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would undoubtedly develop on thousands of Canadian farms and exert a marked impact on the national economy.

Conflicting Theories For some time it has been the fashion in high medical circles—at least some of them—to frown on a "fatty diet".

Now comes two other equally distinguished experts, Dr. Herman E. Hilleboe, Health Commissioner of the State of New York, and Dr. Jacob Yerushalmi, Professor of Bio-statistics at the University of California, to say that Dr. Keys' findings lack "validity".

As always happens when experts disagree, the layman is left in a state of bewilderment. Perhaps the wisest course, until such time as the experts can agree on what is harmful and what isn't, is to eat what one likes but not too much of anything.

EDITORIAL NOTES It may be purely coincidental, but the United Kingdom reports 50 murders in 16 weeks since the death penalty was abolished for most types of this crime.

According to a U.N. report, carp are being bred in Asian swamps "to increase the food supply for millions of people who never before tasted fish."

Full Parity For some time now, says The Country Guide, Winnipeg, the air about farm meeting places in some parts of the country has been filled with talk of "full parity for agriculture," whatever that may mean.

Well merited tribute was paid to Dr. W. J. P. MacMillan by the Canadian Medical Association on his retirement from the executive committee, on which he had served continuously since 1936.

Excessive speed is recognized as one of the chief causes of automobile accidents. Constantly increasing horsepower has made it possible for motor vehicles to travel far above the legal speed limits and during recent years there has been a tendency to emphasize the power and speed of new cars.



OTTAWA REPORT

P. M. At Calgary Stampede

By Patrick Nicholson

The Hon. John Diefenbaker filled his first public engagement in Canada as prime minister when he presented the prizes at the close of this year's Calgary Stampede.

WATCH CALGARY BOOM I found Calgary a city which has changed vastly in the past seven years. Gold, largely United States gold, earned from the sale of The Prairie's black gold, has lavishly paved the streets.

WORLD RECORD BROKEN Then he saw the world's record broken in that thrilling chug-wag-on race, and he presented the prizes to the bow-legged and iron-gutted cowboys.

Antarctic Pioneering

National Geographic Society

When the late Richard Evelyn Byrd first flew over the South Pole and supply that has now made possible the first scientific station at the bottom of the world.

REACHED ENDS OF EARTH "No man in history contributed more to the knowledge of the Arctic and Antarctic than Byrd," writes Melville Bell Grosvenor, editor of the National Geographic Magazine, in the July issue of the publication.

His project appealed strongly to the Society, already keenly interested in aviation and air photography. Byrd's naval aviation unit joined the seagoing, Geographic-backed Donald B. MacMillan Expedition.

PUBLIC FORUM

This column is open to the discussion of current events of national interest. The Guardian does not necessarily endorse the opinion of correspondents.

TRIBUTE TO THE LATE

Sir—H.F. MacPhee, County where Mr. H. Frank MacPhee, Q.C. was born, taught school for some years and served in the public service with great distinction.

A GOOD TURN EVERY DAY

Sir—One day last week we were made quite happy by a visit from a man 87 years young. He had learned the carpenter trade from his father, but farming was their main occupation.

OUR YESTERDAYS

From the Guardian Files TWENTY-FIVE YEARS AGO (July 22, 1932)

A council meeting of the Board of Trade was held last evening with the President, Mr. Samuel Kennedy, presiding. Present were Messrs W.L. Higgins, N. Rattenbury, R.E. Mutch, S.A. MacDonald, George Tweedy and Dr. J.A. Clark.

MAXIMS

Life affords no higher pleasure than that of surmounting difficulties, passing from one step of success to another; forming new wishes and seeing them gratified. He that labors by any great or laudable undertaking has his fatigues first supported by hope and afterwards rewarded by joy.

Watch Multiple Sclerosis Signs

We usually think of the two decades between the ages of 20 and 40 as about the healthiest time of life. Yet this is precisely the age group most menaced by the ravages of multiple sclerosis.

These patches of scar tissue along with the destruction of the nerve fibers, apparently block various nerve impulses from reaching the muscles which serve to activate the various parts of the body. In short, paralysis is the result.

Quite frankly, we admit that, of the thousands of treatments that have been tried, not one has as yet proved to be really effective. It is possible to "manage" the symptoms of the disorder to some extent and in some cases to retard relapses.

These include a sudden blurring of vision, double vision or a tingling of the arm or leg. Rhythmic jerking of the eyeballs, tremor occurring with purposeful effort, slurring and staccato speech might also be present.

The Age Old Story We have no right... neither know we what to do, but our eyes are upon thee.

The Poet's Corner

BIRD CALENDAR They perch upon the February page Just as they away upon a cedar bough Outside my window, contemplating song— The cardinals who pen-up joy will break From bonds of throat before the spring is born.

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TEN YEARS AGO

(July 22, 1947)

Forty six young Air Cadets from Britain who will visit Canada this summer in connection with the first exchange visit to Canada from the United Kingdom, will be at the Summerside R.C.A.F. Station on August 15, according to information released yesterday.

NOTES BY THE WAY

"Far better to have loved and lost," said the earnest father, "than to have to do arithmetic homework for four kids."—Woodstock Sentinel-Review.

Prospective fathers have been joked about for a long time, and most of the blame must rest on women. They have encouraged the idea that a man is a fool when his wife is having a baby, and that if he touches a small child, he will probably break it.

According to Fortune Magazine there are now 21 union presidents earning \$25,000 a year or more and, in addition, there are many others whose official salaries are less than \$25,000 but who more than make up the figure in "expenses" and other perquisites of office such as free homes.

CONTRACTS PLACED OTTAWA (CP) — Contracts placed by the department of defence production during the latter part of June exceeded \$10,000,000.

MAINE'S Cool Nights It's not too late to dodge the next heat wave. Come to Maine. Average July and August temperature is 67.1 degrees.

Now! \$1000.00 or more EVERY WEEK in the STAR WEEKLY CASH WORDS

STAR WEEKLY

Borrow confidently where 2 generations have borrowed

When you need extra cash, borrow where two generations solved their money problems so satisfactorily.

Table with columns: Cash You Get, 6 months, 12 months, 24 months, 36 months. Rows: \$200, \$300, \$400, \$500, \$600, \$700, \$800, \$900, \$1000.

HOUSEHOLD FINANCE Corporation of Canada

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