

PERFECT HEALTH IS OBTAINED BY USING Dr. Williams' Pink Pills FOR PALE PEOPLE.

UNDER A FAIR COURSE OF TREATMENT
CONSUMPTIVES PUT ON FLESH ANAEMICS REGAIN COLOR
DYSPEPTICS ATTAIN DIGESTION WEAK PEOPLE ARE MADE STRONG

DO YOU NEED A TONIC?

Are you easily tired, lack energy, feel weak in the back; do not care for food; cannot relish your work and take no interest in life? Are you nervous and subject to headaches? If so it is a tonic you need.

Dr. Williams' Pink Pills for Pale People—the best tonic in the world—can not harm the most delicate.

They make people strong.

RHEUMATISM'S PANGS.

From the Chatham Banner.

Everyone in the village of Wheatley knows Mr. Peter Simpson, who has been a resident of the place for upwards of 20 years, and who during the whole of that period up to last year was a constant sufferer from acute rheumatism, complicated by other troubles until he was worn almost to shadow. At the age of twenty he joined the New York Cavalry and served throughout the war of the rebellion. He took part in the historic battles of Bull's Run, Frederickburg, Culpepper, etc., and at one time rode eighty miles at a stretch carrying dispatches through the enemy's lines. On another occasion he was on horseback for four days and five nights, and it is little wonder that such hardships left him, as they did thousands of others, with a wrecked constitution. While in the army, as a result of poor food and often bad water, he was attacked with diarrhea, which assumed a chronic form. This of course greatly weakened him, and he fell an easy prey to the pain and terrors of rheumatism. To a correspondent of the Banner he said,—"I never expected to be any better in this world as I had tried dozens of medicines which brought me no relief at all. Some times for weeks at a time I could not lie down or sleep, and could eat but little. I was not only troubled with rheumatism, but at times was subject to fainting spells and at other times everything appeared to turn black before my eyes. I would often feel sick at the stomach, at which times food would prove death to me. My kidneys also troubled me greatly and my nervous system seemed completely shut-



tered. Tongue can scarcely tell how much I endured during these long and weary years. About a year ago I was advised to try Dr. Williams' Pink Pills, and it was a grand day for me that I began their use. After I had used a few boxes my pains had decreased and I was considerably better. Later, through a continued use of the pills, I could eat, sleep, and felt as able to work as I had done twenty years ago. I now feel well and strong, and if any of my old comrades see this and are afflicted, I would urge them to try Dr. Williams' Pink Pills."

ANAEMIA CURED

From the Sun, Orangeville, Ont.

Some months ago, Maggie, the fifteen year old daughter of Mr. and Mrs. J. Sweeney, of John Street, of this town, began to fail both in health and spirits. Her face was almost as white as chalk, her appetite very fickle and her limbs began to swell. Notwithstanding her growing weakness she persisted in attending school until one day her teacher advised her to go home, and not return until she felt better. At the same time the teacher, who knew the value of Dr. Williams' Pink Pills in such cases, advised her to take them. The advice was followed, and Mrs. Sweeney told our reporter that almost from the outset there was an improvement in her daughter's condition. Her appetite became better, the color returned to her face, and the severe headaches that had made her so miserable, vanished, and she is now feeling better than she has done for many months.

It is quite evident that this young maiden was suffering from a lack of blood, as no so many young girls who are just at a critical point in life, and it is quite apparent that there is no other remedy the equal of Dr. Williams' Pink Pills in such cases. They enrich the blood, stimulate the nerves, and build up the entire system, and mothers will act prudently if they insist upon their daughters taking an occasional box. We know from experience that Dr. Williams' Pink Pills have done great good in Orangeville and vicinity, and there is scarcely a day that our reporter does not come in contact with some one who has a good word to say for this wonderful medicine.

HAVE YOU INDIGESTION?

Have you a pain in the stomach? Fullness or distention after meals? Wind on the stomach? Hiccoughing and eructation? Sickness, bile, distaste for food? A yellow tongue, bad complexion, taste in the mouth?

These things arise from indigestion and dyspepsia; they can be cured by Dr. Williams' Pink Pills.

DYSPEPSIA CURED.

