

Women

Leona Caroline McLure, Women's Editor, Phone 5266

6 The Guardian, Charlottetown, Fri., Feb. 13, 1959

HAPPENINGS

Mr. and Mrs. R. C. Parent will be entertaining on Valentine night, (Saturday) at their lovely home "Ravenwood" at a formal dance.

Mrs. Harper MacNeill, Charlottetown, returned Wednesday evening after spending a pleasant vacation in Fort Lauderdale, Florida, where she visited Mrs. Nita MacDonald. Accompanying Mrs. MacNeill to the sunshine state was Mrs. J. E. Fraser, Montague, who will spend three months visiting with her son-in-law and daughter, Mr. and Mrs. Joe Storey.

The R.C.A.F. Association No. 201 Confederation Wing, Charlottetown, will be entertaining on Saturday evening for members, wives and lady friends at a special Valentine dance. Novelty dances will be of great excitement for those attending. Lunch will be served by the Ladies Auxiliary. The music will be under the direction of Art Cantwell and his Mariners.

Members of the Curling Club, Charlottetown, along with wives and lady friends will be entertained on Saturday evening at a Valentine dance. Lunch will be served. The orchestra will be Harold MacRae and his Mellowaires. Novelty dances will be held and prizes will be given.

A social evening was held in Boyne Lodge recreation room on Saturday evening, January 31st. There was a good attendance of members present from Memorial L. O. B. A. Crystal Chapter, Juvenile Lodge, Orange Young Britons and Charlottetown Royal Black Preceptory.

The program consisted of contests, singing, dancing and Miss Ruth Ross with her students displayed some very fine Scottish dances. Mr. Sheldon Ross and Mr. Norman Birt favored the gathering with some fine selections on the violin. A delicious lunch was served by the Orange Young Britons and all agreed a similar gathering would be held in the near future. The meeting closed with the Queen.

The Main Base Naval Veterans' Association entertained recently at a Valentine dance in

CLYDE RIVER W.I.

The regular monthly meeting of the Clyde River W.I. met at the home of Mrs. Eric and Mrs. Heber MacPhail, New Haven, on February 2nd. The meeting was opened by singing the Ode, followed by the Mary Stuart collect. Roll call was answered by eleven members. The minutes of the last meeting were read and approved. The Treasurer reported a balance of \$53.93 on hand. All bills were handed in and paid. It was moved by Mrs. John Gillespie and seconded by Mrs. John Beer that we send five dollars to the March of Dimes and five dollars for Multiple Sclerosis for this year. The sick committee reported sending cards to the sick. Thank you cards were received and read from those who were remembered at Christmas. Mrs. John Gillespie thanked members for remembering Mrs. George Gillespie at Christmas.

It was decided to have Mr. Harry Cudmore come to the hall to show slides on safety, which will be followed by a Bazaar and lunch sale. Mrs. Lorne Macnevin was asked to write to Eaton's and Simpsons for remnants. Mrs. John Beer, Mrs. R. D. Matheson and Mrs. Warren MacKinnon were remembered in the usual way for their work in the past year. A discussion took place in regard to sending for blankets. This was left for the next meeting. Roll call will be answered at the next meeting with a card. The next meeting will be held at the home of Mrs. R. D. Matheson. Lunch committee will be: Sandwitches, Sadie and Phoebe: Sweets, Hazel and Patty.

The collection for the evening amounted to \$1.10. As there was no further business, the meeting closed with God save the Queen. Lunch was served by the hostess and committee in charge, after which a social hour was enjoyed. Mr. Eric MacPhail showed slides.

CAPE TRAVERSE W.M.S.

The Auxiliary of the Woman's Missionary Society of Cape Traverse United Church held its meeting at the home of Mrs. Avalah MacCallum, Thursday afternoon February 5th. The president, Mrs. Hedley Lowther presided and led the call to worship theme "Race Prejudice Exposed". The opening hymn "These Things Shall Be," followed by prayer by the

lemon - flavored gelatin according to pkg. directions, but use ½ c. unsweetened grape juice instead of ½ c. of cold water. Chill until syrupy. Stir in 1½ c. seeded halved tokay grapes. Refrigerate 4 hrs. Garnish with sweetened whipped cream.

