

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506
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HAPPENINGS

Mrs. Arthur Affleck who has been in Toronto a month visiting her daughter, Mrs. Byron Farquharson, Mr. Farquharson and family will be remaining there for the holiday season. Mr. W. C. Ross and his daughter, Miss Elizabeth Ross will be with Mrs. Affleck and the Farquharsons for Christmas.

Miss Nan Shaw of the Royal Conservatory, Toronto, is visiting her parents, Mr. and Mrs. D. R. H. Shaw, Weymouth Street.

Mr. and Mrs. G. E. Ritchie have as their guest for the Christmas season, Mrs. J. E. McLarty of Woodville, Ontario. Mrs. McLarty was the former Miss Olive Ritchie.

Mr. Gerald Mallett of Toronto, is spending the Christmas holidays as the guest of his sisters, Mrs. F. A. MacMillan and Mrs. L. I. Duffy.

LET'S EAT

Parmigiano Finish Adds Protein To Vegetables

By IDA BAILEY ALLEN
When we visit supermarkets in different sections of the country, I observed the Chef. "I am much interested in the contents of the refrigerated cheese cases. In some places I have seen as many as twenty varieties of cheese. And guess who the most interested customers seem to be? The men! They are becoming real gourmets and often select the most domestic or imported dinner or dessert cheeses.

"One supermarket manager told me the cheese of the most interest to the ladies shopping in his market was Mozzarella. I suppose that is because it is used in preparing many Italian dishes and homemakers are now much interested in Italian cooking."

"However, Chef," I replied, "Mozzarella cheese cannot always be obtained, so the combination of creamed cottage cheese with a little grated Parmesan to step up the flavor, that we developed here in the Taste-Test Kitchen. It adds a real Parmigiano taste, makes a fine finish to many dishes and is easy to use."

"Par example, half a baked halibut, not peeled, tomatoes, steam-boiled thick slices of large onions; bake in fried sliced, not peeled, egg plant or thick slices of little Idaho potatoes. About 10 minutes before the vegetable should be cooked, spread with thick creamed cottage cheese, dust over with the amount of grated Parmesan and continue to bake or boil until the cheese topping bubbles and is very lightly browned."

Tomorrow's Dinner: Pineapple juice; lemon wedge; veal cutlet; Parmigiano, whipped potato; asparagus tips on toast; apple sauce and/or sponcakake; coffee, tea or milk.

All measurements are level. Recipes proportioned to serve 4 to 6.

Veal Cutlet Parmigiano: Cut 1-1/2 lbs. veal cutlet sliced 1/2 inch into serving portions.

Beat 2 eggs. Add 1 tsp. salt, 1/2 tsp. monosodium glutamate and 1/4 tsp. pepper. Dip the cutlets in this, then in fine dry bread crumbs.

Pan-fry in heated olive oil or salad oil until golden brown, about 5 min. on each side.

Place in an oiled loaf baking dish that can go to table. Pour over 2 (8 oz.) cans tomato sauce basil. Top with thin slices Mozzarella cheese (or use 8 oz. creamed cottage cheese). Fish with 1/2 c. grated Parmesan.

Bake 15 min. in a moderate oven, 325 degrees F. or until the cheese browns slightly.

This can be prepared in advance ready to heat-brown and serve later.

Trick of the Chef: When seasoning canned or cooked frozen asparagus tips, add a few grains nutmeg to the melted butter.

Campbell - Murphy Wedding Solemnized At St. James

A very pretty wedding took place at St. James Catholic Church, Summerfield, on Wednesday, November 14th, at 9 a.m. when Mary Burnett, daughter of Mr. and Mrs. Francis B. Murphy, Norboro, became the bride of David William, only son of Mr. and Mrs. David R. Campbell, Irishtown.

The ceremony was performed by Rev. Eugene L. Murray P.P. who also celebrated the Nuptial Mass.

The charming young bride was given in marriage by her father. She looked lovely in a ballerina length gown of white nylon net over satin with a matching lace bolero. It had sleeves which tapered to points over the hands. She wore blue nylon gloves. Her veil was fingertip length of tulle illusion, held in place by a coronet of pearl prayer carried a number of the groom. Her corsage was of white carnations. Blue brocaded slippers completed her costume.

The bride was attended by Mary Campbell, sister of the groom. She wore a ballerina length gown of white nylon net over satin with a matching lace bolero. She wore a pink hat covered with rhinestones. Her slippers were white. She also carried a white prayer book.

The groom was attended by Earle Murphy, brother of the bride.

