TEA BREAK AT AIRFORCE CLUB

Choosing from a plateful of goodies at Saturday's Shamrock Tea are left, Mrs. Harry Edwards and Mrs. Alton Horne. Serving them is Mrs. Edward Mills, member of the Ladies' Auxiliary, 201 (Confederation) Wing, RCAF Association, who sponsored the project.

MARY HAWORTH

Mother Must Remedy Disturbed Family Life

Dear Mary Haworth: I have been told by a doctor, a priest and a man from the family service bureau that my husband needs psychiatric treatment. This he won't admit to himself. They say he is living in a world all his own and is quite content that way.

I have often thought it would be best to leave him. But we have five children and he is a good provider, so I have stuck it out because of them.

I am afraid the situation is becoming hopeless, however. My eldest boy, 9, is very emotional. He gets very good marks in school but can't seem to get along socially with the children. When something upsets him, as being teased or called names, he runs away from school.

I try to explain to him that such things have to be endured and he should ignore them; but it doesn't seem to help. I hate the thought of his having to go through life this way; yet I feel my husband is to blame because of the way he carries on.

As I can't put up with this any longer, I've found a steady job. I feel the children and I would be much happier on our own, but I would appreciate your advice.
L.D.

Dear L.D.: The place to begin, when a sick-sick family relationship calls for remedy, is with oneself, assuming one is responsibly inclined and capable of functioning in adult fashion.

Thus, granted that your husband is the primary source of infection in your disturbed family life, still the fact that he refuses to admit his need of specialist help, much less take steps to get straightened out, puts the bite on you to do something about it.

Hence, my advice is, get first-hand specialist help for yourself—pastoral, analytic or family agency help— in becoming a strong, stable, reassuring parent in relation to your children.

In general, children can survive, more or less unscathed, a troubled family life in formative years, brought on by a problem-dad, provided the mother is a maturely resourceful loving - kind person, who deals matter of factly with what must be endured, while also correcting what can be mended.

It isn't altogether valid, in your present situation, to put full blame on your husband for your son's emotional troubles at school. These are a result of his growing up demoralized by habitual awareness that his parents can't cope with life. Or, at any rate, that his father is incompetent or worse in his mother's estimate, and she herself distrait with feelings of disappointment, reproach and defeat.

Burdened with that brand of anxiety, shame and chagrin (which causes a child to infer, unconsciously, that he is somehow personally guilty of his parents' sins and shortcomings), it is inevitable that your son would back away from hecklers at school.

Doubtless he can't define his runaway reflex when taunted by critics. But in essence it stems from an underlying conviction of having no security, dignity, worth or status as his parents' child. They are broken idols in his eyes, and as he identifies with them, he downgrades himself compulsively too. All this on the unconscious level of feeling, of course.

It's as if you've been sending him forth to battle a world arrayed against him, which he faces empty-handed, lacking the wherewithal to defend or establish himself.

To help him, you must help yourself, introducing a well planned, deeply understanding change for the better in your performance.

Nature gives mothers the inside track on the score of protecting children from (or providing the antidote to) all manner of hurtful influences, even including damaging dads. So get specialist guidance in rising to the demands of your situation in that respect.
M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

ENGAGED

Mr. and Mrs. Louis Darrach, New Haven, P.E.I., wish to announce the engagement of their only daughter, Gloria Jean RN to Frank Wolflinger, son of Mr. and Mrs. Albert J. Wolflinger, Vancouver, B.C. The marriage will take place Saturday, April 25, 1964 at 3.30 p.m. in Churchill Presbyterian Church, P.E.I.

Shoe Fashions Bare The Foot

By JEAN SHARP

TORONTO (CP) — Canadian women are adopting new shoe styles much faster than they did before the advent of the Montreal shoe manufacturer.

At a press luncheon here he predicted women will keep the awareness of shoe fashions which grew on them during the five-year reign of the pointed toe.

