

# Woman's Realm :- Social and Personal :- Fashions :- Literature

Common Sense Most Needed

## Dorothy Dix

Says Don't Let Trifles Wreck Marriage

### Too Many Husbands and Wives Allow Little Things to Grow Into Imaginable Mountains and This Sends Love Out the Window

In the course of a year tens of thousands of letters come to this column moaning out every variation of the matrimonial blues. The thing that continually fills me with amazement is that so many otherwise intelligent people let such trifles wreck their marriages and make them miserable.

Apparently marriage is the one thing about which the average man and woman use no common sense and whose problems they meet with no philosophy or sense of humor. So they make mountains out of mole hills and go to pieces over little things that they should be able to take in their stride without turning a hair.

Husbands grow bitter and cynical over the discovery that their wives are not pin-feathered angels without a single fault or blemish. Wives weep barrels of tears when it is borne in upon them that they are married to mere human men instead of paragons that are a happy combination of Clark Gable and Henry Ford. Both call marriage a failure and throw up their hands and quit when they encounter difficulties that would not make them think of resigning from a paying job, or putting a peanut stand into the hands of a receiver.

When we see the tragedy of divorce, the broken hopes and blasted illusions, and love lying dead between a man and woman who have once been all to each other, we think that only some great catastrophe could have brought about such a calamity. When we see the even greater misery of husbands and wives whose marriage bond has become a clanking ball and chain about their feet, who quarrel and fight and make life almost unbearable to each other, we wonder what great crime has been committed that has turned their love into hate.

But, believe it or not, there would be no Reno, there would be no crowded divorce courts, if only those husbands and wives got divorces who had suffered some unforgivable wrong at the hands of their mate. And there would be few disgruntled husbands and peevish wives weeping on our shoulders if only those with just cause for complaint bedewed us with their tears.

Marriage seems to be able to take heavy punishment and survive. It's pinpricks that deflate the pretty little pink honeymoon balloon and make it collapse. The thing that makes husbands roam and sends them out after "Other Women" is not the lack of virtue, nor intelligence, nor domestic efficiency of their wives so often as the things that make their make-up at home and cutting out all their wives leaving off their make-up.

Thousands of husbands tell me their grief, and the thing that makes marriage cinders, ashes and dust to them is just that their wives won't baby them and make marriage a party for them. They want to be petted and flattered and to come home to smiling wives and cheerful homes, and their wives are too busy with the children to notice them and so tired they are fretful and peevish. Hence the exit through the door with the red light burning above it.

And what do you suppose keeps the great majority of lacrimose wives with the tear jugs in their hands? Philandering husbands? Stingy husbands? Brutal husbands? Not at all. The thing that makes marriage a failure to millions of women are their husbands taking them for granted and never noticing when they do their hair a new way, never praise their cooking and never telling them how beautiful and wonderful they are and how much they love them.

This is grievance No. 1. Grievance No. 2 is husband being never willing to step out of an evening to some place of amusement, but preferring to stay at home after a hard day's work and rest in his easy chair. And grievance No. 3 is husband's fussy ways.

One woman wrote me that she was the most unhappy of all women and her life was wrecked by her husband's habit of putting up all the window shades as soon as he came in the house. Another wife said she could bear no longer the torture of seeing her husband made of the bathroom. And still another had on her hat ready to start for Reno because her husband insisted on keeping a dog. And Sunday newspapers and cigarette ashes on the carpet have caused wives to break up more homes than adultery has.

It is the little things that could so easily be arranged harmoniously that break up marriages. And that is the queerest thing about the queerest institution on earth. DOROTHY DIX.

### SMART COIFFURES WILL SEEK COMBS AGAIN IN FALL

Calou, one of Paris' most prominent hairdressers, says that a coiffure, above everything else, must fit in with the demands of modern life. For sports, therefore, hair styles must remain simple and classic with the hair worn rather flatly against the head. For evening curls should be worn in a graceful line coming from above the ears to the nape of the neck. Calou predicts the return of the "twist" with the hair swept across the back of the head, where a cluster of curls will be held in place by a tortoise-hell comb. He considers the comb indispensable to the well-groomed head, particularly in summer when many women go hatless, as it keeps the hair in place without destroying the line of the coiffure.