THE CHEF FRIES SQUASH Peel and cut winter squash into strips 2 in. x ¼ in. Roll in seasoned crumbs; saute in corn oil until fork - tender and golden.

their club rooms. The music supplied for this occasion was by Art Cantwell and his Mariners. A lovely lunch was served by the Ladies Auxiliary. Prizes and novelty dances caused great deal of merriment for those present.

We don't dislike children and have, on occasion, "baby - sat" for friends and relatives. But we do breathe a sigh of genuine relief when it's over. I have never been able to understand women making such sacrifice of freedom, in order to satisfy their ego with an image of themselves.

Tea is being rediscovered since students have found out that it is the beverage chosen by athletes and sportsmen to keep themselves in top condition. It is reported that students spend a good many of their free periods drinking tea, and it has become a glamorous drink. At parties and meetings students like to serve tea in tall mugs or smart Russian - style glasses with metal holders. They add a dash of spice and a slice of citrus fruit for flavour. A current favourite is tea with lemon.

For individuals who like to experiment there are many other varieties of teas all as exotic and delectable as each other. For instance try a delicious treat: "tea with orange" - just float a thin slice of orange on top of the tea, or a hearty drink "cinnamon tea" - serve hot tea with a cinnamon stick as a muddler. If you should fancy "minted tea" simply place a sprig of mint in the cup or mug before pouring. And to make delicious "spiced tea" - serve hot tea with a slice of lemon stuck with a few cloves and a cinnamon stick. A truly cool delight "tea on the rocks" is prepared by pouring double strength tea over ice cubes, flavouring it with a wedge of lemon and sugar to taste.

Of course, the basis to all these fancy teas is a good brew, prepared in a pot using tea of a good quality in proportion of 1 teabag for every two cups or 1 tsp. of loose tea per cup plus one for the pot. Use fresh bubbly boiling water and brew for 5 minutes to allow the full tea flavour and body to come through.

Next time the gang drops in, be in style and serve delicious hot tea with lemon. All your friends will pick up this fast quickly - you'll see.

president. Organist was Mrs. John Haslam. Scripture reading was taken from Ruth 1: 1-8, 14-17 and was read by Mrs. Alfred Norring. Comment was read by Mrs. Hawe, followed by prayer by Mrs. Harry Muttart, after which an interesting discussion period in which several members took part.

The Study period was led by the president. The three parts were well presented. Mrs. Wilbur Cairns for the W.M.S. Mrs. Ralph MacCaul for Home Missions and Mrs. John Haslam for Evangelism and Social Service.

The business part of the meeting followed. Mrs. Boyd Lowther, the recording secretary called the roll. Fifteen members and two visitors present were welcomed. Three thank you notes were read one for kindness shown for bereavement. The other two for kindness shown during illness and hospitalization.

Offering and annual members fees were received, also a special offering was given for the Temperance Federation. Mrs. Hedley Muttart, Community Friendship Secretary's report for the month is 88 sympathy and get well cards and letters sent; 7 hospital calls, 44 sick or shut-in calls and 17 treats sent. The March meeting will be held at the home of Mrs. Harry Muttart.

Plans were made for the "World Day of Prayer" service Feb. 13th. An invitation extended from the Cape Traverse Auxiliary and C.G.I.T. group to the Borden Auxiliary and C.G.I.T. groups has been accepted for a united service that evening. Benediction by the president closed the meeting.

NORTHERN WHALE

The beluga or white whale of the Hudson St. may weigh as much as two tons.



Our baked goods are The best in sight Why don't you take Some home tonight?

VALENTINE CAKES PARTY COOKIES Pastries - Cookies - Rolls Doughnuts - Cakes, etc. Home Made Bread.

MAPLE LEAF BAKERY Delivery Dial #452

MARY HAWORTH

Married 13 Years And Just As Happy With No Children

Dear Mary Haworth: Do you think there is something "wrong" with couples who don't desire children?

My husband and I have been married 13 years and are perfectly content with one another. We still have the same sort of fun sharing our time together as we did while courting.

We don't dislike children and have, on occasion, "baby - sat" for friends and relatives. But we do breathe a sigh of genuine relief when it's over.

I have never been able to understand women making such sacrifice of freedom, in order to satisfy their ego with an image of themselves.

The reason I wonder whether or not I am normal is because people look at me with such pity

when I say I don't have and don't want children. Please comment. Sincerely, Q.S.

