

Women

Lena Caroline McLure, Women's Editor, From 1928

6 The Guardian, Charlottetown, Mon. Aug. 3, 1959.

HAPPENINGS

The Imperial Order of the Daughters of the Empire sent a bouquet of Shasta daisies to the Queen's suite at Government House. Following Her Majesty's departure the flowers were sent to the Provincial Sanatorium and the Rehabilitation Centre.

The Queen Mary Needlework Guild chose clusters of various colors of small baby mums to the Queen's suite at Government House. The card with these mums read as follows: With loyal greetings from the Charlottetown branch of the Queen Mary Needlework Guild and in memory of your illustrious grandmother, Queen Mary.

Mrs. George Wilson, Public Relations Officer of the Federated Women's Institutes of Canada since her arrival home at St. Mary's Ontario, has compiled a set of slides as a gift from F. W. I. C. to the Associated Country Women of the World. It contains views from each of the ten provinces under the title of "A Canadian Mosaic." The Prince Edward Island portion was prepared by Mrs. Fred Gates.

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Lieut. Col. A. R. Smith and Mrs. Smith and family are spending their holidays with Mrs. Smith's mother, Mrs. W. M. Crawford at their home on Ambrose Street.

Mr. and Mrs. Clayton Rogers and two children were guests last week of Mr. and Mrs. Vic Runtz, Brighton Shore. Mr. Rogers is organist and choir director at Columbia Street Baptist Church, Bangor, Maine.

Mr. and Mrs. O. C. Crawford accompanied by their cousin Mr. and Mrs. Heath E. White, Pultenichville, New York, visited Saturday afternoon with Senator F. Elsie Inman, a sister of Mrs. Crawford and a cousin of Mr. White.

Mrs. P.A. Creelman left Friday morning on the "Early Bird" and expected to be at her destination by ten o'clock that evening at Camp Wanapitec on Lake Temagami, Ontario. Mrs. Creelman will be the art instructor at the camp for the month of August.

MARY HAWORTH

Acceptance Is Required For Satisfactory Results

Dear Mary Howarth: My problem is a very common one shared by girls around the world; namely, how to catch a man? I am 25, attractive in face and form, intelligent, with a good disposition and a very good job which I enjoy. I don't go in for heavy petting (a popular pastime nowadays, I hear); and I tend to be an introvert, quite reserved by today's standards. I am a New Yorker, employed by Twentieth Century-Fox, and have thought of transferring to our studio in Beverly Hills—but not if I'd find the same problem there. My younger sister lives in L.A.; and although she has dated some in the past five years, she hasn't met the right man yet; and she isn't even as choosy as I am.

In the circles in which I move, the ratio of men to girls is about 1 to 10; and more than a few are either too young, or social misfits, or not very intelligent. Several I've met are quite nice but they don't seem very manly; not obviously homosexual (I know that type as I used to live in Greenwich Village) but just reassemblies.

HELP SELVES
My girl friend Sylvia (desperately in love with a man twice her age, whose wife won't give him a divorce) tells me I won't be so particular when I am 35 and still unmarried. Another friend advises me that it is perhaps God's will that I never marry. My sister says: "God helps those who help themselves." What do you say?

There is one fellow who seems a bit interested in me, but I haven't encouraged him as he doesn't seem too manly. Could he be a diamond in the rough? Or am I being unrealistic and asking you a question you can't possibly answer?

SET YOUR SIGHTS
Dear K.F.: A very smart man, a savvy psychoanalyst, with a wealth of intuitive insight into human reactions—quite aside from his extensive specialist training—once remarked that you don't catch a husband by the mass-minded approach.

He said that when a girl narrows her sights to the particular man and says to herself "I want you!" then she begins to succeed in marrying the fellow. I mention this because I feel

Mr. and Mrs. Lynn Fielding entertained Thursday evening at their beautiful home on Vesey Street. The guests sat on the veranda to watch the fireworks at Victoria Park in honor of the Royal visitors. Later in the evening refreshments were served in the dining-room.

Mr. and Mrs. John George and son David, Saint John, New Brunswick, have been visiting with Mr. and Mrs. Joseph A. MacDonald, Souris.

Mr. and Mrs. Art McMillan their daughter Catherine of Greenwood, Nova Scotia, have been recent visitors of Mr. and Mrs. Joseph A. MacDonald, Souris.