As for tint, Calou says that the blond has come back into her own again—not the platinum tint but a more natural blond shade. By means of various rinses he is able to give life and tone to drab blond hair. For example, with certain blonds he finds that a pinkish rinse gives exceptional lustre and tone to the hair. He becomes more exotic in the case of women with white hair, for he likes to tint the hair at the temples in pastel shades.

### Spring Fashions For Home Dress-Making

Here's a darling cool frock to add to your summer joys. Of course, you must have a bow or two this season. There's nothing against you having them spelt both ways, either! Today's model favors just the b-o-w type, so far as we can tell! And isn't it charming and youthful? The sleeves are enticingly cool. Pin tucks fit the waistline.

Even if it is your first attempt at dressmaking, you'll find it loads of fun to run this simple little dress up on the sewing machine. Soft cotton shantung prints, that wash like a handkerchief, linen-like cotton weaves, pique novelties, dotted swiss, glazed chintz, also linens and tub silks are a lovely choice for you for this model.

Style No. 1783 is designed for sizes 14, 16, 18 years, 36, 38 and 40-inches bust. Size 16 requires 3 yards of 39-inch material with 1/2 yard of 59-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

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### THE FAVOURITE Beauty Soap OF CANADIAN BRIDES

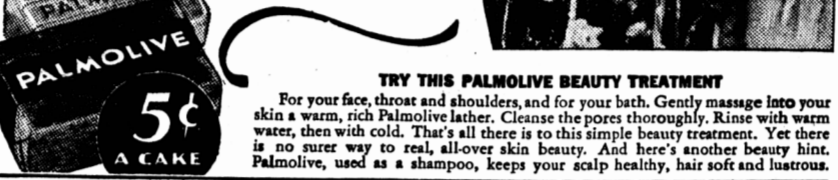
"NO OTHER SOAP SEEMS TO KEEP MY SKIN SO SMOOTH AND YOUTHFUL . . ."

says MRS. D. G. COGHILL, lovely Vancouver Bride

Your skin too, can be lovely and smooth. Simply follow the Palmolive Beauty Treatment. See how quickly all your skin, not only face, throat and shoulders, becomes radiantly fresh and youthful. Then, like Margaret Coghill, and millions of women all over the world, you'll say, "Palmolive keeps all my skin soft and thoroughly cleansed".

**Cleanses, Soothes, Beautifies**  
Coely olive and palm oils give to Palmolive its mild, penetrating lather. Going deep into your pores, it gently soaks out powder, rouge and other impurities . . . lets them breathe and function normally. And, while Palmolive cleanses, it refreshes and soothes your skin, leaves it healthy and radiant.

So make Palmolive your soap. Use it always, from today on, for all your skin. You'll have a complexion that's really youthful . . . lovely all over.



**TRY THIS PALMOLIVE BEAUTY TREATMENT**  
For your face, throat and shoulders, and for your bath. Gently massage into your skin a warm, rich Palmolive lather. Cleanse the pores thoroughly. Rinse with warm water, then with cold. That's all there is to this simple beauty treatment. Yet there is no surer way to real, all-over skin beauty. And here's another beauty hint. Palmolive, used as a shampoo, keeps your scalp healthy, hair soft and lustrous.

### The HOUSEWIFE and HER ACTIVITIES

WORK

Let me do my work from day to day  
In field or forest, at the desk or loom,  
In roaring market place, or tranquil room;  
Let me but find it in my heart to say  
When vagrant wishes beckon me astray:  
"This is my work; my blessing, not my doom;  
Of all who live, I am the one by whom  
This work can best be done in the right way."

Then shall I see it not too great, nor small,  
To suit my spirit and to prove my powers;  
Then shall I cheerfully greet the laboring hours,  
And cheerful turn, when the long shadows fall  
At eventide, to play and love and rest,  
Because I know for me my work is best.  
—Henry Van Dyke.

**LAVENDER SACHETS**  
Lavender sachets can be made by mixing sixteen ounces of lavender flowers, four ounces gum benzoin, and two drams oil of lavender.

**CLEANING FELT HATS**  
Here is a very satisfactory way to clean a felt hat. Add enough gasoline to a ten-cup coffee maker to make a paste. Rub this paste on with a brush, and allow it to dry. Then brush off with a stiff brush.