Even though shoes have begun to shorten markedly and taper to a gentler fingertip point, Mr. Wallace says women will never consent to a return of the baby doll style because it was ugly. Toes may get shorter and rounder, but if they flatten and broaden as the baby dolls did, they will have to be thickened, which was what made the style ugly. "The foot has to have someplace to go," he says.

He defines style as the regional adaptation of trend - setting fashion designs, usually from Europe.

'BARE LOOK'

This year the bare look is the style, adapted from toe-revealing Paris fashion. Mr. Wallace considers this a natural extension of the current Paris trend for showing as much female as possible.

With the open heel, toe-cleavage style has become a new interest in leathers.

Patents head the list, and Mr. Wallace says an Italian development is making it possible to produce patents that will not crack. Colored and iridescent patents are growing in popularity.

He maintains Canadian women are spoiled in their choice of shoe sizes. They have eight widths to choose from in most size ranges. In Europe, he says, where fashions originate and leathers are produced, the store which carries double or triple A's in its stock is so proud of the unusual fact, it emphasizes it in advertisements.

MAKE YOUR OWN QUILTS

Instructions and patterns for 16 prize quilts are given in our new Quilt Book. The lovely Dutch Tulip design shown above is included in this unusual variety of pieced and appliqued quilts. In addition, there is also given for the first time, a pattern for a presidential quilt. The original of this treasured heirloom is in the Smithsonian Instution Washington.

Complete instruction, block charts and fabric ideas are given in the book.

Send for your copy immediately and join the ever - popular, fascinating quilting hobby. To obtain this exclusive, new, 4 - color Quilt Book send SIXTY CENTS (in coins) to Guardian - Patriot Needlecraft Dept. 60 Front St. W. Toronto 1, Ont. Ontario residents add 2 cents sales tax.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Mrs. Crawford Picketts, Kelvin, left Saturday morning for Edmonton, Alta, to visit her father, Walter Weatherbie. She also plans to visit friends in Armstrong, B.C., and in the Peace River area. On the return trip she will visit Rev. Willard Picketts and Mrs. Picketts in Toronto.

Horace Crozier, student at Mt. Allison University was a weekend visitor with his mother, Mrs. Bruce Crozier, Baltic.

Mrs. and Mrs. Clair Campbell opened their home at Irisntown for a card party March 17 when 10 tables of progressive auction were in play. High prizes were won by Donna MacLeod and Ivan Adams, and consolation prizes went to Mrs. George T. MacLeod and Eric Heaney.

Mrs. Jessie Larter arrived in Charlottetown Saturday evening from Montreal where she attended a LOBA rally of six lodges.

Mrs. Larter also visited in Winnipeg, where she was a guest of the RW Grand Lodge of Manitoba at their meeting in the Royal Alexander Hotel.

The title of honorary grand chancellor of the Order of the Maple Leaf was conferred upon Mrs. Larter at the Scott Memorial Orange Hall, Winnipeg, in recognition of exemplary Canadian citizenship.

In Toronto Mrs. Larter was guest at an LOL Ladies' Night banquet at Medcalf Lodge.

Mrs. Sterns Webster, Mrs. Clark Innis, and Mrs. Keith Warren were co-hostesses at the former's home, Upper Prince St. with a "lady in-waiting" shower honoring Mrs. Paul Warren and Mrs. George Dillon.

Mrs. Innis and Mrs. Lloyd Archer poured tea. Mrs. Gerald Doyle and Mrs. J. Warren aided in serving refreshments.

Assisting in the presentation of gifts were Mrs. K. Warren, Mrs. Robert Watson and Mrs. Glen Thompson.

The Charlottetown RCAF club rooms were attractively decorated for the Shamrock Tea sponsored Saturday afternoon by the Ladies' Auxiliary of 201 (Confederation) Wing.

White 'mums and pale green tapers complimented the lace tablecloth and gleaming silver tea services which were presided over by Mrs. James Currie, Mrs. Joseph Gill, Mrs. John E. Cook and Mrs. G. Eric Farquharson.