Mrs. Patrick Clarkin, New Wiltshire returned from Montreal after being present at ceremony of her daughter Marie, who received her Holy Habit and Name, Marie's name in religion is Sister Saint Wilfred of Jesus. Mrs. Clarkin spent a week in Toronto visiting her two daughters and sons-in-law, Mr. and Mrs. Frank Hayden and Mr. and Mrs. Frank Sturdy.

Miss Verna Clarkin has arrived home from Toronto to spend a month's holiday with her parents, Mr. and Mrs. Patrick Clarkin, New Wiltshire, and also to be maid-of-honor at her sister's wedding which took place Saturday, July 25. Miss Clarkin is employed as a teacher at St. Thomas Aquinas School in Toronto.

On Sunday, July 19, Miss Florence Clarkin was guest of honor at the home of Miss Millie Mullins, the bride's mother. Mrs. Patrick Clarkin and Mrs. Stewart together with a dozen close friends of the bride partook of a delicious luncheon.

Miss Clarkin was presented with a beautiful painting by Miss Mullins and several other beautiful gifts.

Following this on Tuesday evening, July 22, Miss Clarkin and the groom were guests of honor at the home of Mr. Maurice J. Cahill, uncle of bride, and Mrs. Cahill. They were presented once again with many beautiful gifts. A delicious luncheon together with a sing song was enjoyed by all.

CLERMONT W.I.

Seven members met at Mrs. Allen Murphy's on July 14th for the institute meeting. However on the same night a neighboring district was having an ice cream social, so it was decided that before the meeting the members would attend this social. The social was ice-cream and the meeting with the ladies of another district was much enjoyed.

The president Mrs. W.L. Miel presided and the meeting opened with singing. "In the Good Old Summertime", followed by Mary Stewart collect.

The secretary read minutes of June meeting which were approved and signed. Treasurer reported Government Grant had been received.

Since the last meeting a successful pantry sale was held. At the school picnic at Malpeque each pupil was given a gift, and everyone was treated to ice-cream.

Acknowledgements had been received for donation to Salvation Army and for cards sent. Bazaar secretary, Mrs. Gerald Murphy gave her report and advised she had received material from Estons for bazaar work.

Sick committee reported no calls made and Mrs. Gerald Murphy and Mrs. Cecil Miel were appointed as new sick committee.

Members who were in attendance at District Convention at Sea View gave reports.

In reply to a letter from Reid's Corner Women's Institute, some articles had been entered in the Handicraft project at the Summerside Lobster Carnival. The birthday box was opened which contained a nice sum of money.

The rural school has always been one of our main projects and regrets were expressed that owing to small enrollment the school had been closed. However plans were made to have a Christmas party and to give each pupil a gift during the Christmas season.

Mrs. Gerald Miel invited members to her new home in Malpeque for the August meeting. roll call to be an exchange of any receipts.

Meeting to open with "Home on the Range." Lunch committee to assist, hostesses Mrs. Miel and Mrs. W.L. Miel, programme committee Mrs. Cecil Miel and Mr. Gerald Murphy.

Meeting adjourned and Mrs. Murphy served lunch assisted by Mrs. Gerald Miel and Mrs. Ray. Meeting closed with the National Anthem.

OLD BIBLE ON VIEW
BRIGHTON, Ont. (CP)—This Lake Ontario village 20 miles west of Belleville is holding three-day centennial celebrations which started Sunday and which include a display of more than \$100,000 worth of antiques. The oldest piece in the collection, the Corby family Bible, contains records of local interest which go back to 1698.

CANADIAN EXPORTS
West Germany and Japan now rank third and fourth among the nations with which Canada does business.

to what you seek. M.H.
Mary Howarth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

ELLEN'S DIARY

Haying Weather Good Now Rain Is Needed

"Wash day!" Papa Starling smiled down from the garage-roof, where just below it fastened "why so solemn this mornin' an' it so chock-full o' Summer? Blue Monday, eh?" he queried. "An' you're face is just like Mama's when it comes time fo' us to pack up an' go, mawful-like an' sad."

We chuckled inside. We on the distaff side of this family sometimes declare our mates pay so little attention to the varied emotions which can sweep across their faces, it is not worth while to assume others than those usually placid with which we greet our day by day round!

And as for becoming mute or sullen suddenly to achieve some womanly objective such as a new gown or to go on what James terms to be "some wild goose chase of a trip" in their business it would be sure to pass quite unnoticed! And in at least one instance it would be received with frustrating signs of relief. All of which, if so, could serve to a good end—help us to "rule the spirit" and thereby further "grow in Grace."

"It was ice of you to notice" he said.

