

Women's realm

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"Will Look Like Greek Dancers" In Fashions By Designer Griffe

(By Nadene Walker)

PARIS—(AP)—Now they want to make women dress like ancient Greek dancers. Jacques Griffe, in his spring fashion opening, fell back on the Greek chlamys, a sort of tied-in toga for inspiration. His creations are based on flowing draperies depicted in Grecian figurines.

It goes without saying that chiffon is a favorite material. When cocktail and evening dresses don't look Grecian, they resemble night-dresses and petticoats. A secondary theme is catanole tops and straps frankly borrowed from lingerie.

Suspenders support high-waisted tweed skirts, concealed under short tie-on bolero blouses of printed silk. Sea-urchin hats and norepine hoods bristled with thorny spikes.

A "heartbreak watch" worn on the lanel is supposed to utilize heart beats for rewinding itself.

Pleats, Drapes Favored

The Grecian-inspired dresses are usually in pleats or drapes falling straight from a point just under the bustline. The mid-thighs provide a little rolled string belt so the wearers can lace themselves in across the tummy.

While most other designers have put any surplus fullness at the back of the skirt, Griffe pulls flar-

ing peaks and fans of pleating to the fore on some day dresses for a sort of bustle-in-front effect. For evening wear he goes in for sweeping bustle-trains behind.

Griffe dresses are a little more than an inch longer than what has come to be known as the Dior length.

Household Scrapbook

By Roberta Lee

Woolen Trousers

Do not wring woolen trousers or even sprinkle them. They should be taken off the line when nearly dry and folded as when purchased. Wring out a towel in clear water, cover the trousers with it and iron until the towel is dry.

Shiny Black Clothes

To remove the shine from black clothing rub it well with a piece of flannel dipped in spirits of turpentine; dry in the open air.

Pies

The bottom crust of fruit pies will not absorb so much juice, if it is brushed with flour or the white of an egg.



PINEAPPLE UPSIDE DOWN DESSERT

1/2 cup butter
1/2 cup brown sugar, firmly packed
1 cup drained crushed pineapple
2 eggs
1/2 cup white sugar
1 teaspoon vanilla
1 cup cake flour
1 teaspoon baking powder
1/2 teaspoon salt
1/2 cup syrup drained from pineapple

Melt butter in baking pan. Stir in brown sugar spreading evenly on bottom of pan. Spread pineapple over all. Put in oven and heat while preparing batter.

Beat eggs and beat in sugar. Add vanilla, flour, baking powder and salt. Fold into egg mixture. Stir in pineapple syrup. Mix lightly. Pour over pineapple in pan. Bake at 350 degrees for 20 minutes. Reduce heat to 325 degrees and bake 20 minutes longer. Let stand in pan 2 or 3 minutes, then turn out on a serving plate and top with whipped cream.

—Mrs. Russell Coles,
South Milton W. I.

Modern Etiquette

By Roberta Lee

Q. What can a bridesmaid do when she has been asked by the bride to wear (and pay for) a dress whose style and color are definitely unbecoming to her?

A. This is not an unusual situation. There is nothing the bridesmaid can do about it, except to have it dyed and maybe remodeled later. If she has consented to serve as bridesmaid, she must accede to the bride's wishes.

Q. If you have sent a Christmas present to someone and received no acknowledgment after a reasonable length of time, is it all right to ask this person if he received it?

A. Yes, as the gift may have gone astray. And if it happens that the person did receive it, maybe your question will remind him of his extreme rudeness.

Q. Should one write letters or notes to announce the birth of a baby?

A. This is usually done by means of cards.

Contract Bridge

By Josephine Culbertson

THE MOST VALUABLE PLAY

As has been pointed out many times in this column, the strip-and-throw-in play is by all odds the most valuable weapon at a declarer's command, and when declarer has a large number of trumps at his disposal — well divided between his own hand and dummy — he should automatically go on the alert for this very sort of play.

In other words, he should emulate the declarer in the following case:

South dealer.
Both sides vulnerable.

