



POTATO SALAD DINNER WILL WIN FAVOR WITH THE ENTIRE FAMILY

From the Miscellaneous file

DIABETICS BRAN MUFFINS
 1 egg yolk
 1/2 tsp. soda
 1/2 tsp. salt
 4 tbsp. melted butter
 3/4 cups bran
 Bake in 350 deg. oven 30 to 35 minutes.

MRS. ERNEST LADNER
 North River

NUT SMACKS
 3 tbsp. butter
 1/2 cup brown sugar
 2 egg yolks
 Cream together.

Add:
 1 cup flour
 1 tsp. baking powder
 3 tbsp. milk.
 Spread in a 9x9 in. pan.
 Top with the following:
 1/2 egg whites beaten stiff, add
 3/4 cups brown sugar. Spread
 as above. Sprinkle with 1/2 cup
 chopped walnuts. Bake until
 done.

MRS. AGNES SHEA
 Indian River W. I.

SAUCEPAN SNACKS
 3 eggs beaten
 1 cup brown sugar
 1/2 cup butter
 1 cup fine coconut
 3 cups coarse graham water
 crumbs
 3 chopped walnuts

Combine eggs, brown sugar
 and butter in a saucepan, add
 heat, stirring until butter melts.
 Stir in water crumbs, coconut
 and nuts. Press mixture into a
 buttered 8 in square pan. Frost
 with butter icing to which a
 tablespoon peanut butter has
 been added. Store in refrigera-
 tor.

MRS. RUSSELL CAMPBELL
 Indian River W. I.

HOME MADE NOODLES
 2 eggs beaten, add 1/2 tsp salt
 and flour enough to roll out eas-
 ily. Dough about like pie crust.
 Roll out dough, cut in 3/4 inch
 strips. Drop in rapidly boiling
 broth.

MRS. DONALD J. MacLEAN
 DeGros Marsh

TURKEY STUFFING
 3 cups bread crumbs
 1/2 cup chopped onion
 1 cup diced celery
 5 tps. thyme or sage
 1/2 cup butter
 1 tsp. salt
 1/2 tsp. pepper

2 cups chopped apple
 Crumb bread with the fingers,
 cook onion in butter, until soft,
 add to crumbs along with re-
 maining ingredients. Stuff tur-
 key.

MRS. DONALD J. MacLEAN
 DeGros Marsh

FLAVOURFUL MASHED POTATOES
 2 envelopes instant mashed
 potato, 4 teaspoons instant min-
 ced onion, 2 tps. dried parsley
 flakes, water, milk, butter, salt
 and pepper. Make up potatoes
 according to directions on pack-

age, add onion and parsley as
 it comes to boiling point then
 butter and salt and pepper to
 taste.

MRS. DONALD J. MacLEAN
 DeGros Marsh

PUMPKIN PRESERVES
 Pare and cube pumpkin. To 2
 cups of pumpkin, add 1 cup su-
 gar and let stand overnight.
 Then cook well, until it looks
 transparent. You may add your
 own flavor, lemon, orange, or
 whole cloves or pineapple. Bot-
 tle and seal.

MRS. CLYTON TRAYERS

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