

Women

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HAPPENINGS

Lieutenant Governor Hyndman and Mrs. Hyndman have been in Ottawa for the past week where Mr. Hyndman is attending the opening of Parliament. They were the guests of the Governor General at Rideau Hall. Lieutenant Governor and Mrs. Hyndman are expected to arrive home this Monday evening.

Commodore Edward Finch-Noyes, C.D., R.C.N., and Flight Commodore W. H. MacDonald left the island by plane on Saturday morning for Newfoundland. Mr. Noyes and Mr. MacDonald have been here attending the opening of the new Naval Barracks at the Paoli Wharf. They were guests at the Charlottetown Hotel.

Commander J. O. T. Lee who has been on the island attending the opening of the new Naval Barracks left by plane on Saturday morning for Moncton, N. B. He was a guest at the Charlottetown Hotel.

A. C. MacEachern, M.C., was a visitor to the city on Tuesday.

COVEHEAD ROAD W.I.
The Covehead Road W.I. held their January meeting at the home of Mrs. Louis Aylward with six members and four visitors present. The meeting opened by singing "Auld Lang Syne", followed by roll call which was answered with a New Year's resolution and a dime for March of Dimes.

Minutes were read and approved. The six month programmes were reported made out by Mrs. Harvey MacDonald, Mrs. Ernest MacMillan and Mrs. Philip MacInnis. Correspondence was read and discussed among which were a number of thank you notes and receipts including receipt for \$8.50 for Springhill Disaster Relief Fund.

Mrs. Samuel Woodbridge reported the Xmas treat purchased and presented to the pupils. Ways and Means of making money was discussed at length, but nothing definite arose from this discussion.

The programme consisted of a song by the four Aylward girls, with Mrs. Louis Aylward at the piano, and two contests conducted by Mrs. Harry Birt which were won by Mrs. Philip MacInnis and Carolyn Aylward.

BROOKFIELD W.I.
The regular meeting of the Brookfield Women's Institute was held at the home of Mrs. Sadie Wood. Due to the cold night the most successful years in the history of the auxiliary. After various amounts had been allocated for necessary church work and charitable purposes, the balance amounting to a substantial sum was given to the trustees to be used in the work of the church.

Zion Auxiliary Re-elect Mrs. G. R. Lea Pres.
The annual meeting of the Women's Auxiliary of Zion Presbyterian Church was held in the Ladies Parlor Friday, Jan. 9th, following the church service. There was a large attendance of auxiliary members.

CORNWALL W.I.
The January meeting of the Cornwall Women's Institute, was held at the lovely home of Mrs. Neil Salmond. The meeting opened with singing, "Flow Gently Sweet Afton", followed by the Creed. Roll call was answered by twenty-three members, and one visitor with a scotch joke.

ANCIENT DENTISTS
Dentistry as a profession was recognized as long ago as 500 B.C.

MARY HAWORTH

There Are Many Aspects of Love In Normal Life

Dear Mary Haworth: Your reply of Dec. 4 to G.G.—concerning the "iffy" question of "loving persons of one's own sex exclusively"—seems to me indicative of one of the great and sad errors of our culture. Namely, the supposition that love and sexuality are synonymous. Actually the two are very different aspects of life. (Freud notwithstanding).

Heterosexual love, so called, marks the convergence of love and sex, a commonplace occurrence in human experience—yet a radiant experience, never to be forgotten. However, it is but one aspect of love.

There are many aspects of love in a normal life: parent-child love, brotherly love, sisterly love, love between friends, where sexual feelings don't figure (again, Freud notwithstanding). Conversely, as in teen-age romances and in older-age promiscuity, we see the excitement of sheer physical attraction between the sexes, with no love invested on either side.

TRUE FRIENDSHIP
But in true friendship—and this is my point—you have the full expression, in a variety of ways, of love that is of the spirit—the expression of tenderness, understanding, sympathy. Joy. This has been a common knowledge to women for generations.

Yet it seems that many women today suffer obscurely from guilt feelings about their deepest need—namely, a need to share life's joys and sorrows in a personal way with another adult who understands. And can women really confide intimate, vital, personal things to members of the opposite sex, even their own husbands?

How much can a man understand—indeed how much does he want to know?—of women's deep personal concerns: pregnancy, childbirth, love of home; dreams for the children's future; feminine appearance, feminine feelings. And what single woman would dare to telephone a man, to discuss such things with him? Can a married woman lunch with a man friend regularly, or invite him into her home for a quick cup of coffee without social consequences? The very idea is preposterous! Yet it is precisely these intimate, happy habits that bring the loving warmth of lasting friendship into our lives.

Is this arrested development? Or evidence that we are damaged products of an unloved infancy or childhood? To the contrary, I construe it as proof of true maturity—the capacity for true friendship.

