his line of a longer, moulded bodice with full skirts springing gradually from the hips.

Hartnell tells me that this collection has been "made to sell" and so it should because it is eminently wearable. His suits are very simple in silhouette and, if in tweed, pastel colour. One classic suit in pale beige and blue Scottish tweed had a match-

ing overcoat. Another three-piece ensemble was in cream and green British tweed, . . . and another in a dress and jacket ensemble in a creamy beige British tweed. So soft it was called "Dream-touch". Still another in a purple violet tweed had a matching stole which buttoned on, discreetly, at the back so that it would not be constantly slipping.

Hartnell's afternoon coats were outstanding and followed the long-torso line. Fitted to the hip-bone . . . the fullness was then added, often by cartridge pleats so that the skirt swept out and then tucked under to give the effect of a puffed-out hem, lapped up to meet a shorter lining.

His afternoon dresses were confections of prettiness . . . destined for garden parties was one of white organza over coffee organza appliqued with white and beige lace. It looked ethereal on the blonde English beauty who modelled it. Another more sophisticated costume consisted of a full, floating-skirted dress worn with a taffeta coat. Both were printed in a marbled design.

Hartnell, of course, excels at evening clothes and, although his general line was much more slender than usual . . . and his bodices more covered (this has been general everywhere), he still achieves an effect of court magnificence. Picture a white satin gown embroidered with sprays of roses in Dresden-china colours; another of pale blue satin embroidered in strass . . . another of blue tulle with a bodice paved in iridescent, opalescent paillettes.

For six weeks, she checked her progress by taking her measurements. As she toned up, her proportions slimmed down. When she weighed again six weeks later, she had lost only 10 pounds but had slimmed off so many inches she could slip into size 18. Today she wears size 16 and weighs 148 pounds. Nary a week goes by that she does not weigh in and take her measure.

How many sizes have you changed in the past five years and what have you done about it?

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KEEP IN TRIM

By Ida Joan Kain

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A change in her daily routine came when she moved to Washington and could no longer walk to the office. Since her weight and size hadn't varied in years, she gave her figure nary a thought. Absorbed in a new career, she didn't notice a change in her clothes and the pounds slipped on so gradually. Materials often stretch obligingly to fit their owner's expanding contours.

It was some time before our model's wardrobe needed replenishing. Then, finding the size 16 a bit skimpy, she casually shifted to size 18 in order to have a smooth fit "in these new streamlined styles."

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Changed Routine Affects Figure

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Cook's Corner

CHOCOLATE COOKIES
(Yields 5 dozen Cookies)
¾ cups flour
1 tsp. salt
1/3 cup cocoa
4 tbs. butter
4 tbs. shortening
1 cup fine granulated sugar
1 egg
¼ tsp. milk
1 tsp. vanilla
¼ tsp. almond flavoring

Sift about ¼ of the ingredients into the creamed butter gradually and mix thoroughly; sift in remaining dry ingredients, half at a time and mix in well. If this dough is rolled very thin, the baked cookies may be put together in pairs with an icing between. Chocolate, white, orange, coffee or peppermint would be good. (A good little single cookie too). Oven temperature, moderate, 350 degrees.

OYSTER STEW
1 quart oysters
1 c. oyster liquor
1 tbs. butter
¼ c. water
1 tbs. rolled crackers
¼ tbs. salt
½ tbs. pepper.

Drain and clean oysters, scald liquor, add water, seasonings, butter, cracker crumbs. Let it come to a boil, add oysters, cook till edges curl. Add ¼ cup scalded cream before serving.

NO TEETH NO TROUBLE HERE
GORA is a mild active in liquid form that soothes babies' gums, soothes and soothes their little teeth.