

Morning Smile

OUT

An actor, not so well-known as he thought he was, received an offer of a part in a new show. Being on tour at the time, he replied by telegram:—

"Will accept double what you offer. Otherwise count me out."

Next day he received a telegram which read:—

"Come, two, three, four, five, six, seven, eight, nine, OUT."

Better English

By B. C. Williams

1. What is wrong with this sentence? "Not a one has replied to our letter, but we will write again."
2. What is the correct pronunciation of "table d'hôte"?
3. Which one of these words is misspelled? Stubbornness, drunkenness, deaconness, meanness.
4. What does the word "sanctity" mean?
5. What is a word beginning with na that means "to tell"?

ANSWERS

1. Say, "Not one (omit a) has replied to our letter, but we shall write again." 2. Pronounce ta-ble-dot, a as in ah, e as in her, stressed, as in no, accent first and third syllables. 3. Deaconness, drunkenness, religious binding force; as, "the sanctity of an oath." 5. Narrate.

Household Scrapbook

By Roberta Lee

Sharp Knife

Do not keep the carving knife in box or drawer with the other kitchen utensils. It will soon lose its sharp edge if you do. Keep it separate, so that it does not come in contact with the other metals to dull it.

Faded Awnings

The faded stripes on awnings are often effectively renewed by painting with ordinary house paints, which also helps preserve the awning.

Brushing the Hair

Part the hair a lock at a time and brush it up and out from the part. If this is done regularly, it will keep the hair young and shining.



DESIGN NO. E-524

This rare and delicate blossom makes an exquisite luncheon set. Hot iron transfer pattern No. E-524 contains motif 12 by 12 and 8 motifs 2 by 4 inches with complete instructions.

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MUSICAL FESTIVAL WINNER



Pictured above is the Charlottetown Baptist Girls Choir, winner of three different classes in the recent Festival of Music in Charlottetown. In Class 12, they were the only entry, attaining marks of 83 and 85 for the two test pieces. They received 82 marks in Class 9, defeating Trinity Young Women's Chorus of Summerside by one point, and they competed against the same chorus in Class 11, again receiving 82 marks.

The Stars Say --

By Genevieve Kemble

For Saturday, May 27

SATURDAY'S forecast is for a day beginning with things seemingly difficult, depressing and disappointing. Plans may not work out according to schedule. Contacts with elders or superiors may not go as desired. However, with amiability, charm and proper approach the richest of fulfillments may be counted upon, especially as far as romance and social engagements are concerned. Trips, visiting and parties may crown a pleasant day.

For the Birthday

Those whose birthday it is may have to face certain disappointing or frustrating situations, especially where job, labor, pay or other serious factors are concerned. With tact, patience and a show of responsibility, opposition may be with-drawn with a surprising about-face. Important change seems imminent with probable travel, romantic adventure or public acclaim. Be patient and unwavering in working for advanced goals.

A child born on this day, although serious and ambitious with exceptional skills or creative urges, may have to overcome frustration or defeat before reaching a conspicuous place in life.

Morocco was founded by the Arabs at the close of the seventh century.

How Can I!!!

By Anne Ashley

Q. How can I remove egg stains from table linen, and from silk?

A. Be sure not to soak the linen bearing egg stains in hot water, as it will set the stains. Soak the linen in cold water. Egg stains on silk can often be removed by rubbing with ordinary table salt.

Q. How can I make a good book-mark?

A. Take an ordinary rubber band and snap it over the pages that have been read, lengthwise of the book and you will have an ideal book-mark.