Miss Lila Lauglin, a young lady who is teaching in the Fort Stewart public school, says:—"Some months ago I was suffering with a severe attack of dyspepsia. I procured some medicine from the doctor which seemed to help me for a time, then it apparently lost its effect and I became worse. I had a terrible pain in the stomach which caused me much distress. Then vomiting set in and continued until I was so weak I could scarcely stand, and at times my sight would seem to leave me. While in this state one of my friends advised me to try Dr. Williams' Pink Pills and I procured a half dozen boxes. By the time I had used them I had fully recovered my health, and I can recommend them to others similarly suffering."

FEMALE WEAKNESS CURED.

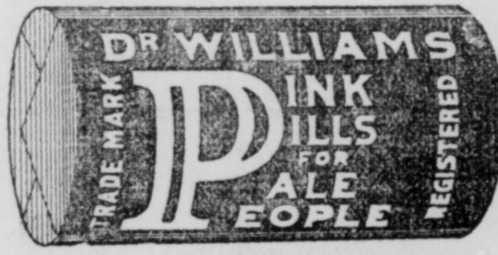
Mr. John Decaire, Sahanatien, Ont., writes:—"I take the liberty of writing you a few lines in praise of your Dr. Williams' Pink Pills. For some time my wife was a great sufferer from trouble peculiar to females. She was very weak, suffered from dizziness and headaches, and her complexion was shallow. She was not able to do any work, and friends were almost hopeless of her recovery. She was urged to try your valuable medicine, and I decided to take two boxes as a trial. In the course of a week her appetite began to improve and she felt more hopeful. She continued using the pills, and under the treatment has fully recovered her health and activity. We both strongly advise women suffering as she did to use Dr. Williams' Pink Pills."

IT IS PROVED THAT Dr. Williams' Pink Pills CURE

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|------------------------------|------------------------------|
| Anaemia | Chronic or Acute Rheumatism, |
| Chlorosis or Green Sickness, | Sciatica, |
| Dizziness, | Neuralgia, |
| Palpitation of the Heart, | Chronic Erysipelas, |
| Nervous Headache, | Kidney Troubles, |
| Loss of Appetite | Nervous Fits, |
| Indigestion and Dyspepsia, | St. Vitus Dance. |
| After-Effect of LaGrippe | Consumption of Bowls and |
| Eruptions and Pimples | Lungs, |
| Pale or shallow Complexion, | Scrofula, |
| Swelling of Hands or Feet, | All Female Weakness. |
| General Debility, | Tardy of Irregular Periods, |
| Insomnia or loss of Sleep, | Suppression of the Menses, |
| Spinal Troubles | Loss of Vital Forces, |
| Partial Paralysis, | |
| Locomotor Ataxia, | Loss of Memory. |

But you must get the
Genuine.

Always put up in
a package just like
this--



The Wrapper Printed with Red Ink on White Paper.

If your dealer does not keep them, they will be sent post paid at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

ANÆMIA,

OR POVERTY OF THE BLOOD.

A trouble chiefly affecting young girls between the ages of 13 and 20 years.

Symptoms:

Pale or sallow, waxy complexions, headaches, indisposition to exertion, loss of appetite, fluttering of the heart, dizziness, sometimes fainting spells, complete loss of ambition, shortness of breath. Anæmia develops into consumption. Check it in time by taking Dr. Williams' Pink Pills—always successful in curing this grave trouble.

HOSPITAL TREATMENT FAILED.

Dr. Williams' Pink Pills have done more to alleviate suffering than any other medicine yet discovered. They have effected cures in hundreds of cases pronounced incurable by physicians, and they have brought rejoicing into the homes of thousands throughout the Dominion. Among those who speak of this wonderful medicine in terms of gratitude is Mr. Lemuel McCreedy, of Shannon, N. B.

He says:—"A year ago I was taken with a pain in my hip, which gradually worked down to the knee, where it settled. At first I thought it an attack of rheumatism, and treated it with the medicine ordinarily used for that trouble, but with no benefit. The knee began to swell and the pain became excruciating. I wasted away to a mere shadow, and was no better than a cripple. I then consulted a physician, but still got no relief. Then I went to a hospital at St. John's. The physician who examined me there said my trouble was consumption of the blood that it might be necessary to amputate my leg. Thoroughly discouraged, I returned home. Then my mother urged me to try Dr. Williams' Pink Pills. After using two or three boxes I found the pain greatly diminishing, and by the time I had taken seven boxes, the limb had regained its normal condition, the pain had all disappeared, I had gained greatly in flesh and was as well as ever I had been in my life. I feel very grateful, for I believe Dr. Williams' Pink Pills saved me from a life of helplessness."

