

A Family Remedy For Coughs—The Pleasant Tasting Pinex Way

When anyone in your family is distressed by winter coughs, use this favorite old Canadian recipe. Easy to prepare, yet gives you four times as much for your money.

Get a 2½ ounce bottle of fast-acting PINEX CONCENTRATE from your favorite drug counter. Pour this into a 16 ounce bottle and fill up with simple sugar syrup. That's all there is to do... no cooking needed, yet you will have an ample supply of effective cough relief for the whole family, so pleasant-tasting that children like it.

For convenience, PINEX is now also available in ready-to-take PREPARED form. Either way, PINEX must help you, or your money back. Get a bottle today... be ready for winter coughs ahead.

PINEX PREPARED for CONVENIENCE
PINEX CONCENTRATE for ECONOMY

GROW MORE FOOD

NEW DELHI, India — (CP) — Prime Minister Nehru told a conference of state food ministers here that the time had come to make a determined effort to end India's dependence on food from abroad. He expressed hope the country would be self-sufficient in food within five years.

Evening Auxiliary Meets In O'Leary

The monthly meeting of the Evening Auxiliary was held at the home of Mrs. Stanley Dunville on Thursday evening, January 8th. The president, Mrs. Gerald Gamble, presided.

The meeting opened with the reading of a hymn and repeating the Lord's Prayer in unison. A reading on stewardship was given by Miss Pearl Craig. Mrs. Lewis Bernard led the devotional, assisted by Mrs. Gerald Gamble and Mrs. Herbert Vatcher. The friendship committee reported eight cards sent, eight treats, five shut-in calls and four sick calls. Two books were reported read. Mrs. Gerald Gamble and Mrs. Lewis Bernard were appointed delegates to the Presbyterial which will be held in the United Church in Summerside.

The next meeting will be held at the home of Mrs. Phillip Thompson, with Mrs. Herbert Vatcher as devotional leaders and Mrs. Jack Matthews will offer the prayer for Missionary. The treasurer gave her report which showed an increase over last year.

The installation of officers followed, by Mrs. Jack Matthews, and the meeting closed with hymn and Mizpah Benediction. Refreshments were served by the hostesses. —AZ

Maritimers En Route To England



Among the 43 members of the R. C. A. F. who sailed aboard the Canadian Pacific Empress of France Jan. 14 from Saint John for England was the above group from the Maritime Provinces. Back Row: LAC. L. J. Bellevue, Digby; Cpl. M. Inglis, Dartmouth; Cpl. C. A. Macdonald, Charlottetown; Cpl. G. R. Balcom, Paradise, N. S. Front Row: P/Sgt. G. C. Newman, Halifax; Nursing Sister, V. Marshall, Carbonear, Newfoundland; Cpl. J. C. Harkness, Summerside, P. E. I. —Canadian Pacific Railway Photo.

West Royalty Home And School Meets

A meeting of the newly formed Home and School association of West Royalty was held Tuesday night, January 20th in the West Royalty School, with the president, Barry Budgen in the chair.

After some very fitting opening remarks by the president the reading of the minutes and new business were put before the meeting for discussion. It was decided that West Royalty will now have a Home and School Association with meetings every month and that it will join the Canadian Home and School and Teachers Federation.

Mr. Roy Mugford was the guest speaker for the evening and chose as his subject "Music in the City and Rural Schools".

Games and the showing of films with a lovely lunch served by the ladies finished off the evening very nicely and the large crowd in attendance agreed that not only an educational but a very enjoyable evening had been well spent.



- Juicy (Blue Goose) ORANGES, 4 doz. 89c
- Golden Ripe — Reg. 24c lb.
- BANANAS, Special, lb. ... 18c
- Head LETTUCE, special, 2 for .. 27c
- Fresh — (A Real Treat) SPINACH, 2 lbs. only 19c
- BRUSSELS SPROUTS, lb. ... 25c

- 16 oz. bottle 18c
- 32 oz. bottle 29c
- 64 oz. bottle 54c
- 128 oz. bottle 99c

- Neck — (Fresh or Corned) RIBS, lb. 11c
- Boneless Loin PORK CHOPS, all meat, lb. 75c
- Friday and Saturday Only

FOODS of Known Quality

FISH

- SALT HERRING, 2 for 15c
- NO. 1 SMELTS, lb. 30c
- SALT COD, skin on, only lb. 19c
- EELS, lb. 30c
- ALSO: Fresh Haddock, Halibut, Salmon, Mackerel, Haddock Fillets, Smoked Fillets, Smoked Kippers, Corned Mackerel, Boneless Digby, etc.
- Yellow Eyed BEANS, 4 lbs. 55c
- Velveeta CHEESE, 2 pkgs. 63c
- Exeter — 12 oz. tins CORNED BEEF, 2 for 89c
- Seeded RAISINS, 4 pkgs. 89c
- York — Choice Quality CORN, 20 oz. tins, 4 for ... 75c
- Choice Quality — 28 oz. tins TOMATOES, 4 for 99c
- CLAMS, 2 tins 79c
- Robin Hood OATS (bulk) 5 lbs. 41c
- Broken Pekoe TEA, lb. 65c
- Icing SUGAR, 2 pkgs. 25c

Red Point Couple Tendered Shower

A post nuptial shower was held at the home of Mr. and Mrs. Nelson Stewart on Thursday, January 15th, at their home in Red Point when a large number of relatives and friends gathered to honour their daughter, Jean Martha, Mrs. Preston Coffin, and Mr. Coffin.