Green and white streamers, shamrocks, top hats and even Irish harps were charming indications it was the season of St. Patrick.

Mrs. Byron Burns, convener of the tea, and Mrs. John MacDonald received and ushered the guests. Mrs. Ralph Jenkins was co-convener.

Serving were Mrs. Jenkins, Mrs. Jack Meredith, Mrs. Edward Mills, Mrs. Thomas Hunter, Mrs. Reg. Masters, Mrs. Ivan Lambe, Mrs. N.N. Larabee and Mrs. Malcolm MacDonald. Music was by Mrs. Arthur Ar-

IDA BAILEY ALLEN

Corned Beef Brisket In Dual Passover Role

MUCH HAS BEEN written about the menu and foods for Passover Seders but the meals between these ceremonial occasions also can be appetizing.

What could be smarter than a corned beef brisket done two ways! Cook the whole piece of corned beef as usual— the time-saving way with instant meat tenderizer; cut in halves.

MARMALADE - MUSTARD

Glaze one with orange marmalade and mustard and bake for one meal. Press cracked black pepper into the other piece and bake for a quick pastrami for luncheon served with matzos, iced vegetable relishes, Kosher pickles and fresh fruit.

Present the Orange-Mustard-Glazed hot corned beef brisket for an evening meal. Oddments make appetizing cold snacks.

EVENING MEAL DURING PASSOVER

Matzo Ball Soup
(Homemade or Canned)
Orange-Mustard-Glazed
Kosher Corned Beef Brisket
Potato Latkes
Spiced Baby Beets with
Tiny Onion Rings
Sauerkraut Salad
Passover Honey Walnut
Cup Cakes
And—or
Fresh Fruit
Hot Coffee Hot Tea

Measurements level; recipes proportioned to serve 6

ORANGE-MUSTARD-GLAZED KOSHER CORNED BEEF BRISKET WITH PASTRAMI VARIATION

6 lb. sugar-cured Kosher corned beef
3 tbsp. instant seasoned meat tenderizer
2 peeled sections garlic
2 bay leaves
4 whole cloves
one-third c. wine vinegar
1 tbsp. sugar
1 tbsp. whole pickling spice
6 small red chili peppers
½ tsp. liquid smoke

Prepare all surfaces of meat, one side at a time, as follows:

Thoroughly moisten meat with water, patting it on from faucet; draw wet fork across surface. Sprinkle tenderizer evenly over entire surface; use no salt.

To insure penetration and retain natural meat juices, pierce meat deeply with long-pronged kitchen fork at ½" intervals. Transfer to Dutch oven or deep kettle that has tight- fitting lid. Completely cover meat with tepid water.

Add remaining ingredients; soak overnight, uncovered, at room temperature.

Simmer, covered tight, over low heat 2½ to 3 hrs. or until nearly tender; remove and drain. Cut brisket in half; set one piece aside and keep hot.

Orange-Glazed Corned Beef: Spread one piece of corned beef with mixture of orange marmalade and prepared mustard Bake 20 min. at 400 degrees F. or until glazed.

For Pastrami: Pat ¼ c. cracked black pepper into other piece of cooked corned beef. Place in pan with one-third c. corned beef liquid; bake at 375 degrees F. for 45 min. to 1 hr., or until meat is fork-tender. Slice thin.

PASSOVER POTATO LATKES

2 c. grated raw potato (4 to 5 large)
1 medium onion, grated
2 eggs
1½ tsp. salt
⅛ tsp. pepper
¼ c. matzo meal
Peanut oil for frying

Combine and mix potato, onion, eggs, salt, pepper and matzo meal. Drop by tablespoonfuls into heated peanut oil, 1" deep. Fry until browned on one side. Turn to brown on other side. Drain.