However, you, along with many theologians and psychologists, seem to feel that a woman must either love one person exclusively—a member of the opposite sex in marriage—or love everyone she meets with impersonal impartiality—regardless of individual.

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CRUISER

BY VERA WINSTON

Knits are nifty for resort wear. Here is a good two-piece for Florida or a cruise and, later on, for hometown wear. Winter roses in pink with green foliage are limited into sweater blouse top. A dark green, soft, glove leather belt is slipped through at the lower waist. The straight skirt is lined.

And we'd swiftly try to calm his fears. Rich man poor man, all the same Frustrations and sorrows come their way. And the friend who comes to us with a smile. And a word of cheer when the going hard. Will never know, the part he has played. In easing the burden of care and woe. And making life lighter for friend or foe.

Mary R. Gavin

GRASP THE MOMENT
Grasp the moment—great or small. When hearts o'er flow with gratitude. We poor mortals, one and all. Are ever alert with minds imbued. To grasp the hand that understands. And lifts the heart to heights anew.

Lives burdens are many and reaches all. And ever ready to weigh us down. No one escapes we must carry our load. As God sees fit, we must not frown. But struggle along each in our way. Praying and hoping day by day. If we could but read each others minds. Our hearts indeed would realize

IDA BAILEY ALLEN

Check Your Food Habits And See How You Rate

Give your self a food check-up. How do you rate? Tonight, sit down with a pad and pencil and honestly list every food item you have eaten today, and the time when you ate them. Do this every day for a week.

Get a word-picture of your real eating habits. You may see at a glance the reason why you are gaining or losing weight, why you are feeling fagged, "can't eat" breakfast, have little pep during the morning or late afternoon, or why your skin looks "dingy." Or even why your digestion may be a little upset.

BAD HABITS
These minor difficulties may be due to erratic eating habits, such as too many between-meal or late evening snacks; insufficient amounts of fresh fruits, vegetables, salad greens and whole grains to supply vitamins, minerals and roughage; too much fat—too little protein; too many fried foods or possibly too little water.

The body mechanism can be trained to sensible food routines by eating breakfast, luncheon and dinner daily at about the same time. Disrupt this routine, skip breakfast, have a late evening lunch or dinner too near retiring time and the body rebels. You feel fatigued, logy; your mind dull and uncreative.

As to the disposition we all know what happens to that! **TOMORROW'S DINNER**
Hot or cold cerealized tomato juice, curried turkey pie, biscuit topping, buttered parsnips with green beans, cole slaw, cream dressing, nutmeg cup custards, coffee, tea, milk.

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Former Island Doctor Wed In Halifax, N.S.

quiet wedding was solemnized recently at Canadian Martyrs' Church, Halifax, when Miss Edith Istina Lipssett, daughter of Mrs. A. Lipssett, was united in marriage with Louis Kenneth Tulle, D. son of Mr. G. Tulle, Charlottetown. Rev. Daniel McLarnon, officiated at the double-ring ceremony.

ELLEN'S DIARY

Scrapbook Will Be Ideal Reading For Grandchildren

This afternoon in a spell of sunshine on the part of the family though we were left neither plate nor lonely, with each of us, gone happily to interests his or her own, we took down a shelf in our study a scrapbook to enter in it some cuttings we wished to preserve.

Through the years, strange it is we have gathered to our scrapbooks. Various bedfellows lie there—a miscellaneous company: a favorite verse, an old local history—and farther, counts of weddings, notices of deaths, obituaries. . . more than a letter to Santa Claus, which may or may not have reached satisfying destination; quaint recipes, invitations received, dried rose leaves, browned violets, a crow's feather, a four-leaf clover; kepa cards with far flung from this and that led wandered, sketches, letters on pens now no more.

All in an odd but to us most interesting collection, we hope at one of the grandchildren—most likely Granddaughter, or still it be Wee Alex's wife?—will be day read with much interest, and treasure.

A scrapbook, preferably an annotated one is among our favorite reading. . . This afternoon in our study, we came to an interesting personal philosophy, which some years back, a successful American woman had prepared for the dio program. "This I believe . . . It is a story of pluck and wit and discernment and we read it with every enjoyment.

"Both my parents died when I was 13," she wrote "and I found myself suddenly transplanted from farm-country to a crowded city, where I was to live with my mother's sister. The city was so big I couldn't find my way at night. I couldn't smell the dew in the morning. I was so alone who had always been near as gone."

"This one evening a neighbor, starting out to her all-night job as an officer-building charwoman, used on the step where I was sitting, put her hand on my head and said: "Life ain't all you want, but it's all you got. So stick a daisy in your hat and be happy!"

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