The bride's gift to the groom was a Sterling silver cigarette case and to the bridesmaid silver pinstone earrings. The groom's gift to the bride was a diamond ring.

The bride's mother chose for her daughter's wedding a Royal blue nylon lace dress over taffeta with nylon accessories. Her corsage was white roses.

The wedding breakfast was held at the home of the bride for the immediate families. The table was centered with a beautifully decorated wedding cake, topped with a miniature bride and groom. The cake was flanked with tall candles in cut glass holders.

Rev. Eugene L. Murray gave a few congratulatory remarks to the young couple and their parents. He also proposed a toast to the bride. This was fittingly responded to by the groom. Those who served at the breakfast were: William Gullis, Graham's Road; Mrs. Per-Gillis, Graham's Road; Mrs. Per-Gillis, Kensington; Mrs. J. Emmet Power, Misouchoe; Mrs. J. Emmet Power, Misouchoe; after an enjoyable afternoon of music, song and dancing, the young couple left on a motor trip through the Maritimes. For traveling the bride wore a navy blue flecked bouffant suit with pink accessories. Upon their return the young couple will reside in Irishtown.

KEEP IN TRIM Penny A Pound Fee Charged

By IDA JEAN KAIN
The friendly rivalry that exists in reducing clubs acts as a spirited challenge to reducers. To add to the fun, a club in Maine pays monthly cash dividends, based on pounds lost. Here is a progress report from the club.

Early in April we started with a club of six, but at the second meeting thirteen women attended. We're mostly housewives in our early thirties. A retired lady doctor attends our meetings and helps to keep our minds on losing weight. Some of our members are so much overweight, they prefer no one to know their actual weight, so our doctor weighs everybody in and keeps the weight confidential.

"We had to stop meetings in August because of the harvesting to be done, but we resumed meetings early in November. Our best member lost 30 pounds. I lost 10 to 15 pounds. We plan to have a graduation ceremony as each of us reaches normal weight—but as yet, no one has graduated.

"When we started the club, we each paid one penny for every pound we were overweight. At the end of each month we got paid back for what we lost. It's sad when you can't earn enough to jingle.

"The club as a unit used one meeting to clean the parsonage of our church. Another time we painted a kitchen. We've had several household cleaning offers!

LOOK TO FUTURE

"We haven't been stressing exercise, but plan to now. What can we serve for refreshments at our meetings? And while this is looking into the future, we've been wondering about what we can do when we have reached ideal weight. We enjoy the club so much, we hate to disband."

That wonderful spirit of camaraderie reflected in this letter is typical of reducing clubs. The prevailing attitude: "We're all in the same boat so let's do something about it!" is back of the sincere desire of members to help each other.

Now to answer some of the questions raised. It is important to include exercise so as to prevent flabbiness. To start right, invite the exercise instructor from the "Y" or the local school. Some clubs participate in group bowling, square dancing and swimming.

Refreshments need not be high in calories. Have hot cocoa made with skim milk and sweetener, or hot coffee or tea and one of the low calorie puddings on the market, such as D-zerta, for 12 calories.

On the triumphant day when you reach normal weight, make your goal keeping slim, for that is the real test. You can help each other there, too.

HOUSEHOLD HINT

Protect your ironing board from colored clothes that are not colorfast by putting an extra muslin cloth over the board.

FACT-FINDING BOARD
WASHINGTON (AP) — President Eisenhower Saturday set up a fact finding board to investigate a dispute between the Brotherhood of Railroad Trainmen and the major United States rail lines. The action automatically postpones any strike action for 60 days.

MARY HAWORTH AND BIDEFORD ELLERSLIE

Daughter's Pal Eyes Father

Dear Mary Haworth: I am a wife and mother in middle age; and difficultly have my children are married and gone from home, and a lifelong friend of our younger daughter has made a pass at my husband.

This young woman—I'll call her Janet—has been as much rival as friend to her father. She seemed always to create rivalry, and often was envious. She always has admired my husband because (I think) he is so different from her father. My husband is kind, generous and considerate and her father was noisy, stingy and domineering.

This recent episode has grieved me greatly. It happens at a crucial time in our lives, when neither my husband nor I are very well; and when I, especially, am at a difficult age. Janet's interest has flattered me, but my husband, but he tells me there's nothing to it, so far as he is concerned. Yet I've seen his preoccupied, worried looks.

I didn't handle the situation wisely. I was frank and open as friend and just emphasized it. If I had been smart enough to beat around the bush, it mightn't have become such a monster; but I couldn't see to hold all that trouble inside me.