Q. How can I keep raisins from sinking to the bottom of a cake?

A. This will not happen if the raisins are rolled in butter before stirring them into the batter.

Here's Prompt Relief Beyond Belief From The Pains Of ARTHRITIS RHEUMATISM

Try prompt-acting, easy-to-take DOLCIN Tablets... now available in three convenient size bottles, at reasonable cost, at all drug stores. Acclaimed by relieved sufferers everywhere, you can rely on this effective product to relieve the agony of Arthritis, Rheumatism and Sciatica. DOLCIN is prompt and has no unpleasant after-effects. Get a bottle of genuine DOLCIN Tablets and let them help you find new, comforting relief. Today! 100 tablets for \$2.99—200 tablets for \$5.95—also available in bottles of 500 tablets. Dolcin Limited Toronto 10, Ontario.

Cook's Corner

LEMON-BANANA PUDDINGS

The banana and lemon combination puts very delicate flavor in the layers beneath the light, moist, cake-like pudding.

Yield: Six individual puddings.

1/4-inch-thick slices of ripe banana

1 1/2 cups on-corned cake flour

1/2 cup milk

1 teaspoon baking powder

1/2 teaspoon baking soda

1/2 teaspoon salt

4 tablespoons shortening

1/2 cup brown sugar, lightly packed

1/2 cup corn syrup

1 egg, well beaten

1/2 cup milk

1 teaspoon grated lemon rind

1/4 cup lemon juice

1 teaspoon vanilla

Grease six individual baking dishes and arrange about 6 slices of banana around the bottom of each.

Measure and sift together three times, the flour, baking powder, baking soda and salt.

Cream shortening and gradually blend in the brown sugar; blend in the corn syrup. Add the well-beaten egg, a little at a time, beating well after each addition.

Measure the milk and stir in the lemon rind, lemon juice and vanilla.

Add the dry ingredients to the creamed mixture alternately with the milk mixture, combining lightly after each addition.

Carefully turn batter into the prepared baking dishes.

Bake in a moderate oven, 350 degrees about 30 minutes.

For serving, un-mould the hot puddings and pass pouring cream or suitable sauce (such as lemon, custard, orange, etc.)

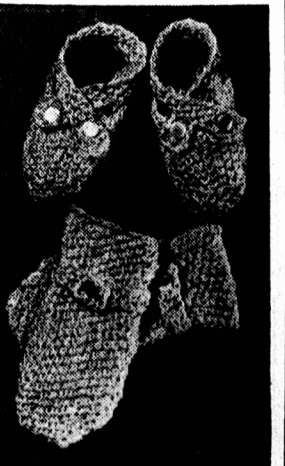
ASPARAGUS ON TOAST

Arrange stalks or tips of hot home-canned or canned asparagus on squares or strips of crisp buttered toast. Serve with nippy cheese sauce, or quick-made mushroom sauce. Garnish with crisp fried bacon curls, broiled tomato slices, or hot devilled eggs.

Cheese Sauce: Melt 2 tablespoons of butter over low heat; blend in 2 table-poons of flour, 1/2 teaspoon salt and pinch of pepper. Remove from heat. Gradually stir in 1 cup rich milk. Return to heat, and stirring constantly, cook until thickened. Add 1 cup grated processed cheese. 1/2 teaspoon dry mustard, 1 teaspoon grated onion, and 1/4 teaspoon Worcestershire sauce.

Quick-made Mushroom Sauce:

Pretty Twosome for Baby



Crocheted mittens for infants are becoming more and more popular. They're so cool for the little ones during hot summer weather. The pretty mitts and shoes pictured above show how attractive crochets are in appearance, and they're wonderful for laundering too. You may have instructions for making these CROCHETED MITTS AND SHOES, if you will write to the Needlework Dept. of this paper, enclosing a stamped, self-addressed envelope and asking for Leaflet No. 5026.

Cleans GLASS COOKING WARE



COW BRAND BAKING SODA

That Body Of Yours

By James W. Barton, M.D.

A SIMPLE METHOD OF REDUCING WEIGHT

Many men and women, 10 to 15 pounds overweight, would like to lose this excess weight if it did not interfere with the amount of food eaten daily, or increase their present amount of exercise or physical work. As stated before, there is no royal road to weight reduction; it can only be done in one way—by cutting down on the food intake or increasing the work of exercise, or both. Yet a physician reports a method by which a man did not reduce his food intake nor increase his exercise yet got rid of his excess 12 pounds of fat within four months.