WEARING CHIFF?

Dear Q. S.: Not many people are going to quarrel with your preference for a childless marriage, so long as you are nicely reserved about your strictly personal business and private choice in the matter.

But good-hearted folk are likely to feel shocked by your scant courtesy to the children of the human family, when you flatter (tell the world that you have no offspring and don't want any).

Maybe the pity you see in faces signifies concern at your jolting lack of femininity, on the score of fact—and a sympathetic suspicion that perhaps "the lady

doth protest too much."

AIMS AT REPRODUCTION

People may think you are talking tough, to hide an unconscious sense of inferiority as compared to maternal women; and they may wish you wouldn't emphasize your childless state, if it bothers you.

As to whether there is something wrong with married couples who don't desire children, I suppose there is, biologically—since the natural function of matehood is to propagate the species, to create more life in its own image. Marriage would seem to be an aborted sort of experience, if it fails to fulfill its primary purpose.

Your chosen pattern of marriage (if chosen it is; not a camouflage of sterility) is on the childish level of playing house. It is not a serious investment in the fate, fortune, problems and responsibilities of the human race perpetuating itself—which is the substance of real "marriedness."

LEADS TO LIFE

You say you've never been able to understand women's sac-

rifices of freedom, to satisfy their ego with motherhood. As to that, most women who have children do so not in a selective, satisfaction-seeking spirit, but rather, acceptingly—taking what life offers.

On point of sacrifice, however, scriptures tell us that only he who loses his life shall find it. Meaning, I think, that only he who surrenders his imperious impulse to run the show in terms of his own comfort, and becomes a yielded obedient servant to life-as-a-whole, enters into "fullness of joy," and a sense of being alive in eternity now.

If you haven't explored this experience yet, it is hardly to be expected that you would compre-

hend the compensations known to those who are deeply committed—M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

OLDEST STAMPS

The first adhesive postage stamps were the British penny black and twopenny blue, issued in 1840.

Best for Baby's Coughs

Specially formulated for babies! Breaks up phlegm—eases wheezing

DEVELOPING Your Films for 29 Years In Today—Out Tomorrow GARNHUR PHOTO STUDIO 135 Kent St. Ch'town.

MRS. JOHANNE MCKEE

Home Economist To Visit On Prince Edward Island

Great interest is being shown in the fish cookery school which begins February 17th, in Prince Edward Island. Mrs. Johanne Zwicker McKee, Consumer Service; Department of Fisheries will present several demonstrations to public and private groups from February 17th, to 26th. The program of meetings is being arranged by the Prince Edward Island Home Economics Association.

On February 19th, the Home Economics Association will sponsor the demonstration to be held at the Vocational School. This meeting is scheduled to begin at

7.30 p.m. Another meeting is arranged for February 20th, at 7.30 p.m. and will be of particular interest to the members of the Innkeepers Association, Institutional workers, and members of the Canadian Association of Consumers. This demonstration will also take place at the Vocational School on February 23rd. Mrs. McKee will be at Parkdale W.I. Hall at 8 p.m. to present demonstrations to the Parkdale members, and other Institute members from the surrounding areas. Other demonstrations will be held at high schools in Charlottetown and Summerside.

ELLEN'S DIARY

Jamie Decides He Would Never Make A Gardener

"I've just been reading," Jamie offered a while ago in the old armchair "where some man - a Japanese - Canadian as it happens, has been experimenting with growing rice. Up in Ontario with growing rice. Up in Ontario dry land cultivation. It actually requires some water - would be the better of irrigation."

"Well, the year before last he had some success with the small amount he sowed. Last year however, he sowed a dry cold season there, and they didn't do too well. But he saved seed for this year, and it will likely tell whether or not it has prospects as a cash crop... He also tried red Japanese beans, of a kind used in candy, soups and flavoring. He got a good yield of these and a good price too. I'm thinking, Ellen," he commented, "Island farmers will have to turn to other crops in place of seed potatoes. It appears that they have had their heyday... Of course we never know."

dered rising, "did I put my cap?"

"Blackie," the old dog uttered a pleased yelp and turned expectantly toward the door.

"Yes," Jamie smiled to him, "we'd better go and have a look in the stables! If the young lad hasn't attended to it—though I reckon he has—there's a window or two there needs closing. I have a notion it will turn colder in the night."