**TARNISHED SILVER**  
Silver will never tarnish where there is an odor of camphor. A little camphor gum should always be kept in the silver box or drawer, and of course this container should always be tightly closed.

If your flannels have been carelessly washed, and are hard and shrunken, they can be restored to their former softness by soaking them in gasoline for a few hours. Then wash in lukewarm suds as usual. Rinse in clear water of the same temperature. Be very, very cautious in the use of gasoline, as it is highly inflammable. Soak the clothing outside.

When you are boiling cauliflower, place them in a kettle with their heads downward. The steam rising to the top of the kettle will not then settle on the flowers and discolor them.

For the Sunday night supper: There is generally some meat left from the roast. If there is too much to be used in this way, take part of it and cut up into fairly small pieces—through the chopper. If you like—with cut up little onion and green pepper. Place in double boiler and when piping hot add one tablespoon of catsup. Spread hot between slices of buttered bread or toast and serve with pickles.

Here is a tasty sandwich filling which you can put on hand, if you make it when peppers are plentiful:  
**Pepper Jam Sandwich Filling:**  
Four large, sweet red peppers; chopped; 2 green peppers, chopped; 2 medium-size onions, chopped; 1-2 cup vinegar, 1 cup brown sugar, 1 tablespoon salt, 1 tablespoon cinnamon, 1 tablespoon ginger, 1 teaspoon cloves. Simmer until thick, pour into small glasses and seal like jelly. For sandwich, combine with a little stiff mayonnaise, and use on thin slices of bread. Very tasty.

**WHIPPED CREAM SUBSTITUTE.**  
Take a banana and cut into pieces and add the white of an egg, beat together until thick and creamy, sweeten and add vanilla. I use a rotary beater of course. It is delicious.

**SUMMER DRINKS**  
Spiced ice tea is a refreshing summer drink. Simply put four or five whole cloves into the pot in

**ICING FOR FUDGE CAKE.**  
Two-thirds cup of white sugar, 1 tablespoon each of cornstarch, cocoa, and butter, 1-cup of boiling water. Place on fire and cook until the desired consistency is obtained. Stir constantly while cooking. The longer it is cooked the thicker it will become.  
Pom Pom.

**JUST KIDS**  
WHAT DO YOU THINK?  
I GAVE THAT SORTA THING UP LONG AGO!MAYOR TRELAWNEY JES' GAVE ONE OF THE TWINS-LITTLE TRELAWNEY STEBBINS A THOUSAN' DOLLARS!A THOUSAN' DOLLARS?A WHOLE THOUSAN' DOLLARS FER ONE OF THE TWINS?!GOSH-WOULDN'T YUH THINK A FELLER MY SIZE WOULDA BEEN TWINS?!—By Ad Carte

**BEWARE OF MONOTONY IF YOU WANT TO BE HAPPY**  
In the last hundred years women's expectation of life has extended more than twenty years, writes Dr. Elizabeth Sloan Chesser in the Glasgow Herald. This in spite of the fact that women live more strenuously—that they have invaded the business and professional markets in that sex—thousands. Such factors as better hygiene, preventive medicine, and the control of epidemics have contributed largely to longer living. On the other hand, women have lived more interesting lives much more healthy lives, since 1900. More open air, more exercise, reduce the incidence of anaemia, of constipation and tuberculosis by raising resistance.

**PHILOSOPHY OF LIFE**  
With better physical health, it is strange to note an increase of what is called psychoneurosis. Women are more prone to nervous and chronic fear. "Life is very disappointing," a woman of 40 said to me. "There is so much disillusionment." Anyone who reaches the age of 40 without some philosophy of life is sure to be disappointed and disillusioned fairly frequently. Life, to those of us who live at all, is conflict and endeavour. "More like wrestling than dancing" it seems in truth to be, with full measure of trouble, and sometimes a little joy if we are lucky. One thing is sure: there is far too much unhappiness that is preventable, ridiculous, pathetic, unnecessary. There are women miserable

**ROYAL FAMILY VIEWS TROOPING OF THE COLORS**  
Watching the King take the salute during the march past of the guards following the trooping of the color, members of the royal family are shown here on the balcony of Buckingham palace, LEFT to RIGHT: Princess Margaret, Queen Elizabeth, Queen Mary, the Duchess of York and the Duchess of Gloucester.