He smiled, straightened his dark shoulders and said: "Mourning-like and sad?" we managed a chuckle. "It's nothing really. Only a seasonal emotion. You see—we've just finished our haying!"

"Oh! An' they're movin'?" I heard a big snore, like "he grin-

ned "the sky was fallin' ". "Yes, see the dust in the road there, up the rise. Tractors, wagons, hay-loader, team-no, three horses—children, and men all gone to the haying at Rob's. Summer" on the wane for sure around here."

The morning was warm, signs betokening a hot afternoon for the work. We pinned a green towel in place on the line—green is a cooling shade, one pale yellow next, reminding of first dandelions and cowslips and the spring wonder of the dancing daffodils. We must, it came to mind, order presently a few daffodils to replace those missing from the border at last spring's roll call.

Bees were visiting the nasturtiums, hummingbirds "kaelyed" at tall delphiniums doors, wild canaries lunched at columbines, a song sparrow dipped in the bird-bath.

"Yes" Papa Starling nodded, "Summer is a-going". But "he smiled kindly "we have today!" "Great hay-weather!" a farmer-visitor offered this evening.

"Aye, great!" James agreed. "It keeps dry."

"Yes we were hoping a while back it would stay so for the haying. But I'm thinking it is continues like this—the days so hot, we just may be praying for rain. The other crops 'will soon suffer."

"Tonight—how startin' and fair and lovely. And, another Monday is spent. Until tomorrow—Diary—Good-night."

ISLAND RIVER C.W.I.
The July Meeting of Indian River and Kensington C.W.I. was held at the home of Mrs. Marion Brennan with a good attendance.

The meeting opened with the League Prayer by the president, Mrs. Clarence Hickey. The members then sang.

A social hour followed when lunch was served by the hostess and committee in charge.

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TODAY'S TREAT

CALIFORNIA CHICKEN
2 cups diced potatoes
1 large onion (cut fine)
1 cup carrots, salt to taste.
Method: Cook until tender, drain and add 1 can peas (drained) and 1 can tuna fish that has been scalded. Make about 1 pint white sauce, add and mix lightly, sprinkle top with cracker crumbs and butter. Bake until crumbs are browned. Mrs. Reid Underhay.

30-MINUTE PUDDING
Grate rind of 1 lemon and boil 5 minutes with 2 cups water. Add ¼ cup sugar, the juice of one lemon and 1 tbs. butter. Let simmer while preparing batter.
BATTER: 2 tbs. butter
¼ cup white sugar (cream together and add:
1 beaten egg
¼ cup milk
¼ cup flour
2 teaspoons baking powder
1 teaspoon vanilla
Mix and drop by spoonfuls in a fairly deep buttered pan. Gently add syrup and bake at 375 deg. for 30 minutes. Mrs. P. Matheson, membership convener. Mrs. Lillian Condon reported fifty-one members recorded. Reports were given by other conveners and by the treasurer, Mrs. Percy MacCarville who reported a satisfactory balance on hand.

The delegates to the C.W.I. convention gave very interesting reports.

Mrs. Clarence Hickey reported on the Social Welfare for the Island during the past year, and Mrs. Justin McLellan gave a general resume of the convention.

Discussion followed, on ways and means of raising money, and it was decided to hold an ice-cream social, bazaar etc., in Kensington on August 6.

The president invited the members to her home for the August meeting.

Meeting closed with prayer by the spiritual director, Rev. Lou's Callaghan.

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NORMA ANNE CREAMER JAMES GLEN MORRISSEY

ENGAGEMENT ANNOUNCED

Mrs. John J. Creamer, Souris, and John E. Morrissey, Cherry Val announce the forth-coming marriage of her daughter Norma Anne, R.N., to Mr. James Glen Morrissey, son of Mr. and Mrs. O'clock.

Florence Clarkin-Burge Is Honored At Shower

The many friends and neighbours gathered at the home of Mr. and Mrs. Patrick Clarkin, New Wiltshire, on Friday evening, July 17th., to tender a miscellaneous shower to their daughter, Florence whose marriage to Jerard Burge took place Saturday, July 25th.

Misses Eileen Murray and Anna Callaghan escorted the bride to a beautifully decorated chair, while "Here Comes the Bride" was played by Miss Verna Clarkin.

The Misses Donna and Gail Clarkin, little nieces of the bride to be, carried baskets of beautiful gifts and presented them to the bride-to-be. Miss Verna Clarkin arranged the many useful gifts on a table.