It is such wonderful cures as Mr. Mc-

Creedy's that have given Dr. Williams' Pink Pills their great reputation and made them the favorite medicine in thousands of families throughout the land.

HEADACHES AND DIZZINESS.

Mrs. C. C. Bailey, of Martinville, Que., says:—"After several years of continual suffering, I was persuaded to try Dr. Williams' Pink Pills, and have reason to bless the day I began their use. Prior to beginning the use of the Pills I had been under doctors' care, and had tried other remedies, but with no effect beyond occasional temporary relief. I suffered from extreme headaches, dizziness, loss of appetite and palpitation of the heart. I got so weak that frequently I could scarcely move about, and my whole nervous system appeared to be in a state of complete prostration. When I began the use of Dr. Williams' Pink Pills, I doubted very much if any medicine would restore my health, but I determined to give them a trial. After I had taken several boxes, I noticed that I could sleep better, and that my nervous troubles were growing less. My illness had been going on for about four years, so that I did not anticipate that it would be easily eradicated, especially as doctors' treatment had failed, but after I had taken about a dozen boxes, I was again in the full enjoyment of health. I think people using Dr. Williams' Pink Pills should pay strict attention to the directions, and not always expect a cure from one or two boxes. Had I been so unreasonable I would not today be enjoying the good health I have, and hope this message may benefit some poor discouraged sufferer."



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PARALYSIS.

Do your hands tremble? Are you liable to tremors that you cannot control? Have you lost the full power of using your hands? Do you stagger or falter in walking? Is the face distorted? Is all one side of the body affected? These symptoms indicate the beginning of Paralysis. There will follow agonizing pains, complete disability and death, unless you take it in time. Dr. Williams' Pink Pills will cure you.

THE SOOTY PETREL.

A Fish Eating Bird That Is Deemed a Delicacy in Australia.

Tastes differ in different latitudes, even among English speaking people. Imagine Caucasians dining on salted petrels, and with a relish, too, as though that fish eating sea bird were a luxury. Of all the fowls that haunt the barren islands on the California coast none is considered quite so worthless as the sooty petrel. Even the sea gull has his usefulness as a scavenger on the bays along the coast, but the petrel is truly a despised bird in these waters. Sea gulls' eggs bring a price in the market that makes it worth while to gather them at a considerable expense, but no one thinks it worth while to rob the petrels' nests on the rookeries at the Farallone islands.

It is different in Australia. Is it the cold winds that blow up from the antarctic regions or the hot air that sweeps down from the equator? No matter what the cause, the fact is that the appetites of our Australian cousins are radically different. The sooty petrel is there an edible fowl, with a decided market value, and a number of men and small craft are employed each year in catching, salting, packing and carrying it in great quantities from the rookeries on Trefoil island and other adjoining islands on the north coast of Tasmania to Stanley and Melbourne.

Mutton bird is the general name given the petrel there, and the men and

ships engaged in the business are known as mutton birders. To Americans this is quite a novel industry, and the fact that such common sea birds as the petrel are packed and salted down like so much pork is always a matter of wonderment to strangers who go there. But the test of the pudding is in the eating of it, and those who have dined off mutton birds instead of land mutton pronounce the one every bit as good as the other.

If you leave San Francisco in August, sailing westward and southward, you will pass many great flocks of birds that will be pointed out to you as sooty petrels—or they will pass you, for they are traveling about three times faster than you are. And when you reach Melbourne and have become acclimated enough to venture a trip across to Tasmania, you may dine off the young of those very birds that passed you on the California coast, only now they will be served to you as mutton birds.

These fowls leave the Farallones every few months, and once every year they visit Australia. Trefoil island is their chief roosting place in the southern hemisphere, so far as is known. Here they scratch and dig in the barren soil until they have burrowed a hole perhaps two feet deep. Into these holes each hen in the immense flock deposits her one egg. The mutton birder inserts his arm full stretch for his game. He does not take the egg, but waits a week or ten days after the egg has been hatched. Then he finds the young bird almost as big as the parent, but much more tender and fat. On land the petrel is

quite unable to escape from the catchers. It cannot mount into the air from off the land, though its wings are enormously long in proportion to its black body, and it rises quite gracefully from the water. On shore, however, the strange bird must hop along at a slow pace and can only fly from the top of a ledge. Certain points of Trefoil island are littered with thousands of these nests, and it is no difficult task to gather the yearly harvest of young mutton birds. The mutton birding season on Trefoil island lasts from a month to six weeks, and this includes the catching, salting, packing and shipping. They are packed in casks, and these are loaded on coasting schooners that come after them from Tasmania and Melbourne.