THE CHEF'S DINNER FOR TOMORROW

Cream of Spinach Soup
Seeded Crackers
Fish Sticks and Fried
Clam Platter
Catsup Sauce
Parslied Flaky Potatoes
Green Peas with
Fordhook Limas
Warm Deep-Dish Apple Pie
with Cheese Crust
(previously columned)
Coffee Tea Milk

ELLEN'S DIARY

Lambs Begin Exploring Beyond Their Shelter

On fine days, our first crop of lambkins of the year, sizable animals now, are allowed to be in and out of their fold at will. We saw several step on a drift in the yard this morning, to look out, wonderingly, it seemed, over their surroundings. Stock still, they stood. And then, as one, they turned and raced away to their shelter, to come in sight, before long, again. Happily, as so many children, these attractive younglings play. So pretty they are, the white-faced and the black, in their curly creamy - wool coats... Turning, we saw a wooly cloud move against the blue above the house on the hill. If one kept her eyes on "the upward look" she could forget for the moment, the snowy fields below, could picture summery scenes: a meadow full of blown daisies and bee - song. Or see, breaking in a gentle rhythm, waves washing in on bright Island sands.

But a gentle March day, we had. One of lovely glimpses of blue sky and sunlight, before it changed to a gray which brought snowflurries, to continue on into the night.

"Could be we'd get a storm out of this" Mack said a while ago, leaving our door to set out for home.

"By rights, I shouldn't, Ellen, but..." James said, coming in through this morning to see — and hear, the current program on TV, which treats of the affairs of the farming. Presently he was joined by the younger farmer, who strolled casually in ... His step is not so brisk as that of his dad's at his age, nor does he appear to be as active while at work. We however, learned in days gone, when we put forth every effort to match or maybe presume to lead him at some work of the field — in days when we planted or picked potatoes in his company, his casual air was misleading. We became aware that there were no wasted moves as he worked.

James glanced at the clock. Then came to sit, cap on knee in the old armchair.

"We still have that other stable to clean" he remarked.

Beef farming was the subject of this morning's telecast. And as its various angles were developed in an informative and interesting manner, the audience here, including this farmwife, forgot for the time their usual cares, and all were sorry when the feature came to an end.

Our beef farming is carried not to any great extent, as such farming can go, but yet to a degree which becomes increasingly interesting to the family as the years pass. No doubt there are other lines of farming that as a cash crop, bring in more and quicker returns. Nevertheless, a pen of younglings of a beef type in a stable is an attractive sight. And when the herd comes to pasture —when the year smiles, and the days are full of flowers, and sunny hazes scarf the hills, then to see the cows and calves and all, coats sleek against the green of their surroundings, is to the beholder, a pretty pastoral indeed.

There are snowflurries tonight, and a threat in the wind at the eaves. "A March night!" we say.

Until tomorrow — Diary — Good - night.....

WOMEN'S ORGANIZATIONS

Seabrook Plant Tour Planned By Institute

Kelvin Grove Women's Institute voted $35 for a music scholarship at the March meeting held at the home of Mrs. Rendie Caseley. The scholarship allows a member of the Kensington Regional Lion's Band to attend a summer course at a Mt. Allison music camp.

Mrs. Douglas Webster presided and opened the meeting with the creed; 14 members attended.

A card party wes planned to be held in the school on the following Tuesday evening.

Mrs. John Picket was asked to arrange for a tour of the Seabrook plant for the group. Mrs. Morris Smith offered to see the school board about items for the school.

Next meeting will be held at the home of Mrs. Douglas Webster with Mrs. Don Reeves, Mrs. Vernon Millar and Mrs. Erskine MacMurdo as lunch committee.

Gemma Reid was in charge of the program which included a letter from the convener of education and citizenship, and a quiz on the premiers of the provinces of Canada.

Lunch was served.

PRINCETOWN UCW

On Tuesday evening Mrs. Gerald Lockhart Malpeque, entertained the Baltic and Malpeque unit of the Princetown UCW at her home with the devotional period being conducted by Mrs. Lockhart.

The program from the Word and The Way was presented by Mrs. Bruce Riley. Mrs. Muriel Bryenton invited members to her home for the April meeting.

