

Household Scrapbook

By Roberta Lee

Curtains

The curtains will hang more evenly if the selvage is cut from the goods before hemming, as the selvage, being more tightly woven than the rest of the fabric, hangs more firmly than the rest. This applies to both heavy and thin goods.

Through a Funnel

An easy method of separating the white and yolk of an egg is to break it into a funnel. The white will flow through and the yolk will remain unbroken in the funnel.

Cleaning Wall Paper

Wall paper can often be cleaned very satisfactorily by rubbing it gently with a flannel bag filled with wheat bran.

Better English

By W. C. Williams

1. What is wrong with this sentence? "This phenomena is remarkable, but not as wonderful as some I've seen."
2. What is the correct pronunciation of "muscatel"?
3. Which one of these words is misspelled? Restorative, resurrect, resusitate, respiratory.
4. What does the word "misogamist" mean?
5. What is a word beginning with fe that means "to congratulate"?

ANSWERS

1. Say, "These phenomena are remarkable, but not so wonderful as I've seen." 2. Pronounce muska-tel, u as in must, a as in ask unstressed, e as in tell (not teal, sometimes heard), accent last syllable. 3. Resuscitate. 4. A hater of marriage. (Pronounce mi-sog-a-mist, both i's as in it, o as in on, accent second syllable). 5. Felicitate.

Morning Smile

Diplomacy

Mrs. Johnson: Well, now that you've met my daughter, which side of the family tree do you think she resembles?

Mrs. Jackson: Well, really now, it's true she's not a very pretty child, but I'd hardly say she looks like the side of a tree.

Broke

"George do you realize it's nearly a year since our honeymoon and that glorious day we spent on the sands. I wonder how we'll spend it this year."

"On the rocks."

Modernized

Sol—"Don't cha hate bottle w' corks? I never c'n get 'em out. Always bust 'em up or poke 'em in."

Souse—"Oh, you'd love, my in-shunshun then?"

Sot—"Where's your in-shunshun?"

Souse—"Bottle w' a zipper on top."

Modern Etiquette

By Roberta Lee

Q. Is it ever correct for employees to give presents to their employers?

A. Not usually. An exception is when there is a wedding in the employer's family. Then his employees—if they want to show their liking or appreciation—all contribute and send a wedding gift. They also send flowers to a funeral.

Q. Should a girl wear an evening dress to a dance when she knows that her escort is going to wear a business suit?

A. Not unless it has been agreed beforehand by other feminine members of the party that they are going to wear gowns, despite the fact that their escorts are all wearing business suits.

Q. Which woman should a man seat at a dinner table, the one on his right or left?

A. The woman on his right.

ELLEN'S DIARY

By an Island Farmer's Wife

In a kindly manner, the winter night touched our windows. The fire crackled, the kettle steamed in token of our night-cap to come. And presently breaking into the silence, James asked with a slow smile: "Can you tell me, Ellen, if I'm mentioning a lad out of his schooldays, 'is still living? Or am I only dreaming? So many I knew then, have gone, that sometimes I am bewildered to remember who is and who isn't."

It was obvious that James had not been venturing into the future, but was quietly traversing again the days now long past. The school years, peopled with those esteemed companions that irrespective of age or subsequent occupation or calling, never managed to grow up in his mind. Back these faces come, smiling, or concerned but aglow with youth, to remain with us ever, "without end", while our pilgrim runs... the comrades of the bitter-sweet young years.

In the current issue of Good Housekeeping and under the heading of "Comradeship" there is an interesting excerpt from Antoine de Saint-Exupery's "Wind, Sand and Stars": Happiness. It is useless to seek it elsewhere than in this warmth of human relations. Our sordid interests impress on us seek it elsewhere than in this warmth of human relations. Our sordid interests imprison us within their walls. Only a comrade can grasp by the hand and haul us free. And these human relationships must be created. One must go through an apprenticeship to learn the job. When we exchange many handshakes, compete in races, join together to save one of us, who is in trouble, cry aloud for help in the hour of danger—only then do we learn that we are not alone on the earth....

Life may scatter us and keep us apart; but we know that our comrades are somewhere "out there"—where, one can hardly say—silent, forgotten, but deeply faithful. And when our path crosses theirs, they greet us with such manifest joy, shake us gaily by the shoulders.