It is a pretty night, more engaging even than last night so lovely. Then there was the bareness of Fall. Now in the yardlights every twig and branch, every wire, is moulded lightly with the snow which in great feathery damp flakes drifted down so gently at times today. We saw it fall and settle, covering the drab of bare fields and yards and were somewhat regretful so clean the outdoors had been.

Then remembered the farmers delayed in their woods' work, unable of late to yard the lengths of fuel-wood from the scene of the cutting to that of the sawing, because of lack of snow for the horsedrawn sleighs. Now at Alderlea, the wood - harvesting stands to be continued. More sticks yarded... more sawing in an earnest of steaming kettles for the cooks even into a new year ahead.

"What month do women talk the least?" one of the males of the family queried with a teasing smile today.

"Why, February, of course!" we heard a cook reply with a chuckle.

Until-tomorrow - Diary - Good-night.

ELLEN'S DIARY

Dinner Can Be Spoiled With Over-Salted Food

WHAT is "good taste" in food? It must appeal to the discriminating palate, yes, but basically it means food that tastes good in itself, in its natural flavor, without the need of excessive seasoning.

For the past several years, many new processed foods have come into vogue, among them foods that are over-salted.

Why are many processed foods so salty?

THE ANSWER. In some cases, such as bouillon cubes, instant bouillon and granules and powdered soup-stock bases, it is because the processor uses an unnecessary amount of salt.

When using any of these products in place of soup stock to prepare entrees, omit all other salt from the dish being prepared. Remember, once in, salt cannot be taken out. Taste-test when put together and correct seasoning if necessary. If used as plain bouillon, which proves too salty, add a little more water. With many doctors advising a lower salt diet, why take too much salt?

is being used or combined should be under-salted to bring about a seasoning balance.

If you buy an over-salted can of meat hash or some other prepared entree, try another brand next time. Meanwhile, what to do with the over-salted canned meat or entree?

Use imagination and make it into a tasty stew by adding cooked unsalted potatoes, rice, spaghetti or and cooked unsalted fresh vegetables to absorb and extend excess salt.

SPEAK UP! If you find a processed food over-salted, tell the market manager or drop a postcard to the manufacturer. Food processors want to please the public. If you don't voice your opinion, how can they know your reaction?

Tomorrow's Dinner: Mine-Strone Grated Cheese, Baked Hash Creole, Toasted Split Rolls, Fried Winter Squash, Jellyed Grapes, Coffee, Tea, Milk. All Measurements are level.

Baked Hash Creole: Oil a 10 inch pie plate. Press in the contents 2 (1 lb.) cans not over-salt corned beef hash. Top with 1½ c. mashed steamed canned tomato already seasoned with celery, green pepper and onion. Dot with 1 tbsp. butter or margarine cut in bits.

Bake 30 min. at 350. deg. F., then slip under broiler 5 min. to brown.

Jellyed Grapes: Prepare 1 box

EATON'S Spotlight Sale

Canada's Shopping Centre

Stationery, Men's Furnishings

THREE DAYS - SATURDAY, MONDAY, TUESDAY, FEBRUARY 14, 16, 17

FILING CABINETS
Four-drawer cabinet of sheet metal with one piece sides and back for extra rigidity. Size approx. 52 x 17 x 15". Grey or green finish. Roll-bearing drawers.
EATON SPOTLIGHT SALE
Each **49.95**

TYPEWRITER TABLES
Sturdy metal typewriter table with open side walls. Approx. 30" high, table surface approx. 20 x 14". Baked enamel finish in grey or green.
EATON SPOTLIGHT SALE
Each **8.88**

SECURITY BOXES
Fire-resistant with an asbestos interlining between two layers of heavy gauge cold rolled steel. Solid fire-resistant locks and 2 keys, carrying handle.
EATON SPOTLIGHT SALE
Each **8.95**

MEN'S NO-IRON PYJAMAS
Just wear, no care, so easy to launder, wash and drip dry. Made from cotton pique, a cotton material with a crepe-like appearance. Top is button front style with lapel collar, bottoms have drawing at waist. An assortment of fancy stripes from which to choose. Sizes 36 to 44.
Eaton Spotlight Sale, Pair **3.95**

Budget Plan Terms And Budget Coupons

NO DOWN PAYMENT

For a Limited Time

T. EATON CO.

Men's "No-Iron" Shorts

Men's elastic waist boxer shorts, sanforized cotton broadcloth in assorted stripe patterns. Well tailored with a full cut seat and wide legs. Stock up now at this real money saving price. Sizes small, medium and large.
Eaton Spotlight Sale, Pair **1.00**

EATON'S SATURDAY 2 P.M. SPECIALS

ON SALE AT 2 P.M. SATURDAY REMAIN ON SALE WHILE QUANTITIES LAST. NO PHONE OR MAIL ORDERS, PLEASE!