### A Morning Smile

During a sermon a baby began to cry, and its mother carried it toward the door. "Stop!" called out the minister. "The baby is not disturbing me." To which the mother caustically replied: "Oh, 'e ain't, ain't 'e? Well, you're disturbin' 'im!"

Farmer: "You must be brave to come down with a parachute in a gale like that."  
Stranger: "I didn't come down with a parachute. I went up with a tent."

educated—except in the case of severe illness.

"The parent ought to be allowed to say whether he thinks the child is fit to go to school or not, and I am glad that the Hendon magistrates have upheld that contention.

"Parents are best fitted to know whether their children are able to go to school.

"If the school choose to have a rule that a medical certificate must be submitted then it is probable that a parent knew of that rule when sending his child there, and adheres to it.

"Many private schools have these rules, and the opinion of the family doctor is accepted.

"In the case of colds, most headmasters are glad to know that the child is being kept away—a child with a cold among a class of others is a real danger."

**DEADLY DULLNESS**  
For myself, I have never believed in the health value of the quiet life. It is not the pace that kills. It is the lack of pace in most lives. It is the monotony, the passing away of interest, that undermines health far more frequently than excitement.

Dreams, day dreams, exciting books and plays, are to many necessary "compensations" for the dullness and dreariness of life. The reason why many people like exciting films is that they are lured by the lack of incident and excitement in their own lives. For the same reason people drink and drug —to get away from them.

If the business woman's life is monotonous, her health will deteriorate. If the business girl under-estimates herself, does her work at a slow pace and loses interest in it, it is time for her to consider how her life can be changed or modified to satisfy her human aspirations.

We all need variety; the more intelligent the type, the more essential it is so to order life that we can make for ourselves new interests and enjoy new associations. We should get at all times full measure of satisfaction from work, from friendship and love, and even from everybody living.

When pleasure is labor and work distasteful there is neither health nor sanity.

Women who seem happy are not necessarily so. We wear masks of cheerfulness or cynicism, and there are only one or two persons in a lifetime to whom we are simple and sincere. Is this self-protection or courage? Most women are much braver, more intelligent than they

realize; but they fear to face themselves. They hide their loneliness behind self-assertion, talkativeness, indifference, or laughter.

**ADAPT OURSELVES**  
Why not try to accept life differently, learn to adapt ourselves to work, to friends and relations—in a word, to environment. If we cannot do the work we long to, let us make the best of a job we must get through even if it is only entertaining hosts of acquaintances. If we cannot live with the people we love, let us try to like better the people we live with.

### MORSE'S TEA on the FARM

A refreshing and stimulating cup of MORSE'S delicious TEA is enjoyed any hour of the day, on the farm.

It gives new life and lightens the day's labors.

### THE COOK'S CORNER

PLUM JELLY

Four cups juice, 7 1/2 cups sugar, 1/4 cup bottled fruit pectin.

To prepare juice, crush thoroughly 4 pounds fully ripe fruit. Do not peel or pit. Add 1 cup water and bring to a boil, cover and simmer 10 minutes. Place in jelly cloth or bag; squeeze out juice. Measure sugar and juice into large saucepan and mix. Bring to a boil over hottest fire and at once add pectin, stirring constantly. Then bring to a full rolling boil and boil hard 1/2 minute. Remove from fire, skim, pour quickly. Paraffin at once. Makes 11 six-ounce jars.

SWEET CUCUMBER PICKLES

Cut up 4 quarts small cucumbers and cover with brine in the proportion of 1 part salt to 4 parts water. Let stand in this 3 days. Then drain off the brine and add clear fresh water each day for 3 days. The seventh day set on back of stove in a liquid of 1 cup of vinegar to 1 cup water with enough to cover.

Add to this 1 lump alum the size of a walnut. Let the pickles get hot, but don't boil, for 2 hours. Drain and pour over them the following syrup which is boiling: Three pints vinegar, 3 pounds sugar, 3 ounces mixed pickling spice tied in a bag. For two more days drain off the vinegar each morning, heat to a boiling point and pour over the cucumbers. These pickles will keep either in a crock or sealed.

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