Women's realm

Visits Home

—Miss Mary Lena Gavin, (above), recent graduate nurse of The Halifax Infirmary School of Nursing, class of '53, is visiting at her home in Tignish. She is the daughter of Mrs. John R. Gavin.

How Can I ! ! !

By Anne Ashley

Q. How can I revive raisins and other dried fruits which have become stale and hard?

A. Put them into a strainer and set the strainer with a cover on it over a pot of boiling water for about 15 minutes.

Q. How can I make a good silver polish at home?

A. Buy a little loose prepared chalk from your druggist and make a paste of it by mixing it with ammonia in a small jar. Rub the paste on the silver with a rough cloth, rinse the silver in piping hot water, dry it briskly, and the job is done. Keep the jar of polish tightly covered when not in use: if it dries up, just add more ammonia.

Q. How can I remove shoe polish stains from clothing?

A. Most of the time, ordinary cleaning fluid will work. Or, on washable whites, let the polish dry and then brush most of it off. After that, wet it and let it dry again so you can brush again.

CUTICURA helps clear BAD COMPLEXION

Pimples, eczema rash, oily skin, blackheads promptly cleared up with fragrant, mildly medicated Cuticura Soap and Ointment. Buy Cuticura today at your druggist.

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REGISTERED TRADE MARK

BLEACH

Makes your refrigerator sparkling clean and sweet!

It's 5-in-1 action —

DISINFECTS!
REMOVES STAINS!
WHITENS!
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No other cleansing agent does so much, so easily . . . for so little!

To save miles of steps —

•ALWAYS KEEP 3 BOTTLES HANDY!

One each for kitchen, laundry, bathroom.

In 4 Handy Sizes! JN-63

most housewives know

20 EASY WAYS Javex MAKES THINGS WHITE! BRIGHT! SWEET! CLEAN!

ELLEN'S DIARY

By An Island Farmer's Wife

Late-blooming flowers are among those which now brighten the little border of lawn: a white aster, feathery - petalled, orange-hued calundulas a-blossom or holding their odd and interesting seed-clusters. There is mauve of false dragonhead, purple of phlox and, remindful of old gardens we have known, pansies lifting sober faces to the sun.

Nasturtiums, humble plants it is true, but bright and engaging amid their green, offer sweet treasure for the taking to any wayfaring bee; here a young hummingbird paused on wing to pay his respects to a scarlet-gowned "glad" and there the butterfly-like blossoms of sweet peas continue to live gaily though we fear that each day may be their last. For frosts come early to these gardens along the mill-stream.

And we make tentative plans against that day which no matter how inevitable its coming brings us momentary regrets — We shall lift pieces of the 'mums and also those of the brightest geraniums to give color to the kitchen and rooms long after the garden-year has passed . . . The children bring in cones and seeds — the rugged brown of chestnuts, and today it was a number of the rarer cupped acorns from the ancient, wide-spreading oak which dreams away its hours, a bit lonely we fancy, on the lawn of "the other farm."

"What disturbed your dreams, Ellen?" James whispered the query into the silence of this new day.

"That 'plane,' "we offered. "And yours?" we were curious.

"Those chickens!" he smiled ruefully. "Did you ever hear such a din — each trying to outdo the other! And I read not long ago that morning crowings were no longer to be heard on farms. Ours must be exceptions."

Faintly, and not unlike the tolling of a far-away bell, across the quiet from a neighboring farm came an answering hail; domestic geese in soft voices joined in the greeting, repeating it in lonely cadences; beneath our window the black dog, roused from his rest, barked a low annoyed yelp.

"There's sun on the wall," we reminded James, remembering that with this sunrise we must again take up the threads of our work rested at week-end. "I wouldn't put too much dependance on that —

Continued on page 14

Modern Etiquette

By Roberta Lee

Q. Is it all right, when introducing two men, to say, "Mr. Baker, this is my very good friend, Mr. Harris"?

A. This would be a rude statement to make, since it implies that only Mr. Harris is your "very good friend."

Q. When one is dining at a club where dancing is included, what should be done with the napkin when arising to dance?

A. Lay it unfolded on the table beside the plate. And the same should be done when leaving the place.

Q. When a bride has received a gift from the office force, consisting of perhaps a dozen employees, how should she acknowledge it?