He was a factory supervisor with three floors under his care. As his food intake appeared to be normal for his height and build, he was advised to simply interchange the food of his noon and evening meals. This meant that his large meal of the day, his dinner—soup, meat, vegetables and dessert—was eaten at the noon hour, and the light lunch he formerly ate at noon—a bowl of soup, a lettuce salad, a slice of bread and a cup of tea—was eaten at the evening meal, about 7 o'clock. As far as the amount of food eaten in the 24 hours, he made no change.

At the end of the first month he lost five pounds, at the end of the second three pounds, third month two pounds, and fourth month still another two pounds.

Why did this interchange of his noon and evening meals cause such a loss of weight?

Simply because he worked off the large amount of food eaten at noon in his daily work. He climbed two flights of stairs and walked about the factory every afternoon. Then when he went home and ate the light evening meal, sat around and read his paper or book, there was no large quantity of food to get stored away as fat, as had been the case when he ate his large meal in the evening.

The large meal at noon is not wise for mental workers as it keeps them heavy or sleepy for the first hour or more of the afternoon. However, it works out well for anyone who has to walk, go shopping, or do other work. It is a simple and convenient method of getting rid of surplus fat without denying the appetite.

OVERWEIGHT AND UNDERWEIGHT

It has been well said that overweight and underweight are among the surest indications of the state of one's health. Send today for Dr. Barton's booklet entitled "Overweight and Underweight," enclosing 10 cents and a 3-cent stamp, to cover cost of handling and mailing to The Bell Syndicate, Inc., care of this newspaper, P. O. Box 99, Station G, New York 19, N. Y., and ask for your copy.

Modern Etiquette

By Roberta Lee

Q. If one is leaving a very large cocktail party, is it necessary to speak to one's hostess before departing?

A. Most certainly it is. It would be very discourteous and ill-bred if one were to leave any affair without conveying one's appreciation to the hostess for a good time.

Q. Should a man introduce his wife to his employees as "Mrs. Allen" or as "my wife"?

A. As "Mrs. Allen."

One can of condensed cream of mushroom soup heated with 2-3 cup milk and 2 teaspoons grated onion.



Just plain stew? ...extra delicious

SERVED WITH Aylmer PURE Catsup

Your Family Deserves AYLMER Quality

Appetizing — Satisfying — Always

Eastern Bakeries

DOROTHY DIX SAYS -

The Arguer

Always Agreeing Only Tactics With Disputatious Husband

DEAR MISS DIX: Is there any cure for an argumentative disposition? My husband is good and kind, but he has the arguing complex and contradicts everything everyone says. He is always on the other side of every question no matter what it is, or if he ever thought of it before or not. I find that the only way to live in peace with him is to yes-yes him, and the only way to get the things I want is to pretend that I wouldn't have them at any price. This saves a lot of useless arguments and quarrelling, but it means sacrificing my personality and more or less living a life of lies. Am I doing right or wrong in thus playing up to my husband?

ANSWER: I think that in your case the end justifies the means, and that it is better for you to pretend to agree with your husband than it would be to be in a perpetual wrangle with him. "Peace at any price" should be the motto hung above the fireplace in every home. And certainly there cannot be any peace in a household in which the husband and wife are continually arguing over everything from politics to pinhead and where no one dares to introduce a new topic of conversation for fear of starting something.

ARE BASICALLY VAIN

Of course, when men or women are arguers it is because they are possessed of colossal vanity and consider that the world is waiting with bated breath for their opinions. It is their way of turning the spotlight on themselves and they think that it shows great originality and superior intelligence to disagree with everyone on every topic.

