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CHARLOTTETOWN and SUMMERSIDE

DeCoste - Hughes Wedding

Ruth Lillian Hughes, youngest daughter of Mr. and Mrs. James M. Hughes, 21 King Square, Charlottetown, and LAC Frederick Maurice DeCoste of the RCAF and son of Mr. and Mrs. Arthur J. DeCoste, 35 Prince Street, Charlottetown were married in a pretty ceremony at nine o'clock yesterday morning in St. Dunstan's Basilica.

Reverend Father Corcoran performed the ceremony and solemnized the Nuptial Mass in the presence of a large number of invited guests. The sanctuary was beautifully decorated with baskets of gladioli and other late summer blooms interspersed with vigil lights while tiny white ribbons marked the pews of the guests.

The music was under the direction of Mrs. Joseph Dougan and Mr. James Flanagan was the soloist. He rendered with rare effect the "Ave Maria", "On This Day" and other numbers throughout the ceremony.

Given in marriage by her father, the bride chose a full length gown of white nylon net and chantilly lace over satin. She wore a small bolero jacket and the gown had a fitted bodice with flare skirt and sequin trimmings. She carried a bouquet of American Beauty roses.

She was attended by her sister, Mary, as maid-of-honor, who wore a gown of chartruese nylon net over taffeta with fitted bodice, flare skirt and bolero jacket. Her picture hat was in corresponding shade and she carried a nosegay of yellow and white mums.

The groom was attended by the bride's brother Reginald Hughes and the ushers were William D. DeCoste and Roy D. McGillivray, brother and cousin of the groom respectively.

For her daughter's wedding, Mrs. Hughes chose a blue nylon ensemble with matching accessories and a corsage of pink carnations.

The groom's mother wore a wine nylon ensemble with silver fox furs and matching accessories. Her corsage was of white carnations.

Following the ceremony a reception was held at the Queen Hotel where the bride's table, with its attractive arrangement of gladioli, mixed mums and lighted tapers, was centre with a three-tier wedding cake topped with a miniature bride and groom.

Reginald Hughes proposed the toast to the bride and the groom responded. Father Corcoran and Roy McGillivray also gave brief messages of good wishes to the newlyweds.

Out of town guests included Mr. and Mrs. Henry Warnock of Arlington, Mass. and Mrs. Christine McGillivray of Cardigan.

For a brief honeymoon trip to Nova Scotia, the bride donned a powder blue ensemble with matching accessories and corsage of roses. Later LAC and Mrs. DeCoste will travel to Trenton, Ont., where the groom is stationed and where the couple will reside.

KEEP IN TRIM

Are Hefty Hips Inherited?

By Ida Jean Kain

Many a girl complains that she is a perfect size 14, except for the hip measurement. She inquires if the tendency to take the weight on the hips runs in families.

While fat is not handed along like red hair and brown eyes, still we do inherit a certain body build and normal variations in the way fat is distributed. However, before you shout, "Framed!" remember that fat cannot be stored on the



susceptible places until it is in excess of your personal requirements.

Another frequent query is whether hefty hips result from sitting or from overeating. Sometimes both figure in it. It isn't the sitting per se that is back of the spread; rather it is the lack of activity that lets muscles go soft. Flabby muscles "spread" the hips and are also more susceptible to fatty deposit.

It isn't the forty-hour week that is to blame for a forty-inch hip-line... but the working day seems to leave so little time to play tennis, hike, or take any physical exercise.

Now back to our model who can wear a size 14 beautifully except for the hips. If her weight is normal, well-designed exercise will fix this figure fault. If she is overweight, then a diet is in order. And she must also exercise to help get the fat that pads the hips into circulation. While there is no guarantee nature will use those particular fat cells, exercise does tone the muscles, and well-toned muscles repel fat.

The first exercise reshapes hips that have squared off below the waistline.

Position: Lying on back with knees bent.

Movement: Roll from that position, across that squared-off portion and on over to touch thigh to floor at side... back across the upper hips and on over to touch the thigh on floor. Slow rolling is more effective... it's fun to roll to the music of a slow waltz. Shift the position, changing the angle of roll slightly to bring pressure to bear a little lower down.

Position: Lying on right side, legs straight down, left leg on top of right. Palms of hand braced on

Novel Fabrics Hard to Clean

Say Researchers

By PEGGY THOMAS
Canadian Press Staff Writer
OTTAWA, (CP)—Novelty fabrics may look good, but they cause a lot of cleaning headaches, say textile experts at the Cleaners and Launderers Research Institute.

The institute, to which 534 Canadian cleaning and laundering firms belong, maintains a laboratory which tests garments to try to find out why they fail to stand up to cleaning.

The main troublemakers, says the institute, are fabrics with stripes or other designs glued on by an adhesive which is soluble in the cleaning fluid. Flock-dot prints and metallic prints also dissolve.

MUST EXERCISE CARE

Too few shoppers buy clothes with an eye to their future cleaning, says Ernest W. Finlayson, managing executive of the institute.

"Women tend to buy for style and appearance rather than cleanability of material, that's why more than 250 damaged articles a month come into our laboratory for analysis and report."

FAILURE REASONS

The institute's experts find, said Mr. Finlayson, that only 25 per cent of failures are caused by cleaning methods. The other 75 per cent are the result of the wearer's abuse of the material, poor manufacture, faulty fabrics, soft dyes, and inadequate labelling.

Labels which specify what type of cleaning a fabric requires are often lacking.

Although the institute finds few problems arising over the miracle fabrics, orlon, nylon and dacron, combinations of these with other materials are sometimes troublesome.