After the many envelopes were read, Miss Florence Clarkin, bride to be, thanked her many friends for the beautiful gifts and money received.

"For She's a Jolly Good Fellow" was sung by her friends. The remainder of the evening was spent in dancing with music furnished by Mrs. Eugene McQuillan and Mr. Mathias Flood. A delicious lunch with many refreshments was served by Mrs. Patrick Clarkin.

An interesting program was then put on by Mrs. Harvey Moore, Milltown Cross. Meeting closed with the Mizpah benediction.

A delicious lunch was served by the hostess with a surprise for all by serving a beautiful birthday cake it being a year since missionary society was organized. The hostess was assisted in serving by Mrs. Collings, Mrs. Harvey Moore, and Mrs. Douglas Sorrie.

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FOR SUMMER EVENINGS

For cool summer evenings—elegant pink airy handknit dress and stole in the new pure wool "Loopella" yarn. Simple sheath dress with tiny cap sleeves knits up very rapidly using large (No. 5) needles. A loosely woven pure wool fabric in lemon yellow makes a smartly tailored summer jacket or the fashion-wise man. Black tropical worsted slacks add a touch of formality and provide cook comfort with a well-dressed look.

IDA BAILEY ALLEN

Flavorful Whole Grains Offer Natural Nutrition

"What nutrients does your research show are most lacking in daily food, Madame?" inquired the Chef.

"That's a large question, Chef," I replied, "but I can answer in one word: protein. And protein foods include meat, poultry, fish, game, eggs, cheese, dry skim milk, nut meats and all dried legumes."

WIDE VARIETY
"That makes a wide enough variety of readily priced foods from which to choose to make up the quota needed. But most people need to eat almost twice as much of the protein foods as they do now, and to eat less of other types, such as fats and bread, cereals and desserts, which normally contain much more starch than protein."

The dried soybean has been known throughout the ages as an unexcelled protein food. But it has proved difficult to use, both as flour and grist.

TOASTED SOY PROTEIN
"However, science has overcome the difficulties and evolved a toasted soy protein, a new form, delicious and appetizing to taste, a perfect mate with cereals."

"Already both dry and cooked cereals with this valuable protein reinforcement of soy are on sale nationwide with the starch content considerably decreased and the protein content considerably increased."

TWO NEW PRODUCTS
"And just today I unpacked two startling new high-protein products based on the cereal-soy combination, both being test-marketed in a number of cities. They are convenience foods, therefore easy and quick to use."

"One is an Italian style entree that comes packaged dry with its own aluminum foil casserole, and can be readied within 45 minutes. The other is a blend of rice with soy that's prepared exactly like instant rice. Shall we taste-test them?"

Within 45 minutes the Chef summoned the Tasting Squad. Unqualified approval.

"Down with too much starch and fat! Up with the protein! And better health for everyone," proposed the Chef.

TOMORROW'S DINNER
Sardine-Celery Saladettes
Italian Style Casserole (Convenience Food)
Chopped Spinach
Oven-Sauteed Summer Squash
Ice-Cold Custards Renversée
Hot or Iced Coffee Tea Milk
Measurements are level; recipes for 6.

Oven-Sauteed Summer Squash:
Peel 3 lbs. tender-skin summer squash; cut in finger lengths.
Brush with corn oil. Dust with seasoned salt and fine dry bread crumbs.

Rub cookie sheet with corn oil. On it arrange squash in one layer, pieces not touching.
Bake 20 min., or until browned and tender in mod. oven, 375 degrees F.

Ice-Cold Custards Renversée:
Caramelize (melt) 1 c. granulated sugar until liquified. Immediately divide among 6 (4-oz.) custard cups.

Tip quickly from side to side to partly coat cups with caramel syrup.

Scald 3 c. milk. Beat 4 eggs light; add 1-3 c. sugar, ¼ tsp. salt and ¼ tsp. vanilla extract. Stir into milk.

Ladle into custard cups.
Place in shallow pan and surround with boiling water to half the depth of cups. Slow-bake in mod. oven, 350 degrees F., 1 hr. or until wooden pick inserted in center comes out clean.

Remove from water. Refrigerate.
Unmold in shallow dessert dishes.

TRICK OF THE CHEF
Garnish custard renversée with crushed peanut brittle.

POPULAR POLO COAT
This self-belted polo coat... coal is of supple cabretta leather in a warm toast shade that goes with practically every color. Seaming and wetting give emphasis to the good lines and the big patch pockets are sure to please the college girl.

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