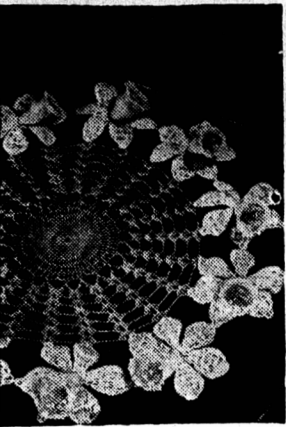


Woman's Realm/Social and Personal/Fashions/Literature

Daffodils in Crochet



Floral dillies are the newest thing in the world of crochet and one of the most fascinating. Here's a spring flower favorite, the daffodil, worked in two shades of yellow into a crocheted border for a pale green lace center. Finished, the dolly measures 14" in diameter. A direction leaflet for DAFFODIL DOLLY, Leaflet No. D-214, is available to you without charge, if you will send a stamped, self-addressed envelope to the Needlework Dept. of this paper.

Morning Smile

The class took the afternoon off to visit the town reservoir. The following day the teacher instructed them to write an essay on "An Interesting Place I Visited Over the Weekend."

The class was very busy for some time, then a little girl raised her hand. "Miss Finch," she asked, "waterworks all one word, or do you spell it with a hydrant?"

CATTLE INCREASED

The total number of cattle in Australia in March, 1949, was 14,120,000 as compared with 13,790,000 the previous year.

ELLEN'S DIARY

By An Island Farmer's Wife

"Ah, ha!" we offered, coming to the kitchen this morning, "there's that old Good Friday wind again—over the hills from the North!" "I was just thinking that!" Rob smiled easing the younger lad into his workaday wear, "North-east, it is, to be accurate. The prevailing wind!" "And for forty days," Jamie said dolefully, getting into his magic boots which have thus far paddled through many a Spring puddle. It was good to see the two children carry chaff to the fowls after breakfast, choosing this chore as their own, and extremely busy at the work of it. "You'll never guess what we found?" Jamie with Gage and the pup at heels came in later to say.

And the mystery was solved for us when they withdrew eggs from their pockets findings of a nest that was stolen away in a strawy corner of a barn. "Guess perhaps the Easter Bunny hid them there!" Jamie laughed, "but Easter eggs are always colored—at least they were when mother was home!" Cheeks were pink today, whipped by the cold prevailing wind and eyes were bright, alight with the joy of living. "Easter is a nice time of year, isn't it?" Jamie considered, "next to Christmas, I think."

And we wondered if the more considered lives that grown-ups have lived through the season of Lent would now come to an end. Would this past season of searching—and mending, if need be, be all that would be required of us spiritually, throughout the year? Might we presently, turning backs on The Cross, and relegating its meaning and import to a more or less complacent niche in mind, take up lighter and more frivolous thoughts? Satisfied, of course, that "these things" we had "observed" during the Lenten days. A sort of a first-things-first dutifully, but now "on with the dance" of life "let joy be unconfined," back again to old habits, familiar paths and rounds, to an old rutted "earthy" road, that is often most comfortable to travel.

But the memory of The Cross will be unfading. Even to the

Continued on page 3

That Body Of Yours

By James W. Barton, M.D.

A NEW TYPE OF MENTAL INSTITUTE

Because we know that the brain is the directing force of the body and have seen a new system of medicine, psychosomatic medicine, arise under our eyes, we must not forget that there are some cases where the body, with infected condition of one or more parts, can affect the brain and the brain in turn then may direct the body to foolish or harmful things. Some years ago I wrote about the results obtained by a New Jersey State Hospital in which the Superintendent reported the clearing up of the minds of many of his mental patients by having infection removed by dentists, nose and throat specialists and other specialists.

It is of interest to learn of the work now underway at Creedmoor State Hospital, New Jersey, to establish advanced technique to develop and introduce biochemical diagnostic and preventive psychiatric methods to the already established psychological procedures. Dr. Harry A. Laburt, senior director of Creedmoor, in a statement from the Press Office of Creedmoor states that "the success of the Creedmoor Institute will advance our efforts to make state hospitals centers of prevention, early diagnosis and early treatment. Among our objectives are those of attempting to seek out persons who might develop psychosis, treat with gland extracts, biochemical and other measures to shorten episodes of illness and reduce or remove the need for hospitalization."