Now the holidays are approaching and my husband and her husband will be visiting us; and I expect Janet will seize that opportunity to visit us, maybe repeatedly. She's unwelcome in my home at present—since we've made such an issue of her behavior, so how can I get on with her? What should I say when she appears?

I've tried to show her that she should stay away and I am pretty sure she understood, but I find she has a rather thick skin. Please advise me soon. The letter is a sizeable element of the problem stems from your "difficult age"—by which you refer to the climacteric, I assume. During the involuntarily phase, it isn't uncommon for wives to become jealous, anxious and suspicious of other husbands due to general letdown in morale, and to specific fear that their own sex appeal is expiring.

A further source of dismay is your husband's transparent vulnerability to Janet's play for interest. This susceptibility on his part is due (like your fear) to his latterday secret surmise that he's slipping too, on the score of sex appeal. Because of this private missing, he is touchingly grateful for Janet's piratical attentions, which counteract his self-confidence.

MAN'S NOSTALGIC

No doubt it's true that Janet herself means nothing to him. His response is to what she symbolizes, namely: Youth attracted to him. You've been married for 20 years. It's his willful preoccupation, since Janet became an issue, he isn't daydreaming of her in a loveless vein, so much as he is mourning his vanished youth, and reviewing it in members of his kind, well-to-do, well-to-do, with nostalgic pining—wafers of his life, which are (1) the alighting atmosphere that envelops your marriage, recently.

To sum up: Janet became a problem of monster proportions in your mind at a "crucial time," as you say, when you and your husband have both been well, and when you especially weren't at your best. In other words, the situation at home opened the door to trouble from outside. Well, obviously, then, the overall and long-term cure is to get your health, spirits and perspective in separate, sane, sensible, squelching Janet's inappropriateness.

As for how to act or what to say: I isn't it natural to warn your daughter that Janet isn't welcome and you don't want her encouraged to hang around, but Janet's behavior is a passing cause she's becoming a passes at dad and thus has caused a trouble that you deplore? 2. If Janet shows up, be curt and stay to the fore. Let her feel the chill of your attitude, as reminder of her mistake. Do and say what your mood suggests; don't be a quaking hypocrite. M.H.

Mary Haworth, M.H. is her column, not by mail or personal interview. Write her in care of this newspaper.

WELLINGTON

Mrs. Lily Arsenault was the recent guest of Mrs. Melvin Hutchinson and family.

Mrs. Edmund Melanson of Moncton, N.B., spent a few days visiting her mother, Mrs. Theodore L. Arsenault and family.

Mr. and Mrs. Ed. Silikier, spent the recent weekend with Mr. and Mrs. Sylvère Perry, and returned to Fredericton, N.B., where Mr. Silikier is employed.

Mrs. Napoleon Arsenault is visiting with her daughter-in-law, Mrs. Louise Arsenault and family of Mont Carmel.

Mr. Alyn Maddix recently entered Charlottetown Hospital for treatment.

Friends of Mrs. Fiedle Arsenault are pleased to see her home from Prince County Hospital where she was a patient.

His many friends regret to learn that Mr. Herman Ferguson of Charlottetown, was recently admitted to Prince County Hospital. All hope he will be out again soon.

Mr. and Mrs. Russell Bernard and family of Hunter, River were visitors here on Sunday, Dec. 16.

Mr. Wendell Ward arrived in Summerside on Friday, Dec. 15, from Goose Bay, Labrador, where he has been employed for past 4 months.

The death occurring in Sacred Heart Home, Charlottetown, recently of Mrs. Joseph B. Arsenault of Mont Carmel in her 76th year. Her husband predeceased her a few years ago.

Left to mourn are: 6 sons and 3 daughters: Augustin in Campbellton, N.B.; Alphonse, Germain, Clovis, Alfred in St. John, N.B.; George in Mont Carmel, Thebes (Mrs. Henry Gallant) Chelsea, Mass.; Bella (Mrs. Theodore Arsenault) Summerside; Julie (Mrs. Alyn Gallant) Saint John, N.B.

Funeral was held from the home of George to Mont Carmel church, where requiem high mass services were sung by Rev. J. L. Boute.

Pall bearers were five of her sons: Alphonse, Germain, Clovis, Alfred and George and son-in-law, Theodore Arsenault. B.M.

BURTON

Sincere sympathy of the community is extended to the bereaved relatives of the late Mr. Bernard Dalton of New York. Mr. Dalton was a former resident of Rossville, P. E. I.