Many useful and lovely gifts, also a well-filled purse were received by the guests of honour. Music and singing of old familiar songs were greatly enjoyed, followed by delicious refreshments served by the hostess, assisted by several of the ladies.

All departed for their homes, wishing Mr. and Mrs. Coffin a happy and prosperous married life.

Gowan Brae School Christmas Closing

As the approach of the glorious Feast of the Nativity drew nigh, the teacher and pupils of Gowan Brae School supplemented the joy and cheerfulness of the special season by presenting their school concert on Tuesday evening, December 23, before a large audience of parents, ratepayers and visitors.

The program was well carried out and was under the capable chairmanship of Mr. Howlan Mullally who, in his pleasant and sincere manner, introduced each number of the program.

To add to the appearance of the program, the classroom was gaily decorated with holly, streamers, etc., displaying the festive colours. Also, a huge prettily decorated tree stood in one corner of the room with its branches far out-reaching with gifts for all.

The program which was presented was as follows: Chorus: "Ring, Merry Bells" — the school. Recitation: "Welcome" — Marie Mullally.

Drill: "Christmas Greetings" — William Mullally, Earl MacDonald and Oswald MacGillivray. Solo: "Roses Are Blooming" — Ann Mallard, (encored) "Missing In Action."

Dialogue: "Dad's Quiet Evening." Recitation: "Unfair To Small Boys"—David Mullally. Drill: "Christmas Tree" — ten pupils of the primary grades. Carol: "White Christmas" — the pupils of the senior grades.

MASON'S 49 for Coughs and Colds 45¢ — 75¢

Valley Field W.M.S. Annual Meeting

The Valleyfield W. M. S. met in the school room of the church for their annual meeting. Mrs. Dan MacKinnon was appointed as devotional leader. The members read the 3rd verse of "O Little Town of Bethlehem" in unison. Scripture reading from Luke 2, Matthew 2 and Philippians 2, were read by the members and prayers were given by Mrs. W. A. Bruce and Mrs. Dan MacKinnon. The dedication of offering was read in unison and closed the worship period.

The business period opened with the minutes of the last meeting being read by Mrs. Wm. A. Bruce followed by roll call, answered by ten members, with a verse of the book of Psalms.

The book is to be continued in similar way for next meeting. The meaning of the word "Selah" was discussed and is to be reported at next meeting. Correspondence was read including a letter from Christian Stewardship secretary, also a letter from Miss Wilna Thomas. Mrs. MacKinnon had the new study book.

The next meeting is to be held in the school room, with Mrs. J. N. MacPherson to be devotional leader. The meeting closed with the Lord's Prayer.

Election of officers resulted as follows: president, Mrs. Dan MacKinnon; secretary, Mrs. Carmon Rogers; treasurer, Mrs. R. E. MacPherson; Christian Stewardship secretary, Mrs. W. A. Bruce; literature secretary, Mrs. Alex Martin; community friendship secretary, Mrs. W. A. MacLeod; supply secretary, Mrs. Arthur MacKinnon; temperance secretary, Mrs. Alexander MacKinnon; associate membership secretary, Mrs. Raymond Nicholson; world friends secretary, Mrs. Preston Peardon; missionary monthly secretary, Mrs. Harry Vanbuskirk; baby band superintendent, Mrs. Dan MacKinnon; Mission Band superintendent, Mrs. W. A. Bruce.

lately followed by "Here Comes Santa Claus" — the school. Following the program, Santa arrived and in his usual jovial manner, distributed gifts to all who were to receive them. Before old Santa left on his long journey, he sat by the glowing fireplace while two of the oldest resident brothers of the district, Messrs. William and Fabian Howlett, rendered an old native ballad.

After Santa had departed, a vote of thanks was extended to the teacher, Dorothy Keays, and the pupils, by Mr. Fabian Howlett, a district ratepayer, for their fine entertainment of the evening. His well suited remarks were seconded by Mr. William Howlett.

The delightful evening closed with "God Save The Queen" and all departed for their homes.

UNIVERSAL TONGUE The international language Esperanto was invented by a Warsaw oculist, Dr. L. L. Zamenhoff.



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