Mr. and Mrs. Archie Johnston, Burlington, have accepted an invitation to attend an Institute meeting late in March and show films taken during their recent holiday in Europe.

Lunch was served by the hostess assisted by her daughter, Lynn.

BRACKLEY WI

Mrs. Walter MacMillan was hostess to Brackley Women's Institute in March and also provided a program of colored slides for the enjoyment of members.

It was agreed that next month's roll call would be answered by donating books for the Riverside Hospital library, and a donation for the Institute's Korean boy.

New committees appointed were, visitation: Mrs. Wylie Bryenton and Mrs. George Jackson; school; Mrs. A. Walker; lunch, Mrs. Roland Home and Mrs. Earl Clark.

Refreshments were served.

ST. STEPHEN'S WA

St. Stephen's WA met at the home of the president, Mrs. Leigh Paynter, Kensington in March.

Following hymn, the Lord's Prayer and the member's paryer, the devotional period continued with scripture reading, meditation and prayer pertaining to the seven words from the cross. Assisting the president in the devotions were Mrs. Charles Marshall, Mrs. H. B. MacLeod, Mrs. Borden Campbell, Mrs. Harry Sudsbury, Mrs. Jessie MacLeod and Mrs. James Evans.

Nine members answered roll call with a verse of scripture containing the word, cup.

The president welcomed three visitors, thanked the JA leaders for helping with the World Day of Prayer service, and expressed appreciation of the work they are doing with the girls.

Mrs. Jessie MacLeod was in charge of the study book which dealt with the chapter on the Book of Job.

Mrs. Borden Campbell displayed a bale which will go to the La Luque Indian Residential School, also a complete layette including a crib quilt, as well as extra articles in knitting etc.

Answers were given to the Bible quiz, and Mrs. H. B. MacLeod passed out a quiz to be answered at the April meeting.

An article on P.E.I., from "Our Response to God" was read.

Meeting closed with a hymn, and benediction by the rector.

Lunch was served.

NEW GLASGOW WI

A social and bazaar committee was appointed by members of New Glasgow Women's Institute at a recent meeting to make plans for such a function soon.

With Mrs. Roy Dickieson presiding, members voted their support to the Institute adopted Korean boy and also to the book drive for the Riverside Hospital Library. Items for the school science laboratory are to be supplied.

"Education" was the interesting topic chosen by Mrs. Blois Dickieson which provoked much discussion.

Mrs. Ken White will be the guest speaker in April.

SEVEN MILE BAY CWL

Seven Mile Bay Cahtolic Women's League was opened March 17th with league prayer by the director.

The treasurer gave the financial report and correspondence was read.

It was decided to send a gift to the Mother House of the Sisters of Saint Martha to buy Easter lillies for the altar at Easter; and to order 15 boxes of chocolates, proceeds for the expenses of national convention to be held in Charlottetown.

Meeting closed with the act of consecration.

Household Hints

Something housewives will welcome is a new waste can designed to fit into an under-sink or counter cabinet attached to the inside of the cabinet door. To deposit trash in the can, simply open the cabinet, press a button and the lid pops up, then clicks shut. Can is easily removed from the door for emptying.

Reasonably priced, it is available in any housewares store.

Here's a tip from the Department of Agriculture for testing the quality of apples: a good apple will "squeak" when you rub your finger over the surface

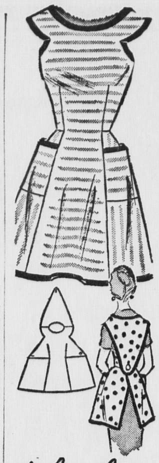
H. BENNETT CARR
Insurance Counselling
District Supervisor
Sun Life of Canada
Phone 4-8817 - 4-5435
Charlottetown, P.E.I.

SEEK MEDICARE

TORONTO (CP)—The Ontario Farmers' Union asked the provincial government Tuesday to implement a medical care program that covers drugs, optical and dental treatment. In its annual brief to cabinet the farmer's group urged adoption of the widest - possible medical care plan that would be available to all residents.