The labelling problem may be solved in the near future when the institute, in co-operation with Canadian textile manufacturers, will put the institute's seal of approval on garments which can be laundered and dry-cleaned successfully.

floor for support.

Movement: Swing top leg away up in front, then swing vigorously rearward, hold for split second, then swing again 12 to 25 counts. Change sides and repeat.

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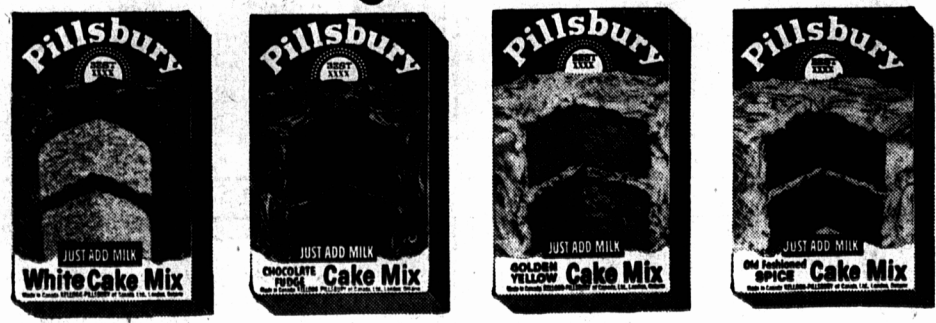
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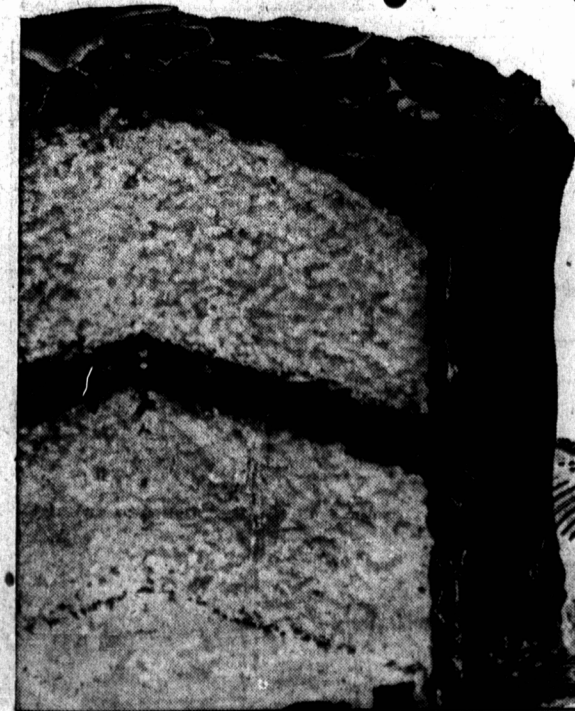
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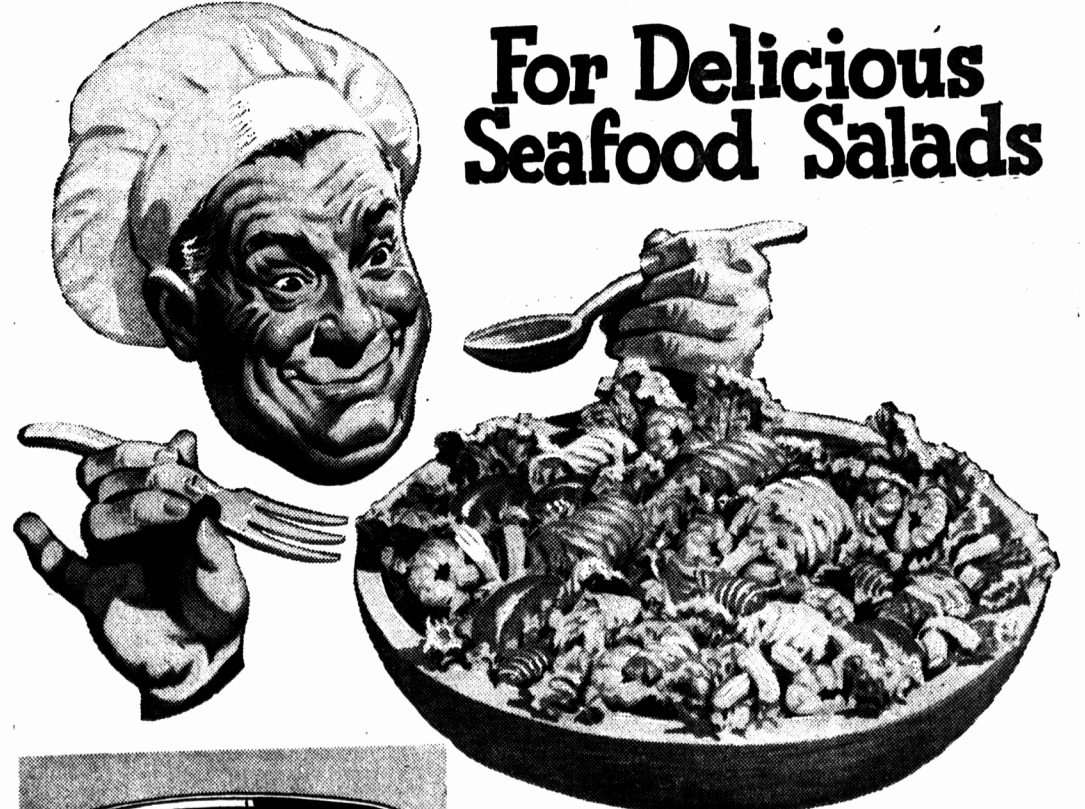


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