There is no arguing with the arguers, no convincing them of how unfair and unjust and tiresome they are. To dispute what they say merely brings on more words and gives them a fresh start. The only possible way to shut them up is a surface agreement that cuts the ground out from under their feet.

You have been wise enough to perceive this and this enables you to live in peace and harmony with an arguer, and if it calls for a few white lies, believe me they are the sort on which the Recording Angel drops a tear and blots them out. But, Lord, how I pity a woman who has a husband with the arguing habit.

DEAR MISS DIX: I have a friend who has had everything that the heart of woman could desire. A devoted and wealthy husband who lavished upon her everything that money could buy. Suddenly her husband lost his health and his money. For four years her mother was a helpless invalid and my friend had to nurse her. She lives in a poor little house. She has shabby clothes. She has to do all of her own housework. But she is always smiling and never downhearted. No one has ever heard her utter a word of complaint. How can she do this? She, who has had so much, never mentions it.

ANSWER: It is not the things that a woman has that make her happy. It is what is in her own soul. This woman has strength and courage and sportsmanship and she takes whatever blows life hands her on the chin and if she is knocked down she gets up and fights again.

Whether a woman is crushed by misfortune or not depends altogether on her own morale, on the stuff of which she is made. There are women who, when they lose their money, spend the remainder of their lives beating upon their breasts and telling about how they never expected to come to this. And there are other women who, when their fortunes are swept away, shrug their shoulders and courageously go on in the world and find jobs and get more fun out of it than they did in being rich.

Trouble is the acid that tests character. It shows whether a woman is pure gold or pinchbeck.

DEAR MISS DIX: About two years ago I married into a family who play cards and dance. I could get much pleasure from these amusements and fit in much better with my in-laws, but it would horrify my mother. She believes these are great evils and no one can make her think that they can be done in decency. Shall I be a wallflower everywhere I go, or play cards and dance and risk losing my mother's love?

ANSWER: I cannot advise you to hurt your mother, as you would be doing things which she thinks are wrong, but which are in reality harmless diversions. You cannot argue with nor change fanaticism.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

-Needlecraft-

FOR THE HOME

DRESS-LIKE PINAFORES

What could be cooler than these sunback pinafores—pretty as frocks! What could make smarter mother and daughter "dress-alikes"! (Two separate patterns.)

No. 2109 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 18, 4 1/2 yards 35-inch.

No. 2110 is cut in sizes 2, 4, 6, 8, 10. Size 4, 1 1/4 yards 35-inch.

Send 25 cents for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department The Charlottetown Guardian, Pattern No. 2109 and No. 2110

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MY HEART DID A FLIP-FLOP AT THAT AWFUL WHISPER!

HOW COULD JANE BE SO CARELESS—"B.O."

"IT WAS HORRIBLE... hearing them whisper 'B.O.' I never dreamed I could offend that way. Then and there I decided to get Lifebuoy—use it regularly."

"I NEVER RISK 'B.O.' now. Using Lifebuoy in my daily bath keeps me fresh, dainty."

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—today's biggest soap bargain!

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- ★ Banishes perspiration odor
- ★ Gives you "all-over" protection
- ★ Fresh clean scent
- ★ More baths... more soap for the money

It's bigger... handier... more economical—the new Bath-Size Lifebuoy! Its special purifying lather removes perspiration odor to stop B.O.—gives you all-over-body protection. Get new Bath-Size Lifebuoy now.

FROM HEAD TO TOE... LIFEBUOY STOPS "B.O."

LEVER PRODUCE

Life was never such FUN before!

Now she's sought after, invited everywhere, enriched with the glow of health that excites admiration. What a difference from that pale, listless, anemic, lonely girl. You too can be happy, peppy, popular. If you always feel tired, run-down, or unhappy thousands now do, take Dr. Williams' Pink Pills. See if within 30 days, a richer, redder blood doesn't make you a new person, with more bounding energy, better color, new radiance. Starts today! Get back "in the pink" with

DR. WILLIAMS' PINK PILLS