

Better English

By S. G. Williams

1. What is wrong with this sentence? "I confess that I have been unable to locate the lost articles."
2. What is the correct pronunciation of "vivacious"?
3. Which one of these words is misspelled? Hollyhock, holliday, hollandaise, holocaust.
4. What does the word "amnesty" mean?
5. What is a word beginning with co that means "to appropriate for public use"?

ANSWERS

1. Say, "I admit that I have been unable to find the lost articles."
2. Pronounce vi-va-shus, i as in vine, a as in ate, accent second syllable.
3. Holiday. 4. An act of sovereign power granting a general pardon for a past offense. "He was granted amnesty by the king."
5. Confiscate.

Household Scrapbook

By Roberta Lee

The Paint Brush

A paint brush will not shed bristles while painting if, when new, it is stood on end with bristles up and open, and a spoonful of good varnish is poured in. Keep the brush in this position until dry.

Shoes

To preserve shoes apply several coats of copal varnish to the soles and vamps. The shoes will seldom have to be half-soled and is particularly good for children's shoes.

Brown Marks

The brown marks on dishes caused by baking in the oven, can be removed if they are rubbed with damp salt; then wash off and repeat the process if necessary.

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Modern Etiquette

By Roberta Lee

Q. When addressing a note to a married woman who is a patient in a hospital, should she be addressed as Mrs. Robert Smith or Mrs. Mary Smith?

A. A hospital usually has its women patients registered under their given names, and in this case, it is better to address the patient as Mrs. Mary Smith.

Q. Is it correct to fold napkins in a cone shape, so that they stand upright on the table?

A. No; this is an obsolete custom.



4519 12-20 30-42 by Anne Adams

ELLEN'S DIARY

By an Island Farmer's Wife

And on our outing of yesterday what did we buy — and see? We remember, first of all, that despite those signs we suspected of forecasting the contrary, the day brought perfect weather for our trip. Indeed, how beautiful are all these winter days as the season now wanes! Lengthened now appreciably, 'it would seem, at morning; and at evening extended delightfully by the fires of the passing day, which linger in exquisite blendings above the western hills. Woodlands which in places range there set solemn dark spires against the brightness, domes too and minarets reminding of an ancient world we may come to only in story... where tuneful bells call their faithful to prayer.

Blood-red, orange, deep purple — these are the shades which glow and mount and spread above the skyline when the last notes of day sound, but it is the quieter tones bluish of rose, yellow, pale blue against silver which at length bears it off to its rest.

Wide-limbed white birches and ancient, of hedgerows spread graceful branches to catch the loveliness of its going, and wait then with quiet patience to filter the shadows of dusk... And loving the silence and peace of a winter day we number the hours respectfully, giving them away one by one without certain regret. Have we ever seen weather more fair at this season? No, we agree with James, we have not. So cold as to be only invigorating, with at the moment little sign of snow to brighten the resting fields.

What did we buy, before, as James will have it, we reached the depths of our purchasing power and in consequence must regretfully come away? Those items of buying, I suppose, a hundred other rural housewives come to purchase on their shopping trips to the city... We bought socks for a little lad whose heels appear to bare by magic — and stopped a moment to visit with the alert saleslady, an attractive young matron and bride of last autumn; Scotch tape we must buy for a dozen requirements of boys and housewife an elastic band, both to the woman who must bind quickly school-lunches for the children.

A book we were commissioned to get, that which is work supplement to the last Reader of the series that belongs to Grade I. To this our younger lad and his classmates have been recently advanced. "Do you suppose you will know it?" he wondered, eyeing the gray head. He shrugged and smiled to James. "Oh, I reckon she will," he conceded.

"And what else was that?" we queried of Rob as the truck followed the lane outward.

"I don't know," he chuckled, "it sounded like 'gewgaws' — yes, I think that's what he was calling to you... your time in town is sort of budgeted for you today; neither hat nor dress nor 'gewgaws'." Yet we could easily understand why the latter displays are so fascinating to feminine eyes and appreciate the satisfaction an inexpensive necklace, a new pair of earrings, a gay pin could give to the housewife whose round is confining. But none of these were to be our portion on a day which was presently to foregather our farmers to their work in the woodlands. And we saw... but what did we see there, in our Capital City? Until tomorrow... Diary... Good-night....

How Can I

By Anne Ashley

Q. How can I remove white water stains from furniture?

A. Mix a tablespoon of powdered pumice with enough linseed oil to make a thin paste, and it is said this mixture is good for removing the white stains. Rub on the spots until they disappear, then wipe off carefully with a soft cloth dampened with furniture polish.

Q. How can I keep the pie crust from getting too brown before the filling is quite done?

A. If the crust is browned sufficiently before the filling is done, merely cover the pie plate with a pan, or another inverted pie plate, and continue cooking.