A. She may write a personal letter of thanks to the chief clerk, office manager or the person she knows had charge of the contribution towards the gift, asking this person to thank the others.

Morning Smile

A Scot whose child had swallowed a small coin, rang up the doctor.

"How old is it?" asked the doctor.

"It's a bright new one, dated 1950," replied the father.

All Pure, Extra Soapy!

New Sunlight is better than ever. Nothing else can take its place—it washes everything washable. Try New Sunlight Soap. Your hands will love it!

Matheson - Carew Wedding

Above are Mr. and Mrs. Malcolm Matheson with their attendants following their recent wedding in Hunter River United Church. From left to right are Mr. Lloyd MacLeod, groomsman; Mr. and Mrs. Matheson (nee Shirley Carew); Mrs. Glydon Willis, matron of honor; Miss Helen MacRae, bridesmaid; Mr. Ross Matheson and Mr. Horace Coles, ushers.—**(Photo by Garnhum).**

The Stars Say - -

By Genevieve Kemble

For Tomorrow

THIS day's lumar vibrations favor home and family matters in all their various aspects.

Whether you plan renovations, new decorating schemes or just make a few purchases with either practical or esthetic intent, if the "old homestead" benefits, you can't go wrong. Home entertainment, hospitality shown to relatives and activities in which all the family can share, are all under most beneficent aspect.

Where business is concerned, splendid headway can be made through a vigorous but well-planned approach. Do not let anyone force you into making hasty decisions. Rely on your own judgment and analyze all situations carefully.

For the Birthday

If tomorrow is your birthday, there is a strong possibility that you may experience a short period of stress within the next few weeks, due to an increase in your responsibilities. Tension can be relieved, however, if you will relax and depend on your innately good judgment to see you through. Responsibilities are given only to those who are truly able to carry them, so accept them with gratitude. More often than not, they prove a gateway to opportunity.

Financial matters should prosper during November and December and, by year's end, you should have so consolidated your position in both business and personal matters that the new year will get off to a flying start. Romance will occupy a secondary position in your interests during the next few months, but domestic and social affairs are under beneficent aspect.

A child born on this day will be intelligent and lovable, but inclined toward laziness.

Tryon Women's Institute has selected six recipes for you to try this week, starting with an interesting new salad for 'special' dinner entertainment.

24-HOUR SALAD

2 eggs, beaten
4 tablespoons vinegar
4 tablespoons sugar
2 tablespoons butter
2 cups white cherries, cut in halves
2 cups pineapple, cut in pieces
2 oranges cut in pieces
2 cups marshmallows, cut in quarters
1 cup heavy cream.

Put the eggs in the top of the double boiler. Add vinegar and sugar. Cook over boiling water, beating constantly, until thick and smooth. Remove from fire, add butter and cool. When cold, fold in the cream, which has been whipped, and the fruit mixture. Turn into mould, and put in the refrigerator cabinet for twenty-four hours. Serve on lettuce as main course, or in sherbet glasses as dessert.

—Hope Jones,
Tryon W. I.

Household Scrapbook

By Roberta Lee

Clean Coffee Pot

Slice a lemon and put the slices in an aluminum coffee pot with plenty of cold water. Let it come to a boil and keep it boiling until the inside surface of the pot may be cleaned with a cloth and made to look like new..

To Tarnish

A few pieces of camphor put in the drawer where silver is kept will keep it from tarnishing.

Grease Stains

A grease stain may easily be removed from clothing by placing a blotter over the stain and placing a hot iron on top of the blotter.