Bit by bit, nevertheless, it comes over us that we shall never again hear the daughter of our friend, that this one garden is forever locked against us. And at that moment begins our true mourning, which though it may not be rending, is yet a little better.... For nothing, in truth, can replace that companionship. Old friends can not be created out of hand.

Nothing can match the treasure of common memories, of trials endured together, of quarrels and reconciliations and generous emotions. So life goes on. For years we plant the seed, we feel ourselves rich; and then come other years when time does its work and our plantation is made sparse and thin. One by one, our comrades slip away, deprive us of their shade.

Yet, back these faces come in our reflective moods, smiling or concerned but aglow with youth to remain with us ever "without end", while our pilgrimage runs... the comrades of the bitter-sweet young years.

Until tomorrow --- Diary --- Good-night.

Cook's Corner

Old-Fashioned Pancakes

1 1/2 cups sifted pastry flour, 3 teaspoons baking powder, 1/2 teaspoon salt, 2 tablespoons sugar, 1 egg, beaten, 1 1/2 cups milk, and 3 tablespoons melted butter.

Measure sifted flour into sifter, add baking powder and salt. Sift together into mixing bowl. Add sugar. Beat egg until foamy. Add milk and melted butter. Drop batter from teaspoon onto hot griddle (greased if necessary). Spread cakes lightly with back of spoon into 4-inch circles. Cook on one side until top is puffed and full of bubbles. Turn and cook on the other side. Serve at once with butter and syrup. Yield: 14 four-inch pancakes.

Sour Milk Pancakes

Make as above, but reduce baking powder to 1 teaspoon. Add 1/4 teaspoon baking soda to dry ingredients. Substitute sour milk for sweet milk.

Brown Sugar Syrup

1/3 cup butter, 1/2 cup dark brown sugar, 1/4 cup water, 1/4 teaspoon vanilla extract, and 1/4 teaspoon almond extract.

Melt butter in saucepan over low heat; add sugar and water, bring to the boiling point, stirring constantly until sugar has dissolved. Stir in extracts. Serve warm. Yield: 1 cup.

Raspberry-Butter Syrup

1/4 cup raspberry jam, 1/4 cup water, 1/4 cup butter and 1 tablespoon lemon juice.

Simmer jam and water for 15 minutes. Add butter. Stir until melted. Add lemon juice and serve warm with pancakes.

KING COLE TEA

Dependable Quality



ROYAL VISIT — Brittan's Princess Elizabeth is greeted by a named in her honor, at Nalorhi, welcoming committee as she steps from a car to tour a hospital.

DOROTHY DIX'S COLUMN—

Begin At Home

Settle Own Matrimonial Problems Before Considering New Venture

DEAR MISS DIX: My problem is not a new one—I'm married and in love with a man who is also married, and in love with me. We have known each other for several years, enjoy the same things and think the same way. Life with my husband is miserable; he will not work, is abusive and an alcoholic. The man I love also has an unhappy life. His wife neglects the house and the children to run to parties and clubs. All she wants is his support.



Muriel Nissen

Should we divorce our respective mates and try for a little happiness, or must we continue as we are?

MARCIA

ANSWER: You have my sympathy in your difficulties and though I always hesitate to advise a separation, especially where there are children, a drunken, abusive husband is something no woman should be expected to endure.

However, until you straighten out your own marital problem, better stop seeing the other man. He tells you the things you hear about his wife are true? Did you know he has youngsters they must often sacrifice for them. Duty has become quite an unpopular word but parents do have a duty to their children.

THINK OF YOUR REPUTATION

His wife might not give him up, in fact she may brand you publicly as the "other woman" and ruin your reputation as well as giving your husband a weapon to use against you.

Give this man up for at least six months and try to work your own marriage problem out.

DEAR MISS DIX: I asked the state to board my children out two years ago as I was ill and couldn't take care of them. Now we are trying to get them home, but are told we can't provide a proper living for them. They have let two of them come home, but are keeping the other three. I am heartsick about it and can't sleep nights. The welfare says they will put them out for adoption.