The thought behind the establishment of this new department of Creedmoor is that the increased tempo and complexity of our everyday life and the added life span due to medical advances are making ever-increasing demands upon psychiatric or mental services.

A most important factor in the work will be an out patient service for children as well as adults who cannot afford private care and, eventually, "open wards" for observation and treatment.

With the coming into use of shock treatment for early mental cases and provision in state hospitals such as Creedmoor, prevention and successful treatment of mental cases has made a long step forward.

Sleep Walkers

By F. H. MacArthur

The act of walking about while asleep is one of the most curious of all the phenomena of nervous action. The somnambulistic state is said to be an exaggeration of the state of a dream. When in this state, the intellectual faculties are said to be dormant, while certain cells of the brain appear to be more active than under normal conditions; for sleep walkers have been known to perform feats which they never could have done had they been awake.

For example, a story is told of one, Cortelli, who while asleep one night was seen in the act of translating from a dictionary. When his watchers extinguished the candle he got up from his desk and went to seek another light. When those present conversed with Cortelli about the work he was doing, he gave rational answers, but he apparently heard nothing that was said to him on other subjects. His eyes, too, were quite fixed on the dictionary; so much so, that in reading he turned his whole head from side to side instead of using his eyes as we do when we read.

The habit of walking while asleep is more common than is generally supposed, and quite a number of teenage children do a bit of nocturnal wandering at some time or another.

I had a cousin, for instance, who used to get up and wander all about the house. We worried a good deal about it, but eventually he outgrew the habit. One night he discovered him in the cellar sitting on a box and calmly counting the jars of preserve. He was led upstairs and put to bed without waking.

Grandfather used to tell a strange story about one of his neighbours getting up in the middle of the night. This man, a farmer, would go to the cow stable, open the door and turn the cattle out. Then he would return to the house and go back to bed, wholly unconscious of what he'd done.

A remarkable case is related by the Archbishop of Bordeaux in the "Encyclopaedia Methodica." It was concerning a young priest at the Catholic seminary, who used to rise in his sleep and write sermons. Having written a few pages, he would read them aloud

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The NEWEST... the BEST... the FRESHEST package today... except me

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At your Grocer's now... choose your special variety, but do take home a package of the new Butter-Flake Donuts. Make everybody happy at home.



Eastern Bakeries' —the Better Buy



Household Scrapbook

By Roberta Lee

Woolen Blankets

To make woolen blankets softer and hold their shape, hang them on the line dripping wet instead of wringing them. Whip lightly several times while drying, and after thoroughly dry, with a wire carpet beater. They will be soft and light.

White Satin Collar

A white satin collar can be cleaned by rubbing with bread crumbs which have a little moisture. White kid gloves can also be freshened in this way.

Baking Dishes

The brown stains on baking dishes can be removed by letting them stand over night in a rather strong solution of borax and water.

The Stars Say -

By Genevieve Kemble

For Saturday, April 15

THE advent of an "eleventh-hour friend" may make a timely appearance when disaster, frustration, loss and discouragement seem to block the wheels of progress. Static matters, obstructions, delays and impediments may seem to be insurmountable, when some sort of clever strategy, an inspiration or a subtle lead may loose Saturnian bonds to make way for surprising achievements. Honest work and worthy ambitions may prove spectacular in final denouements.

How Can I!!!

By Anne Ashley

- Q. How can I make raspberry mousse?

A. Beat the whites of 2 eggs until light; then gradually add 1 cup of raspberry juice. Stir the mixture into 1 pint of cream and whip until stiff. Place in a mold, cover, and pack in ice and salt for 3 hours.
- Q. How can I eliminate the odors of paint and turpentine from a room?

A. Try cutting a raw onion into small pieces and placing them around the room.
- Q. How can I clean the oil mop?

A. By using hot water, ammonia, and a small amount of washing powder.

Better English

By B. C. Williams

1. What is wrong with this sentence? "The war has affected food supplies all over the world."
2. What is the correct pronunciation of "depot"?
3. Which one of these words is misspelled? Believe, relieve, receive, sieve.
4. What does the word "plausibility" mean?
5. What is a word beginning with im that means "very slight, gradual, or subtle"?

ANSWERS

1. Say, "over all the world."
2. Pronounce dep-oh, e as in deep, o as in no, accent first syllable.
3. Receive.
4. The quality or state of seeming likely.
5. Imperceptible.