DOROTHY DIX'S COLUMN—

He's No More Than $

Married To A Widow With Two Girls, Husband Finds Them Discourteous

DEAR MISS DIX: I sure would appreciate anything you could do to help me out of this mess. Two years ago I married a widow with two daughters, 13 and 15. My wife at the time was 37; I was fifteen years older. I have done my best to be a good father to the girls, helping with their education, etc. They refuse me even the courtesy ordinarily extended to a stranger. They seem to regard me as an intruder. They discuss everything with their mother, who makes decisions, without consulting me. My wife refuses to speak to the girls about being more pleasant to me.

Muriel Nissen

At the beginning of our marriage we were involved in so much expense that I took a job in addition to my regular work, making a total of about 16 hours a day. Now, if I suggest giving up one job, my wife becomes very indignant.

C. N.

HE'S DEALING WITH INGRATES

ANSWER: Some of the details of your position I have omitted for lack of space, but the whole thing adds up to one clear summation—you have been taken for a fool, Mister, and no mistake. Your wife engineered you into marriage that would prove materially beneficial to her and her daughters. There evidently has never been any thought for your welfare. Don't be foolish enough to try to satisfy these females in your family; they're money mad, and no amount of personal interest or concern means anything to them. You are a dollar sign in your household—and nothing more.

It would be a good idea for you to see a family counselor who will help you unravel the tangled threads of your domestic plight. I hope you'll be shown a way to shed these parasites.

DEAR DOROTHY DIX: I'm in love with Sally, and though I still date her and we talk about marriage. I don't believe she really cares for me. She doesn't take me seriously, wants her own way in everything, and is very inconsiderate.

R. P.

ANSWER: When a young man can see the faults of his near-fiancee so plainly, it's certainly time to write finis to the romance. There's no alchemy in a marriage ceremony to change a person's fundamental character.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

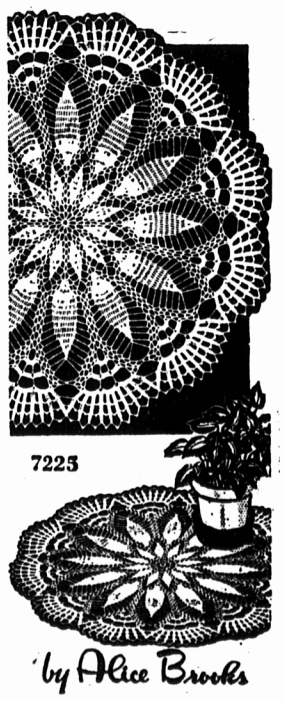
Alice Brooks Designs

EASY CROCHET

NEW DOILIES to add to your collection of beauties! A lovely background for plants, vases or lamps, stunning as a buffet set, superb as a party table-setting!

Large doily is 18 inches in No. 30 cotton, small, 13 inches. Pattern 7225; crochet directions.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



7225

by Alice Brooks

Better English

By D. C. Williams

1. What is wrong with this sentence? "All of the men were outside of the house."

2. What is the correct pronunciation of "pergola"?

3. Which one of these words is misspelled? Talisman, tamborine, tarantula, tantamount.

4. What doesthe word "procrastinate" mean?

5. What is a word beginning with cr that means "a severe trial or test"?

ANSWERS

1. Omit both "of's". 2. Accent first syllable, not the second. 3. Tambourine. 4. "To put off from day to day; to delay. "I procrastinate more than I did several years ago." 5. Crucible.

"Isn't this heavenly? We can still have our Shirriff's Marmalade!"

Have You Ever Tried Cherry Stuffing For Roast Duck?

By JOAN BARBERIS
Canadian Press Staff Writer

Now the duck-hunting season approaches again many wives face the annual problem of WHAT TO DO WITH THE PROUD HUNTER'S BAG. Many women seem to feel that shooting ducks must be more fun than cooking them.

Wives of duck hunters fall into two groups—those who will clean the birds inside and out, and those who won't.

The women who doesn't balk at a duck with head and feathers intact doesn't need any advice. For those who do object, one suggestion is that they reach a firm understanding with the hunter of the family that the hunt isn't over until the bird is thoroughly cleaned.