ANSWER: Though local laws differ in this matter, I doubt very much if your children can be put out for adoption without your consent. See a lawyer to learn your rights in getting the youngsters back. If you have no money, get in touch with the Legal Aid Society in your nearest big city. You'll find their address in the telephone book. Then, by scrupulous care of the two children you have with you, convince the authorities of your fitness as a mother, so they'll have no alternative but to return the other children to you.

DEAR MISS DIX: Recently I lost a dear friend after many years of friendship. I have been so lonely since and don't seem to find any adequate companionship. If I knew where to meet new people, I could stop thinking about my lost friend and get over feeling sorry for myself.

ANSWER: You are wise to avoid giving in to self-pity; people avoid the droopy Dora like the plague. A church group might prove the solution to your problem, for there you would have not only social activity but spiritual uplift as well. If you don't belong to a church, join the nearest one to you. Attend for a while, then find out what groups of societies they have. Almost every church has a wide choice of activity. There are so many lonely people looking for friends, but you've got to go out and find them.

DEAR MISS DIX: I am married to a boy I thought I loved very much. I was always fortunate to have many beaux but chose this one. Soon after we were married he put on horn-rimmed glasses and told me he was nearsighted. Do you think this was fair? I guess I shouldn't resent it so much, but I do. I am also worried for fear our children will inherit his nearsightedness.

ANSWER: You're being very silly about a triviality. Some of our most popular men seem to be wearing horn-rimmed glasses today. Look at Dave Garroway or Steve Allen on television. Their popularity certainly isn't hurt by them. Believe me, most girls would wel-

Continued on page 3

Hopes To Save Children's Lives



James A. Rumgay, 70-year-old inventor of Toronto, has a device which, he thinks, may save the lives of children when houses catch fire. A grandfather, Mr. Rumgay says he is disturbed by the number of children trapped in burning homes and offers instructions on how to make the device to anyone who wants it. It costs, he says about \$2.50 and will ring a bell loudly when temperatures reach 136 degrees F. With him are two grandchildren, James and Paul in whose home the alarm has been installed.

That Body Of Yours

By James W. Barton, M.D.

OUTPATIENT CLINICS TO CARE FOR THE FEET

I write often about the importance of the feet, how healthy feet, free from corns, bunions, hammer-toes, fallen arches, mean that a man or woman setting out to put in a useful day can be assured of accomplishing this purpose.

I have written before about a United States President whose feet were such a torment that at times he was unable to be his own gentlemanly self and was unkind and rude to those about him.

Fortunately, now that it is known that the feet are as important as the head in making a living, the profession of chiropody, sometimes called podometry, has come into its own. At Harvard and other universities a four-year course in chiropody is given, the graduates in which are performing a wonderful service to mankind.

The general physician, in most cases, is not equipped with the instruments, knowledge and technique to handle these cases of sore, painful feet and is quite willing to refer such patients to a graduate chiropodist who always uses antiseptic measures in treating the feet.

The chiropodist works under difficulty because in the great majority of cases, the patient must be on his feet and carry on his work immediately after receiving treatment. He does not have an opportunity to rest his feet properly.

An idea of the importance of chiropody to health, happiness and production can be seen in the establishment of chiropody clinics in our general hospitals. Just as there are rheumatism clinics, heart clinics, chest clinics, diabetes clinics, so are some hospitals equipped to take care of the feet.

In The Canadian Medical Association Journal, we read that "following the example set two years ago by the Vancouver General Hospital, St. Paul's Hospital in Vancouver has opened a chiropody clinic for use in connection with the outpatient clinics of the hospital. The members of the chiropody profession installed at their own expense the equipment necessary for the clinic. If the experience of the clinic at the Vancouver General Hospital is any guide, this clinic will rapidly become one of the busiest and most useful units of the outpatient department under whose control it is operated."

Fortunately also, our shoe manufacturers are turning out better and more comfortably designed shoes, shoes wide enough and long enough to prevent crowding of the feet. The narrow shoes of former years are a responsible cause of most of the cases of crippled feet found today.

The Stars Say --

By Genevieve Kambie

For Tomorrow

A DISRUPTIVE and disturbing day in which affairs seem to be "at sixes and sevens." All manner of relationships, contacts and activities have aspects of error, mistakes, bungling, bad judgment, quarrels, rancour and retaliation, possibly with some old "sore" or "peeve" dragged into the open. Mentality and emotions may be upset. Perhaps elders or females are not cooperative, or may have some drastic "nuisance value."