<p>WAXED PAPER 200-foot roll of good quality wax paper. 2 P.M. Special, roll 50c</p>	<p>SEWING AIDS Book containing snaps, hooks and eyes, pins, needles. 2 P.M. Special, set 30c</p>	<p>PLASTIC PLANTERS With separate saucer base. Colours red, blue, green, yellow. 2 P.M. Special, 2 for 49c</p>	<p>BLOUSE AND SKIRT HANGER Chrome plated, excellent for wash and wear articles. 2 P.M. Special, 3 for 1.00</p>
<p>EMU KNITTING YARN Approximately 1-ounce balls, 3-ply Botany, colours white, green, sand, grey, brown, navy. 2 P.M. Special, 4 balls 1.00</p>	<p>SOCK AND SWEATER YARN 3-ply, approximately 1-ounce balls, shrink proof, nylon reinforced. 2 P.M. Special, 3 balls 1.00</p>	<p>MEN'S JACKETS An assortment of Suburban, Car Coats and Clicker Coats. Broken sizes. Greatly reduced. 2 P.M. Special, each 12.99</p>	<p>BOYS' JACKETS Horseshoe and suede (leather) jackets, knit trim, colours Tan and Black in horseshoe. Brown and navy in suede. Sizes 8 to 18. 2 P.M. Special, each 10.95</p>
<p>MEN'S CURLING BOOTS Clearance of Men's Hi-Quality Curling Boots, Fully lined with shearing uppers of pliable full-grain brown elk (trade name) leather. Strong soles and heels with ground-gripping bar tread. Sizes 6, 6½, 7, 7½, 8, 8½, 10, 10½, 11. 2 P.M. Special, pair 10.95</p>	<p>BOYS' OVERCOATS 30 All Wool Overcoats. Colours Navy, Brown, and Powder Blue. Sizes 30 to 36. Regular 19.95 to 31.95. 2 P.M. Special, each 4.99</p>	<p>CHILDREN'S RUBBER BOOTS Gaily patterned tops featuring hard-dripping cowboy with whirling lariat decorate these attractive brown moulded rubber boots. Comfortable cotton pile lining to give snug warmth. Sturdy rubber soles and heels. Sizes 4 to 12. 2 P.M. Special, pair 1.98</p>	<p>CLEARANCE CHILDREN'S OVERSHOES Pull-on Overboots. Brown rubber. Warm fleeced lining, with Shearling cuff. Adjustable strap for snug fit around legs. Sizes 5, 7, 8, 9, 10 and 11. 2 P.M. Special, pair 2.99</p>
<p>CHENILLE BED SPREADS A broken assortment of heavy quality spreads, full bed size. Colours in the lot, white, green, gold. 2 P.M. Special, each 7.95</p>	<p>COTTON PILLOW CASES In Floral designs, cotton pillow cases. Size about 42 x 33". 2 P.M. Special, pair 89c</p>	<p>SANI-CAN Jumbo size, aluminium liner, chrome top, recessed foot pedal. 2 P.M. Special, each 5.99</p>	<p>FRY PANS Set of three fry pans. Cool type handles. Sizes 6", 7½", and 9". 2 P.M. Special, set 1.25</p>
<p>FELTALL LINOLEUM Two yards wide. Heavy enamel surface in block and floral patterns. Green, beige, grey, charcoal. 2 P.M. Special, 1/2 sheet yard 99c</p>	<p>SEMI-ANNUAL SALE ENDS SATURDAY, FEB. 14</p> <h2>NO DOWN PAYMENT</h2> <p>ON BUDGET PLAN TERMS AND BUDGET COUPONS</p>		<p>OPEN SATURDAY</p> <h2>9 a.m. to 5:45 p.m.</h2> <p>T. EATON CO. CHARLOTTETOWN BRANCH</p>