♠ 10 8
♥ A 7 5 4
♦ 10 9 8 4
♣ J 9 8

♠ J 6 5 3 2
♥ K Q 10 8
♦ 8
♣ 10 6 4 2

♠ A K 7 4
♥ 9 8 3 2
♦ 6 3
♣ K 5 3

The bidding:
♠ 1
♥ 2
♦ 3
♣ 4

South West North East
1 ♠ Pass 1 ♥ Pass
2 ♠ Pass 4 ♠ Pass
3 ♠ Pass Pass Pass

West, despite the heart bid that had been made at his left, decided that his safest opening lead was the King of hearts.

Declarer played dummy's ace and, with proper foresight, immediately ruffed a heart — starting the "strip" at the earliest possible moment.

A low trump lead to the board permitted a second heart ruff, and another low trump lead, a third heart ruff. Now South simply exited by leading the queen of spades.

The defenders were now in a hopeless position, and would have been in the same position if West could have taken the spade queen. As it happened, it was East who won the trick and who then cashed another spade trick. When he then exited with a club, hoping his partner had the queen, South of course ducked, won in dummy, then again finessed against the king of clubs.

Suppose that West had got in for a club lead. Then South would have played the eight from dummy (not the jack) — and the result would have been the same.

That Body Of Yours

By James W. Barton, M.D.

THE FAMILY PHYSICIAN AND HEART DISEASE

One of the difficulties the general physician and family physician frequently meets when examining a patient is to come across a slight functional, not organic, disease of the heart. If he mentions this to the patient, many times the patient will think of himself as having heart disease and will be "overcautious" all the rest of his life; in fact, he may consider himself an invalid. On the other hand, if the physician fails to mention it and if the patient at a later date is reexamined by this physician and reminded by this physician, he may lose faith in his family physician.

I know of one physician who, when he comes across a heart murmur or a heart with an extra beat, tells the patient of it and shows that his heart is perfectly sound, that he can get insurance or into the Armed Forces by doing the exercise prescribed by these medical examiners. In the case of the heart murmur, the murmur does not increase in intensity by exercise, in fact, may disappear and in the case of the extra beat or slight change in rhythm, the heart sounds will become normal. Some information regarding the family physician and heart disease is recorded in the Journal of the American Medical Association by Dr. Richard A. Mills, Fort Lauderdale, Florida.

Dr. Mills states that in the majority of cases the heart specialist should be consulted. "The family physicians of this nation are doing the work for the family, including the grandmothers, not only for heart disease but also for the many other diseases that may occur in a family. He is most valuable in helping the members of the family with their anxieties, frustrations and worries. He is too often the only physician who will answer a call in the middle of the night.

"If the patient is critically ill, the general practitioner must be sent to call a consultant. However, even after consulting, he called in, the patient must remain in charge of the attending or family physician, and if the patient is not doing well, call in another consultant."

Dr. Mills points out also the new form of heart disease caused by the physicians themselves when they make casual mention to the patient that he must not overdo his heart. This casual remark to the patient causes a form of heart disease called iatrogenic heart disease which means "caused by the physician." It is an illness in which symptoms concern the heart and may be more disabling than the average case of real organic disease.

Dr. John Oille, noted Toronto heart specialist, has stated that almost 60 per cent of patients who consult a heart specialist are suffering either from an exaggerated or wholly unnecessary anxiety about their hearts arising from suggestion and not based on real reasons. Most of the suggestions arise from the careless or ill-considered remarks of doctors.

Better English

By D. G. Williams

1. What is wrong with this sentence? "Upon final completion of the contest, the judges will select the best two stories."

2. What is the correct pronunciation of "inclement"?

3. Which one of these words is misspelled? Haughtiness, Hawaiian, harspichord, haultar.

4. What does the word "alienation" mean?

5. What is a word beginning with "ab" that means "to set free, or release"?

ANSWERS

1. Omit "final," and say, "will select the two best stories." 2. Pronounce in-klem-ent, both e's as in men, accent second syllable. 3. Haultar. 4. A withdrawing, as of the affections. "He was responsible for the alienation of his people's loyalty." 5. Absolve.

Morning Smile

"I'm certain she said she was twenty-two."

"Nonsense, my dear — she must have thought you asked the number of her flat."

