

STAY ALIVE LONGER!

Selfish Wives Cause Of Death

By LeRoy Kordel
Installment Twelve

James Carter was a considerate husband. He served his wife breakfast in bed and tried to fit into her Prince Charming pattern by making enough money to supply her greed for material things. Before they were financially able, she insisted that they buy a home which required domestic help as well as high payments.

Jim's physical condition became such that he couldn't handle the pressure of his job. When staff cuts were made he was found expendable by his employer.

Out of work, weighed down by the upkeep of his family and the expensive home, Jim took two jobs working one at night and the other during the day. Then, to make up for having to let the maid go, Jim helped out at home.

Succeeding attacks of acute indigestion finally sent Jim to the doctor. He was told that his heart strain and blood pressure were reaching the dangerous stage.

"It's suicide for you to go on this way" was the verdict. Knowing something of Jim's difficulties with his wife, the doctor insisted on warning her as well.

"The doctor's probably an old crank," Jim reassured his wife. "I'm as strong as I ever was." And he increased his schedule to prove it to her.

One night he came home and barely made it to the door—where he dropped dead of a heart attack. His wife became a widow at thirty-five.

"A WOMAN'S WORK..." Life insurance statistics reveal that thousands of men die before their time—men who could have been saved if their wives had taken their responsibilities more seriously! Marriage was designed to give the woman the responsibility for the well-being of her husband and children.

Wives have increased their own widowhood expectancy. By 1975, women sixty-five and over will outnumber men 3 to 2. The gap between the life expectancy of a man and that of a woman has doubled in the last twenty-five years. Practically everything today kills more men than it does women.

The American man is particularly sensitive regarding his ability to "take it."

They go to such lengths to demonstrate their hair-on-the-chest masculinity that they destroy themselves in the process. "Live dangerously!" That philosophy has captured the public's imagination. Follow such foolhardy advice and tragedy results. Instead: "Live sensibly, moderately, leisurely—and long!"

Women have learned to take better care of themselves, than formerly, but they haven't yet learned to take better care of their men.

Dr. Benjamin D. Paul, of Harvard University, has graphically described how American women are incubating an epidemic of ul-

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cers, among their men. He blames social climbing—keeping up with the Joneses—for the ulcer-breeding male anxiety. Women drive their husbands into nervous disorders and chronic disease by their female lust for luxuries.

Wives must face the truth and their responsibilities therein? husbands are dying four times as fast as wives.

WHAT'S TO BE DONE?
When a man seeks his soft or hammock on weekends, he is dangerously tired. He is being driven into premature aging by the demands of his ignorant or neglectful wife. With encouragement and help from his wife the average man can reach his retirement age without being five

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to ten years older than he needs to be.

It's the wife who sends her husband away from home in the morning unhappy, tense, and accident-prone, to function so badly that he may be killed or injured in an accident.

The nagging wife, the demanding wife, kills her husband just a little bit every day. The clinging-vine wife burdens her husband with responsibilities and restrains him from ever risking achievement.

At the time when a man needs his wife the most, she is often so busy being a mother that she's forgotten how to be a wife. She even causes her husband to

lose respect in the eyes of the children.

How many couples learn to share the things they love, rather than quarrel about the things they hate? If a wife quarrels with her husband and is tempted to hurl bitter, scornful words at him, she would be wise to remember the advice of a famous psychiatrist to an angry wife: "Don't nurse your wounds. Nurse his. Forget the bitterness, and remember the times he got up with the children at night, his concern and tenderness when you were sick. Think of his struggles, his disappointments and you'll forget your own."

Mrs. Walter Ferguson wrote in the New York World Telegram:

"We hear that scientists are working to see if they can find out what is killing off so many men in the prime of life. That's a real easy one. It's the women. We aren't doing it on purpose, of course. We love our men and are worried about their shortened life span. But we also love having mink coats, air-conditioned cars, large houses with lovely gardens, stylish clothes and all the latest gadgets for the kitchen. It's killing the men to supply them. The pressure of getting 'things' for their women and gratifying their own material wants puts them in a rat race."

American women, with their demands, encourage their men to kill themselves. And that's what it is—deliberate, unnecessary suicide, just as surely as if each man put a gun to his heart and pulled the trigger.

It's time to do something about it. We must stop this lopsided increase in longevity. You wives must decide whether you'd rather keep your husband—or keep up with the Joneses. Besides dedicating herself to the necessity of watching over her husband's health, a wife should make his home life more fun. Don't burden him with all the neighborhood backbiting. Give him a chance to unload his problems. Be sure that his activity is balanced with plenty of rest. Make him feel important. This should be a wife's hobby... and her greatest happiness.

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(Tomorrow: Lucrezia Borgia of the Skillet—Thousands of wives may be killing off their husbands right now—with the deceptively innocent poison of "good cooking.")
When storing garden tools for the winter, wrap those with sharp edges or teeth and hang them by the head on the wall.

Kensington YPU Holds Meeting

KENSINGTON — The regular meeting of the Kensington Presbyterian Young People was held in the church hall on Monday evening.
Elmer MacDonald led devotions and eight members answered roll call and one new member was welcomed. New roll call is to be answered with a verse of Scripture. Layton Huestis has charge of devotions and Donald MacLeod is on program. Elmer MacDonald and Donald MacLeod are on lunch for the next meeting.

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