For the Birthday

Those whose birthday it is have a rather negative or complex state of affairs to contend with, with problems, annoyances, delays or stagnations to distress, annoy, possibly roll or have unhappy reactions on the mental outlook and the emotional satisfactions. In business, home, social contacts, the atmosphere is neither harmonious nor profitable. Temperamental or cross-cross urges may culminate in sorrow, regret or rash acts or indulgences, having unhappy reactions on the reputation.

A child born on this day may require enlightened study of its nature, proclivities and disposition, since these may be peculiar, temperamental, quixotic. It may need special care and training of its "quix kid" endowment.

Rose and Popcorn Bedspread



A modified version of Irish crochet gives this bedspread its beautiful lines and interesting pattern. The center of each motif is a raised rose of curved petals. A solid section around the rose is outlined in popcorns. To complete the squares and add a lovely background to the closely worked portions, pivot loops form the corners of the squares. If you would like directions for crocheting this bedspread, ROSES AND POPCORN, send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. 6123.



Miss Helen L. Woodworth, Bear River, N.S., finds Fleischmann's Yeast unbeatable for bread, rolls, and buns.

Wins Baking Prizes at Bear River Fair

"There's plenty of friendly competition in the home-baking section of the Digby County Fair at Bear River, N.S., and a consistent winner is Miss Helen L. Woodworth, of Bear River. In yeast-raised baking especially it's been nip and tuck, and Miss Woodworth credits her yeast with giving her the edge. "Ingredients are so important—and I'm extra

careful about the yeast I use," says Miss Woodworth. "For years I've been baking with Fleischmann's. I always find Fleischmann's Yeast is good and lively. I know I can depend on it."

That's what the majority of prize-winning cooks say! You get finest results with Fleischmann's Yeast—proved dependable for 83 years.

URGES GREATER CARE IN CHILD ADOPTION

LONDON, Jan. — (CP)—Babies are not bottles of physic to be prescribed as mental medicine for barren wives, said Mrs. E. Edwards, at a conference of adoption societies.

"Babies are still handed over for therapeutic purposes," she said. Barren women who allowed this fact to upset them were advised to adopt a child. And in the case of unhappy marriages, a child was often handed over in the

hope it may improve relations between husband and wife.

"But it's a very peculiar marriage that can be put right by someone else's child."

Mrs. Edwards proposed that greater consideration be given the reason for adoption. She wondered if the best adoption was not the old "slapping and kissing village" foster-mother with a brood of her own, who did not worry if the adopted child did not come up to scratch. "Too many parents expected the child to be a credit, she said.

The Neighbors

By George Clark



"Dad will surely like this boy. He's been laughing at Dad's stories for an hour."

Anne Adams Patterns

IT SLENDERIZES FOLLOW THIS PATTERN to your new slenderizing two-piece! Easy-sew—no waist seam! So comfortable to wear — has all your favorite style details. Scoop, softness at bosom, six-gore skirt, and three sleeve variations! Just right for a spring go-everywhere! Pattern R4760 comes in Women's sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 takes 4 yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o of The Guardian, 60 Front Street West, Toronto, Ontario.

FIRST AID FOR BABY'S FIRST SNIFLE

A step in time often saves nine. So be wise, and take this simple precaution at baby's first sneeze or sniffle. Give Baby's Own Tablets to clear little bowels of irritating waste materials that make baby fretful, feverish and discourage the rest so needed to keep up strength. Designed especially for baby's delicate system, Baby's Own Tablets have a laxative action that is gentle, yet speedy and the relief they bring goes a long way toward giving baby comfort while nature works to cure the cold. Sweet-tasting. Baby's Own Tablets have been used by mothers for over 40 years. Get a package today at your drugstore. 50c.



R4760

by Anne Adams

"born of sunshine"

FOR RICHER FLAVOR

Oh for the life of an Aymer Tomato... spends all summer long basking in the sun... soaking up goodness, till red-ripe with flavor. Then, within 24 hours of picking, Aymer tomatoes are ready to perk up your appetite as...

AYMER CATSUP

Your Family Deserves Aymer Quality