BACKACHE?
..not me!
For relief from backache or that tired-out feeling I depend on—

75



by Anne Adams

EASY-SEW SUCCESS

DON'T tackle dinner or the dishes — unless you're safely protected by a coverall like this! Easy-sew, trimmed with bright contrast binding.

Printed Pattern 4810: Misses' Sizes Small (10, 12); Medium (14,16); Large (18, 20). Medium 1⅞ yards 35-inch.

..FORTY CENTS (40 cents) in coins (no stamps, please) for this pattern. Ontario residents add 1 cent sales tax. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of Guardian - Patriot Pattern Dept. 60 Front St. W. Toronto 1, Ont.

by Alice Brooks

THE WARDROBE

Dress a teen model doll in newest Summer knits. All are just the latest clothes!

Shift, bikini, beach cape, 3 piece suit, shorts, slacks — just what an 11½-in. teen doll needs for summer. Pattern 7096: knitting directions.

Thirty - five cents (coins) for this pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept. 60 Front St. W. Toronto 1, Ont. Ontario residents add 1 cent sales tax. Print plainly PATTERN NUMBER, NAME, ADDRESS.

EARNINGS HIGHER

OTTAWA (CP)—Married men had higher average earnings than single men in all age groups surveyed in the year preceding the 1961 census, the bureau of statistics reported Friday. Average earnings of all married male paid workers was $4,165 compared to $2,234 for single men. Married female workers averaged $1,922 against $2,050 for single women.

Woman Dies In Rioting

JACKSONVILLE, Fla. (AP)—A Negro woman was killed Monday, a white man was shot in the head and another white man was slashed with razor blades as a day of racial demonstrations drew to a bloody climax.

A Negro and a white sailor were wounded and at least 10 gasoline bombs exploded in hotels and bars in the Negro section of the city Sunday night.

Mrs. Johnnie Mae Chappell, 36, was shot in the stomach and killed as she walked along U.S. 1 north of the city. Police said the shot was fired from a passing automobile.

A white man standing in front of a bar near where Mrs. Chappell was killed was shot in the head. Another white man was tied to a tree and slashed with razor blades, deputies reported.

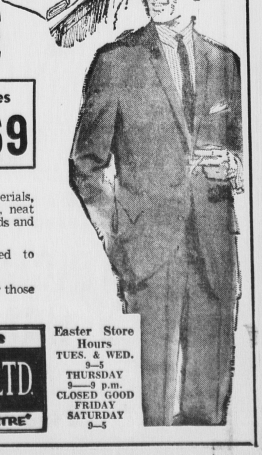
THE FASHIONETTE
BEAUTY SALON
Open Every Day
● Cold Waving ● Bleaching
● Tinting ● Perm. Special
Phone 4-9752
257 Grafton St.

CUTS BURNS
Be prepared with safe first aid that brings fast relief... keep your medicine cabinet stocked with
DR. CHASE'S
Antiseptic OINTMENT

Our Child
Was Molested

Have you prepared your child for an encounter of this kind? In April Reader's Digest, one mother tells about her horrible experience and the lesson she learned. This shocking true story is published for only one reason...to protect other children. Discover the three things that all parents should know in order to prevent this evil. Get your copy of Reader's Digest today.

Moore & McLeod Ltd.
men's wear — first floor
SAVE $20.00
Tailored to Measure
SUIT
SALE



Regular $85 and $89 values
Sale $65 and $69

Choose from imported English materials, fashionable patterns, shadow stripes, neat stripes and traditional plains in worsteds and flannels.

These suits are magnificently tailored to your individual measure.

If you have been wanting a tropical for those hot summer days choose it now.

ON THE ISLAND IT'S
MOORE & McLEOD LTD.
"YOUR FAVORITE SHOPPING CENTRE"

Easter Store Hours
TUES. & WED.
9—5
THURSDAY
9—9 p.m.
CLOSED GOOD FRIDAY
SATURDAY
9—5