By the time the fresh crop of mutton birds is being eaten at Melbourne the adult parents, with perhaps a certain percentage of the young ones that have escaped the catchers, are returning to their old haunts, occupying the old and scratching new nests on the Farallone islands. Here the birds are practically unmolested, and it may thus be said, with some basis in reason, that the California coast is supplying the Australian coasters with their edible sea fowl.

It is true, of course, that the petrel finds other quiet nesting places besides the islands off the California coast, but it is also true that Catalina, the Santa Barbara channel islands and the Farallones are their chief rookeries on this coast, and that at certain seasons these islands are entirely deserted by them, while the islands off Tasmania and the

southern coast of Australia then swarm with them.—San Francisco Chronicle.

Very Queer.

Young Writer (to editor of Monthly Review)—If you think my article so good, why don't you let me put my name to it?

Editor—Because nobody would read it if I did.

Young Writer—But you had an article by the Duke of Ditchwater in your last number, and you put his name to it.

Editor—Exactly. But nobody would have read it if I hadn't.—Pick Me Up.

New Triumphs.

"General," said the almost breathless Spanish officer, "send out the glorious news without delay."

"What has occurred?"

"Three more brilliant victories. We have just put to rout two Sunday school picnics and a camp meeting."—Washington Star.

At the Parlor Theatricals.

Nervous Amateur—Do you think I will please the audience in this role?

Manager—Beyond a doubt. You are killed off in the first act, you know.—New York Journal.

It is announced that Emperor William has drawn up and distributed to the higher naval officers a table of the forces of Japan, Russia and Germany in the far east.

SAN FRANCISCO'S BEER.

Her Saloons, Placed Side by Side, Would Extend Sixteen Miles.

The yearly consumption of beer in San Francisco, according to the calculation of the federal gaugers, is 14,215,161 gallons. This is equal to 2,843,032 1-5 five gallon kegs. It would require a single cask 222 feet high and 161 feet in diameter to hold this liquor. The battleship Oregon could easily float in this cask. The beam of the Oregon is only 70 feet and her extreme height, including her military mast, is 120 feet. It would require five ships as large as the Oregon to carry this beer as a cargo after all the machinery and armament had been removed and allowing nothing for the hull displacement. The displacement of the Oregon is 10,000 tons, the weight of the beer is 50,860 tons.

Notwithstanding the fact that San Francisco has but 300,000 people, there are 2,260 licensed saloons in the city. The Examiner of that city recently compiled a statement of the extent of San Francisco's rum business, and this article has been drawn upon for many of the facts herein given.

These figures take no account of the numberless barrel houses—"can joints" in the expressive vernacular of the police—for the barrel houses are not required to pay the municipal license of \$21 a quarter, and consequently are not enumerated in the books.

Eliminating, therefore, the barrel houses and allowing to each of the more than 3,000 licensed saloons a frontage

Electricity.

The electrical properties of amber were known to the Greeks before the Christian era. Electricity takes its name from the Greek word for amber. Gilbert in 1600 was the first to employ the terms "electric force" and "electric attractions." In 1752 Franklin's electrical researches had progressed so far that he killed a turkey by the electric spark and roasted it by an electric jack before a fire kindled by the electric bottle, and in 1782, by means of the kite experiment, he demonstrated the identity of electricity and lightning. The first magneto-electric machine was made at Paris by Pixii in 1832; the first telegraph line in the United States was set up between Washington and Baltimore in 1844; the first submarine cable was laid between England and France in 1850. As early as 1802 Sir Humphry Davy produced an electric light with carbon points on almost the same principle as that now employed. The first electric railway on the continent of Europe was built by Siemens at Berlin in 1881; the first in England was constructed in 1825, and in America the first electric line was built in 1885.

Mosquitoes and other gnats furnish almost the sole food for a very large family of insect eating birds known as flycatchers.

In ten days a letter from New York will arrive in Bremen.

According to the official report there were 834 deaths from the plague during the past week in Bombay.