HISTORIC DISASTER

The Johnstown flood in Pennsylvania in 1889 took an estimated total of 2,200 lives.

Heart Diseases In Canada Cause Most Deaths

Diseases of the heart and blood vessels now constitutes the largest group of deaths in Canada each year, approximately 50,000 annually, says the Canadian Heart Society. Nearly half of the deaths in people over 50 years of age fall into this group. Diseases of the heart and blood vessels caused 3 times as many deaths as cancer, 5 times as many as from violence and accidents, and 8 times as many as tuberculosis. These caused 228 deaths in Prince Edward Island in 1950.

Hardening of the arteries is the chief offender in causing heart disease in people over the age of 40. Amongst children, rheumatic fever is still in a prominent position, although it has fallen somewhat in the last 10 years. In 1942 it was the second leading cause of deaths in Prince Edward Island in children, now it is fourth. Each year in Canada there are approximately 700 infants who die in the first year of life from congenital heart disease.

The medical profession has made some progress in recent years in treating diseases of the heart and blood vessels. These advances include: the treatment of bacterial infection of the heart valves; the surgical treatment of blue babies and other congenital heart defects; the use of Sulpha drugs and Penicillin in cutting down recurrence of attacks of rheumatic fever; much progress has been made in the treatment of thyroid heart disease.

In problems of heart disease many questions are as yet unanswered and present a remarkable challenge today. For example, we do not know as yet the cause of high blood pressure, hardening of the arteries, rheumatic fever or congenital heart disease. This is a challenge to the doctors who carry out research in all these fields and to the public to support investigations and aid in the care and treatment of people suffering from this group of diseases.

It is estimated that there are over half a million people in Canada suffering from some form of disease of the heart and blood vessels. When ever possible these individuals should be encouraged to take part in jobs that suit their capabilities.

The Stars Say --

By Genevieve Kemble

For Tomorrow

THIS is an excellent period in which to plan club programs, entertainment for social organizations and benefits for charitable purposes. There are good aspects, for making changes in your home — auspicious for making long-desired improvements, for refurbishing, interior decoration of any sort.

Make effective use of your leisure hours by putting your hobbies to practice use and, if your hobby is one that is shared with others, so much the better! A meeting of minds may bring out the fact that your recreational skills have remunerative value.

For the Birthday

If tomorrow is your birthday, the year ahead promises much in the way of rewarding achievement. However, adhere to your own principles and ideals and do not let yourself be influenced by others. Above all, do not allow anyone to rush you into situations against your will or force you into making decisions without due analysis and consideration. Take matters in stride and work calmly and quietly toward your goals.

Social and domestic affairs should be unusually harmonious during 1954, but be on guard against emotional tensions during October. A sense of humor plus your innate capabilities should solve the minor problems causing stress. December should find your business and personal affairs in excellent shape.

A child born on this day will be ambitious and enterprising, but inclined to chafe under responsibility in the future.

How Can I ...

By Anne Ashby

Q. What is a good recipe for pie crust?

A. Two cups flour, sifted, 1/4 teaspoon salt, 1/4 cup cold shortening, 1/2 to 3/4-cup cold water. The flour

ELLEN'S DIARY

By An Island Farmer's Wife

Out from the threshold of this home by the Strait, his family and kin this afternoon, followed all that had been mortal of the head of the house. Back our mind turned, beyond the measure of a half century to picture the last funeral procession which had moved away from this place. We could see that sombre tattered hearse, drawn away by a team of black horses, the driver top-hatted and most fittingly garbed for his calling.

"That was a day of September, all blue and gold, one of sunshiny and reverent wind, with the spell of the harvest season, rich along the farmlands and orchards. And we recalled too that as today there was a great loneliness left in the wake of that funeral, which was of Ann, Mother to him now being borne away.

Along a route most familiar we followed this afternoon, every landmark of old — and some more recent, each in its place. The village close by still sat by the crossroads; up the slopes to the rear swept the farmsteads and below, to be washed by the tides.