Q. How can I remove perspiration stains on a delicate silk garment?

A. They can often be removed by rubbing gently with a soft dry cloth.

The Stars Say

By Genevieve Kemble

For Tomorrow

WITH the Moon in Scorpio, this day favors the clearance of "odd jobs," the accomplishment of those little things you may have been postponing for a long time. It is a

Queen's Coronation Robe



The royal purple robe to be worn by Queen Elizabeth at her Coronation now is being embroidered by skilled women at the Royal School of Needlework in Prince's Gate, Kensington. The robe, of pure silk, and 18 feet long is being embroidered in a design chosen by the Queen. (CP from U. K. Information.)

DOROTHY DIX'S COLUMN

Husbands, Beware!

Designing Women, Bored As Wives, Lay Plans To Trap Other Men

DEAR MISS DIX: My husband recently told me he is in love with another woman. She is married and has a family, but does not love her husband. At first I told my husband I loved him and intended to fight for him, but when I saw what he was enduring, I told him he could have his freedom. He talked to her about it, asked her if she would marry him and accept the responsibility, at least part time, of our children. She decided I should be given a chance for happiness; she wouldn't get a divorce because her husband wouldn't make the settlement she wanted. I feel that if she loved my husband, she'd be willing to give up anything for him. My husband is a fine person, and I hate to see him as miserable as he is now. Do you think I could eventually make him forget her or should I make him go to her?



W. S. VICTIM OF DESIGNING WOMAN

ANSWER: Your husband has fallen for one of the coterie of women who deserve special punishment: the members of this sisterhood find themselves bored with their own marriages and take great pleasure in seeing how many others they can break up. When one of them has her bluff called—as did this female—she does a sudden backtrack. The weak-minded men who fall for this dodge should have special penance meted out to them, too. I'll wager the woman's husband knows nothing of her defection.

Such women can usually count on their glib victims keeping the affair a secret—especially from their wives. Secondly, the wife usually refuses to consider divorcing her husband, even when she is informed that he wants to marry the other woman, and the way is left open for a flirtation to progress into a full-fledged affair. In time, of course, the homebreaker turns her attentions to another idiot who is all set to bask in her flattery.

There's no doubt that your husband will forget her and return all his love to you. Be a little wiser and don't ever give him a chance to doubt your love.

DEAR MISS DIX: My best friend who lives nearby has a daughter 14, and I have a girl 15. At one time they were the best of friends, but finally my daughter got tired of the other girl's sarcasm and their friendship ended. My problem is that my friend and I spend a great deal of time together and, when this involves the girls being with us, the situation becomes strained. Each girl acts as though the other one didn't exist. EVELYN L.

ANSWER: Your daughter is old enough to have a sense of social responsibility, and when circumstances force her into the company of her former friend, she should be at least agreeable.

DEAR MISS DIX: I've been going steady with a boy for four years. We are engaged, but he has postponed the wedding three times because of finances. Now, he has started breaking dates without even phoning me. MARJORIE

ANSWER: From the aspect you give, your engagement seems to be quite broken. When a man doesn't even telephone you, and makes no effort to see you, you may conclude safely he is no longer interested.

good day for the householder to clean out trunks, clean closets, and the like. Where business is concerned, the day favors tax adjustments, insurance matters of every type, but check bills and receipts carefully. It is not a day in which to start new financial ventures unless all facts have been carefully checked previously. Avoid going into debt or putting yourself under obligation to anyone. Socially, it should be a pleasant, stimulating day.

For the Birthday

If tomorrow is your birthday, you should find the year ahead one of great satisfaction, particularly where artistic matters are concerned. Hidden talents may be revealed, and enterprises requiring imagination and the "sixth sense" possessed by those born under Pisces should culminate spectacularly. You may experience some emotional and business crises, but do not dissipate in an effort to "let off steam." Such a course would only make matters worse. If you will stay close to home and spend your time in quiet pursuits during such periods you will find yourself able to solve problems much more quickly and satisfactorily.

A child born on this day will be sensitive, creative, but inclined to worry.

Cook's Corner

PORK LIVER CASSEROLE

4 tablespoon bacon drippings, 1 1/2 pounds pork liver, 1/4 cup flour, 2 1/2 cups tomatoes, 1/2 cup finely diced salt pork, 1 small onion, 2 medium carrots, 1 cup celery, 3 cups potatoes, 1 1/2 teaspoon salt, 1/2 teaspoon pepper, 1 small bay leaf.

Remove skin and fibers from liver. Melt drippings in hot frying pan. Dredge liver with flour; place in frying pan and sear to golden brown on all sides; then place in casserole. Pour tomatoes over it and sprinkle with finely diced salt pork. Cover and bake in a moderate oven, 350 degrees F. for two hours. Add thinly sliced onion and carrots, chopped celery, diced pota-

That Body Of Yours

By James W. Barton, M.D.

ANXIETY CAN CAUSE CHANGES IN ELECTROCARDIOGRAPH READINGS

In examining recruits for military service or for life insurance, the examining physician may find the heart beating very rapidly. He may suggest that a few minutes and read a paper or magazine. In most cases, the heart will be slower or may be down to a normal rate. When gitter is present, the heart is always rapid.