Roast Duck Tasty

Anyway, here's a suggested recipe for roast duck with savoury cherry stuffing, from the Poultry Products Institute of Canada:

Make sure the body cavity is clean, remove any pin feathers and singe to remove down, Wash duck thoroughly, allowing a stream of cold water to run through it. Dry and rub inside of cavity with salt. Fill with cherry stuffing see recipe below, sew or skewer to close openings.

Roast uncovered in an open pan in a moderately slow over, 325 degrees F., allowing 30 minutes a pound. Baste occasionally with a spoonful of the syrup from the cherries.

Duck is cooked when the meat is tender and no red tinge shows in the juice when the meat is pricked with a skewer or fork. If meat thermometer is used, place it in the thickest muscle being sure it does not rest on bone.

Thermometer should read 190 degrees F. When duck is cooked.

STUFFING: 1 tablespoon butter; 2 tablespoons chopped onion; 4 cups fine, soft bread crumbs; one half teaspoon salt; 1 teaspoon poultry seasoning; one half teaspoon celery salt; dash of pepper and one 15-ounce can pitted cherries.

Melt butter in pan, add onion and cook slowly for five minutes. Add onion and melted butter to crumbs and seasonings and combine thoroughly. Drain syrup from cherries and reserve for basting the duck during roasting. Add drained cherries to crumb mixture and mix together lightly so that fruit is not crushed. Yields enough for a 4-lb. duck.

That Body Of Yours

By James W. Barton, M.D.

Some years ago some encouraging results were obtained by the use of large doses of vitamin D, as it appeared that the small doses did not give results. Some months after these results were published, other physicians began administering vitamin D in large doses. Later they reported that large amounts of vitamin D, in form of calcium was deposited in and around joints causing an actual poisoning. Now physicians have reverted to giving vitamin D in smaller, safer doses.

In the American Journal of Medicine, Drs. C. W. Wilson, W. L. Wingfield and E. C. Toone, Jr., state: "Large doses of vitamin D preparations have been administered for the treatment of a wide variety of diseases, including arthritis of various types, psoriasis, acne, pollinosis and tetany (sharp bending of wrist and ankle). The dangers associated with the administration of these preparations which may poison the patient have been widely recognized but often are not considered sufficiently serious by doctors or their patients. There is a great variation in the suceptibility to the toxic or poisonous action of vitamin D. When intoxication with vitamin D occurs, the usual symptoms are loss of appetite, weakness, fatigue and lassitude, nausea and vomiting, excessive urination, day and night. Some patients complain of tightness across the back of the head followed by sensitiveness also at back of head. In a case reported by these physicians the outstanding signs were impairment of kidney and bladder and deposits of calcium (lime) in various places in the body; the patient complained of

Continued on page 14

Ball Dress

Full-skirted ball dress designed by London's Victor Stiebel at Jacqmar is in Oliver Messel's "Wheatear" design. The bodice is swathed and a panel of material is draped over the skirt and caught on the left hip with three shaded roses.

Anne Adams Patterns

—P.

SLIM TWO-PIECER!

A must! The two-piece dress that's always smart everywhere you go! This one is slenderizing as a diet—peplum pockets accent the arrow-narrow sheath lines. If you choose one of the new winter cottons—accent it with a sparkling white contrast collar.

Pattern 4652: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 takes 4¼ yards 35-inch; ⅜ yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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4652
10-20

by Anne Adams

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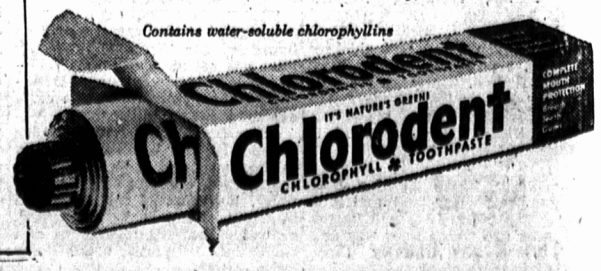
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