By village-houses we had known, peopled now with present dwellers but for us by remembered figures of the long ago, for today belonged to the past — to the younger days of this man whom we followed. . . . to the friends of old he had, ever with much regret, seen pass away through these scenes about. These we saw — the "quaint" folks of a bygone era, on our way to the village-church.

We saw too a youngish man walk the way alone or in company on a quiet Sabbath to sit in a remembered pew, with his family. For this was a Sanctuary ever dear to him, and to which in a former day and generation he had contributed in more than one way to its welfare.

"I never sat in one of these pews before," James whispered, "it was always over there," he nodded slightly.

"Yes, it was always over there . . ." with much happiness, for those were our golden days; now we had come to those of other years.

"But this we know . . ." words of the obsequies came to us; this we knew — past the shadows, out to the sadness of farewell, for him, there was promised joy, for those that mourned, a loved one gone before.

This house is still. The others of the family have separated to their homes. Only the eldest son who must go presently to take up the rested threads of his pastoral cares remains; and the Mother who a few days ago has been dangerously ill but whose condition shows daily improvement. Though she never directly refers to her sudden bereavement, in her loneliness his name is often on her lips. "Your Father — that's what he would do," or "That's what your Father always said."

And our world changed, shadowed in a twinkling, will again see the sunlight flood the hills. It will come we are confident in the new days' dawning.

Until tomorrow Diary

. Good night

should be sifted, salt added, then sifted again. The shortening is cut in until mixture resembles meal. Add water, a little at a time, using a knife for mixing.

Q. How can I bleach clothes and remove stains when washing?

A. Place a few slices of lemon in the wash boiler on laundry day. It will remove many of the stains, and the clothes will be snowy white.

Q. How can I clean and freshen velvet coat collars?

A. Clean by using hot water and ammonia, and sponge lightly. When this dries, sponge with alcohol.

Child's bad breath

often sign of UPSET TUMMY

For minor digestive upsets, children so often suffer as a result of overeating or eating too much candy or sweets, give Children's Own Tablets, new corrective for youngsters 3 to 15. They quickly help clear out from the bowels, offending waste material in a gentle, thorough manner. Made by the makers of Baby's Own Tablets — your assurance of a reliable product. Get a package today at your drugist.

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DOROTHY DIX'S COLUMN

High-School Girl Smitten

She Years For Fickle Boy, Now Only Pleasant To Her

DEAR MISS DIX: Two years ago I began going with Jerry, who is a high-school senior; I am a junior. I was very fond of him and we soon were going steady. Then we broke up, why I really don't know. That was almost a year ago, and I have hoped constantly ever since that we would get back together again. I cry about him almost every night, and am losing weight. I go out with other boys occasionally, but

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JELLY BUNS

Measure into small bowl, 1 c. lukewarm water, 2 tps. granulated sugar; stir until sugar is dissolved. Sprinkle with 2 envelopes Fleischmann's Fast Rising Dry Yeast. Let stand 10 min., THEN stir well. Cream 1/4 c. shortening; gradually blend in 1 c. granulated sugar, 2 tps. salt, 1 tsp. grated nutmeg. Gradually beat in 2 well-beaten eggs. Stir in 1/2 tsp. lemon extract, 1/2 c. milk, which has been scalded and cooled to lukewarm, and yeast mixture. Stir in 3 c. once-sifted bread flour; beat until smooth. Work in 5 c. more once-sifted bread flour. Knead until smooth and elastic; place in greased bowl and brush top with melted butter or shortening. Cover and set in warm place, free from draft. Let rise until doubled in bulk. Punch down dough and cut into 36 equal portions; knead into smooth balls. Brush with melted butter or margarine, roll in fine granulated sugar and arrange 1/2" apart on greased baking pans. Cover and let rise until doubled in bulk. Twist the handle of a knife in the top of each roll to form an indentation; fill with jelly. Cover and let rise 15 min. longer. Bake in moderately hot oven, 375°, about 18 min.

No more disappointments because the yeast has spoiled! Fleischmann's Fast DRY Yeast replaces old-fashioned perishable yeast because it keeps fresh and full strength — right in your cupboard! For fast-rising dough and grand oven results get Fleischmann's Fast DRY Yeast to-day!

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