Miss Francis Griffin, Glengarry, recently left for St. John, N. B. where she will be employed for the winter.

Friends of Mr. Edward Lidstone, Cape Wolfe, are sorry to learn of his illness and wish him a speedy and complete recovery.

Next month, it was decided to start the card parties after Christmas, the first to be held at the home of Mr. and Mrs. Ira Redmond on Monday night, January 7, 1957.

Mrs. Francis Kelly kindly invited the members to her home for the January meeting. Roll call to be, sing, say or pay. Collection amounted to 35 cents. The meeting then adjourned. During a pleasant social hour the hostess served a delicious lunch.

LAKE VERDE W. I.

Mrs. Raymond Wood entertained the members of the Lake Verde Women's Institute at her home for their regular meeting on Monday night, Dec. 17, 1956.

The meeting was opened in the usual manner by the vice-president, Mrs. Francis Kelly. Roll call was answered by seven members with an exchange of Christmas gifts. One new member was welcomed.

Money was voted for the children's Christmas treat. Mrs. Ivan Redmond and Mrs. Raymond Wood kindly offered to take charge of this item.

Bills amounting to \$12.50 were paid. One sick call was repeated. Mrs. Francis Kelly and Mrs. Ira Redmond were appointed for the

WIFE-PRESERVERS

To roast a leg of lamb, season with salt allowing about 1/2 teaspoon per pound of meat. Place the roast fat side up on a rack in an open roasting pan. Roast in 325 F. oven for 1 1/2 hours. A thermometer placed so the bulb is in the thickest muscle, should register 165 deg. F. internal temperature.

CHOU EN-LAI TO VISIT SOVIET UNION

By RO YESSOYAN
MOSCOW (AP) — Communist China's Premier Chou En-lai will visit the Soviet Union next month at the invitation of the Kremlin.

The invitation and its acceptance were announced here Sunday and in Peking. Both said the visit is aimed at "further strengthening the bonds of fraternal friendship and co-operation" between the Soviet Union and Communist China.

Chou now is visiting in Pakistan after a meeting with Indian Prime Minister Nehru in New Delhi.

Political Crisis In Indonesia

JAKARTA, Indonesia (AP)—The army strong man who has seized control over most of Sumatra called Sunday for a reunion of President Sukarno and Western-minded Mohamad Hatta, former vice-president, to help solve Indonesia's military-political crisis.

Engineer of a bloodless coup: covering the central and northern parts of the richest of the 3,000 Indonesian islands, Col. Maludin Simbolon asks the resignation of Premier Ali Sastroamidjojo's government in Jakarta.

The colonel, 37, Dutch-educated, is obviously an admirer of Hatta, 54, a Dutch-educated economist and former premier who resigned the vice-presidency recently to work with the People's Co-Operative Movement.

"President Sukarno and vice-president Hatta are the persons to be obeyed until the new cabinet is formed," Simbolon said in an interview in Medan, capital of North Sumatra.

SPLIT NOT WANTED

He denied he wants to split the republic, which won independence from the Dutch in 1949.

"Our breakup is only temporary," he said.

A basic difference between Sukarno and Hatta concerns the government structure.

Liner Delayed By Atlantic Gales

SAINT JOHN, N.B. (CP) — Delayed almost 48 hours by mid-Atlantic gales, the liner Empress of France docked here early Sunday with more than 500 passengers, including 123 Hungarian refugees.

A special boat-train was waiting to carry passengers to their destinations across the country. However, the Hungarians boarded "the Atlantic Limited," the regular train which leaves here for Montreal 9:30 p.m. Sunday.

Sixty-five of the refugees are scheduled to arrive in Ottawa Christmas Eve and the remainder will go to Toronto.

Among the passengers aboard the 20,000 ton vessel were a regular Ottawa resident, former commander of the Canadian brigade in Germany who has been attending the Imperial Defence College in London for a year and Hector Allard, who has been stationed at Geneva as Canadian permanent delegate to the United Nations.

Prince Charles Has Slight Cold

SANDRINGHAM, England (AP) — Prince Charles came down with a slight cold Sunday and did not accompany other members of the royal family to church.

The eight-year-old prince was kept indoors to ensure that he recovers fully to take part in the royal family's Christmas festivities.

Real Estate Profits Ruled Not Taxable

OTTAWA (CP) — A Beaufort, Que., businessman who made almost \$80,000 profit in real estate has successfully appealed against a revenue department ruling that his profit was taxable.