Similarly, with blood pressure, an excited or anxious individual may have such a high systolic pressure that the physician advises examination a few days later at an earlier hour of the day. In many cases, the blood pressure is down 40 points or more, well within normal limits.

For a number of years now, physicians and heart specialists have been accepting the electrocardiograph readings as conclusive evidence as to the condition of the heart. It would now appear that just as nervousness or emotional disturbances can affect the heart rate and the blood pressure, they can likewise affect the electrocardiogram as depicted by the electrocardiograph.

In the American Heart Journal, Drs. Heinz Magendantz and Joseph Shortleeve (Boston) state that when taking routine electrocardiograms they noted occasional changes in the rhythm in patients without obvious heart disease. After careful examination of the heart and blood vessels failed to show any heart disorder, it seemed possible that anxiety while taking the electrocardiogram was repeated the next day after reassurance that there was no heart disease present and after 15 minutes of rest.

"Surprisingly, often this simple arrangement led to a reversal of the rhythm. In 22 such patients, the observed electrocardiogram changes, although slight, were definite enough to make the recordings abnormal or borderline." The exact mechanism behind these changes in anxiety and related functional (not organic) disorder is unknown.

Further, in cases of tachycardia (rapid heart beat), the electrocardiograph changes often disappeared under rest and reassurance despite the fact that the heart rate continued rapid.

Because of the effect of anxiety on the electrocardiogram readings, Dr. Magendantz and Shortleeve state that in such cases these readings should be repeated after reassurance and 15 minutes of rest. If the changes are thereby reversed, anxiety should be suspected.

Morning Smile

Oh Well!

"What is the price of this silk?" asked a deaf old lady.

"Six dollars," replied the shopkeeper.

"Sixteen dollars. Ridiculous. I'll give you fifteen."

"I said seven," repeated the shopkeeper.

"Oh," snapped the old lady, "seven eh! Very well, I'll give you five."

The One Thing

So revolutionary were many of the inventions of Thomas A. Edison that they puzzled not only the public but many of his co-workers as well. Once an assistant after helping the inventor set up a miniature electric-lighting plant, remarked:

"Mr. Edison, after working with you like this, I believe that I could construct a plant like this myself." "Could you?" asked Mr. Edison. "Yes," replied the assistant, "I believe that I could. There's only

CANADA Needs Nursing Assistants



D. V. A. opening School in Halifax 15 April, 1953.

Canada needs Nursing Assistants for peace time service and national emergencies, to help in the care of patients in hospitals and homes.

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The Department of Veterans' Affairs, in conjunction with Federal Civil Defence Authorities, is conducting Schools for Nursing Assistants in Toronto and Montreal, where classes commence in April, September and January each year. A third and similar School is to open at Camp Hill Hospital, Halifax, 15 April, 1953.

The course is nine months' duration. On successful completion, the trainees are eligible for employment in hospitals and homes as Nursing Assistants, an interesting national service.

Candidates between age of 18 and 40, who have completed Grade IX and are in good health, are eligible to apply; and are invited to write for application forms and further information about this course to:



DIRECTOR, School for Nursing Assistants, Camp Hill Hospital, Halifax, N. S.

Published under the authority of the Honourable Hugues Lapointe, Minister of Veterans' Affairs.

one thing that puzzles me." "And what is that?" asked Edison. "Well," said the assistant, "I don't quite see how you get the kerosene to go along those wires."

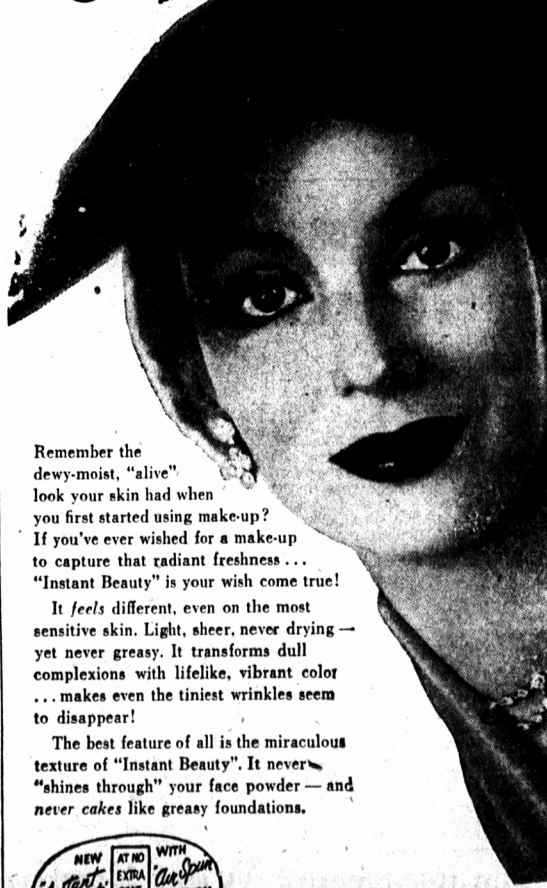
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