Modern Etiquette

By Roberta Lee

Q. When having dinner and spending the evening in a friend's home, is it enough to thank your hostess when leaving?
A. It would show more appreciation of her kindness, and more sincerity on your part if you would telephone her later and thank her again.

Q. Is it permissible for the maid-of-honor to wear a gown of unbleached white at the wedding?
A. Never; only the bride should wear white.

Q. Are engraved invitations necessary for the christening of a baby?
A. No; these invitations are extended by telephone or an informal note.

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DOROTHY DIX SAYS -

Absent Treatment

vacation From Mate Best Cure For "Fed-Up" Wife

DEAR MISS DIX: My wife claims that because of my constant ill-treatment of her she has lost her love for me and that without love she will not go on living with me. We have two sons, one 12 and the other 7, whom we both dearly love, but she says it is best for the boys if we part. My wife is of spotless character. I consider myself the same. We both work. We are both ill-tempered at times. Her physical condition is not what it should be. I fear for her future. She says that if we patch up our difficulties it would be hell on earth for all, but I do not believe this, knowing the extent and fullness of her love.

She also says that I will be the same within six months, but I have had my terrible lesson. I want to re-establish my home. I want my wife to leave her outside work. What is your advice in the matter?
E. G. V.

ANSWER: The remedy is very simple and easily applied. It consists of a railroad or steamship ticket. Send your wife off somewhere for six months, the farther the better, and let her find out from actual experience what breaking up her home and separation from you will mean and, take my word for it, she will come back to you as eagerly as a bride.

CAN AVOID DIVORCE

I am firmly convinced that more than half of the divorces could be prevented if only disgruntled husbands and wives would try the absent treatment on themselves first. A couple get fed up on each other and reach the point where everything each does irritates the other. They can see nothing but blemishes in each other and they mull over old quarrels until they make mountains out of mole hills. Very often they are worn out and nervous and would be irritable with any one, and they find their perfect target in those to whom they are married.

I think your wife will make a terrible mistake if she leaves you

Continued on page 3

Even when dried indoors... EVEN WITHOUT RINSING

Surf gives you Sweeter Washes

...whiter, brighter to look at! ...fresh-air-sweet to smell!

Surf contains a wonderful detergent which not only removes every last trace of dirt and grease, but of "dirty clothes" odour, too! Your wash is really sweet and clean—and it smells that way!

Surf gets clothes so deep-down SWEET and clean you can actually SMELL their freshness—even when you have to hang the wash indoors!

But Surf does even more than that. It saves you hours of labour because, with Surf, you don't have to rinse your clothes unless you want to!

Surf—the Surf that's now at your grocer's—has the magic power of grabbing and holding the dirt in the wash-water, so when you wring out the water you actually wring the dirt out with it.

And when you don't rinse, Surf's purifying ingredient continues working in your clothes, to keep them sweeter... in the linen closet or bureau drawer! So, if you prefer to rinse, add a little Surf to the rinse-water.

Those rich, long-lasting Surf suds do 3 times the work



"ORDINARY" CLEAN! Though you may think your wash is perfectly clean, a faint "mousy" odour often betrays the fact that some remnants of dirt, grease or suds are still clinging to the fibres. Rinsing won't get rid of this... but Surf does!

SURF CLEAN! Even without rinsing Surf removes every last trace of dirt, grease (and suds)... every trace of odour, too! That's why it gets your clothes so white, so bright... so soft... so wonderfully sweet to smell!



If it's Surf-clean, it's really clean...EVEN WITHOUT RINSING

-Needlecraft-

FOR THE HOME

EASY TO MAKE

Never underestimate the charm of the brunch coat. This one, generously wrapped, can serve as a coat dress to take you to market. In fact, the pattern provides a longer sleeve for those who wish it. No. 2031 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42 and 44. Size 18 requires 4 1/2 yards 35-inch, 3 1/2 yards 42 inch.

Send 25 cents for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

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alice crosswise. Cook closely covered, in a small amount of boiling, salted water until tender. Drain and keep hot. Melt butter, add flour, salt, pepper, mustard and curry powder. Slowly add liquid, stirring constantly until thickened. Place drained carrots in a serving dish and cover with the hot sauce. Yield: six servings.

2031
SIZES
44

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