In a judgment made public Saturday, Justice Abbot, chairman of the income tax appeal board, upheld the appeal by Charles Edouard Grenier, furniture manufacturer, against taxation on \$77,830 profit made on sales of land between 1947 and 1951.

Mr. Monet said the land originally was purchased to centralize furniture, lumber and sawmill businesses owned by him and his brothers, Gerard and Alphonse. The plan to centralize the businesses fell through and Mr. Grenier subsequently sold the land.

The revenue department contended he bought the land intending to resell it to establish the centralized business with his brothers. This intention, the department argued, justified taxing the profit.

POLAR FLIGHT DELAYED

WINNIPEG (CP) — Plans of Transair Ltd. of Winnipeg to run chartered flights from here to Western Europe over the Arctic have been delayed indefinitely because of Distant Early Warning (DEW) line commitments, officials said Friday.

The company had hoped to make the first flight before Christmas but the DC4 aircraft that was to be used is tied up with work on the radar line.

British Lift Veil Of Secrecy Surrounding Five-Jet Plane

LONDON (AP)—British aviation engineers have lifted slightly the veil of secrecy around a five-jet plane combining fast forward speeds with the ability to take off and land vertically.

Newspapers Tuesday hailed the SC-1—SC stands for "Scramjet"—as putting Britain ahead of the United States and Russia in the race to develop jets that can operate from small airfields instead of mile-long runways.

The SC-1—SC stands for strange contraption—underwent its first taxing trials in Belfast Monday. Only one official photograph was released—carefully posed to show a minimum of detail.

Manufacturers of the Delta shaped plane, the Short Brothers and Harland Co., said two of the engines, pointing downward from the fuselage, are used to raise and lower the craft vertically. The three other engines propel it in level flight.

Ottawa Man Dies From Fire Effects

OTTAWA (CP)—Ernest Woods, 68, died in hospital Saturday from injuries suffered Friday when fire destroyed his west-side Ottawa apartment. He was rescued from the flames by firemen who carried him from a second-storey window. He suffered severe smoke poisoning.



FEATHER FLATTERY

The fine flattery of snowy this Flo-Raye version of the swan, snowy white feather wing evening hat picture, a boon to womankind, we opine. One of the prettiest delights of the season is on a simple white feather cap.

U. S. Taxpayers In Canada Now Have Full Time Expert Aid

By JACK VAN DUSEN
Canadian Press Staff Writer
OTTAWA (CP) — For the first time in history United States citizens living in Canada are aided by a full-time American expert in filing their U.S. income tax returns.

Harry O. Swanson who has spent 21 of his 42 years working in "practically every branch and phase" of the U.S. internal revenue department set up permanent headquarters in Ottawa last February.

He also travels across Canada helping U.S.-born Canadian residents and has a staff of part-time workers in major Canadian cities during the busy filing period from Feb. 1 to mid-April.

WANTS PROMPT AID

"When a taxpayer needs assistance he needs it now," Mr. Swanson said on his return from a tour of Western Canada. "It won't do him any good in six months."

"When a U.S. citizen gets a letter from Washington saying he owes \$900 he wants to know why and whether he's being treated fairly—and he wants to know as soon as possible."

There are an estimated 200,000 U.S. citizens living in Canada.

Part-time U.S. tax experts set up offices during the filing period in consulate offices at Quebec City, Montreal, Toronto, Ottawa, Winnipeg, Regina, Calgary, Edmonton and Vancouver. This year they handled 2,500 requests for information.

Mr. Swanson spends most of his time in Ottawa but if the number of requests from any given city warrants it he will travel anywhere in Canada to help U.S. taxpayers.

TWO-WAY CHECK

The U.S. taxes by citizenship as well as residence. U.S. citizens no matter where they live must file returns to the U.S. government if they earn more than \$600 a year.

Because of the reciprocal tax agreements between Canada and the U.S. Americans residing in Canada are credited with the tax they pay to the Canadian government.

For example if a U.S. citizen has a tax liability of \$1200 in Canada and \$1300 in the U.S. he will pay only the \$100 difference to Washington. He is credited with the \$1200 paid in Canada. If the liability is the same in both countries he pays only Canadian taxes.

Employees of the U.S. government in Canada such as personnel of the embassy and consulates are exempt from Canadian taxes but must pay the full U.S. tax.

Mr. Swanson also helps Canadians who have income from the U.S. or are planning to move there.



VERSATILE COAT

This model with a convertible herringbone pattern. It also has collar in black wool fleece. The centre front buttoning to the collar of the coat has stitching carried from the collar to the hem in a pleasing.